

With a simple click, you can get the support you need to quit tobacco for life.

Quit Now Indiana now offers two new services: Web Coach® and Text2Quit.® These user-friendly features are designed to give you the support needed throughout the quitting process. Web Coach® and Text2Quit® will empower you to take control of your tobacco addiction and successfully quit for life. You will learn how to:

- Quit at your own pace
- Overcome your cravings to smoke
- Select the proper quit medications
- Control your smoke-free environment

There have never been better tools to help you quit.
Enroll today at www.eQuitNow.com.



1.800.QUIT.NOW
Indiana's Tobacco Quitline
www.eQuitNow.com

