

Commission on Improving the Status of Children in Indiana

## Strategic Sharing Academy For Young Hoosiers

We will host a series of workshops from VOICES Corp and an inspiring keynote from Anthony Barrows, aimed at empowering young people through skillbuilding, community engagement, & leadership development. All young adult sessions will take place in <u>Conference Room A!</u>

Meet us at the Indiana Government Center South, 302 W Washington St, Indianapolis, IN, 46204. Check-in and light breakfast will begin around 8AM!

KEYNOTE 9-9:45 AM AUDITORIUM	Anthony, an intersectional professional and trailblazer in strategic sharing, will share practical strategies for using stories to build community, advocate for justice, and create lasting transformation.
MIND OVER MATTERS 10-10:45AM	This workshop aims to help teens prioritize their mental well- being through mindfulness, journaling, and group discussions. They'll learn coping strategies, hear from guest speakers, and leave with a "Mental Health Toolkit" full of resources to build resilience.
HAND DOWN, MAN DOWN 11-11:45AM	In this session, teens will explore the causes and impacts of gun violence through a panel of survivors, activists, and law enforcement. Afterward, they'll brainstorm community-driven solutions in breakout groups and create a "Pledge for Peace" mural to commit to nonviolence and safer neighborhoods.
RISE UP: THE POWER OF YOUTH VOICES 12-12:45PM	This workshop highlights the impact of young leaders in creating change. Teens will practice decision-making, public speaking, and conflict resolution through role-playing activities, hear from inspiring youth leaders, and end with a "Pitch Your Vision" segment to present their ideas for local projects, receiving feedback from peers and mentors.
LUNCH 1-2PM ROOM B	Join us for a lunch gathering to reflect on the sessions, engage with other professionals and young adults, and build connections.

## FOR INFORMATION & QUESTIONS Contact blane.cook@courts.in.gov or visit www.in.gov/children



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## Strategic Sharing Academy For Adult Professionals

Join us for a series of discussions focused on intersectionality, youth leadership, and community-building. The day will feature sessions exploring how to support intersectional professionals, amplify youth voices, and use active listening to empower youth leadership. All adult professional sessions will take place in <u>Conference Room C!</u>

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strategic sharing, will share practical strategies for using stories to build community, advocate for justice, and create lasting transformation.
Participants will explore the concept of Intersectional Professionals, people with lived experience related to their professional work, including their unique needs and strengths and how to support both in the workplace.
In this session, attendees will learn factors that facilitated the development and implementation of the Indiana Youth Advisory Board, including the Board's structure and purpose as well as methods for building capacity and sustainability. Additionally, the workshop will allow discussion of lessons learned to best engage youth.
This session will explore how active listening empowers youth and enhances their leadership. Participants will learn strategies for creating spaces where young people feel heard, respected, and encouraged to share their experiences. By listening thoughtfully, adults can amplify youth voices and help them engage more effectively in decision-making.
Join us for a lunch gathering to reflect on the sessions, engage with other professionals and young adults, and build connections.

## Contact **blane.cook@courts.in.gov** or visit **www.in.gov/children**