



Indiana Healthy Schools Newsletter

Share the Indiana Department of Health's Start Smart Routine Immunizations Catch Up Map with families to

- encourage scheduling their child's routine vaccinations for the school year. Teachers' Treasures provides free school supplies to Marion County teachers, principals, school nurses, and
- information on how to secure essential school supplies for your classroom this year! Advancing Health Equity in Out-of-School Time Webinar: "Enhancing Student Support: Leveraging OST and
- Action for Healthy Kids' Confidence in Connection Resource Collection: Designed for parents and caregivers
- Alliance for a Healthier Generation Plan, Learn, and Thrive: Welcoming Families Back to School: Welcome your community back to school with evidence-based family engagement practices and resources.



SchoolSafety.gov's Back-to-School Campaign highlights resources and guidance that K-12 school leaders,

educators, staff, and parents and caregivers can use to help prepare for a safe return to school. The campaign aims to empower K-12 communities to use SchoolSafety.gov tools and resources before, during, and beyond the back-to-school season to create and sustain safe and supportive learning environments for students and educators. The campaign offers a variety of resources including: a list

communications toolkit, infographics, and ready-to-use social media posts and graphics. Feel free to copy, download, or share these materials to learn more about SchoolSafety.gov and help spread the word to your school and community. You can also consider using the hashtag #BacktoSchoolSafety on social media to make it easier

of five school safety actions you can take today, a



Coming September 2024 for PE Teachers and Out-of-School Time **Professionals!**

Join School Health Corporation and the Indiana Department of Health, Division of Nutrition and Physical Activity (IDOH, DNPA) for free professional development trainings for K-12 Indiana physical education teachers,

health educators, and youth-serving organization program coordinators to engage students in active movement throughout before, during, and afterschool settings. These trainings will focus on teaching participants new and creative ways to engage youth and adolescents to become physically active in before, during, and afterschool settings, including techniques on inclusive and adaptive

play, social and emotional learning activities, and activities to offer with limited PE equipment available. Register below for a specific location (additional details are also

South Bend, IN—Sept. 11, 2024; click here

- Bloomington, IN—Sept. 24, 2024; click here
- For any questions, please email Emma Smythe, Youth Physical Activity

Indianapolis, IN—Sept. 25, 2024; click here



Division of

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Physical Activity

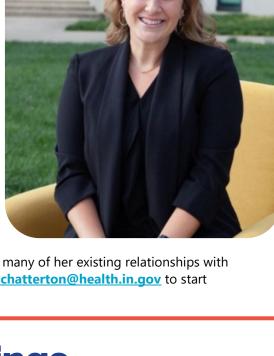
The IDOH, DNPA team recently hired Cori Chatterton as the new Community Food Systems Manager!

Cori has worked in the local food systems and public health realm for

her bachelor's degree in Public Health with concentrations in Health Policy and Spanish, and her master's degree in Public Health, both from Purdue University. Directly after undergrad, she started working as a

five years in rural, suburban, and urban settings. She earned

Education Program in Tipton, Hamilton, and Marion Counties. She focused on developing and implementing policy, systems, and environmental changes to improve access to healthy foods and spaces to be physically active in lower income, limited-resource communities. Most of her work focused on the southeast side of Indianapolis, as well as other city and county-wide emergency food assistance initiatives, including work with pantries, schools, faith organizations, and neighborhood development groups. She believes that access to nutritious food is paramount to improving the lives of Hoosiers everywhere and is deeply committed to making that a reality. Cori is thrilled to take on this work at a statewide level while maintaining many of her existing relationships with partners and stakeholders in the food system! Feel free to email Cori at cchatterton@health.in.gov to start networking! Farm to School Happenings



Farm to School Listening Session: Thursday, Sept. 26 from 3-4 p.m. ET (virtual): Join the Indiana Grown for Schools Network's Listening Session to discuss success, challenges, and priorities for increasing local foods, fostering school gardens, and integrating nutrition and agriculture education in classrooms in your community and

community members are encouraged to attend. Click here to register! **Farm to School Recognition Program:** The Indiana Grown for Schools Network (IGFSN) is looking for candidates to apply to their Farm to School

food distributors, students, parents, non-profit staff, government officials, and

statewide. School administrators, educators, school food personnel, local farmers,

Recognition Program. This would be a great opportunity to showcase your farm to school successes and celebrate your school's continued engagement in farm to school. Schools and other qualifying entities can be recognized by applying for badges in the areas of school gardens, agriculture and nutrition education, and/or procurement of local foods. Full recognition will be achieved when all three badge requirements are met. The application for this program is ongoing and candidates will receive all benefits and materials as soon as the application is complete and approved by the Indiana Grown for Schools Network. Find more information at the recognition program page. If you have any questions or need assistance with your application, please email Brianna Goode, Farm to School Coordinator at bgoode@health.in.gov





Indiana Food Vision Survey The Indiana Food Vision is for every Hoosier who eats or grows food and who

wellness in Indiana schools and communities. As part of this work, we would like

to develop health-related professional development and technical assistance

learning opportunities for school-based staff and community-based partners

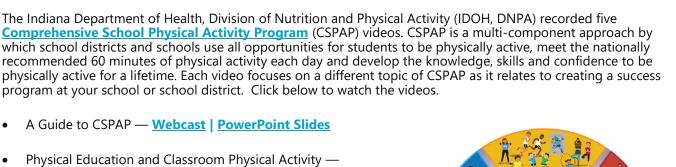
that is relevant, timely, and actionable.

opportunities.

communities in Indiana thrive. The Indiana Food Vision is a 'by the people for the people' effort to center the voices of Hoosiers who eat, grow, or buy food in Indiana - that means YOU! Please take a few minutes to share about your day-to-day food system experience by **clicking this link** to the survey. Your Voice. YOUR Vision.

for cultivating a robust, nourishing, and equitable food system where all

CSPAP Videos Now Available



- Recess Implementation Webcast | PowerPoint Slides Before and Afterschool Physical Activity—
- Staff, Family, and Community Engagement **Webcast | PowerPoint Slides**
- If you would like more information on school health or have content to share, please contact the Indiana Department of Health, Division of Nutrition and Physical Activity (IDOH, DNPA).

Emma Smythe at esmythe@health.in.gov.

For more information on creating a CSPAP, please contact

Emma Smythe, Youth Physical Activity Coordinator

Webcast | PowerPoint Slides

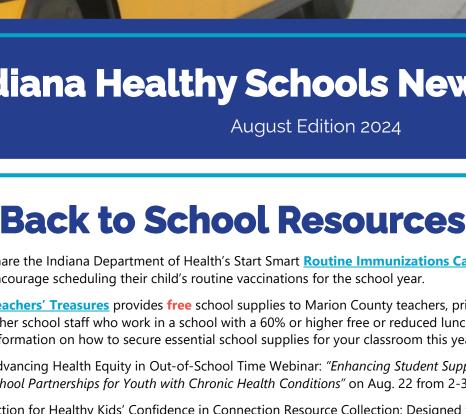
Webcast | PowerPoint Slides

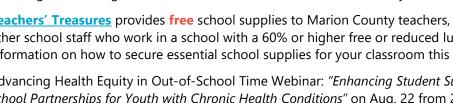
Physical Education & Physical Activity

Click here to subscribe or unsubscribe to our newsletter. Visit our <u>webpage</u> for other resources and archived newsletters.

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other school staff who work in a school with a 60% or higher free or reduced lunch rate. Click here for more School Partnerships for Youth with Chronic Health Conditions" on Aug. 22 from 2-3 p.m. ET. Register now!

of students in grades K-12 to learn about and support youth mental health. Click here for the resource collection.









School Safety Resources

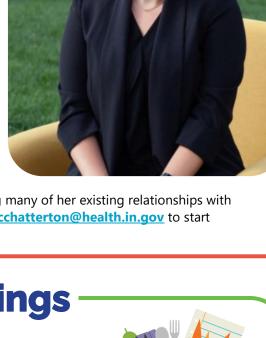
for others to find and engage with the campaign.

Upcoming PD Trainings

included): Lafayette, IN—Sept. 10, 2024; click here

Coordinator at esmythe@health.in.gov.

New IDOH, DNPA Staff Community Wellness Coordinator with the Purdue Extension Nutrition



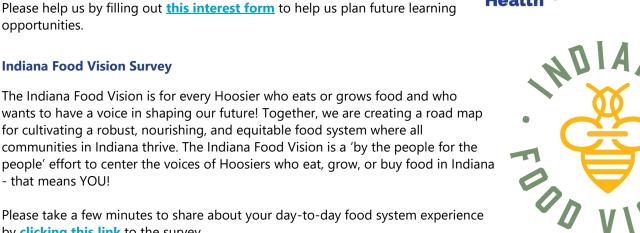
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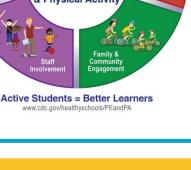
Physical Activity



Indiana

Health





Jenna Sperry, School Health Coordinator

