# The Indiana Commission to Combat Drug Abuse



## Behavioral Health Division

# **Comprehensive Community Plan**

County: Henry

LCC Name: A.R.I.E.S. Substance Abuse Council of Henry County

LCC Contact: Olene Veach

Address: 2881 North County Road 300 West

City: New Castle, IN 47362

Phone: 765.533-4205 or 765.521-7032

Email: oveach@henrycounty.in.gov or oveach@hrtc.net

County Commissioners: Kim Cronk, Chairman; Ed Yanos, Ed Tarantino

Address: 101 S Main St.

City: New Castle, IN

Zip Code: 4736

### **Vision Statement**

What is your Local Coordinating Council's vision statement?

A.R.I.E.S. exists as a community agency that partnerships with other efforts to improve healthy lifestyles in Henry County through prevention, education, treatment and enforcement of substance abuse issues for youth and adults.

## **Mission Statement**

What is your Local Coordinating Council's mission statement?

The Mission of A.R.I.E.S. Henry County Substance Abuse Council is to develop, coordinates, promotes, and reduces the problems associated with substance abuse in Henry County in order to enhance family and community life. To work cooperatively with the community and area agencies on behalf of its youth and adults to reduces substance abuse through intervention, education and support.



Me	mbership List				
#	Name	Organization	Race	Gender	Category
1	Butch Baker Chair	H. Co. Sheriff's Office	White	Male	Law Enforcement, Civic Organization, Parent
2	Cindy Bay	Artist & Retired Nurse	White	Female	Medical, Civic Organization, Religion
3	Jim Becker	Minister	White	Male	Religion
4	Michelle Frazier	Edward Jones, Kiwanis Adv to Middle School	White	Female	Business, Civic Organization, Education
5	Susan Lightfoot, Vice Chair	Chief Probation Officer	White	Female	Government, Self- Help, Civic Organization
6	Michael Mahoney	Prosecutor's Office, Attorney	White	Male	Government, Parent
7	Ric McCorkle	H.Co. Sheriff's Office-Sheriff	White	Male	Law Enforcement, Parent
8	Doug Mathis	H.Co. Health Dept	White	Male	Health, Self Help, Education, Parent
9	Kelsey Meyers	Purdue Extension	White	Female	Youth, Mental Health, Self Help, Education
10	John Pennycuff	ICAP	White	Male	Education, Youth, Religion
11	Matt Schofield	New Castle Police Dept Chief	White	Male	Law Enforcement, Education, Civic Organization, Business
12	Todd Thalls	Insurance Agent	White	Male	Business, Parent
13	Olene Veach, Coordinator	Farm Mgr, Teacher, Chr Scholarship Soc. Worker, Substance Abuse Trainer	White	Female	Business, Civic Organization, Education, Government, Self Help, Treatment, Youth
14	Scott Wilder	Tri Jr/Sr High Principal	White	Male	Education, Self Help, Parent
15	Joni Williams	Government	White	Female	Government, Self- Help, Parent
16	To be selected at beginning of school	Student			Student representing high schools in county
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## LCC Meeting Schedule:

Please provide the months the LCC meets throughout the year: January 14<sup>th</sup>;February 11<sup>th</sup>;March 10<sup>th</sup>

April  $14^{th}$ ; May  $19^{th}$  (third Tuesday); June  $9^{th}$ 

 Due to community shut downs the April 14<sup>th</sup> meeting was changed to July 14<sup>th</sup> (we do not normally have a meeting in July)

August 11<sup>th;</sup> September 8

October 20 (third Tuesday); November 10<sup>th;</sup> December 8<sup>th</sup>



## **Community Needs Assessment: Results**

The first step in developing an effective substance use and misuse reduction plan is to assess your community. A community assessment tells you about your community's readiness to implement prevention, treatment, and justice-related programs to address substance use and misuse. An assessment also provides an overview of the risk and protective factors present in the community, helping your coalition plan more effectively.

#### **Community Profile**

County Name HENRY

County Population

48,271 (STATSINDIANA)

Schools in the community

Blue River Valley School Corporation: Jr/Sr High and Elementary

Charles A Beard School Corporation: Sr High, Intermediate, and Elementary

New Castle School Corporation: Sr. High, Jr. High, Elementary (Eastwood, Parker, Riley, Sunnyside,

Westwood, and Wilbur Wright)

Shenandoah School Corporation: Sr. High, Jr. High, Elementary South Henry School Corporation: Tri Jr/Sr. High, Elementary

Medical care providers in the community (hospitals, health care centers, medical centers/clinics, etc.)

Henry County Community Health (hospital) 765.521-0890, 521-1116

Immediate Care Northfield Park 765.599-3100

Family Medicine Northfield Park 765.599-3100

New Castle Center for Orthopedic Surgery and Sports Medicine 765.521-7385

Henry County Community Health Rehabilitation 765.521-1132

Home Care -765. 593-2591

New Castle Family and Internal Meds – Forest Ridge 764.599-3400

First Care Urgent Care—765.518-6100

Reid Family Physicians & Specialty Care 765.529-624-4526

Knightstown Health Care Center 765.345-5572

Reid Family Physician and Specialty Care 765.624-4526

Spiceland Pike Medical 765.529-4090

ICAP Women's Clinic 765-529-4403

Henry County Health Department 765.521-7085

Steve Nelson 765.599-3100

Kayla Hall(Torch Light) 765 .444-8019

Mental health care providers in the community (hospitals with psychiatric/behavioral health units, mental health clinics, private/public providers, etc.)

Centerstone 765.521-3010

Anchor Behavioral 765.529-3370

Meridian Health Services 765.521-2450

Kane Psychological Services 765.388-2671

Torchlight Counseling Services 765.444-8019

Freedom House 765.520-6500 Sowers of Seeds 765.465-4663



Christian Counseling Services of Henry County 765.354-6000

Service agencies/organizations

Christian Love Help Center 765.521-2837

H. Co. Pregnancy Care Center 765.529-7298

First Steps 765.393-0510

Healthy Families of Henry .529-4505

Interlocal Community Action Program 765.529-4403

Westminster Community Center 765.529-5124

YMCA 765.529-3804

Art Association of Henry County

Believe and Achieve Mentoring (BAM) 765.529-4494

Narcotics Anonymous 765.683-2022

Henry County Community Foundation 765.529-2235

Safe At Home 765-518-4120

Developmental Service, Inc (DSI) 765.529-4120

Salvation Army 765.529-1303

New Castle Housing Authority 765.529-1517

Adult Basic Education 765-521-7226

WIC (Women, Infants and Children) 765.529-4403

Local media outlets that reach the community

Middletown News 765.345-2221

Courier Times, New Castle 765.529-1111

WMDH-FM - NASH 192.5 765.529-2600

WKPW 70.7 Knightstown 765.345-9070

What are the substances that are most problematic in your community? In order of drug charges Alcohol, Meth, Marijuana, Prescription Drugs, Dealing meth, Dealing Marijuana, Synthetics, Vaping

List all substance use/misuse services/activities/programs presently taking place in the community. Substance Abuse Treatment Programs at HCSO - Community Corrections treatment and counseling programs - Drug Court - Veterans Court - Probation Dept program for Vaping - Youth League for youth drug offenders – IOP - NA and AA - Too Good for Drugs (for all 2<sup>nd</sup> and 3<sup>rd</sup> graders in county) - DARE (for all 5<sup>th</sup> graders in County) - Sheriff's Camp (includes education on drugs) - Educational Exhibits with participation at all Community Fairs in County - Red Ribbon Week Speaker for all school systems in County, churches (upon request) – Freedom House – Brianna's Hope - The Guest House – YOC TruHarbor – ADEC grant – SOS House - plus agencies listed under Mental Health

### **Community Risk and Protective Factors**

Use the list of risk and protective factors to identify those present in your community. Identify the resources/assets and limitations/gaps that exist in your community related to each. The lists are not all-inclusive and others may apply.

<u>Risk Factors Examples:</u> trauma and toxic stressors; poverty violence; neighborhood characteristics; low neighborhood attachment; community disorganization; community norms and laws favorable toward drug use, firearms, and crime; availability of alcohol and other drugs; weak family relationships; family



substance use; peer substance use; mental health problems; families moving frequently from home to home; limited prevention and recovery resources.

<u>Protective Factors Examples:</u> strong family relationships; neighborhood economic viability; low childhood stress; access to health care; access to mental health care; community-based interventions; restricted access to alcohol and other drugs including restrictive laws and excise taxes; safe, supportive, and connected neighborhoods; meaningful youth engagement opportunities; local policies and practices that support healthy norms and child-youth programs; positive connection to adults.<sup>1</sup>

Risk Factors	Resources/Assets	Limitations/Gaps
1.Alcohol and other drugs being readily available	<ol> <li>Effective Drug Task         Force</li> <li>Awareness of risk of         drug abuse</li> <li>Education of drug use         for youth</li> </ol>	<ol> <li>Lack of funds to increase monitoring drug dealing</li> <li>Lack of jail system to handle jail population</li> <li>Lack of staff to effectively complete action</li> </ol>
2. Generational (family) use involved in drug abuse	<ol> <li>Classes with inmates concerning their effect of on the family</li> <li>Support group series for children of addicted parents</li> <li>Opportunities of Sherriff's Camp</li> </ol>	<ol> <li>Changing attitudes</li> <li>Lack of treatment options</li> <li>Lack of employment</li> </ol>
3. Community Based Intervention for Youth	<ol> <li>Training on STIGMA for agencies dealing with families</li> <li>Programs such as Youth League and Sheriff's Camp for youth</li> <li>Events like RRW for all students</li> </ol>	<ol> <li>Stigma of living environment</li> <li>Stigma of being a child of an addict</li> <li>Resistance to participant in programs to help problem</li> </ol>
<b>Protective Factors</b>	Resources/Assets	Limitations/Gaps
Community Based     Intervention for Youth	<ol> <li>Various community groups/agencies sponsor youth activities</li> <li>Programs like Youth League and Sheriff's Camp for youth</li> <li>Events like RRW which reach all grades in schools</li> </ol>	<ol> <li>Parents hesitant to allow youth to be involved</li> <li>Lack of funds</li> <li>Lack of involvement of positive role models</li> </ol>

<sup>&</sup>lt;sup>1</sup>Risk and protective factors extracted from IUPUI Center for Health Policy Community Conditions Favorable for Substance Use, April 2018.



2. All school systems have mental health counselors embedded in their programs.	<ol> <li>Provides more timely intervention for student</li> <li>Provides positive role models</li> <li>Increases youth awareness of issues</li> </ol>	<ol> <li>Need to increase more staff to allow more contacts</li> <li>Lack of funds to hire these individuals</li> <li>Lack of qualified Professionals</li> </ol>
3. Involvement of law enforcement with community.	Resource School     Officers are in all     schools     Law enforcement     officers are involved in a     variety of community     programs     DARE is in all     elementary schools and     taught by officers .	<ol> <li>Lack of funds</li> <li>Finding time for officers to be involved</li> <li>Keeping up-to-date on effective material</li> </ol>

# **Making A Community Action Plan**

Now that you have completed a community assessment and have identified the risk and protective factors that exist, you can develop a plan of action. The Comprehensive Community Plan (CCP) is a systematic and community-driven gathering, analysis, and reporting of community-level indicators for the purpose of identifying and addressing local substance use problems.

- Step 1: Create problem statements, and ensure problems statements are in line with statutory requirements
- Step 2: Ensure your problem statements are evidence-informed, then prioritize
- Step 3: Brainstorm what can be done about each
- Step 4: Prioritize your list, and develop SMART goal statements for each
- Step 5: List the steps to achieve each goal



## **Step 1: Create + Categorize Problem Statements**

Create problem statements as they relate to each of the identified risk factors.

Risk Factors	Problem Statement(s)
Alcohol and other drugs being readily available	1. Alcohol and other drug use by youth is a problem with the county.
	2. Vaping by youth is a problem in the schools.
	3. Alcohol and marijuana are available for youth to obtain.
Generational (family) use involved in drug abuse	1. Drug abuse often starts in elementary age of youth.
	2. Intakes often reveal that drugs are first available in the home.
	3. Drug use by family members becomes the 'norm' behavior.
3. Community based intervention for Youth	<ol> <li>Intervention programs need to start in the elementary schools and continue through middle and high school.</li> </ol>
	2. Treatment programs need to be available for youth.
	<ol> <li>Programs needs to reach youth not normally involved in sports and other opportunities.</li> </ol>

**Step 2: Evidence-Informed Problem Statements** 

Identify your top three problem statements using local or state data. Ensure that there is a problem statement for each co-equal funding category (e.g., prevention/education; intervention/treatment; and criminal justice services and activities).

Problem Statements	Data That Establishes Problem	Data Source
1. Drug use by family members becomes the 'norm' behavior.	Intakes of inmates indicate over 76 percent lived in a home where at least one parent and/or sibling misused drugs.	Intake forms of inmates involved in treatment programs. Henry County Consortium Survey
2. Treatment programs need to be available for youth.	Until recently, our county lacked treatment programs for youth. Youth had to be sent out of the county.	Youth Probation Department
3. Programs need to reach youth not normally involved in sports and other opportunities.	A significant number of youth feel that clubs and school sports are for the 'special' kids.	Survey conducted at fairs and 4 classes at two schools (one county and one city) included data reflecting age groups replying. (middle school age, high school age, and age groups above)

**Step 3: Brainstorm** 



Consider the resources/assets and limitations/gaps that were identified for each risk factor, and list what actions can be taken for each identified problem statement.

Problem Statements	What can be done (action)?
Drug use by family members become the 'norm' behavior	<ol> <li>Provide education classes at the jail for inmates which emphasis how their behavior affects their children.</li> <li>Continue the "Too Good for Drugs Program" education in all second and third grades classes in the county.</li> <li>Enhance activities for RRW that include awareness of the risks of drug misuse.</li> </ol>
Treatment programs need to be available for youth.	<ol> <li>Develop a support group series for youth of drug users based on material from Betty Ford Foundation (Jerry Moe)</li> <li>Probation Department treatment programs for Vaping and one for first time offenders.</li> <li>Support treatment programs for youth at TruHarbor.</li> </ol>
3. Programs need to reach youth not normally involved in sports and other opportunities.	<ol> <li>Sheriff's Camp conducted by Law         Enforcement which targets youth from at         risk areas and expands special sport         activities with Delaware and Randolph         Counties.</li> <li>Continue the DARE Program taught by         law enforcement in all Henry County 5<sup>th</sup>         grades.</li> <li>Develop a sports adventure for youth with         the assistance of national basketball and         football players which includes bullying         and self-esteem activities.</li> </ol>

### **Step 4: Develop SMART Goal Statements**

For each problem statement, prioritize your list of what can be done. Choose your top two actions for each. Then, develop goal statements that demonstrate what change you hope to achieve and by when you hope to achieve it.

## **Problem Statement #1**

Goal 1

Second and third grade students participating in the "Too Good for Drugs" Program will show a 60 percent increase in the understanding the factors on their Pre and Post tests at the end of their five week series.



#### Goal 2

Participation in RRW program projects in the Middle Schools will reach at least 75 percent of the potential students based on response from the teachers.

#### **Problem Statement #2**

#### Goal 1

A survey of inmates, probation officers, CASA volunteers will be completed to determine the possibility of referrals for a support group for elementary age youth with parents involved in drug abuse. This will include basic information as to the structure of the program based on material from Jerry Moe. The survey will be completed by October with the goal of reaching at least 40 inmates, Chief of Probation Department, Director of CASA and at least five (5) CASA volunteers.

#### Goal 2

An evaluation of the participants in 'Youth League' will be developed and utilized at the end of the series to indicate a 60 percent increase in the understanding of the basic concepts of the programs during their participation.

### **Problem Statement #3**

#### Goal 1

On the final session of the Sheriff's Camp operated by law enforcement, an evaluation will be completed by at least 80 percent of the participants, indicating response to activities and suggestions for future treatment.

#### Goal 2

At least 80 percent of the youth participating in DARE will take part in DARE Day at the end of the school year where they interact with not only their DARE officer but other DARE officers.

#### **Step 5: Plans to Achieve Goals**

For each goal, list the steps required to achieve each

Problem Statement #1	Steps
Goal 1	1. Prevention/Education – Fund Too
Second and third grade students participating in	Good for Drugs Program
the "Too Good for Drugs" Program will show a 60	2. Intervention/Treatment – Provide
percent increase in the understanding the factors	curriculum which includes risks
on their Pre and Post tests at the end of their five	of drugs abuse and relationship to
week series.	over the counter medications
	3. Prevention/Education -
	Supplement program with on-



Goal 2 Participation in RRW program projects in the Middle Schools will reach at least 75 percent of the potential students based on response from the teachers.		hands activities to demonstrate concepts.  Prevention/Education – Develop new for methods to use students' individual computers as a means of receiving information.  Intervention/Treatment – Update materials to current local issues for the specific age groups  Justice Services/Supports –  Involve Resource Officers in activities.
Problem Statement #2	Steps	
Goal 1 A survey of inmates, probation officers, CASA volunteers will be completed to determine the possibility of referrals for a support group for elementary age youth with parents involved in drug abuse. This will include basic information as to the structure of the program based on material from Jerry Moe. The survey will be completed by October with the goal of reaching at least 40 inmates, Chief of Probation Department, Director of CASA and at least five (5) CASA volunteers.	3.	officers in one or more of the sessions to help them realize 'officers can be their friends'.
Goal 2 An evaluation of the participants in 'Youth League' will be developed and utilized at the end of the series to indicate a 60 percent increase in the understanding of the basic concepts of the programs during their participation.	1. 2. 3.	Using curriculum, develop a recognize understanding of basic concepts of the program. Intervention/Treatment Sessions will involve treatment information and concepts related to their own issues.
Problem Statement #3	Steps	D ( /D1 )
Goal 1 On the final session of the Sheriff's Camp operated by law enforcement, an evaluation will	1.	Prevention/Education



be completed by at least 80 percent of the participants, indicating response to activities and suggestions for future treatment.	Special sessions will focus on safety issues, bullying and self concept.  2. Intervention/Treatment Participants will have the opportunity to drive or be a passenger in our Simulated Impaired Driving Vehicle.  3. Justice Services/Supports – The program is coordinated and directed by law enforcement officers from throughout the county.
Goal 2 Participation in RRW program projects in the Middle Schools will reach at least 75 percent of the potential students based on response from the teachers.	<ol> <li>Prevention/Education – New material will be developed to cover local drug issues common in the schools. Computer networking will be utilized along with adults to provide educational experiences.</li> <li>Justice Services/Supports – Law enforcement and School Resource Officers will assist with the projects.</li> </ol>



# **Fund Document**

The fund document allows the LCC to provide finances available to the coalition at the beginning of the year. The fund document gauges an LCC's fiscal wellness to empower their implementation of growth within their community. The fund document also ensures LCCs meet the statutory requirement of funding programs within the three categories of (1) Prevention/Education, (2) Treatment/Intervention, and (3) Criminal Justice Services and Activities (IC 5-2-11-5).

## **Funding Profile**

-				
Amount of funds deposited into the	ne County Drug Free Community F	und from fees collected last year		
(\$100.00):				
\$89,862.63				
Amount of unused funds that rolle	ed over from the previous year (\$10	00.00):		
(\$0.00)				
Total funds available for program	s and administrative costs for the up	pcoming year (\$100.00):		
\$89,862.63				
Amount of funds granted the year	prior (\$100.00):			
\$104,840.75				
1	m the following entities (if no mone	ey is received, please enter \$0.00):		
\$0.00				
	lth Services Administration (SAMI	HSA):		
Bureau of Justice Administration	` /			
Office of National Drug Control I				
Indiana State Department of Heal	` /			
Indiana Department of Education				
Indiana Division of Mental Health				
Indiana Family and Social Service	es Administration (FSSA):			
Local entities:				
Other:				
Funding allotted to prevention/o and activities (\$100.00):	education; intervention/treatmen	t; and criminal justice services		
Prevention/Education: Intervention/Treatment: Justice:				
\$35,900.00	\$28,500.00	\$23,762.68		
Funding allotted to Administrat	tive costs:			
Itemized list of what is being funded  Amount (\$100.00)				
Fiscal Agent costs	\$1,700.00			
Funding allotted by Goal per Problem Statement:				
Problem Statement #1 Problem Statement #2 Problem Statement #3				
11001cm Statement #1	1 Toblem Statement #2	1 Toblem Statement #3		
Goal 1: \$11,000.00	Goal 1: \$100.00	Goal 1: \$2900.00		
	2521. \$100.00			
Goal 2: \$3,400.00	Goal 2: \$3000.00	Goal 2: \$3000.00		
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