



"People
helping people
help
themselves"

Mitchell E. Daniels, Jr., Governor
State of Indiana

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Anne Waltermann Murphy, Secretary

MINUTES

All Hazards Committee & District Team Leadership Retreat March 4, 2011 ASPIN Training Room

Attendance: Sandy Appleby, Elizabeth Boyle, Kathy Cook, Suzanne Courtney, James Daley, Adrian Ellis, Dick Farrer, Jack Hess, Jody Horstman, Janice Hosmer, Gerri Husband, Rob, Peggy Jones, Drew Klatter, Martha Levey, Mindy Morris, Jeff Nikirk, Gary Nunnally, George Parker, Todd Pepperworth, Dave Perkins, Maria Poor, James Rusty Reed, Tom Sharon, Megan Stanley, Jayne Stommel, Stephanie Steele, Stephanie Stscherban, Jean Marie Thompson, Vickie Trout, Bruce Vandusen and Don Zimmerman.

Jody Horstman opened the day with a Team Building Exercise.

Mental Health Responder Research

- Maria Poor presented on a new research project.
 - Working on a project to assess Mental Health Responders to see how they are doing pre-deployment and post deployments (immediate and 6 months).
 - Using PTSD check list, Brief Psychiatric Diagnoses and others.
 - Brief online survey takes a few minutes.
 - Will be "tracking" responders. Team Leader input is extremely important.
- **PLEASE email mentalhealthresponders@frontier.com to get an anonymous code number and an individual link.**
 - Contact Maria Poor (maria.poor@fssa.in.gov) with questions.

DHS District Planning Councils (DPC)

Gerri Husband led an hour long discussion about the District Planning Council concept, goals, objectives and the integration into an existing system. Team Leaders commented on how they did or are working on Mental Health representation. Fayette County provided the EMA viewpoint on DPCs. The main theme for success seems to be presence and participation in the DPC meetings. A discussion also

ensued about coordination problems within ESF-8 (hospitals, local health departments/mental health) as well as with the DPCs. Again the theme for success seems to be presence, participation and persistence.

DISTRICT UPDATES

District 1

- Quarterly Meeting Held with CEU's: "Responding to Mass Causality Events" (Focus on man-made events such as shootings, bioterrorism, etc).
- Use an active shooter table top drill. Red Cross Initial Response (Jerry, Beverly and Gail), Spiritual and Emotional Response (Rev. Engel), Bioterrorism Training: (Jerry M and Kathy D) Procedures, Call out and Go Bags (Sandy A, Angie V and Kathy D) Discussion of steps to take in an event and any next steps to be more prepared (all present)
- LaPorte Team Membership/Training is being proposed as a follow-up to training conducted two years ago.
- A COAD is being formed (Grant application through LARRI).
- CISM District 1 Team Formation is underway. Training completed and has begun to respond to local events.
- September 24th/drill with hospitals, District 1 Homeland Security, health departments, police, ambulance and volunteer agencies: (On planning team for this year's drill/ focus on biological event)

District 2

- District 2 Disaster Mental Health is actively participating in our District Task Force and general District meetings. Several disaster specialists participated in the District's fall 2010 Convoy Exercise held in preparation for NLE 2011. Leadership is also actively pursuing All-Hazards Position Specific Training for Command and General Staff as well as attending courses at the Center for Disaster Preparedness for Mass Fatality preparation.
- The District actively collaborates with partners including the American Red Cross and SHERM. This fall we exercised with District 1 and participated in the anniversary of the 2008 flooding. District 2 members are also trained as CERT members.
- District 2 is participating in the Great Shakeout in Indiana on April 19th. The preparedness effort is to help elementary children learn the "Drop, Cover & Hold On" drill.

District 3

- We are working on expanding the team by merging our team with the Red Cross and sending out notices to mental health providers in the district.
- We are involved in the monthly hospital disaster group, the county department of health disaster team, and the District Planning Council and present information to them periodically.
- There was a school shooter drill in Noble County and mental health was invited to attend. Approximately four members were present for the drill.
- Our team is now being cross-trained with Red Cross and we are working on an agreement that determines which team is being represented when someone is called out.
- Allen County has developed a COAD (AC-COAD) which will network all responders in the county. The chair of this committee will be presenting at the DPC in April.

District 4

- Still trying to expand the team.
- Active in DPC meetings.

District 5

- The District 5 Team sponsored 3 Psychological First Aid classes in the last year. The last class included representatives from FFA (formerly known as Future Farmers of America) National Office. The team uses PFA classes to recruit new team members. Even if class participants don't join the team, they have a better understanding of the Team's role in a response. The District 5 PFA instructors have identified a need for a PFA instructor training class.
- District 5 participated in the August, 2010 Earthquake webinar. Taking lessons learned from that event, Team representatives will be participating in the April 19, 2011 Central US ShakeOut for Marion County sponsored by MESH.
- A District 5 Team Leader participates in the District 5 Local Emergency Planning Council meetings held 6 times each year. This opportunity is used to promote PFA classes and to stay up-to-date with EMA information. D5LEPC information is then shared at Team meetings. Sponsored by a local EMA Director, Triton Central HS has included in their social studies curriculum an Emergency Management Class. Each week a guest speaker covers various aspects of emergency response. One class period is devoted to psychosocial impacts and mental health response.
- District 5 Team meetings are held every other month. Meetings are used to update the Team on DMHA, DHS, IDOH & local health department information and include a training component.
- The District 5 Team has been included with the Marion County Public Health Department Super Bowl 2012 planning. Roles for the Indianapolis Metropolitan Police Department Victim Assistance staff, Health Department Social Services Staff and the District 5 Team have been identified for a potential response during Super Bowl week.

District 6

- New representation from Fayette County EMA.
- Looking at developing a MH Team.
- Involved with their DPC.

District 7

- Team has been inactive
- Funds are being used to support Karen in IMERT.
- Active in Task Force 7.
- Participated in Mass Fatalities and Pandemic exercises.

District 8

- Still working on team expansion.
- Going to start attending DPC meetings again.
- Did participate in a federal/state/local drill.

District 9

- Functions as a CISM Team (6-10 Regulars and about 25 trained).
- Involved with the DPC (this took patience and persistence).
- Leads Support Services for the District Task Force.
- Suicide Prevention efforts are increasing within CISM. They will have a speaker in April on adult & youth suicide.

District 10

- We have been attending meetings and networking with EMA, Red Cross and COAD about the upcoming 2011 Shaking Bedrock Exercise.
- Working on a possible tabletop earthquake exercise with ARC for 4 CEUs.

NLE 2011 UPDATE

- There will NOT be authorized pay for participation. However, if you take time off from work without pay (no vacation, sick or personal time used) and can document it, then we can pay \$15/hr.
- Districts 1, 2, 3 and 4 will be asked to deploy. Other district teams will be asked to participate as a Mental Health Responder or a possible evaluator.
- Possible staging area at Larue.
- It will be May 16-20, 2011 at Muscatatuck Urban Training Center. The deployment will exercise Field Living Skills (tents).
- This is still in the early planning stages. Details to follow.

TEAM TRAINING NEEDS

- PFA Train-the-trainer
 - Revise and update binders
 - Add more Role Play/Scenarios
 - Focus on the Introduction as a MH responder
 - Record Keeping
 - Utilize Blue Book
 - Add a Spiritual First Aid section
 - Add Special Pops section
 - Subcommittee: Sandy, Don, Vickie, Martha, Peggy and Drew.
- Family Assistance Centers
 - There are various FACs – generic, event specific, mental health, Red Cross.
 - Training should cover the common operating procedure for each and how MH teams can integrate.
- Spiritual First Aid for Chaplains
 - Power points done by Gary N.
 - 3-4 hour course for Chaplains

- Training for emergencies
- Community Resilience
 - Possibly model after New Hampshire and/or Iowa
- Field Living
 - Dave is doing one for DHS July 7-8, 2011
 - Contact Dave
 - Drew is checking with Alvin.

TEAM ENGAGEMENT

- Drills
- CISM
- Personal Relationships
- Meeting Topic input from members
- Learning something at each meeting
- Structure and purpose clearly defined
- Expectations clearly defined
- Cross Train (Red Cross)
- Webinars
- Flexible meeting times
- CEUs??? - contact Drew

TEAM RECRUITMENT

- PFA marketing – MESH, EMAs, hospitals, local health departments, mental health agencies, community organizations
- Personal relationships – build and sustain
- Phone conferences/calls

NOVEMBER CONFERENCE

- 137 came in 2010 – more than double from 2009
- 2011 Focus
 - Special Populations
 - Cultural Competencies
 - Possibly www.kwikpoint.com
- Need Input from Team Leaders – email Drew.