

Commission on Improving the Status of Children

JUNE 18, 2024

Agenda

- 1. Welcome and Introductions
- 2. Consent Agenda
 - a. Action: Approve Minutes from the April 2024 meeting

Agenda

- 3. Youth Risk Behavior Survey Data
- a. Presentation: Indiana Department of Health



2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

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6.18.2024

OUR MISSION:

To promote, protect, and improve the health and safety of all Hoosiers.

OUR VISION:

Every Hoosier reaches optimal health regardless of where they live, learn, work, or play.



Youth Risk Behavior Survey (YRBS)

The survey is designed by the Centers for Disease Control and Prevention to:

- Help monitor adolescent health over time identify emerging issues and plan programs to support the health of youth
- Understand unhealthy behaviors of adolescents and see how they change over time
- Provide data at the national and state level and compare different groups of adolescents



Data Usage

- Data from 2021 has been of interest and used widely across the state by:
 - Schools and universities
 - Healthcare organizations
 - Local health departments
 - Non-profits
 - Coalitions
 - State agencies
- Presentations/Conferences
 - IDOH Website
 - **IDOH YRBS data** dashboard (coming soon)
 - YRBS Explorer, Profiles Explorer

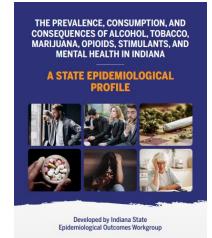
Indiana Survey Data Shows Increase in Teen Suicide Attempts



New youth risk behavior survey reveals shocking trends of mental health problems among Indiana youth

risky behaviors like early drug or alcohol use and experiencing violence. New survey data out of ndiana shows an increase in teen suicide attemnts, as well as the need for expanded menta





month

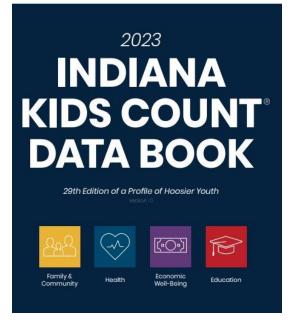
September is National Suicide Prevention Mon

Data on the ivi.org website show in Indiana, suicide is the second leading cause of death for youth ages 15 to 24 and the fourth leading cause of death for youth ages 5 to 14.

Youth suicide webinar planned for next

Experts and teens list several reasons for the increase, including insufficient mental healtl screening, poor access to mental health services and resistance to seeking care



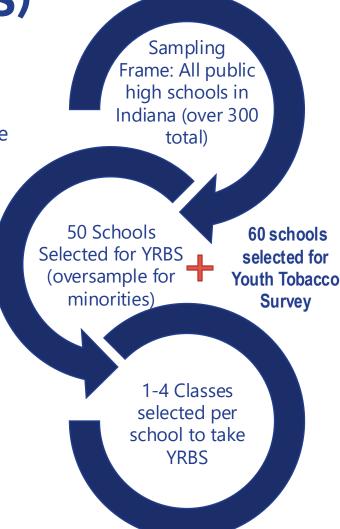






Youth Risk Behavior Survey (YRBS)

- A CDC-sponsored survey since 1990
 - o Conducted every other year (odd-numbered years) from January April
 - o Sample consists of a representative group of high school students around the state
 - o Total: 99 questions, completed in one class period
 - o Indiana uses 2/3 of base questions each year and adds additional questions
 - o In 2023: Added all 16 ACE/PCE-related questions
- YRBS monitors students' health risks and behaviors in six categories:
 - unintentional injury and violence
 - o sexual behaviors related to unintended pregnancy
 - alcohol and other drug use
 - tobacco use
 - unhealthy dietary behaviors
 - inadequate physical activity
- Schools receive \$500 for participating

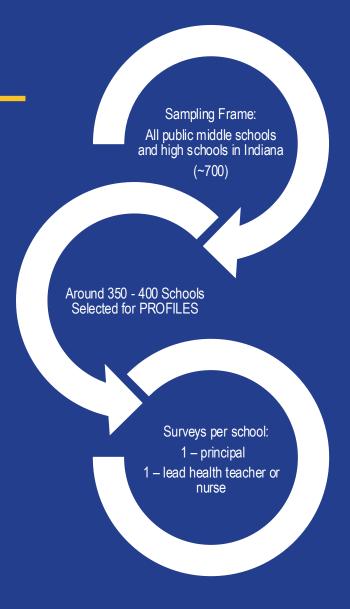




School Health Profiles

- A CDC-sponsored survey, companion to YRBS
 - Conducted every other year (even-numbered years)
 - Sample a representative group of middle & high school staff around the state
 - Principal survey: 49 questions, Teacher survey: 29 questions (unmodified)
- Assesses school health policies and practices such as:
 - School health education requirements and content;
 - Education and physical activity;
 - Practices related to bullying and sexual harassment;
 - School health policies related to tobacco-use prevention and nutrition;
 - School-based health services;
 - Family engagement and community involvement; and
 - School health coordination.
- Principals and teachers receive a \$25 gift card for their participation







Getting to Weighted Data

- YRBS data is only available if enough schools and enough students participate in the survey
 - Weighting means the data is representative of the adolescent population in grades 9 12 across Indiana

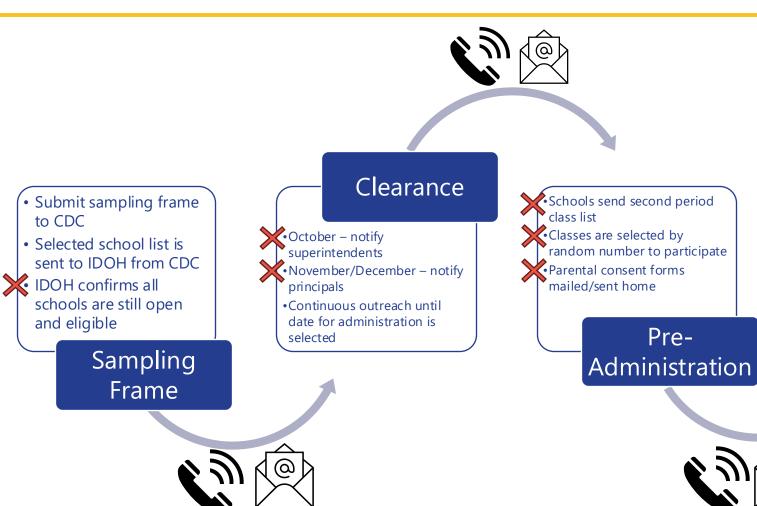
• Indiana had weighted data just twice in the last decade. We are still waiting to hear about 2023 data.



- Participation varies by year, both by number of schools and number of students
 - We use every means to connect with schools and make it easy to integrate into schedules early
 - If a school says "no" we do not get a new replacement school
 - Reasons to not take the survey vary: missing class time, concerns about survey questions, school policies, and more



The Process



Administration

- •IDOH team travels to school •Read student consent
- •Conducts survey in selected classrooms
- •Distribute resource card
- Make up survey if needed

- Sends school \$500 for participation
- Organizes data to send to CDC
- Analyze data once files are processed

Post-Administration



Pre-



2023 Sample Characteristics

- The 2023 Youth Risk Behavior Survey (YRBS) was completed by 1,043 students in 33 public high schools in Indiana during the spring of 2023.
- The school response rate was 66%, the student response rate was 79%, and the overall response rate was 52%.
- The results are representative of all students in grades 9-12.
- The weighted demographic characteristics of the sample are as follows:

Gender	Grade	Age	Race/Ethnicity	
Female: 49.1%	9th: 26.3%	15 or younger: 35.0 %	Black*: 11.5%	
Male: 50.9%	10th: 25.3%	16 or 17: 49.9%	Hispanic/Latino: 13.3%	
	11th: 24.4%	18 or older: 15.2%	White*: 67.5%	
	12th: 23.7%		All Other Races*: 3.7%	
			Multiple Races*: 3.9%	



General Health & Healthcare

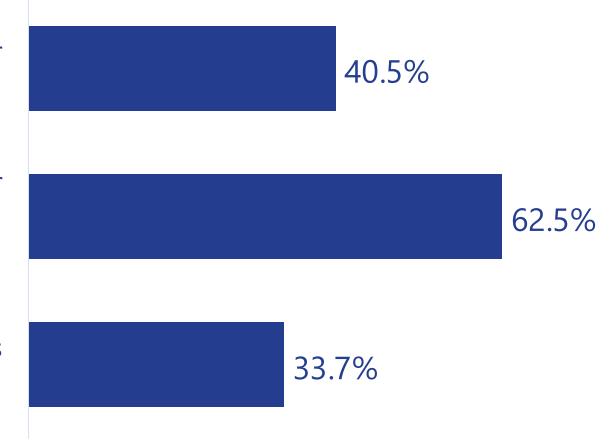


Health Ratings - 2023 Results

Percentage of students who described their health in general as excellent or very good

Percentage of students who reported their physical health was not good (including physical illness and injury)*

Percentage of students who reported their mental health was most of the time or always not good (including stress, anxiety, and depression)*





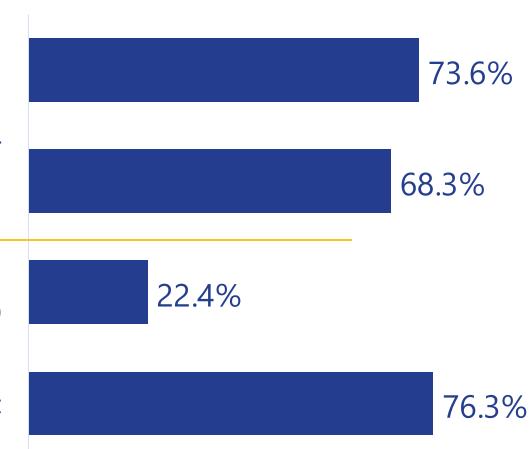
Healthcare Providers & Sleep - 2023 Results

Percentage of students who saw a dentist for a check-up, exam, teeth cleaning, or other dental work*

Percentage of students who saw a doctor or nurse for a check-up or physical exam when they were not sick or injured*

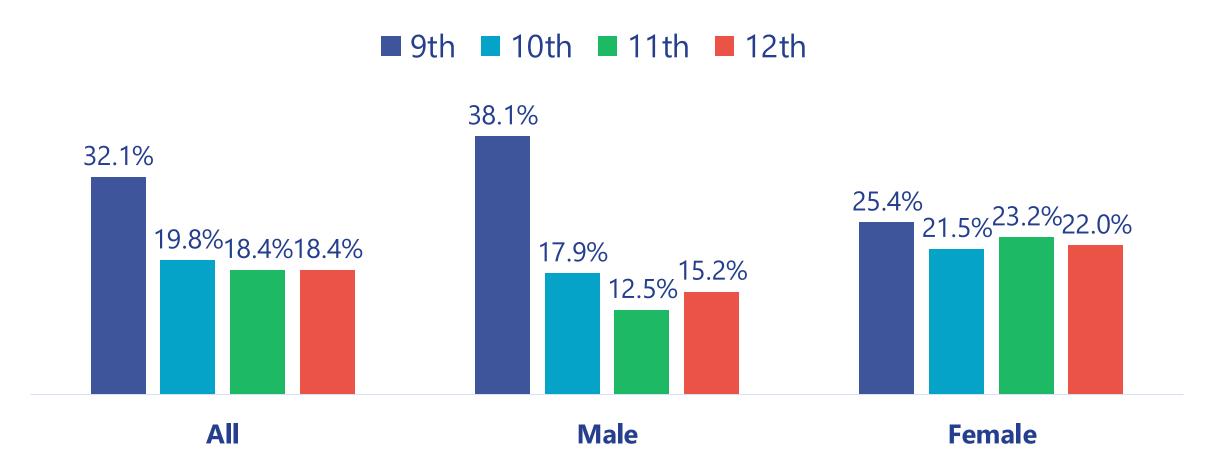
Percentage of students who got 8 or more hours of sleep (on an average school night)

Percentage of students who spent 3 or more hours on screen time (not counting time spent doing schoolwork, on an average school day)





Percentage of students who got 8 or more hours of sleep*





School Health Profiles - Teacher Survey

Percentage of schools in which students take two or more required health education courses.





School Health Profiles - Principal Survey

Percentage of schools that have a full-time registered nurse who provides health services to students

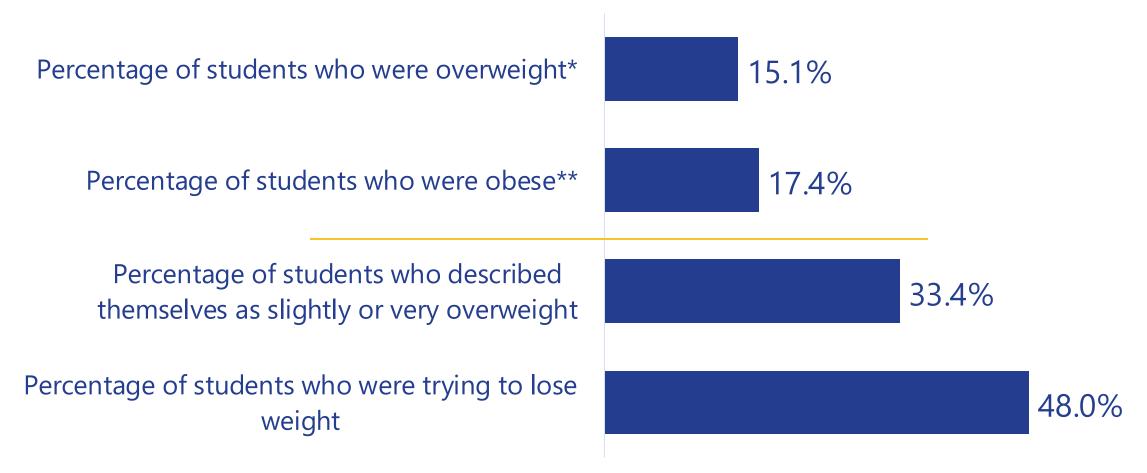




Weight



Weight Status & Self-Perceived Weight – 2023 Results





Percentage of students who were obese

(>= 95th percentile for body mass index*)



Nutrition



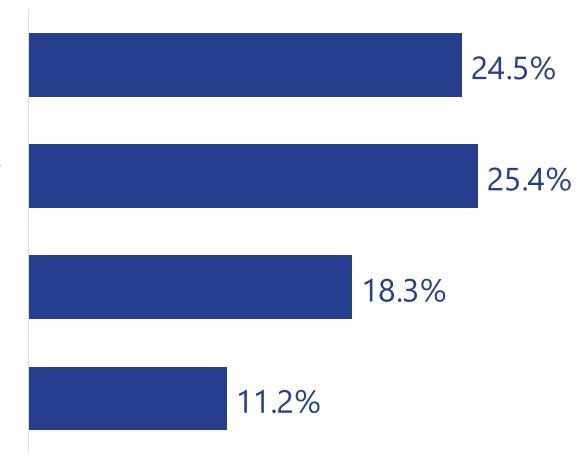
Soda & Fast Food Consumption - 2023 Results

Percentage of students who ate at least one meal or snack from a fast food restaurant (such as McDonald's, Taco Bell, or KFC)**

Percentage of students who did not drink a can, bottle, or glass of soda or pop*

Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day*

Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day*





Physical Activity

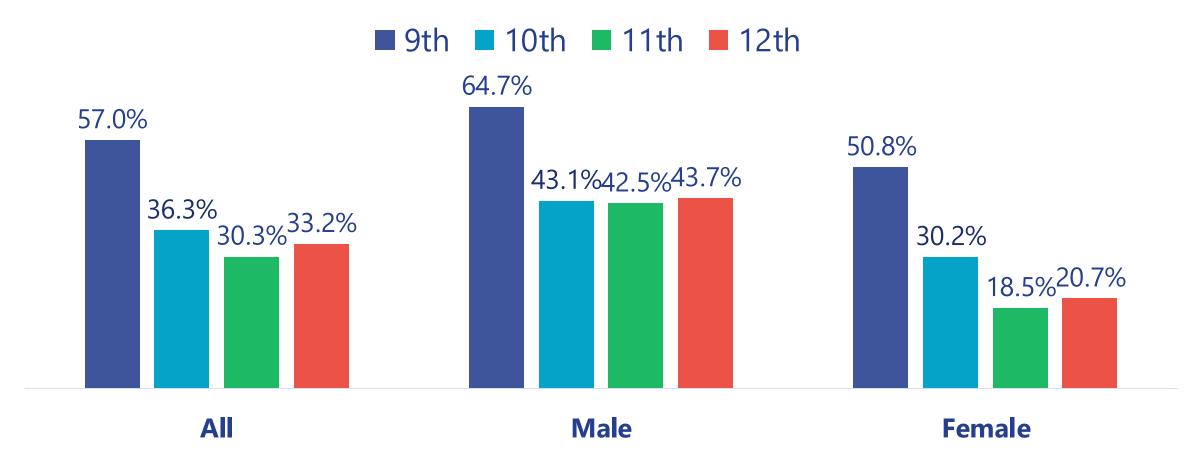


Physical Activity - 2023 Results

Percentage of students who attended physical education 39.6% (PE) classes on 1 or more days (in an average school week) Percentage of students who attended physical education 22.4% (PE) classes on all 5 days (in an average school week) Percentage of students who were physically active at least 44.5% 60 minutes per day on 5 or more days* Percentage of students who were physically active at least 23.3% 60 minutes per day on all 7 days* Percentage of students who did not participate in at least 60 12.7% minutes of physical activity on at least 1 day*



Percentage of students who attended physical education (PE) classes on 1 or more days*





School Health Profiles – Principal Survey

Percentage of schools that taught required physical education 9th, 10th, 11th, and 12th grades

100.0%	—9tl 98.5%	h grade – 97.1%	-10th grade 96.9%	95.6%	grade —12 96.7%	2th grade 93.2%	97.1%
90.0% — 80.0% — 70.0% — 60.0% — 50.0% — 40.0% —	43.7%	34.2%	48.5%	50.6%	23.6%	44.2% 21.6%	48.2% 29.5%
20.0% 10.0% 0.0%	20.0%	13.3% 12.7% 2010	16.4% 13.7% 2012	25.0% 2014	22.6% 2016	21.2%	29.5% 2022



School Health Profiles - Principal Survey

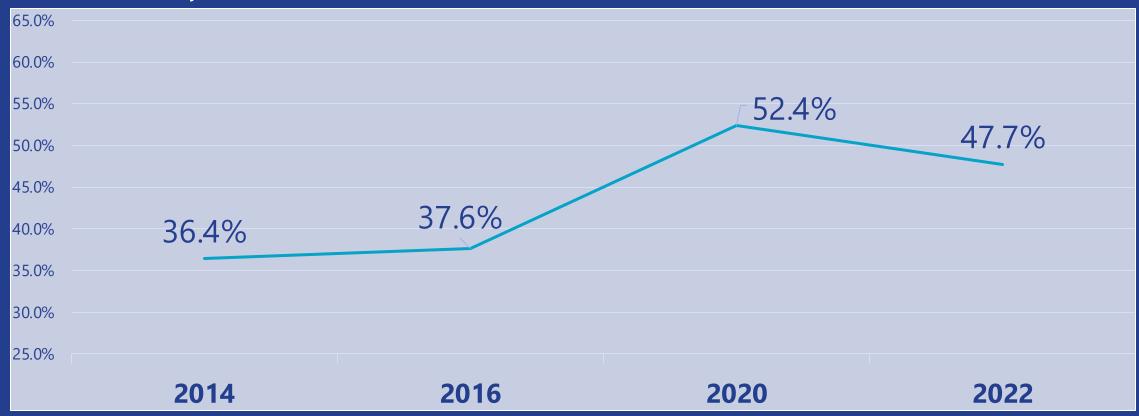
Percentage of schools in which students participate in physical activity in classrooms during the school day outside of physical education





School Health Profiles - Principal Survey

Percentage of schools that offer opportunities for students to participate in physical activity through organized physical activities or access to facilities or equipment before the school day





Injury and Violence



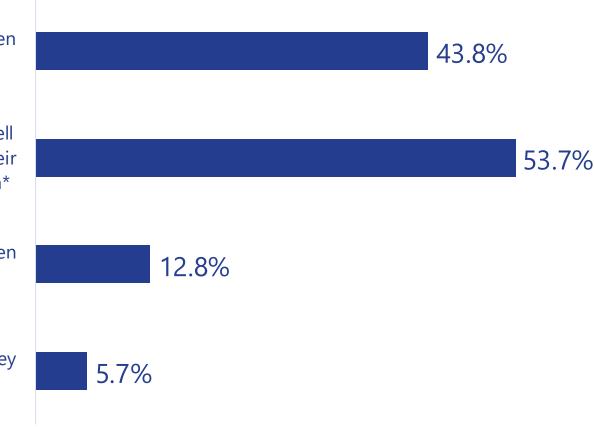
Driving/Automobile Behaviors - 2023 Results

Percentage of students who did not always wear a seat belt (when riding in a car driven by someone else)*

Percentage of students who used the Internet or apps on their cell phone while driving a car or other vehicle (not counting using their cell phone to get driving direction or to determine their location*

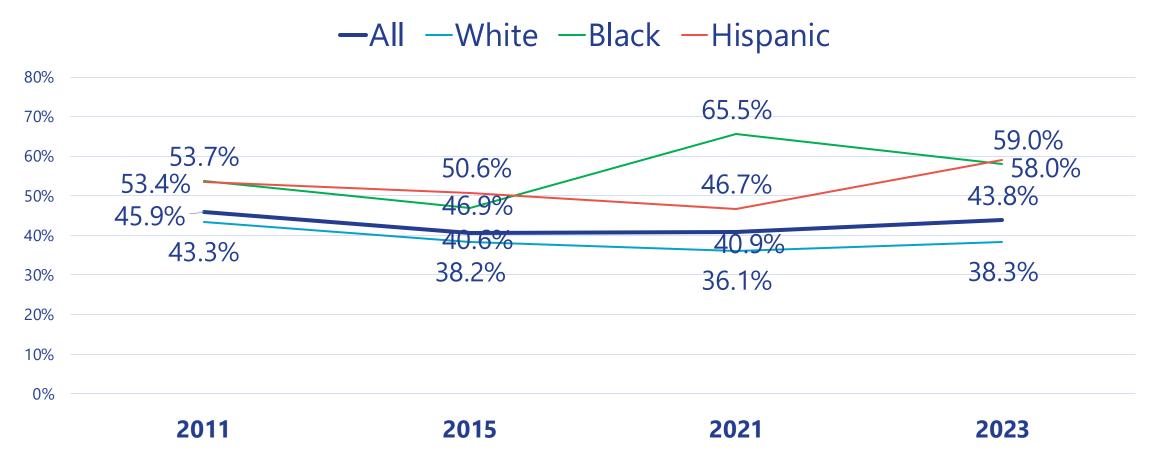
Percentage of students who rode with a driver who had been drinking alcohol*

Percentage of students who drove a car or other vehicle when they had been drinking alcohol





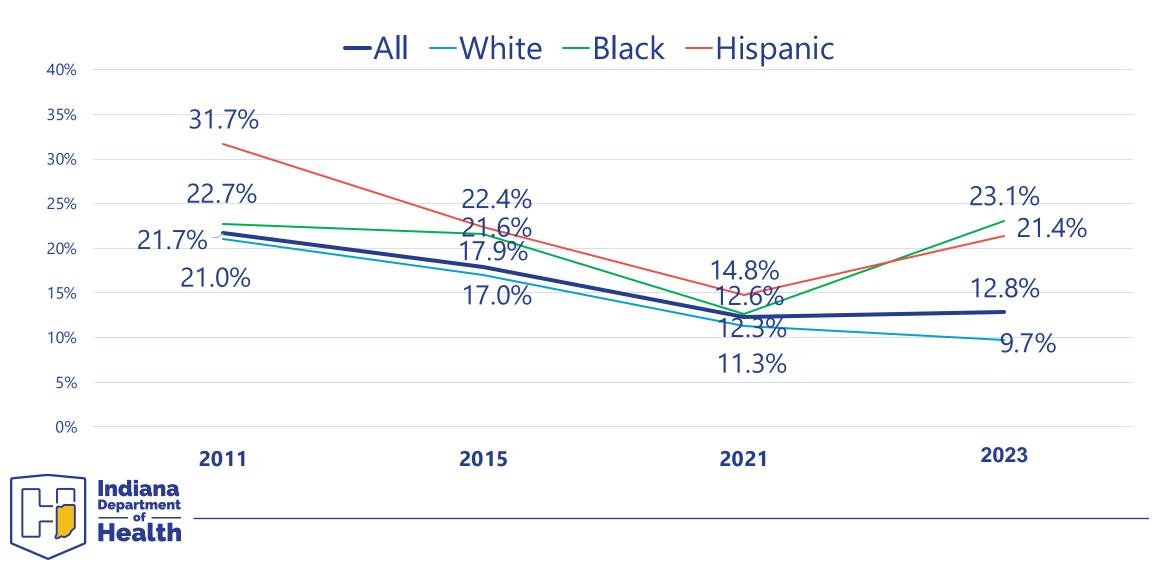
Percentage of students who did not always wear a seat belt (when riding in a car driven by someone else)





Percentage of students who rode with a driver who had been drinking alcohol

(in a car or other vehicle, one or more times during the 30 days before the survey)



Bullying, Threats, and Weapons at School – 2023 Results

Percentage of students who were bullied on school property**

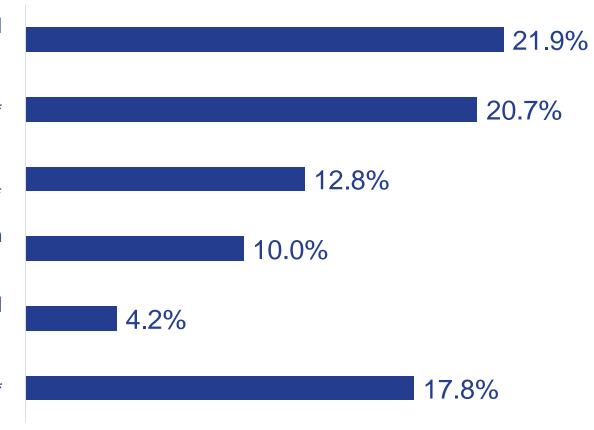
Percentage of students who were electronically bullied**

Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school*

Percentage of students who were threatened or injured with a weapon on school property**

Percentage of students who carried a weapon on school property*

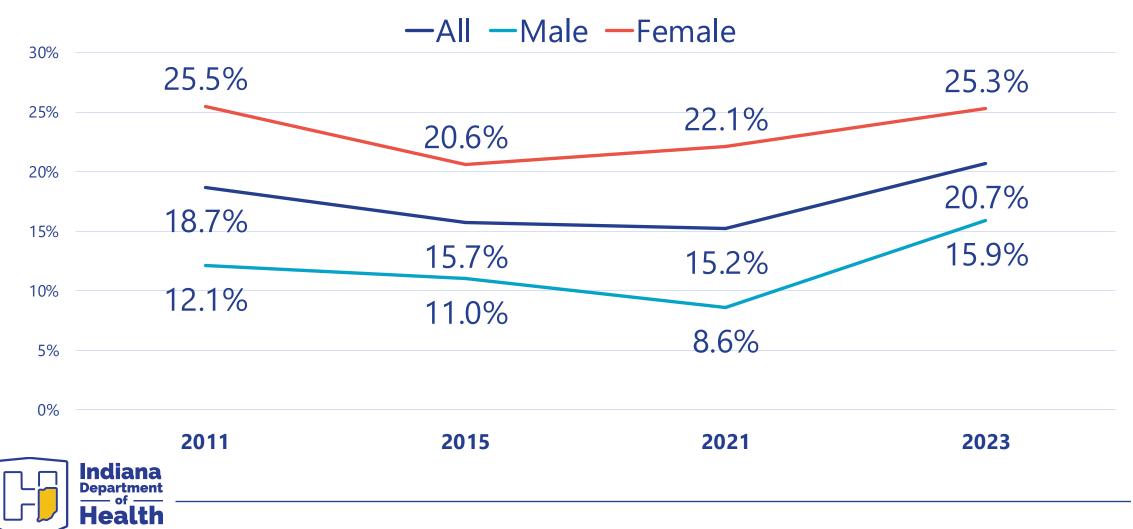
Percentage of students who were in a physical fight**



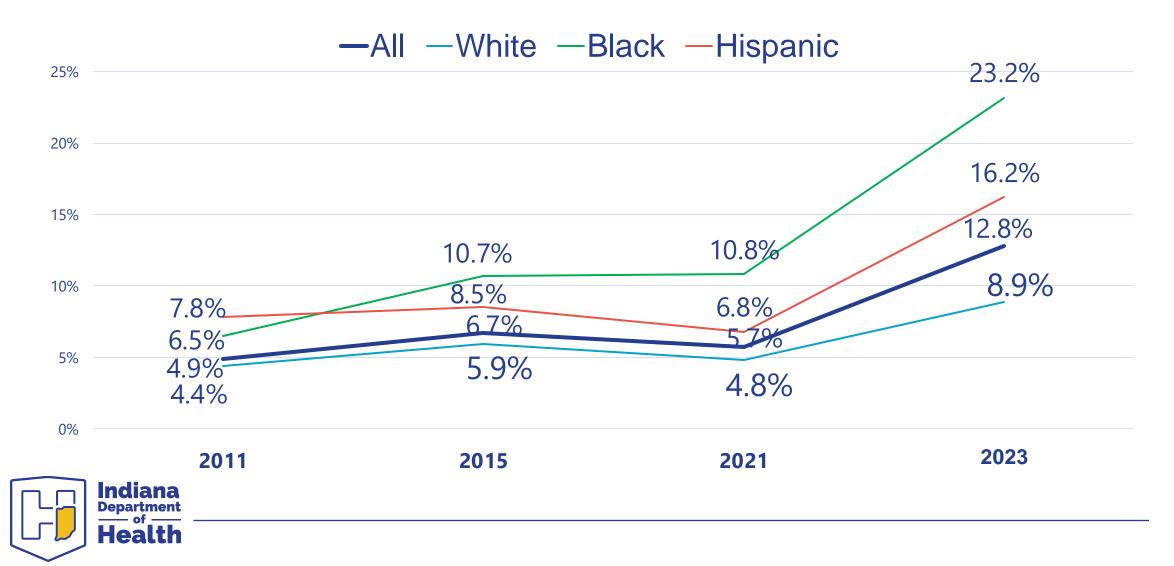


Percentage of students who were electronically bullied

(being bullied through texting, Instagram, Facebook, or other social media*)



Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)



Bullying, Threats, and Weapons at School – 2023 Sexual Orientation Results

■ Heterosexual

■ Gay, Lesbian, or Bisexual

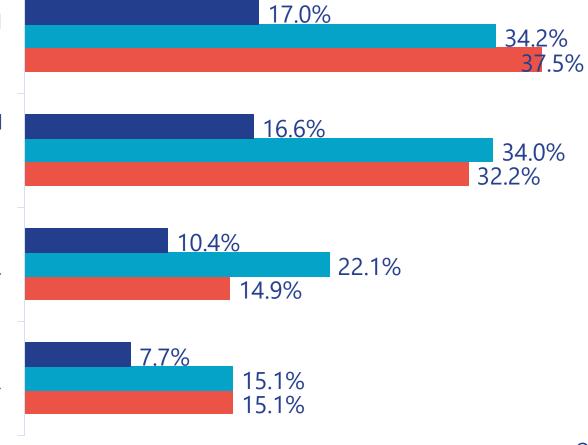
Other/Questioning

Percentage of students who were bullied on school property**

Percentage of students who were electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media)**

Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school*

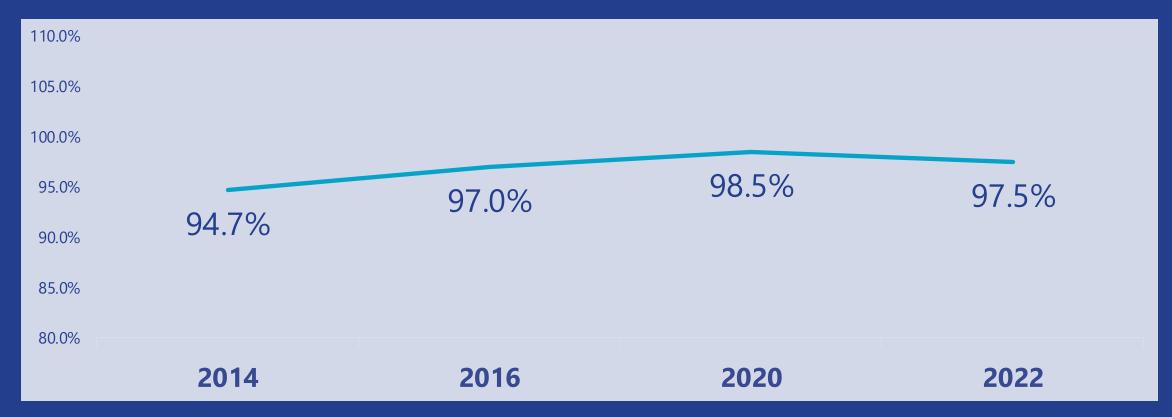
Percentage of students who were threatened or injured with a weapon on school property(such as a gun, knife, or club)**





School Health Profiles - Principal Survey

Percentage of schools that use electronic, paper, or oral communication to publicize and disseminate policies, rules, or regulations on bullying and sexual harassment, including electronic aggression





School Health Profiles - Principal Survey

Percentage of schools in which all staff received professional development on preventing, identifying, and responding to student bullying and sexual harassment, including electronic aggression





Tobacco Use

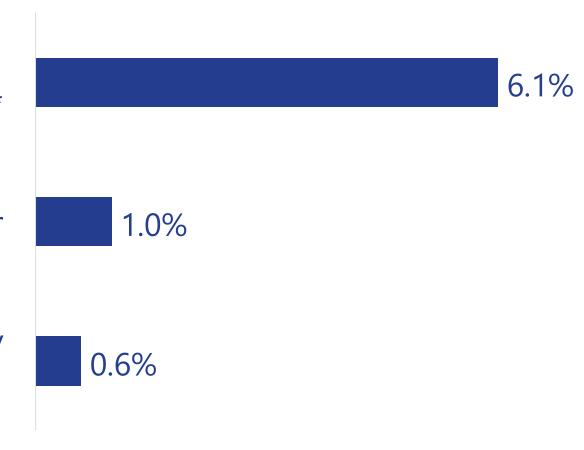


Cigarette Smoking - 2023 Results

Percentage of students who currently smoked cigarettes (on at least 1 day)*

Percentage of students who currently smoked cigarettes frequently (on 20 or more days)*

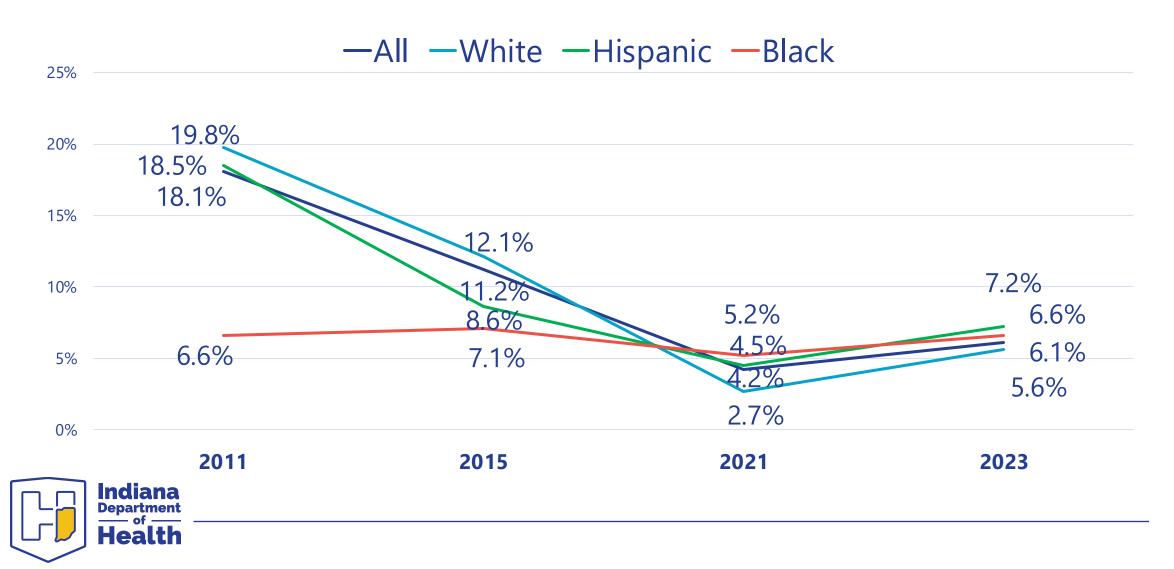
Percentage of students who currently smoked cigarettes daily*





Percentage of students who currently smoked cigarettes

(on at least 1 day during the 30 days before the survey)



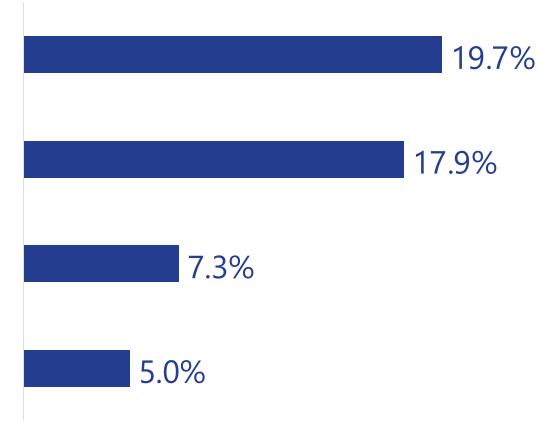
Cigarettes & Vaping - 2023 Results

Percentage of students who currently smoked cigarettes or used electronic vapor products*

Percentage of students who currently used an electronic vapor product on at least 1 day*

Percentage of students who currently used electronic vapor products frequently (on 20 or more days)*

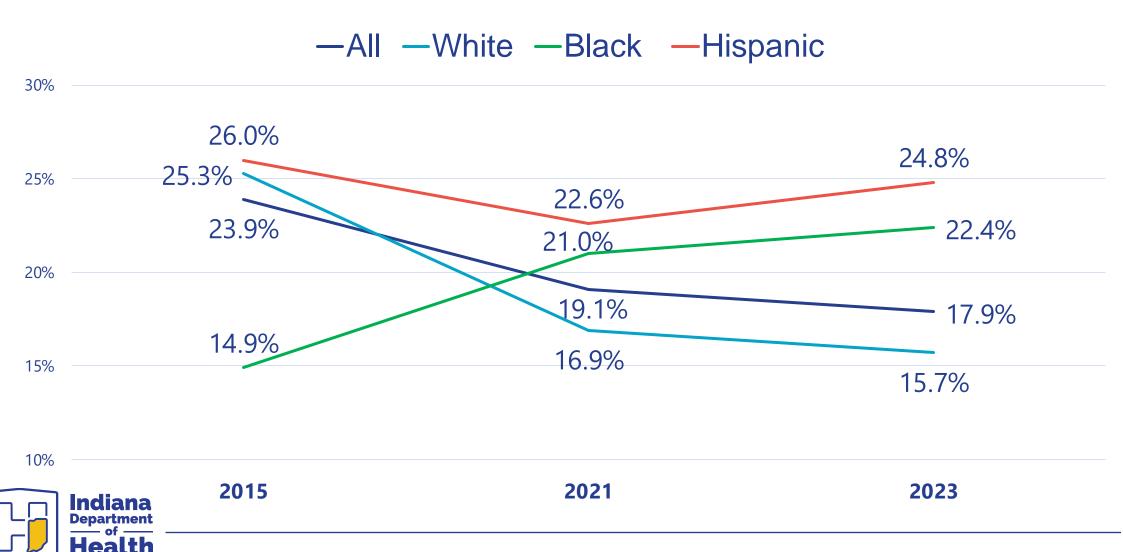
Percentage of students who currently used electronic vapor products daily*



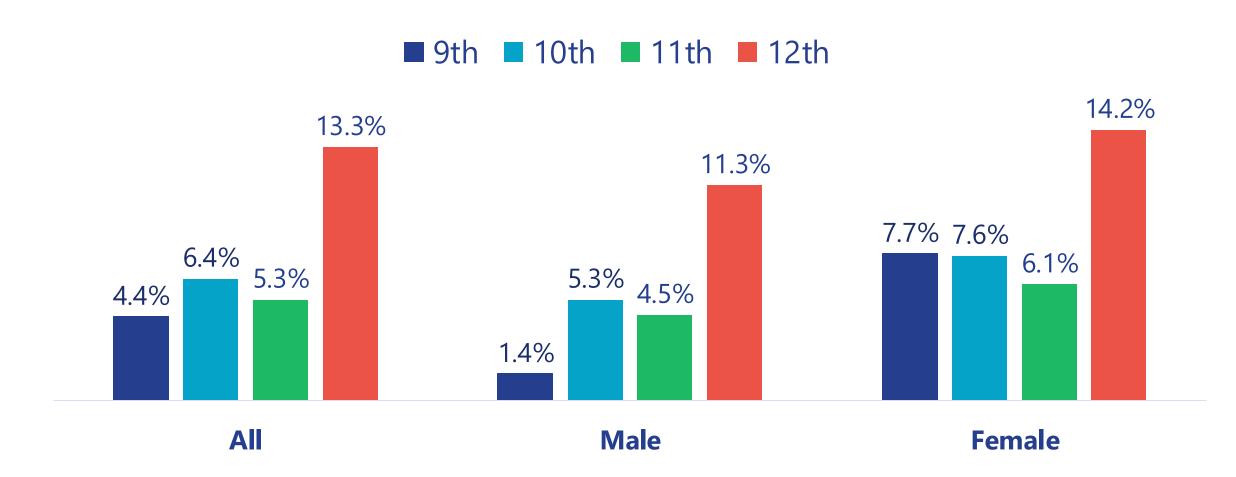


Percentage of students who currently used an electronic vapor product

(*on at least 1 day during the 30 days before the survey)



Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)





School Health Profiles - Principal Survey

Percent of schools that have adopted or follow specific tobacco-use prevention policies.





School Health Profiles – Teacher Survey

Percentage of schools in which teachers tried to increase student knowledge on tobacco-use prevention in a required course in any of grades 6 through 12 during the current school year:





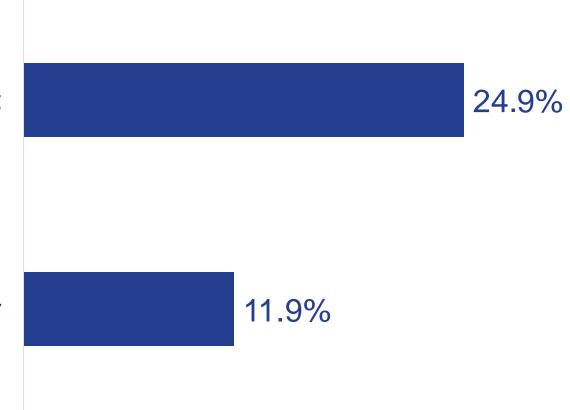
Alcohol & Substance Use



Alcohol Consumption - 2023 Results

Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day*)

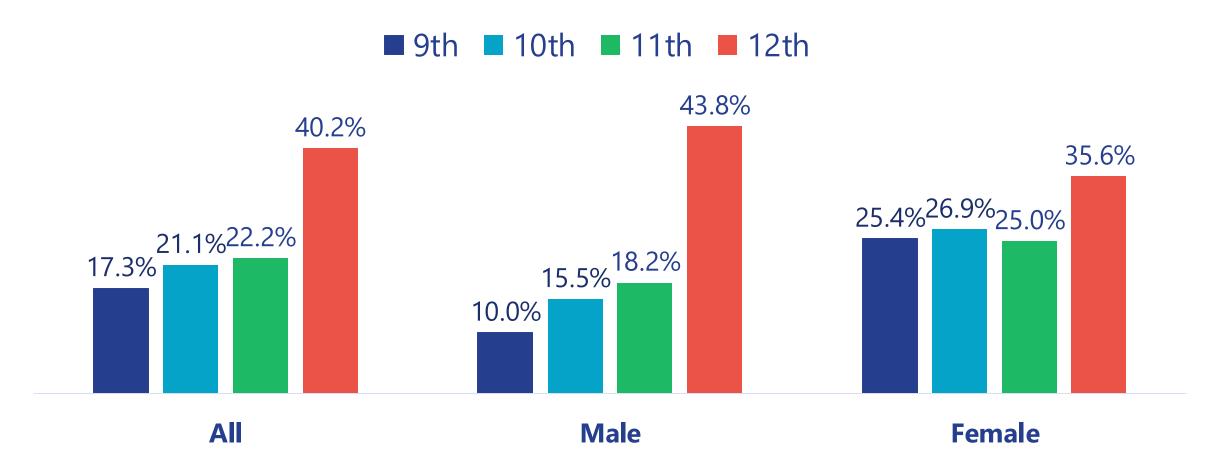
Percentage of students who currently were binge drinking (had four or more drinks of alcohol in a row if they were female or five or more drinks of alcohol in a row if they were male, within a couple of hours*





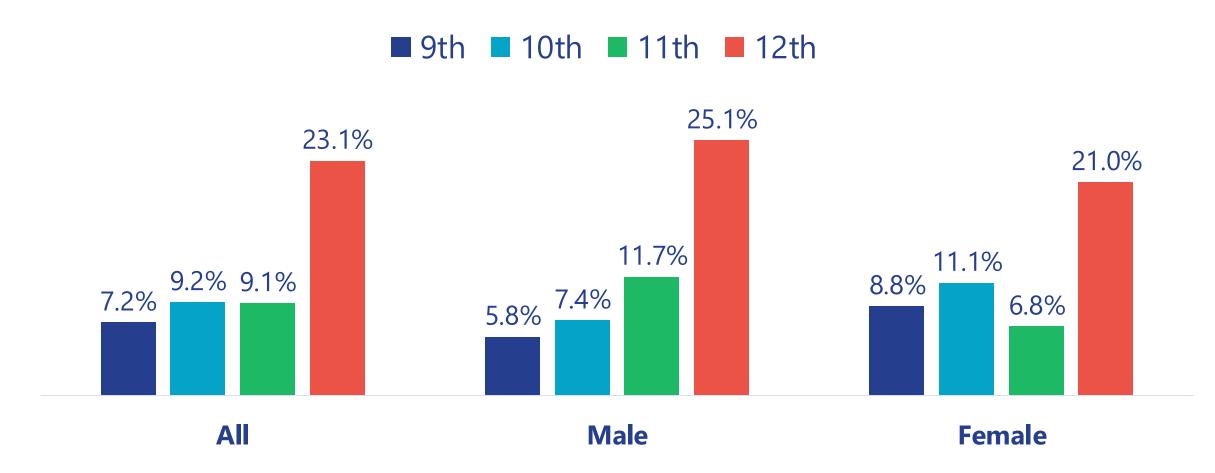
Percentage of students who currently drank alcohol

(at least one drink of alcohol, on at least 1 day during the 30 days before the survey)





Percentage of students who currently were binge drinking*





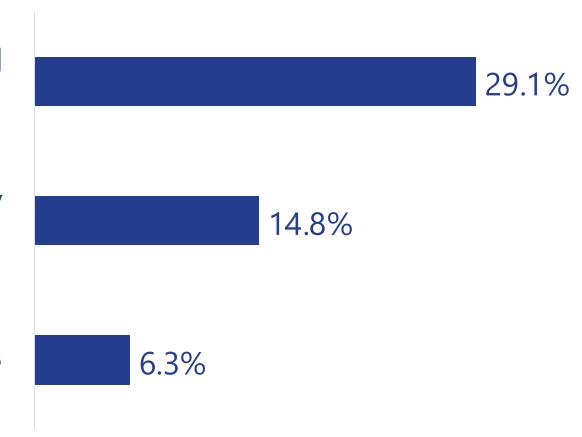
^{*} had four or more drinks of alcohol in a row if they were female or five or more drinks of alcohol in a row if they were male, within a couple of hours, on at least 1 day during the 30 days before the survey

Marijuana Use - 2023 Results

Percentage of students who ever used marijuana**

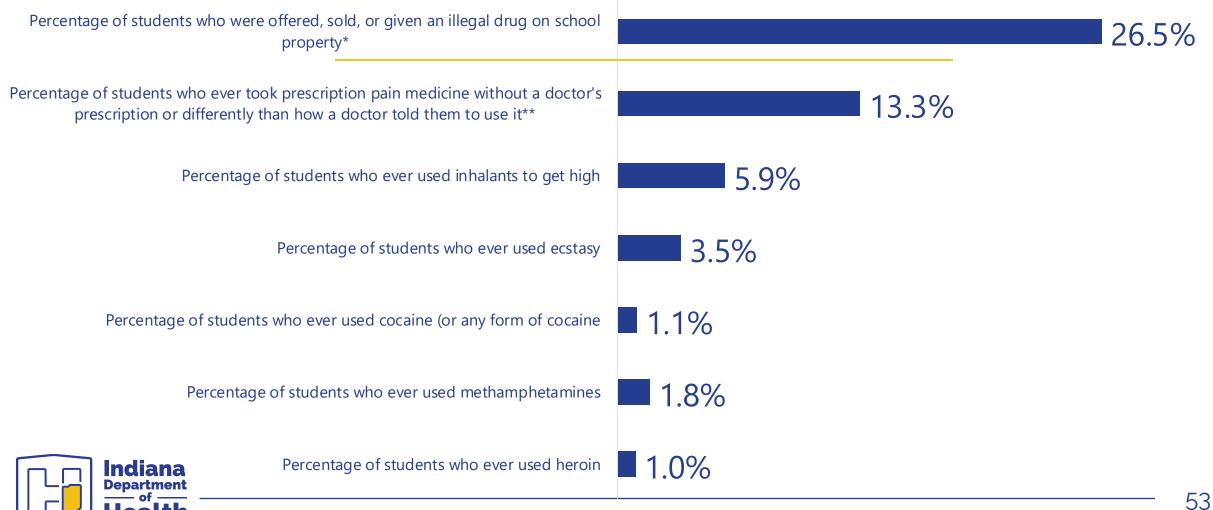
Percentage of students who currently used marijuana*

Percentage of students who tried marijuana for the first time before age 13 years





Other Drug Use - 2023 Results



School Health Profiles – Teacher Survey

Percentage of schools in which teachers tried to increase student knowledge on alcohol-use or other drug-use prevention in a required course in any of grades 6 through 12 during the current school year.





Sexual Behavior

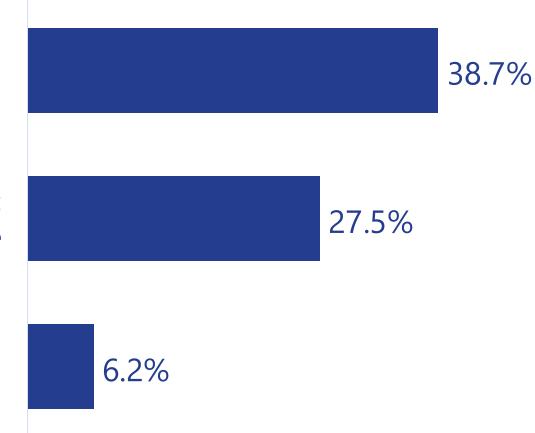


Sexual Activity - 2023 Results

Percentage of students who ever had sexual intercourse

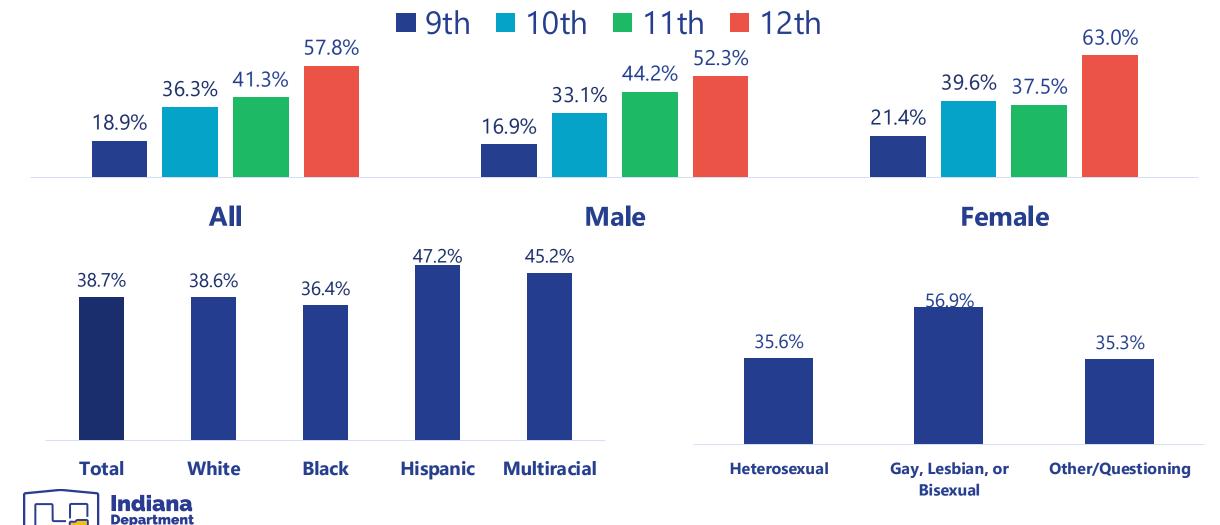
Percentage of students who were currently sexually active (had sexual intercourse with at least one person, during the 3 months before the survey)

Percentage of students who had sexual intercourse with four or more persons during their life





Percentage of students who ever had sexual intercourse

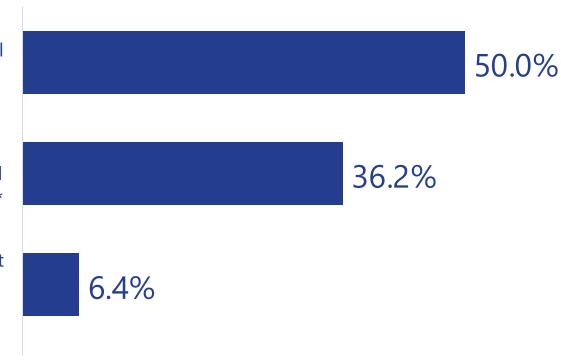


Contraception Use - 2023 Results

Percentage of students who used a condom during last sexual intercourse to prevent pregnancy*

Percentage of students who used birth control pills; an IUD or implant; or a shot, patch, or birth control ring before last sexual intercourse with an opposite-sex partner to prevent pregnancy*

Percentage of students who did not use any method to prevent pregnancy during last sexual intercourse with an opposite-sex partner to prevent pregnancy*

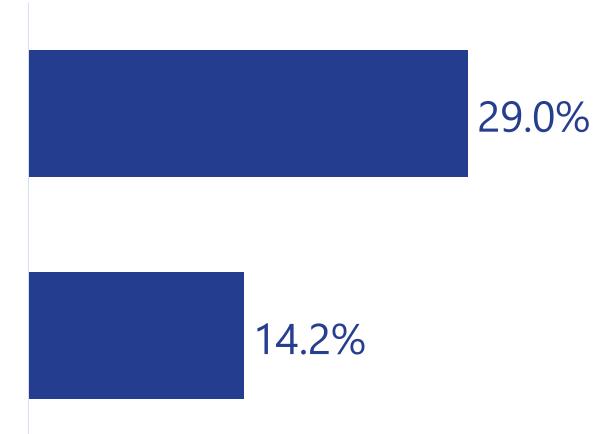




Revealing Electronic Messages - 2023 Results

Percentage of students who had received a text or an e-mail with a revealing or sexual photo of someone*

Percentage of students who had texted, e-mailed, or posted electronically a revealing or sexual photo of themselves*





Dating & Sexual Violence - 2023 Results

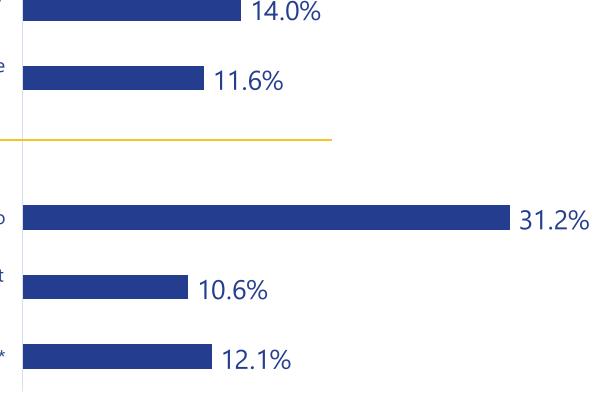
Percentage of students who experienced sexual violence that they did not want to do, one or more times**

Percentage of students who were ever physically forced to have sexual intercourse when they did not want to**

Percentage of students who reported someone they were dating tried to control them or emotionally hurt them (among students who dated someone during the 12 months before the survey)**

Percentage of students who experienced sexual dating violence that they did not want to do**

Percentage of students who experienced physical dating violence**





School Health Profiles - Principal Survey

School does not provide any sexual or reproductive health services





School Health Profiles - Principal Survey

Percentage of schools that provide students with referrals to any organizations or health care professionals not on school property for the

following services

	—HIV testing	—HIV treatment —Pregnancy testing —Prenatal care			
70.0%					
60.0%	55.5%	55.7% 54.2%			
50.0%	52.1%	50.2%			
40.0%	47.7%	48.9%	33.1% 31.7%	31.6%	31.0%
30.0%			31.1%	30.2% 28.9%	30.6% 25.4%
20.0%			25.9%	27.0%	25.0%
10.0%					
	2012	2014	2016	2020	2022



Percentage of students who reported their parents or other adults in their family talked with them about what they expect them to do or not to do when it comes to sex



Mental Health



School Health Profiles – Teacher Survey

Percentage of schools in which the lead health education teacher received professional development on emotional and mental health during the two years before the survey:





School Health Profiles - Teacher Survey

Percentage of schools in which teachers tried to increase student knowledge on suicide prevention in a required course in any of grades 6 through 12 during the current school year:



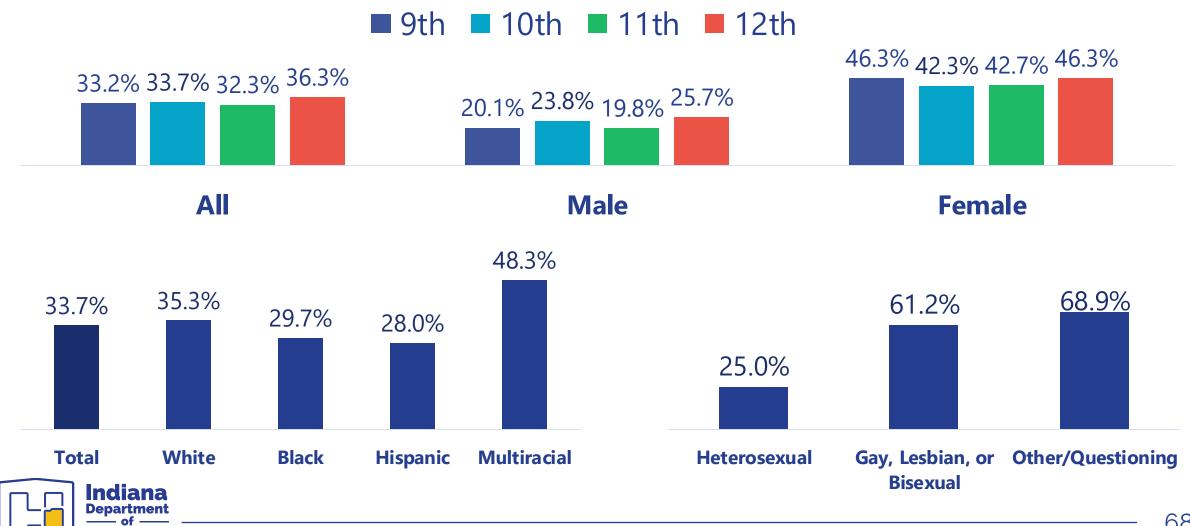


Stress, Anxiety, Depression & Suicide - 2023 Results

Percentage of students who reported that their mental health was most of the time or always not good (including stress, anxiety, and 33.7% depression)* Percentage of students who felt sad or hopeless (almost every day for >=2 weeks in a row so that they stopped doing some usual 47.0% activities).** Percentage of students who seriously considered attempting 25.2% suicide.** Percentage of students who made a plan about how they would 23.6% attempt suicide.** Percentage of students who actually attempted suicide.** 15.7%

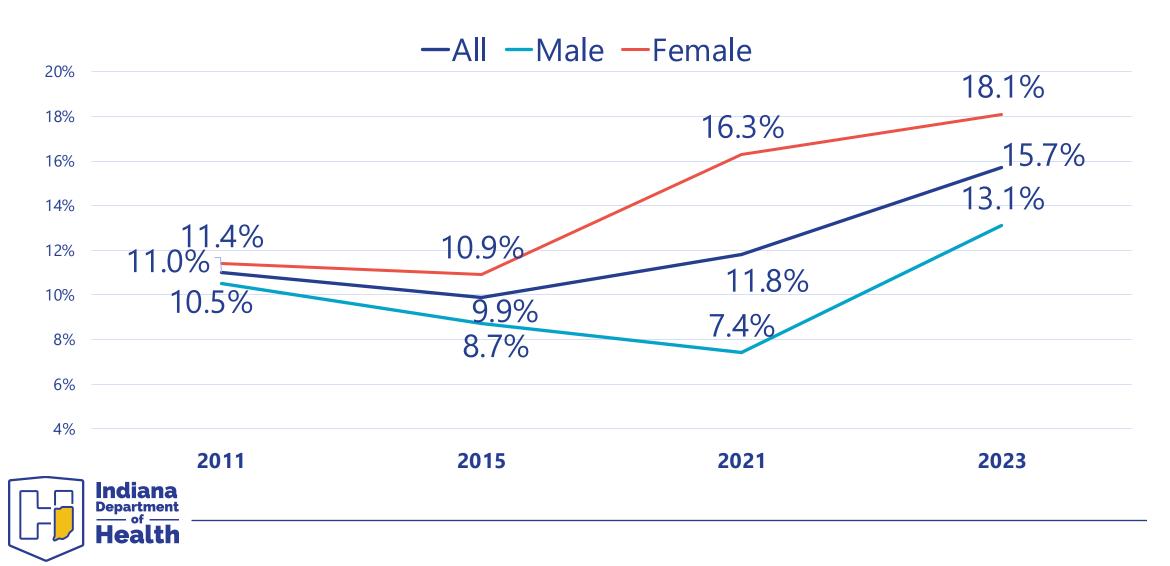


Percentage of students that their mental health was most of the time or always not good (Including stress, anxiety, and depression)*



Percentage of students who actually attempted suicide

(one or more times during the 12 months before the survey)



Adverse Childhood Experiences



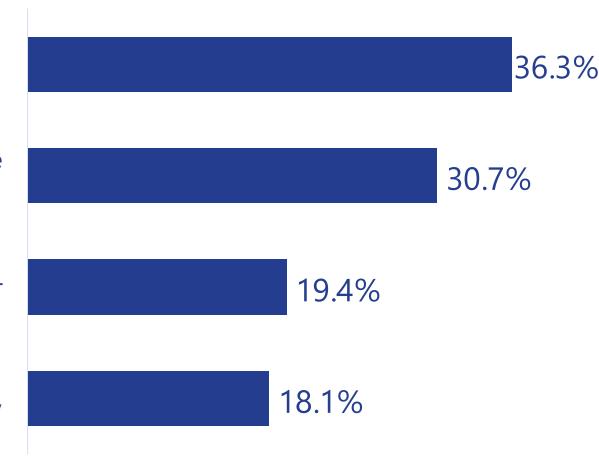
Adverse Childhood Experiences (ACEs) - 2023 Results

Percentage of students who ever lived with someone who was depressed, mentally ill, or suicidal

Percentage of students who ever lived with someone who was having a problem with alcohol or drug use

Percentage of students who ever saw someone get physically attacked, beaten, stabbed, or shot in their neighborhood

Percentage of students who ever been separated from a parent or guardian because they went to jail, prison, or a detention center





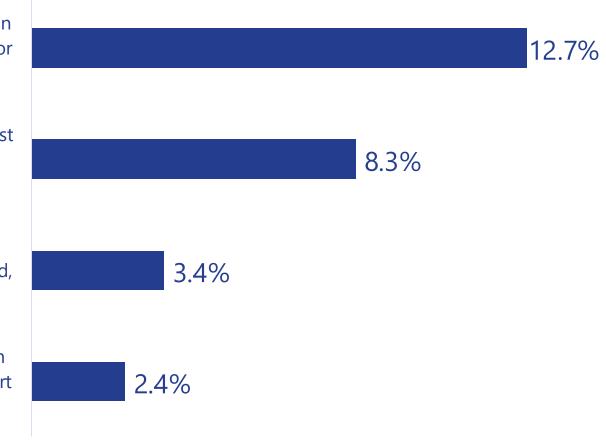
Adult Violence - 2023 Results

Percentage of students who reported that a parent or other adult in their life most of the time or always swore at them, insulted them, or put them down*

Percentage of students who reported that an adult or person at least 5 years older than them made them do sexual things they did not want to do

Percentage of students who reported that their parents or other adults in their home most of the time or always slapped, hit, kicked, punched, or beat each other up*

Percentage of students who reported that a parent or other adult in their life most of the time or always hit, beat, kicked or physically hurt them in any way*



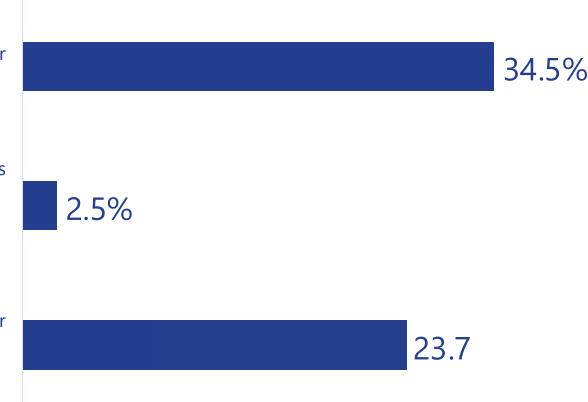


Unfair treatment - 2023 Results

Percentage of students who felt that they were ever treated badly or unfairly because of their race or ethnicity*

Percentage of students who reported they most of the time or always saw their parents or other family members treated badly or unfairly because of the color of their skin, language, accent, or because they are from a different country or culture*

Percentage of students who felt that they were ever treated badly or unfairly because they are lesbian, bisexual, transgender, or questioning



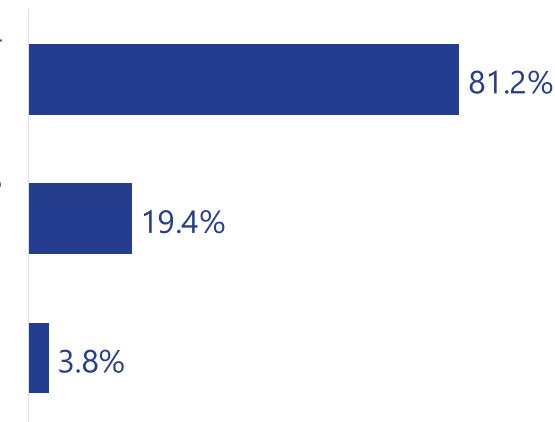


Home Life & Neighborhood Environment – 2023 Results

Percentage of students who most of the time or always feel safe and secure in their neighborhood

Percentage of students who ever saw someone get physically attacked, beaten, stabbed, or shot in their neighborhood

Percentage of students who experienced unstable housing*





Extracurricular Activities



Extracurricular Activities - 2023 Results

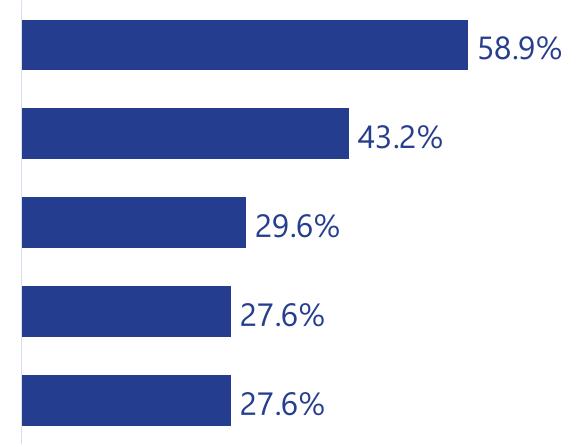
Percentage of students who participate in school activities one or more hours (e.g., sports, band, drama, or clubs)*

Percentage of students who work one or more hours at a paying job outside their home*

Percentage of students who participate in activities run by community groups for one or more hours*

Percentage of students who performed any organized community service as a non-paid volunteer one or more times**

Percentage of students who worked at a paying job to help their family pay bills or buy food***





Post-Secondary Plans - 2023 Results

Percentage of students who reported they will most likely attend a 4-year college after they complete high school





Phone Usage



Screen Time

Percentage of students who spent 3 or more hours per day on screen time (not counting time spent doing schoolwork, on an average school day) 76.3%

Percentage of students who use social media several times a day





Parent & Social Support

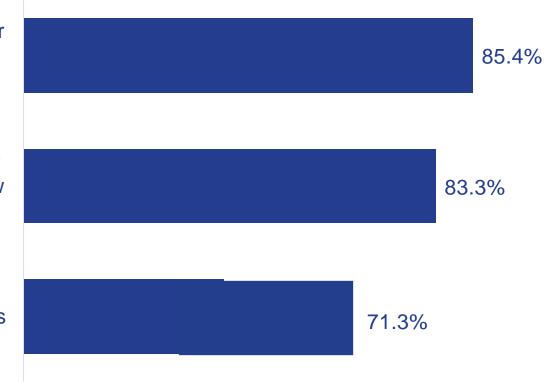


Parental Support - 2023 Results

Percentage of students who reported that an adult in their household most of the time or always tried to make sure their basic needs were met

Percentage of students who reported that their parents or other adults in their family most of the time or always know where they are going or with whom they will be

Percentage of students who strongly agree or agree that their parents or other adults in their family have clear rules and consequences for their behavior





Social Support - 2023 Results

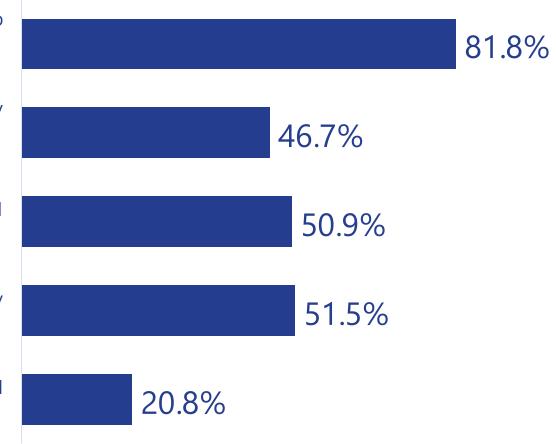
Percentage of students who would feel comfortable seeking help from one or more adults besides their parents if they had an important question affecting their life

Percentage of students who most of the time or always feel that they are able to talk to an adult in their family or another caring adult about their feelings **

Percentage of students who strongly agree or agree that they feel close to people at their school

Percentage of students who most of the time or always feel that they are able to talk to a friend about their feelings

Percentage of students who most of the time or always get the kind of help they need*





Contact Information

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This presentation was prepared by Dan Phan, MCH Surveillance Epidemiologist

Agenda

- 4. Strategic Plan Goal Update: Healthy Teen Relationships
- a. Presentation by Tammie Carter, LifeSmart Youth



Guiding youth to lead healthy and safe lives.

INDIANA COMMISSION ON IMPROVING THE STATUS OF CHILDREN

JUNE 18, 2024

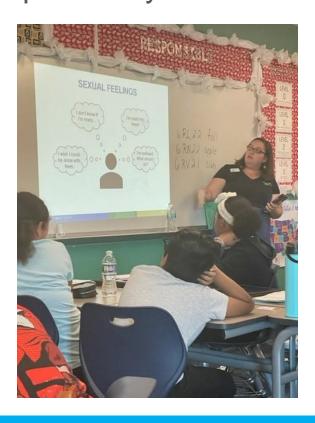
TAMMIE CARTER
CEO, LIFESMART YOUTH



WHO WE ARE

MISSION:

Empowering youth to make responsible choices and adopt healthy behaviors



OUR PROGRAMS

- SCHOOL BASED AND SUMMER
- MEET BOTH THE NATIONAL AND INDIANA ACADEMIC STANDARDS FOR HEALTH & WELLNESS, ENGLISH/LANGUAGE ARTS AND PHYSICAL EDUCATION
- EVIDENCE BASED AND EVIDENCE INFORMED
- SUPPORT THE SCHOOLS'
 DESIRE TO PROVIDE RELEVANT,
 AGE-APPROPRIATE HEALTH
 INFORMATION FOR STUDENTS.

We start the important conversations.

Whether the topic is puberty, sex, bullying, or dating, it can be difficult to get through to kids and help them understand their changing bodies and how their current decisions can affect their future selves. LifeSmart Youth has developed several programs that engage students on these very subjects, tackling the questions that are the most difficult to answer and the issues that are the most awkward to broach.

Our Programs:

- Have a school staff member present for entire presentation
- ·Contain a class size of no more than 35
- Are evaluated by IU School of Medicine, IU School of Social Work, and University of Indianapolis
- Are endorsed by Centers for Disease Control and Prevention and Indiana State Department of Health

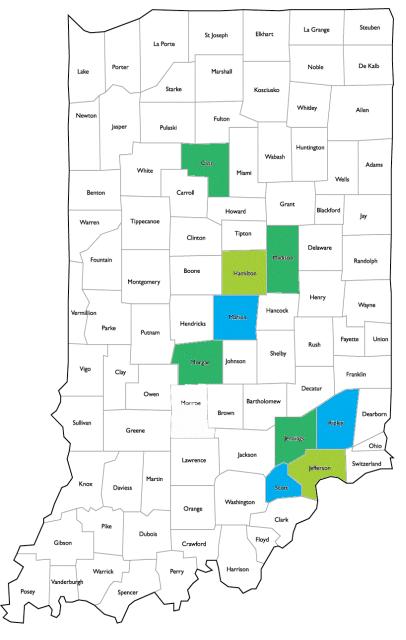


WHO WE SERVE

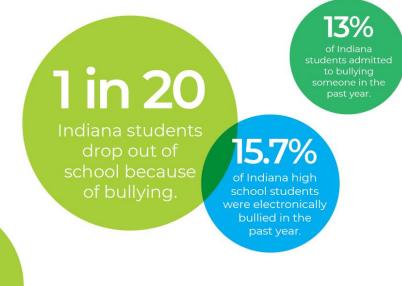
- ☐ 14,000+ YOUTH SERVED ANNUALLY
- ☐ 9 COUNTIES
- ☐ 110 SCHOOLS
- ☐ 7 SUMMER CAMPS

"I have been truly impressed with the LifeSmart Youth programs. The quality of the program and the instructors is outstanding! You have made it work well via Zoom during the pandemic!"

- Hamilton Heights Middle School Teacher



INDIANA STATS

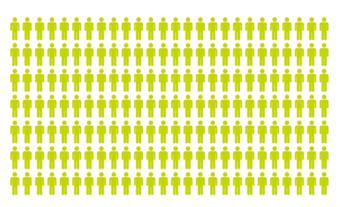


41.7% of Indiana high school students have had sex.

Nearly
1 in 3
Indiana high school students are currently sexually active.

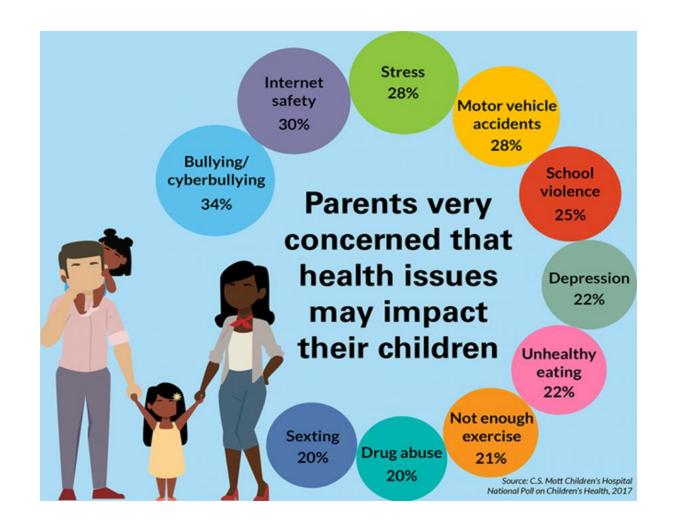
8.7%
of high school students have had sexual ntercourse with four or more

1.5 mil. students experience dating abuse each year



SUPPORT FOR INDIANA FAMILIES

PARENTS SOMETIMES
FEEL HELPLESS AND
UNABLE TO TEACH
THEIR CHILDREN
WHAT THEY NEED TO
KNOW.





Guiding youth to lead healthy and safe lives.

We have a program for every grade level.



INITIATIVES AND OPPORTUNITIES

▶ Body Safety/Child Sex Abuse Education

>TEACH Initiative

≻Youth Mental Health Literacy

≻Disconnected Youth



Passed in 2018, SB 355 was aimed at educating and empowering K-12 students through evidence-based child abuse prevention education.

While this mandate is an important first step toward child safety, there are ways in which it could be clarified and enhanced to better protect Indiana students.

Subject matter experts across the state have gathered to discuss and are making the following recommendations:

Add funding:

It is estimated that to fully fund this effort, it will cost the state approximately \$X, or \$X per Indiana K-12 student.

Clarify timing:

Change the December 15th deadline to read "academic year." (See Appendix A)

Include accountability:

At this time, there is no clear accountability to ensure schools are following the existing mandate. (See Appendix B)

Why does it matter?

- Nearly two thirds of children will experience at least one adverse childhood experience, such as abuse or neglect.
- Research shows that preventing the maltreatment of children results in:
 - Better education outcomes, including staying in school and higher test scores
 - o Improved health and social skills
- This investment in the safety and well-being of Hoosier children will not only help prevent child maltreatment, it will also result in lower costs for our communities in the long run.
 - The estimated economic burden of maltreated children in the US is \$2 trillion.
 - This is particularly significant for Indiana, because our state has ranked in the top 10 in the country for child abuse and neglect reports and has been as high as #2 in the country in the last 6 years.



How many children will face at least one adverse childhood experience



The estimated economic burden of maltreated children in the US

Let's fund these important child abuse prevention programs today, so we can see a brighter tomorrow for the next generation.

TEACH INITIATIVE

TEACH Initiative Roadmap



A strategic roadmap to drive community-level solutions to advance racial health equity and access to care for African American, Black, and Latinx girls in Marion County



Goals to Address Root Causes of Inequitable Care



Address Transportation & Language Barriers

Strategies to
Advance More
Equitable Policies
and Practices

- 1.1 Bring quality healthcare into underserved communities by co-locating clinics in known safe spaces with trusted community partners and increasing access to virtual care
- 1.2 Increase access to a variety of transportation options through community coordination of mobility management systems and a greater investment in safe, accessible pedestrian walkways in underserved communities
- 1.3 Improve language access by providing more accessible and effective language education for healthcare providers and clear pathways for native speakers to enter the healthcare field

Reduce Gatekeeping That Disrupts Equitable Care

- 2.1 Establish a standard of care that requires ongoing training in DEI, cultural competency, unconscious bias, and trauma informed care for active healthcare providers and those working toward careers in healthcare
- 2.2 Provide meaningful cross-cultural experiences for those working toward careers in healthcare and active healthcare providers through training rotations in underserved communities and cross-cultural mentoring relationships

Build Visibility & Trust Between Girls & Healthcare Providers

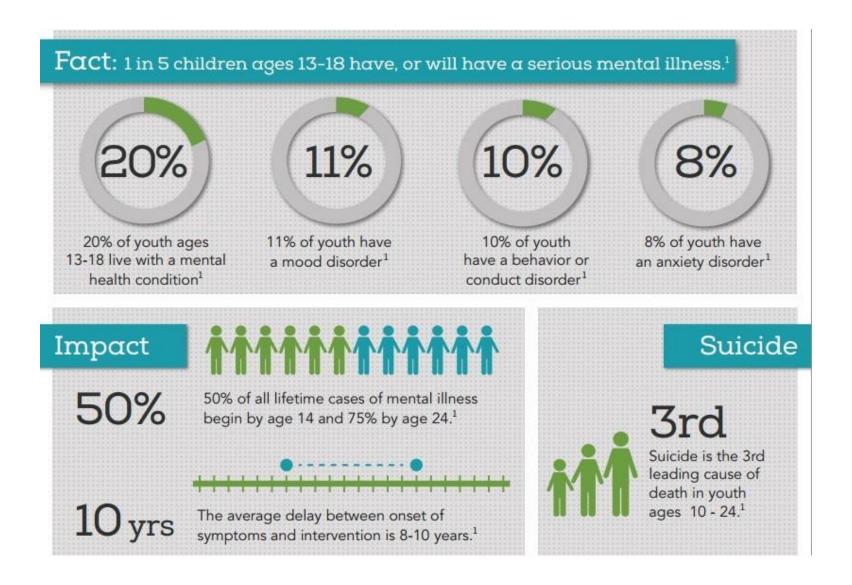
- 3.1 Increase the presence of community health workers in underserved communities through mobile adolescent health clinics, school-based care, and increased awareness of virtual care options
- 3.2 Ensure greater representation of African American, Black, and Latinx individuals in all professions within the healthcare field through hiring practices that value the expertise of lived experience
- 3.3 Increase awareness, transparency, and understanding of available healthcare services by leveraging the voice and reach of trusted community leaders, youth ambassadors, and healthcare providers

Address Funding Limitations That Disincentivize Care

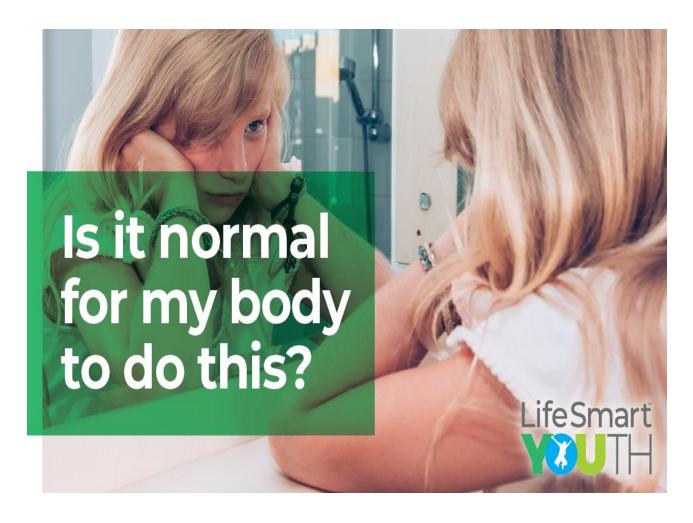
- **4.1** Advocate for policies and practices within healthcare systems that prioritize quality of care and patient outcomes over patient quantity
- **4.2** Advocate for comparable reimbursements for public and private health insurance



MENTAL HEALTH LITERACY



STUDENT TESTIMONY



"I just like this program because I know that if I have a question about my body or life, I can ask it without feeling uncomfortable."

5th grade student



Guiding youth to lead healthy and safe lives.

"For Indiana families and communities, LifeSmart Youth is the education provider who allows students to become their best selves by teaching whole-life skills and wellness behaviors from an early age."

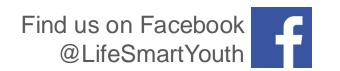
Betsey Sullivan School Counselor, Madison Consolidated Schools





#LIFESMARTYOUTH

We believe the world needs kids who are not just book smart or street smart, but *life smart*.™



THANK YOU FOR THIS OPPORTUNITY





Guiding youth to lead healthy and safe lives.

Connect with us! 317-638-3628

Email: info@lifesmartyouth.org

www.lifesmartyouth.org

Facebook @lifesmartyouth



Agenda

- 5. Presentation on KIDS COUNT data
- a. Indiana Youth Institute



2024 State of the Child



Commission on Improving the Status of Children in Indiana June 18, 2024

Who We Are

Indiana Youth Institute exists to improve the lives of all Indiana children.





2024 Indiana KIDS COUNT® Data Book

30th Edition of a Profile of Hoosier Youth











Scan or visit iyi.org to download and share the 2024 Indiana KIDS COUNT® Data Book









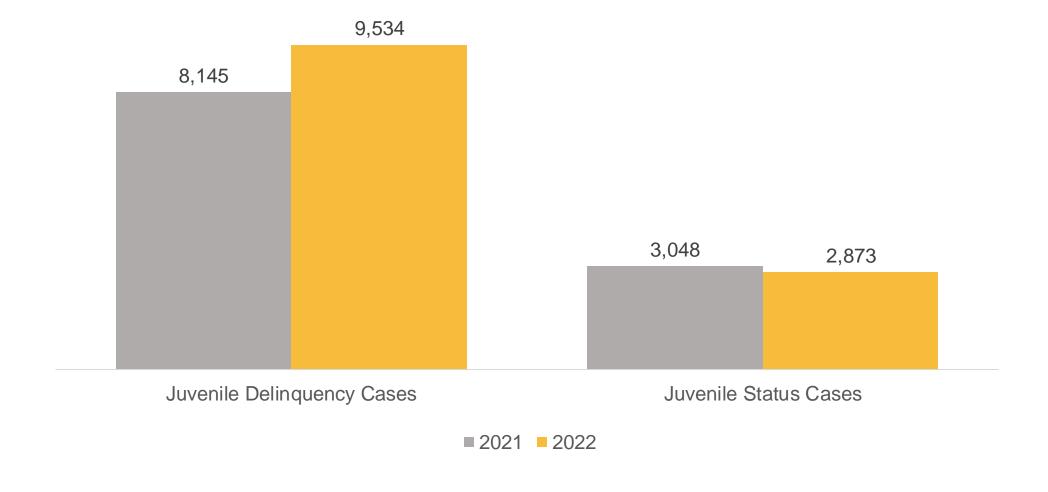








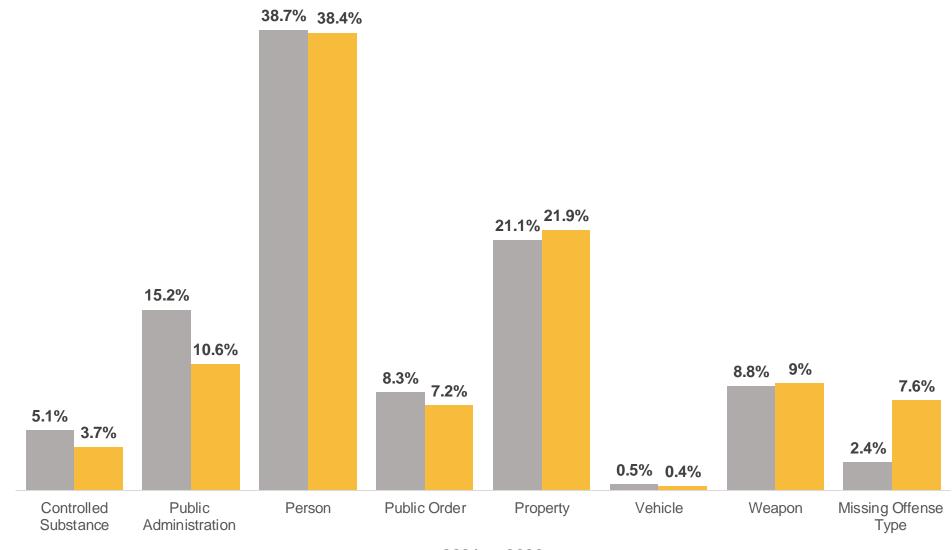
Juvenile Delinquency and Status Court Case Filings, Indiana: 2021-2022







Juvenile New Admissions by Offense Type, Indiana: 2021-2022





2021 2022













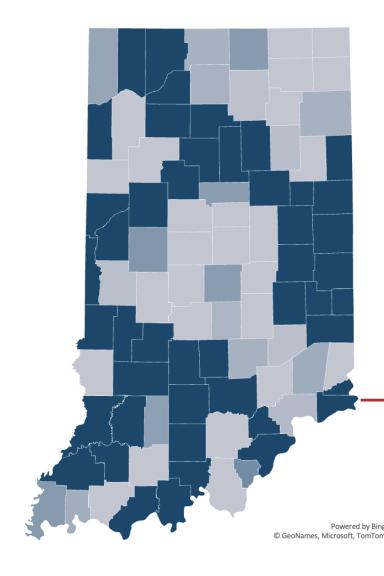
55.6% of youth who had a *major depressive episode* did not receive any mental health treatment in 2023

Source: Mental Health America, Mental Health Risk Assessments





Percentage of Population Living in a Medically Underserved Area: 2022





Indiana's Medically Underserved Population: 40.1%







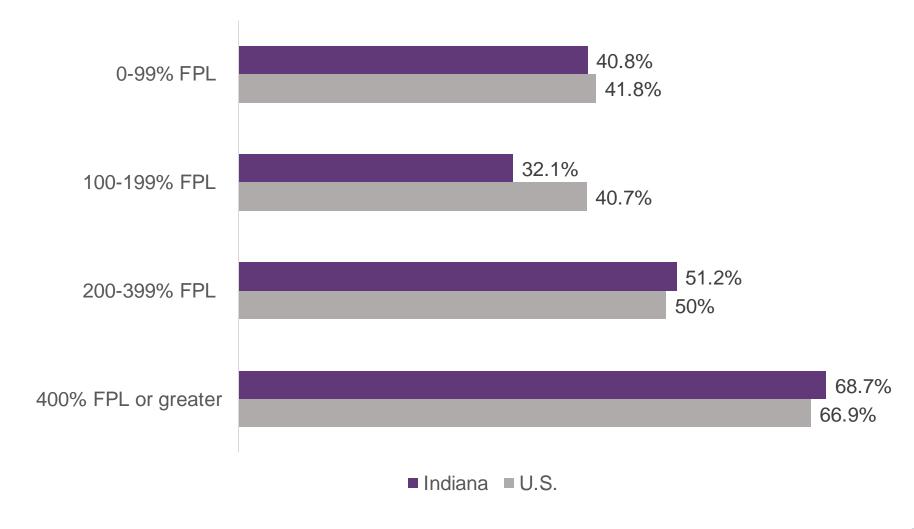








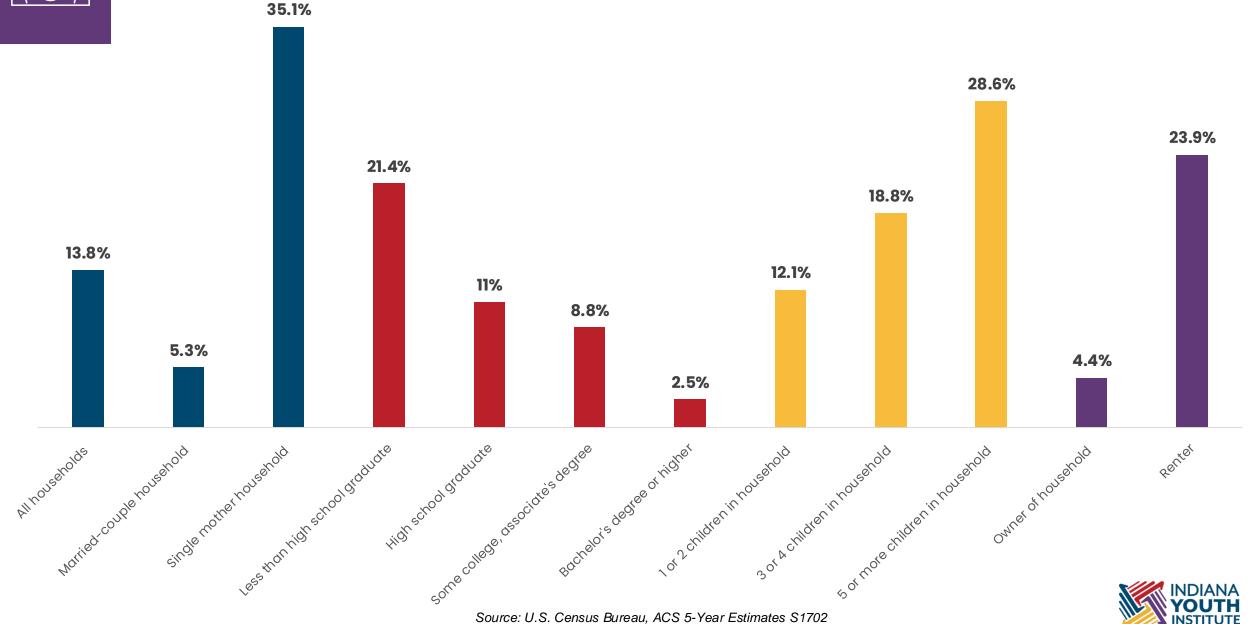
Families that Received Child Care from Others at Least 10 Hours per Week (0 to 5 Years), Indiana: 2022







Households Living in Poverty by Characteristic, Indiana: 2022







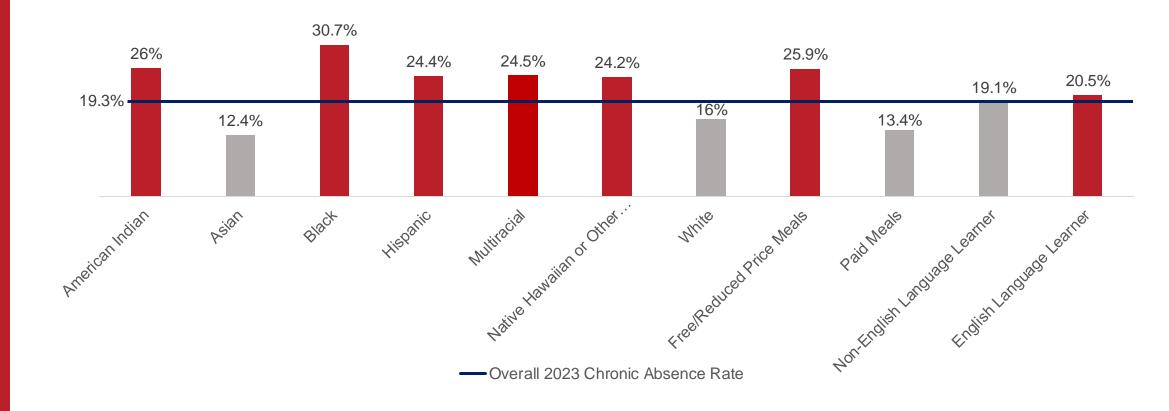








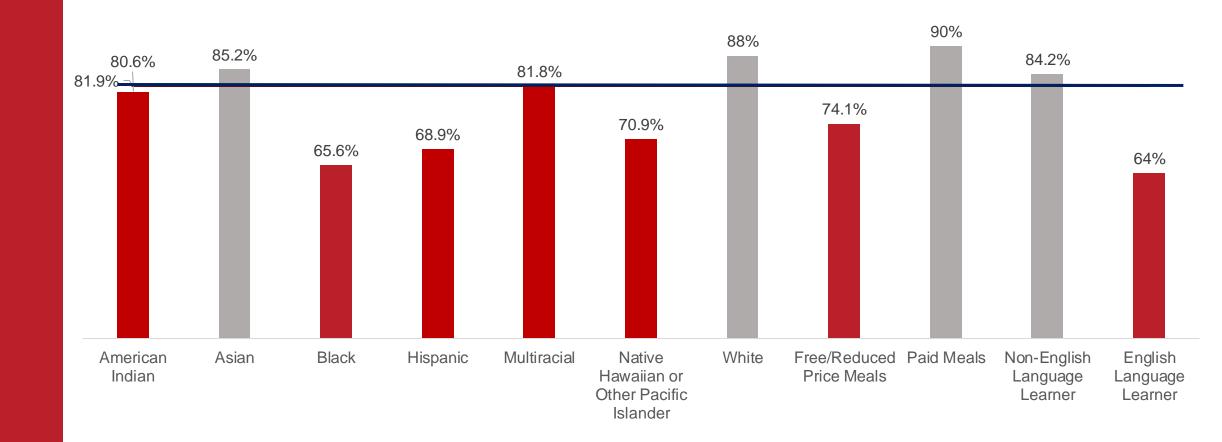
Chronic Absenteeism, Indiana: 2023







IREAD-3 Proficiency, Indiana: 2023

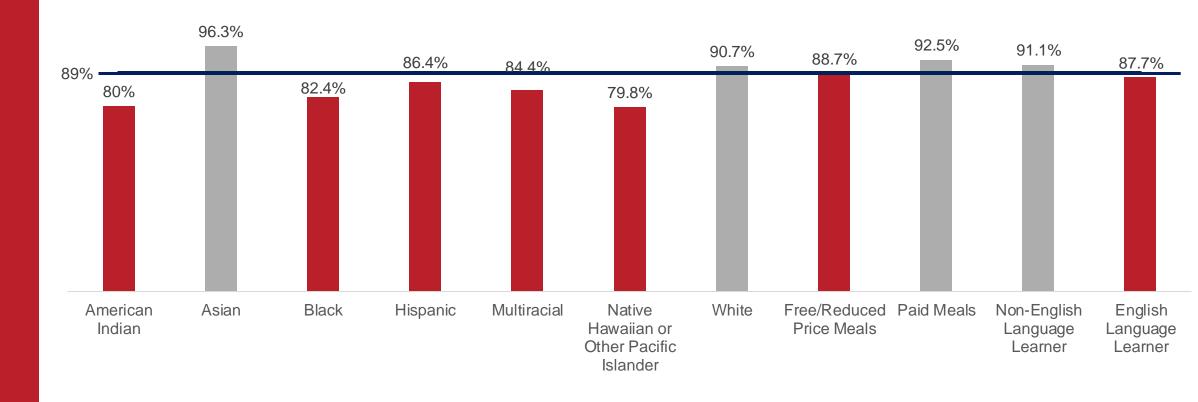


Source: Indiana Department of Education





Graduation Rate by Subgroup, Indiana: 2023

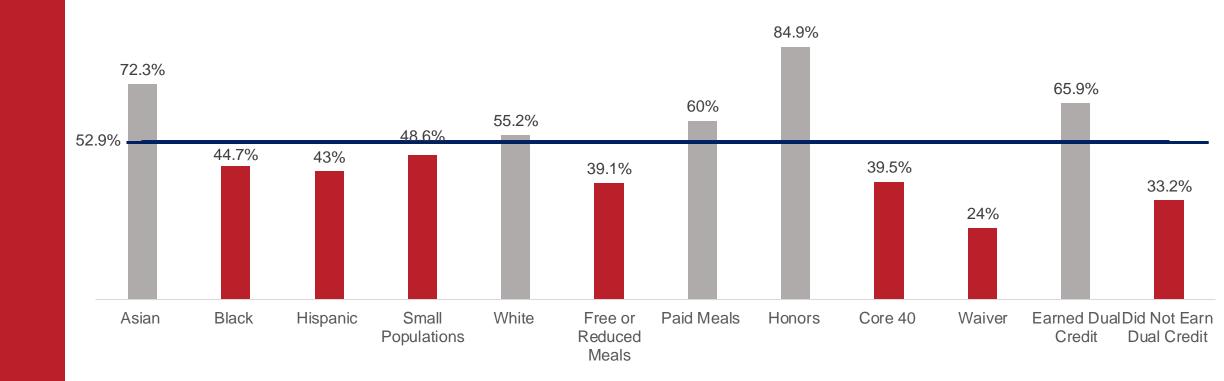


Overall 2023 Graduation Rate





College Enrollment by Subgroup, Indiana: 2021 Cohort



—Overal 2021 Cohort Enrollment

Source: Indiana Commission for Higher Education





2024 Indiana KIDS COUNT® Data Book

30th Edition of a Profile of Hoosier Youth











Scan or visit iyi.org to download and share the 2024 Indiana KIDS COUNT® Data Book.



2024 State of the Child









Agenda

- 6. Executive Director Updates
- a. Early Childhood Mental Health Subcommittee
- b. Bullying/Suicide Prevention and Online Safety
- c. BEST Youth Initiative
- d. Casey Family Programs grant update

Agenda

7. Commission Member Announcements and Adjournment

2024 Meeting Dates

- August 21
- October 16
- December 11