INDIANA COMMISSION TO COMBAT SUBSTANCE USE DISORDER

February 3, 2023

MINUTES

The Indiana Commission to Combat Substance Use Disorder met on February 3, 2023, at 10:00 a.m. EST at the Indiana State Library, History Reference Room 211.

Present: Chairman Douglas Huntsinger (Executive Director for Drug Prevention, Treatment and Enforcement); Dr. Kristina Box (Commissioner of the Indiana Department of Health); Mr. Dan Evans; Ms. Lindsay Hyer (Executive Director of the Indiana Professional Licensing Agency); Ms. Ariel Mason (representing Senator Shelli Yoder); Mr. Devon McDonald (Executive Director of the Indiana Criminal Justice Institute); Mr. Chris Naylor (Executive Director of the Indiana Prosecuting Attorneys Council); Ms. Christina Reagle (Commissioner of the Indiana Department of Correction); Dr. Daniel Rusyniak (Secretary of the Indiana Family and Social Services Administration); Mr. Jacob Sipe (Executive Director of the Indiana Housing & Community Development Authority); Honorable Mark Smith (Judge, Hendricks County Superior Court); Ms. Terry Stigdon (Director of the Indiana Department of Child Services); Mr. Cory Voight (representing the Office of the Attorney General)

Call to Order & Consideration of Minutes

Chairman Douglas Huntsinger

Chairman Huntsinger calls the meeting to order at 10:00 a.m. Chairman Huntsinger asks for a motion to approve the minutes for the November 10th, 2022, meeting. Mr. Dan Evans moves to approve the minutes as presented. Mr. Devon McDonald seconds. Minutes are approved unanimously.

Clinton County Opioid Settlement Plan

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Lorra Archibald, Executive Director,
Healthy Communities of Clinton County;
Judy Sheets, Mayor, City of Frankfort;
Jordan Brewer, President, Clinton County Commissioners;
Alan Dunn, President, Clinton County Council

Chairman Huntsinger announces the release of Request for Funding 2023-007, a \$25 million match grant opportunity for recipients of the national opioid settlement. Proposals are due February 28, 2023, at 4 p.m.

Chairman Huntsinger introduces Ms. Lorra Archibald, executive director of Healthy Communities of Clinton County, Mayor Judy Sheets of the City of Frankfort, President Jordan Brewer of the Clinton County Commissioners, and President Alan Dunn of the Clinton County Council to present their joint city-county plan to spend national opioid settlement funds.

Mr. Brewer provides background on the Clinton County opioid settlement plan. Mr. Brewer explains how Clinton County formed a committee to decide the best ways to spend the opioid settlement dollars.

Ms. Archibald explains how each committee member was selected and the goals of each meeting. She shares the core strategies implemented in the plan, including a comparison of where overdoses are occurring, where NaloxBoxes are placed, which organizations need funding, and the service gaps. Ms. Archibald identifies the gaps in services present in Clinton County, including a lack of mental health and addiction services in the county jail that are necessary for recovery. She explains how the committee mapped out its priorities and created a budget. Ms. Archibald speaks about how they selected which projects to fund, developed a plan for each project, and identified areas of strength and weakness.

Ms. Sheets speaks about the importance of collaboration in developing their plan. She says she wanted to see the unrestricted dollars go to ONE80 Recovery, a Frankfort-based addiction treatment facility. Ms. Sheets says each committee member brought something different to the table and were able to fill in the gaps of knowledge for other members of the committee.

Mr. Dunn explains the importance of seeing past the dollars and seeing the people these issues are impacting. Mr. Dunn speaks about how the county council wanted to put both restricted and unrestricted funds toward recovery and how he challenged the rest of the committee to go out and acquire more grant funds. He says support was unanimous from the rest of the committee.

Mr. Brewer speaks about the importance of politicians getting out of their own way and having someone like Ms. Archibald, who he identifies as the boots on the ground, able to take the lead and do the groundwork. Mr. Brewer wants to create an ordinance that would formally establish the committee and have Memorandums of Understanding (MOUs), requiring each entity that receives funds to complete on an annual basis for accountability.

Chairman Huntsinger calls for questions.

Dr. Kristina Box says she is blown away by the presentation and the importance of putting money towards prevention. Dr. Box speaks about the importance and need for collaboration across the state.

The Honorable Mark Smith asks if the committee would do anything differently and about the significant allocation to probation for prevention programs.

Ms. Archibald talks about Clinton County's probation office and how it funds much of the county's prevention services.

Mr. Dan Evans speaks about the ease of using data to drive decision making. He says their presentation and Clinton County's swiftness evidence of that.

Dr. Daniel Rusyniak tells the group to reach out to members of the Commission to leverage state funds. He acknowledges that it may be difficult to navigate some of the services the state offers and tells the group that the state is here to collaborate as well.

Ms. Archibald says the only thing they would have done differently is start sooner.

Chairman Huntsinger asks Ms. Archibald if they were forced to get this done in 30 days, would they be able to.

Ms. Archibald responds that if they were forced to and had no other responsibilities, then they could.

Ms. Terry Stigdon says she is excited to see the changes this will bring to Frankfort.

Mr. Devon McDonald thanks the group for their presentation and highlights that many of the members on their council are also members of the Local Coordinating Council, the Drug and Alcohol Coalition for Clinton County. Mr. McDonald stresses how valuable LCCs can be for local communities.

Ms. Archibald says she can't speak highly enough of those entities and that the groundwork was laid before they started their work. Ms. Archibald tells a story about a local law enforcement officer stopping by to check on someone who was in recovery.

Ms. Sheets talks about the importance of bringing the right people to the table and doing what is best for the community.

Prevention Matters

Sarah Hawkins, Senior Program Officer, Richard M. Fairbanks Foundation; Dr. Emilyn Whitesell, Senior Director of Learning & Evaluation, Richard M Fairbanks Foundation; Dr. Steven Bair, Assistant Superintendent of Curriculum and Instruction, Beech Grove City Schools

Chairman Huntsinger introduces Ms. Sarah Hawkins, senior program officer at the Richard M. Fairbanks Foundation, Dr. Emilyn Whitesell, senior director of learning and evaluation at the Richard M. Fairbanks Foundation, and Dr. Steven Bair, assistant superintendent of curriculum and instruction at Beech Grove City Schools, to prevent on the findings of the Prevention Matters initiative.

Ms. Hawkins speaks about the Fairbanks Foundation's focus on substance use disorder. The Fairbanks Foundation is a private independent foundation based in Marion County. The foundation's three focus areas are education, health, and vitality. Ms. Hawkins talks about the support of grantees and the collaboration with various state agencies to reach their goals and fund research. She talks about school-based prevention and says only 11% of Marion County K-12 schools have an evidence-based program. Some schools were implementing other prevention programs but were not evidence-based and did not understand the difference. Prevention Matters was launched in January 2018 as a 3-year \$12 million initiative. The foundation added a fourth year and \$3 million due to COVID-19. There are 27 grantees representing 157 Marion County Schools and at capacity, will serve approximately 82,600 students. This program was launched to support evidence-based prevention programs that are proven to prevent substance use. Ms. Hawkins talks about the 27 grantees representing 157 Marion County Schools. Key partners are EDC which provided technical assistance and RTI as the evaluator.

Dr. Whitesell talks about the goal of eliminating of substance use and explains the importance of using evidence-based programs that are proven through research to prevent substance use. To determine success, they look at three key factors: Are the programs being implemented as designed? Are they developing key skills and competencies? Are they preventing substance use? Dr. Whitesell explains how RTI used data sources that pointed towards strong implementation for success. Dr. Whitesell talks about the lessons learned for program implementation. She says program match matters, staffing should be purposeful and sustainable, implementer training is critical, and effective planning, monitoring, and feedback contribute to high-quality implementation. She says adaptations can help engage students but it's important to implement programs as designed.

Ms. Hawkins says 25 of the 27 grantees are continuing their programs. The foundation developed three core foundations that allowed for schools to continue without funding from the Fairbanks Foundation, including financial planning, program integration, and stakeholder engagement. The schools trained their entire staff, not just the staff responsible for implementing the programs, and made it a part of their culture.

Ms. Hawkins introduces Dr. Bair to share how Beech Grove City Schools implemented these programs. Dr. Bair talks about the total school approach they used. He says it was costing the school a lot of money to consistently train new people, so they had one person from each grade who would train one person to serve as a liaison to the rest of the staff. Dr. Bair explains how the program was able to succeed in Beech Grove. He says the corporation implemented Too Good for Drugs program because of three major components: skill development, drug information, and application through role playing and activities. Dr. Bair explains how the data indicated a reduction of students drinking and smoking. He talks about how they changed their response to catching a student smoking, giving them the option to attend four classes about smoking or pay a \$175 fine through the police department. Dr. Bair says that of 180 reported incidents, 179 chose to take the classes.

Ms. Hawkins says Prevention Matters provides a model for funders statewide to establish similar school-based prevention initiatives. The foundation is partnering with the Indiana Department of Education to co-convene a statewide summit for schools on June 14th at the Embassy Suites in Noblesville.

Chairman Huntsinger calls for questions.

Mr. Evans asks how long it would take and what domains of data are needed to answer how successful the program has been in preventing substance use disorder.

Dr. Whitesell says that as a researcher, she always wants more data. The challenge is tracking students, and while they need more data, it's difficult to follow the kids long-term.

Ms. Hawkins discusses how the pandemic made data more complicated to follow.

Dr. Box asks if they have looked at the cost per student.

Ms. Hawkins says they gave a lot of leeway to the schools to determine their own costs but says it shows that these programs can be sustained using public funding.

Dr. Box asks if they have the budget for the 25 programs that are continuing to show a range of cost.

Ms. Hawkins points to the Richard M. Fairbanks Foundation webpage listing all the grant recipients and the amount of funds received.

Agency Updates

Devon McDonald, Director, Indiana Criminal Justice Institute

Chairman Huntsinger introduces Mr. Devon McDonald, executive director of the Indiana Criminal Justice Institute (ICJI).

Mr. McDonald says ICJI has worked with counties and LCCs to get them online. He says there are 91 active LCCs of 92 counties and says it has been several years since the agency has had that many active LCCs. He talks about coordinators in one county who step up and volunteer in another county to get it up and running, and he credits a networking grant for assisting in these efforts. He anticipates 92 active LCCs by the end of 2023. Mr. McDonald says a survey is currently available and they hope to get data back soon about how the LCC's are participating in opioid settlement planning in their communities. Of the 91 active LCC's, 88 have submitted their comprehensive reports.

Chairman's Comments

Chairman Douglas Huntsinger

Chairman Huntsinger thanks the Commission for their time and attendance. The Indiana Commission to Combat Substance Use Disorder will meet Thursday, May 4, 2023, at 10 a.m. EDT at the Indiana State Library, History Reference Room 211.

The meeting adjourns at 11:20am.