

Michael R. Pence Governor

William C. VanNess II, MD State Health Commissioner

### FLUORIDATION OF COMMUNITY WATER IN INDIANA

### Safe and Effective

The safety and effectiveness of the fluoridation of water for preventing dental decay has been extensively studied by many individuals, institutes of higher education, and government agencies. The overwhelming evidence indicates that the fluoridation of water for preventing dental decay is both safe and effective.

## **Endorsement**

Based on the preponderance of the available evidence, many individuals, organizations, local and state governments, as well as agencies of the U.S. federal government, endorse the addition of safe levels of fluoride into the water for the prevention of tooth decay. Furthermore, many individuals, organizations, and governments throughout the world have adopted the use of the fluoridation of water as safe and effective method of preventing dental decay.

# **More Information**

The following websites provide information concerning community water fluoridation:

http://www.ada.org/fluoride.aspx

http://www.cdc.gov/fluoridation/index.htm

http://www.who.int/water sanitation health/publications/fluoride drinking water/en/index.html

http://www.ilikemyteeth.org/

http://www.fluoridescience.org/

### Community Water Fluoridation in Indiana

The decision concerning whether a community fluoridates its water to help prevent dental decay is made by local officials in Indiana. If a community decides to fluoridate its water, then the Division of Environmental Public Health, from the Indiana State Department of Health (ISDH) will provide staff that monitors and inspects the maintenance of the equipment used and the amount of fluoride added to the water.

We think there is very strong evidence to support the fluoridation of water in a community water system to help prevent dental decay in the population served by that system, and we encourage communities to seriously consider the benefits of maintaining the recommended level of fluoridation in a community water system to help prevent tooth decay.

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