

## Shelby County Alcohol and Drug Program Referral Agency List

### Basic and Advanced Education Program (10 and 20 Hour Education Program)

ADEC  
54 W. Broadway Street  
Shelbyville, Indiana 46176

Times: Vary  
(Wednesday evenings and Saturdays)

### Substance Abuse Education Options:

\*\*If individuals unable to attend ADEC, they can choose agency they will attend to fulfill the education requirements.

### Outpatient Treatment

1. **Gallahue Mental Health – BIG Program**  
7 E. Hendricks Street  
Shelbyville, Indiana 46176  
(317) 392-2564

Times: 1:00 PM – 2:30 PM – (12 week program – Attend 2 x weekly)  
(Tuesday and Wednesday)

2. **Indianapolis Counseling Center**  
116 E. Washington Street  
Shelbyville, Indiana 46176  
(317) 549-0333

Times: 6:00 PM – 8:00 PM – (16 week program – Attend 1 x weekly)  
(Monday)  
Times: 5:30 – 7:30 PM  
(Thursday)  
Times: 4:00 – 6:00 PM  
(Friday)  
Times: 9:00 AM – 11:00 AM  
(Saturday)

\*If attending outpatient, can attend any of these days

3. **Community Outreach Network Services**  
1 N. Howard Street  
Shelbyville, Indiana 46176  
(317) – 926-5463

Individual Counseling – Hours Vary

\*Provides Case Management and Life Skills- Does not provide clinical services

4. **Shelbyville VA Clinic**  
30 W. Rampart Street  
Shelbyville, Indiana 46176  
(317) 554-0000

\*Provides individual counseling, hours vary.

### Intensive Outpatient Program:

1. **Gallahue Mental Health Center - Matrix**  
7 E. Hendricks Street  
Shelbyville, Indiana 46176

Day: Times: 9:00 AM to 11:00 AM (Tuesday, Wednesday, Thursday – 16 weeks)  
Evening: Times: 5:30 PM to 7:30 PM (Tuesday, Wednesday, Thursday – 16 weeks)

2. **Gallahue – Living in Balance**

Day: 10:00 AM to 12 Noon (Tuesday, Wednesday, Thursday – 12-16 weeks)

### Relapse Prevention

1. **Gallahue Mental Health Center**  
7 E. Hendricks Street  
Shelbyville, Indiana 46176

Times: 10:30 to 12:00 (Monday – 16 weeks - 1 x weekly)

2. **Indianapolis Counseling Center**  
116 E. Washington Street  
Shelbyville, Indiana 46176

Times: 9:00 AM – 11:00 AM (Saturday - 16 weeks– Attend 1 x weekly)

### Surrounding Counties

\*\*If you choose to attend programs in other counties, this is an option as long as the program is certified through the Department of Mental Health and Addictions (DMHA). A list of these programs are available per your request to attend out of county.

REVISED: 7/13/2020