**Training Guide**

1. Introduce privacy practices and Indiana Code 16-42-27 (Senate Enrolled Act 406)
   1. The information on the consent forms is for the records of the health department in accordance with our privacy practices and will only be used for reporting purposes under ISDH grant requirements.
   2. A lay responder (person without medical training) is protected by SEA 406 to administer Narcan as long as they have received training through a registered naloxone distributer, administer the drug to an individual suffering an apparent opioid overdose, and calls 911. (See highlighted section in law)
2. Explain the Rescue Kit Consent Form
   1. Participant must fill it out and sign sheet in order to get kit
   2. Trainer must fill in office data (serial kit number, lot number, and expiration date) and sign at the end of training session
3. Explain recognizing overdose signs and symptoms
   1. Pinpoint pupils
   2. Unresponsive to outside stimulus (sternal rub)
   3. Shallow breathing or not breathing
   4. Blue or purple lips and finger nails
   5. Snore-like gurgling sounds
4. Naloxone, 911, and After care
   1. Call 911 before or immediately after administering naloxone

(possible re-overdose can occur, more naloxone may be needed)

* 1. Nasal spray administration: make sure person is on their back, insert into nostril and spray all contents. If no response, repeat in 2-3 minutes alternating nostrils until EMS arrives or narcan supplies run out. Narcan wears off in 20min -1.5 hours
  2. Withdrawal symptoms can occur suddenly
     1. Possible symptoms include: nausea, vomiting, increased blood pressure, stomach cramps, diarrhea, trembling, fever, irritability, sneezing, sweating, body aches, & weakness
  3. Perform rescue breathing (if trained) while waiting for EMS
  4. If patient begins breathing normally, put in recovery position and monitor until EMS arrives

1. Describe Rescue Kit contents and Narcan Demonstration (if lego kit is used)
   1. Kit contents: Substance abuse treatment information (local on one side, state & national on the other side), safer works pamphlet on cleaning injection equipment, before and after postcards for IUPUI to locate highest need counties, narcan nasal spray, overdose instruction card
2. If handing out lego kit naloxone, fill cup and get demonstrator out (located in bottom drawer). Show assembly (remove yellow and purple caps, screw pieces together) and hand to the lay responder to practice putting it together and administering the nasal spray. Make sure to note that with lego kit naloxone spray ½ tube contents in one nostril and ½ in other nostril.