

Indiana School for the Blind and Visually Impaired

April 29, 2024 – May 3, 2024

Elementary/MS/HS Menu

Monday Breakfast

Fruit Pastry w/or Assorted Cereal/Granola Bar w/Yogurt and Assorted Fresh Fruits, Juice, Milk

Monday Lunch

Chicken Cheese Quesadilla w/Mexican Rice or Deli Sandwich or Chicken Salad Entrée Salad or Soy Butter/Jelly, Refried Beans, Side Salad, Assorted Fresh Veggies, Assorted Fresh & Canned Fruits, Milk

Monday Dinner

Salisbury Steak w/Gravy, Rice, Vegetable, Fresh Fruit, Baker's Choice, Milk

Tuesday Breakfast

Chicken 'n Waffle Sandwich or Assorted Cereal/Grahams and Yogurt and Assorted Fresh Fruits, Juice, Milk

Tuesday Lunch

Pizza or Deli Sandwich or Chef Entrée Salad or Soy Butter/Jelly, Honey Roasted Carrots, Side Salad, Assorted Fresh Veggies, Assorted Fresh & Canned Fruits, Milk

Tuesday Dinner

Ham Slice, Au Gratin Potatoes, Spinach, Baker's Choice, Milk

Wednesday Breakfast

Sausage Gravy Flatbread Pizza or Cereal/Grahams and Yogurt and Assorted Fresh Fruits, Juice, Milk

Wednesday Lunch

BBQ Rib Sandwich or Deli Sandwich or Soy Butter/Jelly, Southwest Chicken Entrée Salad, Potato Wedges Sugar Snap Peas, Assorted Fresh Vegetables, Assorted Fresh & Canned Fruits, Milk

Wednesday Dinner

Breakfast for Dinner, Potatoes, Vegetable, Fresh Fruit, Baker's Choice, Milk

Thursday Breakfast

Pancake Wrap or Cereal/Grahams and Yogurt and Assorted Fresh Fruits, Juice, Milk

Thursday Lunch

Chicken Nuggets/Tenders or Deli Sandwich or Chicken Entrée Salad or Soy Butter/Jelly, Baked Beans, Mixed Vegetables, Assorted Fresh Veggies, Assorted Fresh & Canned Fruits, Milk

Thursday Dinner

Beef and Noodles, Vegetable, Fresh Fruit, Baker's Choice, Milk

Friday Breakfast

Banana Bread and Yogurt or Cereal/Grahams and yogurt and Assorted Fresh Fruits, Juice, Milk

Friday Lunch

Turkey Club Sub Sandwich or Chef Salad or Soy Butter/Jelly, Fresh Mini Sweet Peppers & Cherry Tomatoes w/Ranch Dressing, Potato Soup, Assorted Fresh Veggies, Assorted Fresh & Canned Fruits, Milk

Sunday Dinner – in Dorms

Cook's Choice, Vegetable, Fruit, Cookie, Milk

*****Menu subject to change. 100% Whole Grain at Breakfast. Soy Butter and Jelly sandwich offered as alternative choice at lunch upon request. This institution is an equal opportunity provider.**