



Viral Hepatitis Newsletter

April 2024

Spotlight

1.6 million CASES OF CHLAMYDIA
6.2% decrease since 2018

648,056 CASES OF GONORRHEA
11% increase since 2018

207,255 CASES OF SYPHILIS
80% increase since 2018

3,755 CASES OF SYPHILIS AMONG NEWBORNS
183% increase since 2018

LEARN MORE AT: www.cdc.gov/std/

STI Awareness Month

STI Awareness Month helps raise awareness about sexually transmitted infections and the impact they have on our lives. This April take time to learn about STIs and recognize the importance of making STIs a public health priority. STIs show no signs of slowing down and anyone who is sexually active can get a STI.

To learn more: [CLICK THIS LINK](#)

Hepatitis Basics

3 steps to prevent STIs

Learn this three step process to prevent STIs. The Center for Disease Control and Prevention's "Talk. Test. Treat." campaign serves to help individuals and healthcare providers take three action steps to help prevent the spread of STIs.

talk

Talk with your partners and doctors about sexual health.

test

Get tested. It's the only way to know if you have an STI.

treat

Work with your doctor for treatment if tested positive.

To learn more: [CLICK THIS LINK](#)

Sex positive conversations

Sexual health is an important part of overall health. According to the World Health Organization, access to good-quality information about sex, knowledge about the risks, access to sexual healthcare, and living in an environment that affirms and promotes sexual health is important to achieving sexual health and well being.

To learn more: [CLICK THIS LINK](#)



Language check

It is important to use intentional language when talking about sexually transmitted infections.

- Try to avoid stigmatizing language like CLEAN and DIRTY
- When talking about STIs, do so in a way that helps people learn. Knowing how common and curable/treatable STIs are can help decrease the stigma around them.

Is Hepatitis B a STI?

Hepatitis B is a sexually transmitted infection.

Hepatitis B is serious liver infection caused by the Hepatitis B virus. Hepatitis B is transmitted through infected blood and certain body fluids.

Transmission can happen through:

- Sexual contact
- Sharing needles and other drug-use equipment
- Sharing personal care items (such as razors or toothbrushes or anything that can come in contact with blood)
- During pregnancy and child birth

To learn more: [CLICK THIS LINK](#)

Is Hepatitis C a STI?

Hepatitis C is not classified as a sexually transmitted infection.

Hepatitis C is passed through blood-to-blood contact. Research shows that a small number of people do get Hepatitis C when blood-to-blood contact happens during sex.

Reduce the probability of blood-to-blood contact during sex by using condoms and proper lubrication.

To learn more: [CLICK THIS LINK](#)

Educational Resources

Hepatitis C ECHO trainings

Extension for Community Healthcare Outcome (ECHO) is a collaborative program that uses technology to provide case-based learning to improve access to high-quality treatment for Hepatitis B and C.

On the web-based platform, participants share knowledge with others, participate with specialists, and participate in discussions. Medical experts provide recommendations to enhance the mastery of topics.

The Hepatitis C ECHO meets online on the first and third Thursdays of month from 12:30-2 p.m.

To register for the Hepatitis C ECHO: [CLICK THIS LINK](#)

IN-HAMP

Indiana Hepatitis Academic Mentorship Program (IN-HAMP) is a medical education training program for clinicians who are new to treating Hepatitis C.

The IN-HAMP program includes two, 1.5-hour long Hepatitis C ECHO sessions. Cycle one is training and preparation for clinicians who treat individuals living with Hepatitis C, while cycle two covers advanced topics in Hepatitis C care.

If you are a clinician and interested in learning more about IN-HAMP, email inhamp@iu.edu or enroll in cycle one and cycle two. The next cycle one training is Thursday, September 5. To register, [CLICK THIS LINK](#).

If you attended IN-HAMP cycle one training and are interested in joining cycle two training, please email jennwatk@iu.edu.

To **promote**, **protect**, and **improve** the health and safety of all Hoosiers

