

# The Indiana Commission to Combat Drug Abuse



*Behavioral Health Division*

**2023-2024**

## **Comprehensive Community Plan**

County: OHIO COUNTY

LCC Name: CITIZENS FOR DRUG FREE OHIO COUNTY

LCC Contact: DEBORAH THOMASON/SKYLER MOSLEY

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County Commissioners:

Address:

OHIO COUNTY COURTHOUSE

413 MAIN STREET

City: RISING SUN, INDIANA

Zip Code: 47040

## Vision Statement

What is your Local Coordinating Council's vision statement?

**To ensure all residents of Ohio County have access to optimal resources so they can be successful in their lives.**

## Mission Statement

What is your Local Coordinating Council's mission statement?

**Engage and support Ohio County residents with quality substance abuse awareness, education, training, treatment, and resources to enable residents to lead a productive life.**

<b>Membership List</b>					
<b>#</b>	<b>Name</b>	<b>Organization</b>	<b>Race</b>	<b>Gender</b>	<b>Category</b>
1	Angst, Jane	Ohio County Community Foundation	W	F	Citizen
3	Beckett, Amy	Ohio County Prosecutor's Office	W	F	Judicial
3	Brightwell, Debbie	Ohio County Citizen	W	F	Citizen
4	Carrico, Sonya	Interact For Health	W	F	Public Health/Prevention
5	Chipman, Shannon	Ohio County Purdue Extension	W	F	Education
6	Clark, Austin	Rural Works	W	M	Social Services
7	Cole, Deb	River Valley Resources	W	F	Youth Services**
8	Gregory, Jillian	Ohio County Grant Project Coordinator	W	F	Prevention
9	Hartman, Stephanie	Choices, CCS	W	F	Treatment
10	Jackson, Annie	OC Sheriff's Office	W	F	Law Enforcement
11	Jones, Cheri	Impact	W	F	Social Services
12	Jossart, Trena	Purdue Extension	W	F	Education
13	King, Amy	OC Public Library	W	F	Education
14	Matzet, Amy	NYAP	W	F	Social Services
16	Miller, Kendall	OC Tourism	W	F	Communication

17	Mosley, Skyler	LCC Coordinator	W	F	Prevention
18	Parks, Adam	Youth Minister RSCC	W	M	Religious
19	Potts, Glenn	Ohio County Former Sheriff	W	M	Law Enforcement
20	Roeder, Branden	RS School Superintendent	W	M	Education
21	Smith, Adam	One Voice	W	M	Public Health
22	Spaulding, Aaron	Choices, CERT	W	M	Treatment
23	Thomason, Deborah	Education Center of RS	W	F	Education
24	Upton, Breanna	SIEOC	W	F	Education/Public Services
25	Warner, Emily	OCEMS Counselor	W	F	Education
26	Wilker, Susan	SIEOC	W	F	Education/Public Services
27	Baxter, Tom	OC Sheriff	W	M	Law Enforcement
28	Crouch, Regina	OC Health Dept	W	F	Public Health
29	Hayes, Kayla	Choice/CERT	W	F	Treatment
30	Goforth, Melissa	Anthem Medical	W	F	Public Services

### LCC Meeting Schedule:

Please provide the months the LCC meets throughout the year:

Our meetings are the 2<sup>nd</sup> Thursday of each month at 1:30 p.m. – January through December.

Earlier in the year we were meeting at 10:00 a.m. However after doing a survey and in an attempt to obtain more participation from the school we changed the time to 1:30 p.m.

Meetings are in person and also virtual when requested. This has happened several times when someone was unable to come but wanted to participate. This has worked well.

## II. Community Needs Assessment

*The first step in developing an effective substance use and misuse reduction plan is to assess your community. A community assessment tells you about your community's readiness to implement prevention, treatment, and justice-related programs to address substance use and*

*misuse. An assessment also provides an overview of the risk and protective factors present in the community, helping your coalition plan more effectively.*

## Community Profile

County Name  Ohio County
County Population  5875
Schools in the community  Rising Sun School Corporation (This consists of a Preschool (3 yrs and 4yrs), Grade School/Middle School and High School) Grade School enrollment – 362 students; Middle School 179 students and High School 256 students.  Headstart Program- SIEOC (20 youth enrolled)
Medical care providers in the community (hospitals, health care centers, medical centers/clinics, etc.)  Ohio County Health Department St. Elizabeth Hospital in Dearborn County (services Ohio County) Rising Sun Medical Center
Mental health care providers in the community (hospitals with psychiatric/behavioral health units, mental health clinics, private/public providers, etc.)  Dearborn County Community Mental Health (located in Dearborn County but serves Ohio County)
Service agencies/organizations  Region 9 Workforce Board River Valley Resources JCAP Program in the jail Safe Passage SIEOC One Community One Family Purdue Extension Education Center of Rising Sun Heart House Indiana Youth Institute
Local media outlets that reach the community  Facebook, Register Publications, The Beacon, WSCH 99.3 Radio

<p>What are the substances that are most problematic in your community?</p> <p>Alcohol, vaping. Marijuana, prescription drugs and meth</p>
<p>List all substance use/misuse services/activities/programs presently taking place in the community</p> <p>Red Ribbon week through the school system          Choices CERT is available telephonically 24/7          There are currently no treatment or recovery groups in Ohio County but within 15 miles, One Voice has recovery groups which our County participates in.          Ohio County citizens can participate in Dearborn County's One Voice program</p>

**Community Risk and Protective Factors**

*Use the list of risk and protective factors to identify those present in your community. Identify the resources/assets and limitations/gaps that exist in your community related to each. The lists are not all-inclusive and others may apply.*

Risk Factors Examples: trauma and toxic stressors; depression and anxiety; boredom, poverty violence; neighborhood characteristics; low neighborhood attachment; community disorganization; community norms and laws favorable toward drug use, firearms, and crime; availability of alcohol and other drugs; weak family relationships; family substance use; peer substance use; mental health problems; families moving frequently from home to home; limited prevention and recovery resources.

Protective Factors Examples: strong family relationships; neighborhood economic viability; low childhood stress; access to health care; access to mental health care; community-based interventions; restricted access to alcohol and other drugs including restrictive laws and excise taxes; safe, supportive, and connected neighborhoods; meaningful youth engagement opportunities; local policies and practices that support healthy norms and child-youth programs; positive connection to adults; free substance free alternative events.

Risk Factors	Resources/Assets	Limitations/Gaps
<p>Small rural community setting which means a lack of anonymity. Stigma creates an engagement barrier.            Easy assessibility to alcohol, vapes and other substances.</p> <p>Unconventiaonal family structures.</p> <p>Parental attitudes are favorable towards alcohol, vapes, tobacco and marijuana.</p>	<ul style="list-style-type: none"> <li>• Law Enforcement</li> <li>• State Funded At Risk Youth Program (DWD)</li> <li>• Local Purdue Extension primary and middle school programs</li> <li>• Positive relationship with judicial system</li> <li>• Federal opioid funded program helping individuals affected by the opioid crisis.</li> </ul>	<ul style="list-style-type: none"> <li>• Lack of resoures within county.</li> <li>• Transportation barriers</li> <li>• Shared judicial system with neighboring county; often numbers are under reported and funding flows there instead of Ohio County.</li> <li>• Geographically, close proximity to known drug trafficking triangle (Indianapolis, Cincinnati, Louisville).</li> </ul>

Limited job opportunities within the county – travel time of parents and time away from the family.	<ul style="list-style-type: none"> <li>• Free after school care for grade school children.</li> <li>• The Education Center of Rising Sun – free tutoring and programming to those who qualify.</li> </ul>	<ul style="list-style-type: none"> <li>• Lack of free substance free events/programs or outings for youth &amp; families.</li> <li>• Generational poverty cycles</li> </ul>
Youth and Adults who need counseling or mental health assistance.	<ul style="list-style-type: none"> <li>• Choices</li> <li>• Community Mental Health</li> <li>• St Elizabeth Hospital (Dearborn Co)</li> <li>• Rising Sun Medical Center</li> <li>• Ohio County Health Dept.</li> </ul>	<ul style="list-style-type: none"> <li>• No local long term treatment facilities</li> <li>• Transportation Barriers</li> <li>• Citizen lack of knowledge</li> <li>• Waitlist or no availability for appointment.</li> <li>• No support groups within the county.</li> </ul>
Low public drug/alcohol education regarding abuse or dependence.  Small county – students are catergorized and labeled.	<ul style="list-style-type: none"> <li>• Ohio Co Health Dept</li> <li>• School Health Fair</li> <li>• Drug Free Council</li> <li>• Youth Focus Groups in both Middle and High School</li> <li>• Red Ribbon Week</li> </ul>	<ul style="list-style-type: none"> <li>• Limited Funds</li> <li>• Limited programs available because of staffing or volunteers</li> <li>•</li> </ul>
<b>Protective Factors</b>	<b>Resources/Assets</b>	<b>Limitations/Gaps</b>
1. Meaningful youth activity opportunities	<ol style="list-style-type: none"> <li>1. Education Center of Rising Sun</li> <li>2. Extracurricular activities; 4-H, Lego Robotics, Girls On The Run, STEM Camp</li> <li>3. Out of school camps</li> <li>4. Church Youth Groups</li> <li>5. Drug Free Sponsored Free Substance Free Events – Middle School &amp; High School.</li> </ol>	<ol style="list-style-type: none"> <li>1. Lack of transportation for students to participate</li> <li>2. Lack of funding to offset cost of these opportunities for families and local organizations</li> <li>3. Many parents cannot afford for their child/children to participate.</li> <li>4. .</li> </ol>
2. Available programs in neighboring counties for treatment/recovery	<ol style="list-style-type: none"> <li>1. Choices CERT Program</li> </ol>	<ol style="list-style-type: none"> <li>1. No recovery support groups in Ohio County</li> </ol>

	<ol style="list-style-type: none"> <li>2. Oxford Houses in Dearborn County</li> <li>3. Region 9 Opioid Grant Resources</li> <li>4. Jail JCAP Program</li> <li>5. DMHA Prevention Grant</li> <li>6. One Voice – Support Groups</li> </ol>	<ol style="list-style-type: none"> <li>2. Lack of willingness by citizens to admit that substance abuse is a problem</li> <li>3. Funds are often allocated to larger, neighboring counties for resources due to numbers being reported under their judicial and hospital system.</li> <li>4. No hospital system in this county.</li> </ol>
<ol style="list-style-type: none"> <li>3. Small rural community that sustains and supports local events</li> </ol>	<ol style="list-style-type: none"> <li>1. School sponsored events</li> <li>2. Education Center</li> <li>3. DMHA</li> <li>4. Law Enforcement</li> <li>5. Drug Free Sponsored Substance Free events</li> </ol>	<ol style="list-style-type: none"> <li>1. Limited number of volunteers to plan and carry out events.</li> <li>2. LCC has a lack of funding a resources to maintain expenses</li> </ol>

### III. Making A Community Action Plan

*Now that you have completed a community assessment and have identified the risk and protective factors that exist, you can develop a plan of action. The Comprehensive Community Plan (CCP) is a systematic and community-driven gathering, analysis, and reporting of community-level indicators for the purpose of identifying and addressing local substance use problems.*

Step 1: Create problem statements, and ensure problems statements are in line with statutory requirements

Step 2: Ensure your problem statements are evidence-informed, then prioritize

Step 3: Brainstorm what can be done about each

Step 4: Prioritize your list, and develop SMART goal statements for each

Step 5: List the steps to achieve each goal

#### Step 1: Create + Categorize Problem Statements

*Create problem statements as they relate to each of the identified risk factors.*

Risk Factors	Problem Statement(s)
1. Continued use and availability of alcohol, vapes and other drugs in our community.	1. Underage drinking, vaping and marijuana use of youth continue in Ohio County  2. Lack of activities – boredom – leads to drinking and using illegal substances.  3. Proper equipment and training for law enforcement for both substance abuse and mental health issues.
2. There is a lack of treatment options in Ohio County for substance abuse and mental health services.	1. There is a increased need for mental health services for adults and youth in our county.  2. Lack of available treatment options means traveling out of county for treatment. There is no local transportation service that is easily accessible. Transportation is a huge barrier to successful treatment.
3. Lack of access to resources.	1. Youth and adults have limited acces to and awareness of resource for prevention, treatment and law enforcement.



	2. There is limited media outlets and limited funds that would be needed to disseminate public awareness.
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**Step 2: Evidence-Informed Problem Statements**

*Identify your top three problem statements using local or state data. Ensure that there is a problem statement for each co-equal funding category (e.g., prevention/education; intervention/treatment; and criminal justice services and activities).*

Problem Statements	Data That Establishes Problem	Data Source
1. Lack of treatment and mental health services in Ohio County.	An average of 39% of High School students reported that they felt sad or hopeless during the past 12 months.	2022 Indiana Youth Survey
2. Youth & families are bored because of lack of availability of programs, activities, etc. and report using alcohol and substance abuse because there is nothing else to do.	<p>In 2022, Indiana Youth Survey (IYS) indicated that 26.8% of 11<sup>th</sup> graders used alcohol in the past month and 25.5% of 12<sup>th</sup> graders.</p> <p>Vape use among 12<sup>th</sup> grade students was 19.1% which is down. However, in speaking with our High School and Middle School Youth Focus Groups they believe a much larger percentage of students are using.</p> <p>Youth Focus Groups from both Middle School and High School have reported that the need for more fun, free activities in our community.</p> <p>In a community survey, 87% of the participants stated that they believe there is a major issue with youth and substance abuse in our community</p>	<p>2022 Indiana Youth Survey</p> <p>2022 Indiana Youth Survey</p> <p>Rising Sun High School &amp; Middle School Youth Focus Groups.</p> <p>Ohio County Community Survey</p>
3. Ohio County Police & Sheriff offices lack ample funding for proper training and needed equipment for	According to the Ohio County Sheriff a large percent of all arrests are alcohol or drug related.	Ohio County Sheriff

substance testing or identification.	Of those arrested and incarcerated, there is a hugh increase with mental health issues.	Ohio County Sheriff
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### Step 3: Brainstorm

*Consider the resources/assets and limitations/gaps that were identified for each risk factor, and list what actions can be taken for each identified problem statement.*

Problem Statements	What can be done (action)?
1. Lack of treatment and mental health services in Ohio County.	<ol style="list-style-type: none"> <li>1. Seek additional services through Community Mental Health for our school and community.</li> <li>2. Fund counseling/treatment through Choices or other providers.</li> </ol>
2. Lack of education and substance free events in Ohio County for youth and families	<ol style="list-style-type: none"> <li>1. Provide funding for programs and activities for youth and families.</li> <li>2. Partner with the schools to provide free activities and programs.</li> <li>3. Provide information to the community and interested parties who work with at-risk youth about the risks of substance abuse.</li> <li>4. Seek funding opportunities to ensure longevity of programs.</li> </ol>
3. Insufficient training, education and materials involving substance abuse/mental health for our law enforcement..	<ol style="list-style-type: none"> <li>1. Provide appropriate equipment, training, and materials to aid enforcement agencies.</li> <li>2. Provide training and materials to aid the local resource officier at the school.</li> </ol>

### Step 4: Develop SMART Goal Statements

*For each problem statement, prioritize your list of what can be done. Choose your top two actions for each. Then, develop goal statements that demonstrate what change you hope to achieve and by when you hope to achieve it.*

**Problem Statement #1**

<p>Goal 1 Add at least one support group which meets in Ohio County in 2023.</p>
<p>Goal 2 Increase community mental health treatment/counseling services for Ohio County residents.</p>
<p><b>Problem Statement #2</b></p>
<p>Goal 1 Provide substance free alternative events/programs and substance abuse education for youth and families within Ohio County. Our goal would be to see increase community involvement.</p>
<p>Goal 2 Provide training for community, those working with youth and other interested parties to recognize risk factors and early warning signs. (Increase community and parental knowledge of risk factor)</p>
<p><b>Problem Statement #3</b></p>
<p>Goal 1 Equip law enforcement officers in Ohio County with training, education (both substance abuse and mental health) and materials to better server our community.</p>
<p>Goal 2 Provide the school resource officier additional training, education to identify risk factors of students.</p>

### Step 5: Plans to Achieve Goals

*For each goal, list the steps required to achieve each*

Problem Statement #1	Steps
<p>Goal 1 Add at least one support group which meets in Ohio County in 2023-2024.</p>	<ul style="list-style-type: none"> <li>Partner with One Voice and provide space for them to meet once a month with Ohio County residents.</li> </ul>
<p>Goal 2 Services for treatment and detox for individuals will increase services offered to Ohio County residents by 1% in 2023-24.</p>	<ul style="list-style-type: none"> <li>Incease services for at-risk individuals through treatment and detox.</li> <li>Increase advertisement to the community and offer information and connect people to resources.</li> </ul>
<p><b>Problem Statement #2</b></p>	<ul style="list-style-type: none"> <li><b>Steps</b></li> </ul>

<p>Goal 1</p> <p>Provide substance free alternative events/programs and substance abuse education for youth and families within Ohio County. We would like to see at least a 20% increase in each activity.</p>	<ul style="list-style-type: none"> <li>• Partner with Red Ribbon week on substance abuse awareness.</li> <li>• Provide funding for substance free alternative events for families of Ohio County.</li> <li>• Support afterschool programs and mentoring programs which emphasize good choices.</li> </ul>
<p>Goal 2</p> <p>Provide training for community, those working with youth and other interested parties to recognize risk factors and early warning signs.</p>	<ul style="list-style-type: none"> <li>• Participate in the school Health Fair and provide educational information on the substance abuse and resources available.</li> <li>• Provide funding for programming for our community that will focus on youth mental health and risk factors.</li> </ul>
<b>Problem Statement #3</b>	
<p>Goal 1</p> <p>Equip law enforcement officers in Ohio County with training, education (both substance abuse and mental health) and materials to better serve our community.</p>	<ul style="list-style-type: none"> <li>• <b>Steps</b></li> <li>• Provide funding for training opportunities in both substance abuse and mental health.</li> <li>• Provide funding for needed equipment and educational information.</li> </ul>
<p>Goal 2</p> <p>Provide the school resource officer additional training, education to identify risk factors of students.</p>	<ul style="list-style-type: none"> <li>• Provide funding for youth focused substance abuse/mental health training.</li> </ul>

## IV. Fund Document

*The fund document allows the LCC to provide finances available to the coalition at the beginning of the year. The fund document gauges an LCC's fiscal wellness to empower their implementation of growth within their community. The fund document also ensures LCCs meet the statutory requirement of funding programs within the three categories of (1) Prevention/Education, (2) Treatment/Intervention, and (3) Criminal Justice Services and Activities (IC 5-2-11-5).*

Funding Profile		
<b>1</b>	Amount deposited into the County DFC Fund from fees collected last year:	\$8,392.83
<b>2</b>	Amount of unused funds from last year that will roll over into this year:	\$9,126.44

<b>3</b>	Total funds available for programs and administrative costs for this year (Line 1 + Line 2):	\$17,519.27
<b>4</b>	Amount of funds granted last year:	\$2,000.00
<b>Additional Funding Sources (if no money is received, please enter \$0.00)</b>		
<b>A</b>	Substance Abuse and Mental Health Services Administration (SAMHSA):	\$0.00
<b>B</b>	Centers for Disease Control and Prevention (CDC):	\$0.00
<b>C</b>	Bureau of Justice Administration (BJA):	\$0.00
<b>D</b>	Office of National Drug Control Policy (ONDCP):	\$0.00
<b>E</b>	Indiana State Department of Health (ISDH):	\$0.00
<b>F</b>	Indiana Department of Education (DOE):	\$0.00
<b>G</b>	Indiana Division of Mental Health and Addiction (DMHA):	\$0.00
<b>H</b>	Indiana Family and Social Services Administration (FSSA):	\$0.00
<b>I</b>	Local entities:	\$0.00
<b>J</b>	Other:	\$0.00
<b>Categorical Funding Allocations</b>		
Prevention/Education: \$4,379.81	Intervention/Treatment: \$4,379.81	Justice Services: \$4,379.81
<b>Funding allotted to Administrative costs:</b>		
<i>Itemized list of what is being funded</i>		<i>Amount (\$100.00)</i>
Prevention Program Supplies		\$1,500.00
Website		\$500
Office Supplies		\$1,000.00
<b>Funding Allocations by Goal per Problem Statement:</b>		
<b>Problem Statement #1</b>	<b>Problem Statement #2</b>	<b>Problem Statement #3</b>
Goal 1: \$1,379.81	Goal 1: \$3,000.00	Goal 1: \$3,000.00
Goal 2: \$3,000.00	Goal 2: \$1,379.81	Goal 2: \$1,379.81