The Indiana Commission to Combat Drug Abuse



Comprehensive Community Plan

County: Rush LCC Name: Rush LCC LCC Contact: Hannah Augsburger Address:1201 Lions Path City: Rushville Phone: 765-932-3901 ext. 1472 Email: rushcountylcc@gmail.com

County Commissioners: Bruce Levi, Mark Bacon, and Paul Wilkinson Address: Rush County Courthouse 101 East Second Street, Room 102 City: Rushville Zip Code: 46173

Vision Statement

What is your Local Coordinating Council's vision statement?

Maintain Rush County Safety and Drug Free awareness in our communities and schools. through the application & implementation of prevention, intervention, education, treatment, and criminal justice.

Mission Statement

What is your Local Coordinating Council's mission statement?

Through the application & implementation of prevention, intervention, education, treatment, and criminal justice. As community members we are going to apply and implement a broadly based substance abuse prevention programs through the enhancement of self-esteem, intervention programs, educational methods, rehabilitation alternatives, and community-wide networking.

Me	mbership List				
#	Name	Organization	Race	Gender	Category
1	Catherine Custer	Adult Probation	W	F	Criminal Justice
2	Julie Innis	Principle	W	F	Education/ Prevention
3	Julia Apple	Rush Co. Health Dept.	W	F	Intervention/ Treatment
4	Charles Kempner	Rush Co. EMA	W	М	Education/ Prevention
5	Robert Bridges	Student Resource Officer	W	М	Criminal Justice
6	Larry Strobel	Student Resource Officer	W	М	Criminal Justice
7	Craig Tucker	Rush Co. Police Dept	W	М	Criminal Justice
8	Randy Meek	Rush County Sheriffs Dept.	W	М	Criminal Justice
9	Cindy Harcourt	LCSW	W	F	Intervention/ Treatment
10	Jeri McCorkle	Early Learning	W	F	Intervention/ Treatment
11	Gracie Marlatt	Parent	W	F	Parent
12	Christie Amos	Parent	W	F	Parent
13	Hannah Augsburger	Counselor	W	F	Education/ Prevention
14	Emily Hankins	Counselor	W	F	Education/ Prevention

LCC Meeting Schedule:

Please provide the months the LCC meets throughout the year: Jan. - May & Aug. - Nov.

Community Needs Assessment: Results

The first step in developing an effective substance use and misuse reduction plan is to assess your community. A community assessment tells you about your community's readiness to implement prevention, treatment, and justice-related programs to address substance use and misuse. An assessment also provides an overview of the risk and protective factors present in the community, helping your coalition plan more effectively.

Community Profile

County Name: RUSH

County Population: 16,663

Schools in the community: 8

Medical care providers in the community (hospitals, health care centers, medical centers/clinics, etc.) Rush Memorial Hospitals, Meridian Health, Clinics.

Mental health care providers in the community (hospitals with psychiatric/behavioral health units, mental health clinics, private/public providers, etc.) Harcourt Counseling & Centerstone

Service agencies/organizations

DCS,

Local media outlets that reach the community

Rushville Republican (Paper), Twitter, Facebook, The LCC website, WIFE (Radio).

What are the substances that are most problematic in your community? Methamphetamines, Marijuana, Controlled Substances or Legend Drugs, and Narcotics.

List all substance use/misuse services/activities/programs presently taking place in the community Use/Misuse of Methamphetamines, Marijuana, Controlled Substances or Legend Drugs, and Narcotics. At the high school currently in partnership with Centerstone, Harcourt Counseling and have an active relationship with the juvenile probation officers to address the students behavior and help at any cost. A prevention program Too Good for Drugs and Violence by the Mendez foundation is implemented k-12. Other prevention programs are have been implemented through the rise in vaping and the targeted audience in 6-12 grades. For adults there are multiple self help groups, food pantries, and agencies such as Harcourt Counseling, Centerstone, and Meridian Health Partners. There are various groups that are working together to help the community. With the help of the Purdue Ext. of Rushville there is a Community & Family Resource of Rush County book that can assist not only our parents but children and older adults.

Community Risk and Protective Factors

Use the list of risk and protective factors to identify those present in your community. Identify the resources/assets and limitations/gaps that exist in your community related to each. The lists are not all-inclusive and others may apply.

<u>Risk Factors Examples</u>: trauma and toxic stressors; poverty violence; neighborhood characteristics; low neighborhood attachment; community disorganization; community norms and laws favorable toward drug use, firearms, and crime; availability of alcohol and other drugs; weak family relationships; family substance use; peer substance use; mental health problems; families moving frequently from home to home; limited prevention and recovery resources.

<u>Protective Factors Examples:</u> strong family relationships; neighborhood economic viability; low childhood stress; access to health care; access to mental health care; community-based interventions; restricted access to alcohol and other drugs including restrictive laws and excise taxes; safe, supportive, and connected neighborhoods; meaningful youth engagement opportunities; local policies and practices that support healthy norms and child-youth programs; positive connection to adults.¹

Risk Factors	Resources/Assets	Limitations/Gaps
1.We do not have enough mental health counseling agencies to help the growing number of drug use.	 Harcourt Counseling Centerstone. In school social workers. 	 Two Counseling offices available. The school social workers are limited to what needs are to be addressed.
2. Number of offenses among the community are growing and outnumbering the opportunity to be proactive in prevention and intervention.	 New prevention programs implemented this year. Too Good Program at K-12 grade school level. The implementation of Strengthening Families Vape Prevention Programs. New jail 	 Jail is overflowing through the number of arrest this past year. There is not a success of sustaining the programs. Burnout of the facilitators, counselor, etc.
3. Trauma and Toxic stressors due to the dysfunction of the family unit.	 Mental Health Care. After school Programs. Church programs. 	 Small farming community. There is not a success of sustaining the programs. Two Counseling offices available.
Protective Factors	Resources/Assets	Limitations/Gaps

¹Risk and protective factors extracted from IUPUI Center for Health Policy Community Conditions Favorable for Substance Use, April 2018.

1. Access to Mental Health Care.	 Harcourt Counseling Centerstone Meridian Health Partners 	 Burnout Limited to 3 options is not ideal to our at- risk-population Health insurance.
2. Access to food.	 School based clothing and food pantry. Rushville Food pantry Local Churches feeding and providing meals. 	 Only open certain times of the month. Transportation Location
3. Positive Adult Support.	 Mentors of Rush Co. Young Life Pastors, coaches, 	 Targets certain populations. Transportation Locations.

Making A Community Action Plan

Now that you have completed a community assessment and have identified the risk and protective factors that exist, you can develop a plan of action. The Comprehensive Community Plan (CCP) is a systematic and community-driven gathering, analysis, and reporting of community-level indicators for the purpose of identifying and addressing local substance use problems.

Step 1: Create problem statements, and ensure problems statements are in line with statutory requirements

Step 2: Ensure your problem statements are evidence-informed, then prioritize

Step 3: Brainstorm what can be done about each

Step 4: Prioritize your list, and develop SMART goal statements for each

Step 5: List the steps to achieve each goal

Step 1: Create + Categorize Problem Statements

Create problem statements as they relate to each of the identified risk factors.

Risk Factors

Problem Statement(s)

1. We do not have enough mental health counseling agencies to help the growing number of drug use.	1. With in the last year there has been an increase in children attending counseling due to parental drug arrests.
	2. With in the last 6 months increase in Use/ Misuse of Methamphetamines, Marijuana, Controlled Substances or Legend Drugs, and Narcotics followed by the need of Drug Court Programs.
	3. Within the last year there has been misuse of Juul, Vapes and other Tobacco/Nicotine related amount Juveniles.
2. Number of offenses among the community are growing and outnumbering the opportunity to be proactive in prevention and intervention.	1. Community is not being open minded to the new ideas for Mental Health prevention and intervention implementation.
	2. The opportunity for prevention and intervention programs are limited due to the stressors and barriers of the family unit.
	3. There are not enough able bodies to help get the programs and implementation of intervention/ prevention off the ground.
3. Trauma and Toxic stressors due to the dysfunction of the family unit.	1. The community lacks in sober events for families to enjoy.
	2. There is only a choice of 2 agencies for Mental Health Concerns.
	3.Community is not being open minded to the new ideas for Mental Health prevention and intervention implementation.

Step 2: Evidence-Informed Problem Statements

Identify your top three problem statements using local or state data. Ensure that there is a problem statement for each co-equal funding category (e.g., prevention/education; intervention/ treatment; and criminal justice services and activities).

Problem Statements	Data That Establishes Problem	Data Source
1. With in the last 6 months increase in Use/Misuse of Methamphetamines, Marijuana, Controlled Substances or Legend Drugs, and Narcotics followed by the need of Drug Court Programs.	Increase in arrests. Increase in the need for police equipment. Establishment of programs that are not sustainable. Establishment of intervention programs due to the increase of drug misuse. Increase in DCS calls among children due to parents drug use.	Rushville Police Department Rush County School Corporation Centerstone Harcourt Counseling. Rush Memorial Hospital Purdue Ext. Rush Court System Health Dept. DCS
2. Community is not being open minded to the new ideas for Mental Health prevention and intervention implementation.	Not enough public relations on how the community can work together better. No opportunity for the community to learn. Kids are running the streets and getting in trouble for vandalizing, drinking, and vape/ marijuana use.	Rushville Police Department Rush County School Corporation Centerstone Harcourt Counseling. Rush Memorial Hospital Purdue Ext. Rush Court System Health Dept. DCS
3. There is only a choice of 2 agencies for Mental Health Concerns.	Growing number of referrals from probation, school, and hospital. Clients are put on a a waiting list.	Rushville Police Department Rush County School Corporation Centerstone Harcourt Counseling. Rush Memorial Hospital Purdue Ext. Rush Court System Health Dept. DCS

Step 3: Brainstorm

Consider the resources/assets and limitations/gaps that were identified for each risk factor, and list what actions can be taken for each identified problem statement.

Problem Statements	What can be done (action)?
1. With in the last 6 months increase in Use/ Misuse of Methamphetamines, Marijuana, Controlled Substances or Legend Drugs, and Narcotics followed by the need of Drug Court Programs.	 Implement sustainable programs that happen annually. Support the local Agencies with the new Programs. Holding events that the whole community can do together.
2. Community is not being open minded to the new ideas for Mental Health prevention and intervention implementation.	 Open stronger lines of communication via social media for the LCC to break down barriers on Mental Health. Inviting Community to LCC Meetings Holding events that the whole community can do together.
3. There is only a choice of 2 agencies for Mental Health Concerns.	 Implement Prevention Programs within the school. Support agencies and work as a whole. Find people to help with essential needs.

Step 4: Develop SMART Goal Statements

For each problem statement, prioritize your list of what can be done. Choose your top two actions for each. Then, develop goal statements that demonstrate what change you hope to achieve and by when you hope to achieve it.

Problem Statement #1

Goal 1

The goal is to implement programs that are sustainable and available for mental health concerns with in the community on an annual basis.

Goal 2

Support Local Agencies in the advancements of implementation of programs.

Problem Statement #2

Goal 1

Open stronger lines of communication via social media for the LCC to break down barriers on Mental Health.

Goal 2

Holding events for the whole community about Mental Health.

Problem Statement #3

Goal 1

Implantation of Prevention Programs in School.

Goal 2

Support Agencies by community members addressing their essential needs.

Step 5: Plans to Achieve Goals

For each goal, list the steps required to achieve each

Problem Statement #1	Steps
Goal 1 The goal is to implement programs that are sustainable and available for mental health concerns with in the community on an annual basis.	 Bring together a team for implementing a program. Find a program suitable for the targeted at risk population. Begin laying the foundation for holding it annually.
Goal 2 Support Local Agencies in the advancements of implementation of programs.	 Attend the support groups within the community. List and categorize the support groups. Communicate with local agencies with list of resources.

Problem Statement #2	Steps
Goal 1 Open stronger lines of communication via social media for the LCC to break down barriers on Mental Health.	 Create social media platforms. Communicate and get the word out about Mental Health. Post on a designated day and increase the following.
Goal 2 Holding events for the whole community about Mental Health.	 Bring together a team for implementing a program. Find a program suitable for the targeted at risk population. Begin laying the foundation for holding it yearly.
Problem Statement #3	Steps
Goal 1 Implantation of Prevention Programs in School.	 Start meeting with the counselors at Rush Co. Schools. Find a program K-12 that hits on all aspects of social emotional learning. Begin training and implementing the program K-12
Goal 2 Support Agencies by community members addressing their essential needs.	 Create Relationships with Church clothing closets, food pantry's, and mental health, and health providers. Create a list of addresses and availability times. Communicate with local business's, other local officials, and through social media outlets the availability of resources for the public.

Fund Document

The fund document allows the LCC to provide finances available to the coalition at the beginning of the year. The fund document gauges an LCC's fiscal wellness to empower their implementation of growth within their community. The fund document also ensures LCCs meet the statutory requirement of funding programs within the three categories of (1) Prevention/Education, (2) Treatment/Intervention, and (3) Criminal Justice Services and Activities (IC 5-2-11-5).

Funding Profile

Amount of funds deposited into the County Drug Free Community Fund from fees collected last year (\$100.00): \$30,000.00

Amount of unused funds that rolled over from the previous year (\$100.00): \$1133.31

Total funds available for programs and administrative costs for the upcoming year (\$100.00): \$31,133.31

Amount of funds granted the year prior (\$100.00): \$20,000

How much money is received from the following entities (if no money is received, please enter \$0.00):

Substance Abuse and Mental Health Services Administration (SAMHSA): 0

Bureau of Justice Administration (BJA): 0

Office of National Drug Control Policy (ONDCP): 0

Indiana State Department of Health (ISDH): 0

Indiana Department of Education (DOE): 0

Indiana Division of Mental Health and Addiction (DMHA): 0

Indiana Family and Social Services Administration (FSSA): 0

Local entities: 0

Other: 0

Funding allotted to prevention/education; intervention/treatment; and criminal justice services and activities (\$100.00):

Prevention/Education: 7,783.33	Intervention/Treatment: \$7,783.33	Justice: 7,783.33
Funding allotted to Administrat	ive costs: 7,783.33	
Itemized list of what is being fund	ed	Amount (\$100.00)
Prevention Program Supplies		\$1200
Website		\$200

Miscellaneous: Trainings, certifications, etc.		\$6,100
Funding allotted by Goal per P	roblem Statement:	
Problem Statement #1: \$7,783	Problem Statement #2: \$7,783	Problem Statement #3: \$7,783