# THINK BEFORE



## YOU DRINK.

The best way to avoid drinking and driving is to have a plan in place before you drink.

## **DESIGNATED DRIVER:**

Establish a sober member of the group before you drink so you can guarantee everyone can get home safe.

### **RIDESHARING APPS:**

Utilize apps like Uber and Lyft to minimize the risk of driving under the influence. Paying for an Uber is better than a night in jail.

### **SLEEP OVER:**

Bring the party to you! Invite your friends over for the evening so no one in your circle, including you, feels pressure to drink and drive.

