



Eric Holcomb, Governor  
State of Indiana

*Indiana Family and Social Services Administration*  
402 W. WASHINGTON STREET, P.O. BOX 7083  
INDIANAPOLIS, IN 46207-7083

## **Guidance for Self-Direction (PDAC) exemption from PA Home Health**

**Question:** I want to self-direct my attendant care service. Am I required to exhaust state plan (PA) home health services prior to being approved for and choosing participant-directed attendant care (PDAC) for my unskilled personal care needs under either the Health & Wellness or PathWays waivers?

**Response:** No. Self-direction of attendant care is an alternative service delivery modality that is not available under PA home health services. As a result, it is not duplicative of services offered under PA home health and therefore an exhaustion of PA unskilled home health services is not required to access Participant Directed Attendant Care Services (PDACS).

For members seeking to access PDACS, it is important to remember that:

- You must have an active Health & Wellness or PathWays waiver.
- Though not required to exhaust PA unskilled home health services, you must apply for and complete the assessment for PA home health services that would allow you to consider how the array of services available through PA may benefit your overall plan of care.
- Service plans including participant-directed attendant care (PDAC) services are subject to the Service Plan Review process.
- PDAC may not be utilized to provide skilled care.
- Service plan hours are approved based on the individual's assessed need for personal care services; and
- Participants and paid caregivers through PDAC must follow the service definition, limitations, and allowable activities as outlined for attendant care in the Health & Wellness and PathWays approved waivers.

