

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

MATERNAL & CHILD HEALTH

June 2024

OUR MISSION:

To promote, protect, and improve the health and safety of all Hoosiers.

OUR VISION:

Every Hoosier reaches optimal health regardless of where they live, learn, work, or play.



Youth Risk Behavior Survey (YRBS)

The survey is designed by the Centers for Disease Control and Prevention to:

- Help monitor adolescent health over time identify emerging issues and plan programs to support the health of youth
- Understand unhealthy behaviors of adolescents and see how they change over time
- Provide data at the national and state level and compare different groups of adolescents

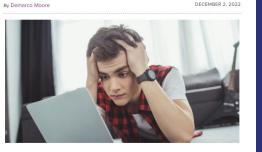


Data Usage

- Data from 2021 has been of interest and used widely across the state by:
 - Schools and universities •
 - Healthcare organizations
 - Local health departments
 - Non-profits
 - Coalitions
 - State agencies
- Presentations/Conferences
 - **IDOH Website**
 - IDOH YRBS data dashboard (coming soon)
 - YRBS Explorer, Profiles Explorer

HEALTH & WELLNESS

Indiana Survey Data Shows Increase in Teen Suicide Attempts



New youth risk behavior survey reveals shocking trends of mental health problems among Indiana youth

For young people still developing physically and socially, poor mental health can often lead t risky behaviors like early drug or alcohol use and experiencing violence. New survey data out of Indiana shows an increase in teen suicide attempts, as well as the need for expanded menta health support in Indiana schools

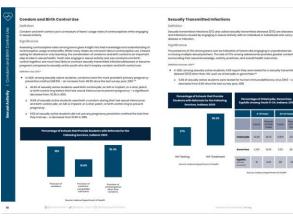
THE PREVALENCE, CONSUMPTION, AND CONSEQUENCES OF ALCOHOL, TOBACCO. MARIJUANA, OPIOIDS, STIMULANTS, AND MENTAL HEALTH IN INDIANA

> A STATE EPIDEMIOLOGICAL PROFILE



Developed by Indiana State Epidemiological Outcomes Workgroup





INDIANA

month By Lori McDonald - August 26, 2023 y 🤉 🔊

September is National Suicide Prevention Mont

According to the Indiana Youth Institute's Kid Count Data Book, 27,7% of Indiana studer

Data on the ivi.org website show in Indiana, suicide is the second leading cause of death for youth ages 15 to 24 and the fourth leading cause of death for youth ages 5 to 14.

Youth suicide webinar planned for next

Experts and teens list several reasons for the increase, including insufficient mental health screening, poor access to mental health services and resistance to seeking care





29th Edition of a Profile of Hoosier Youth

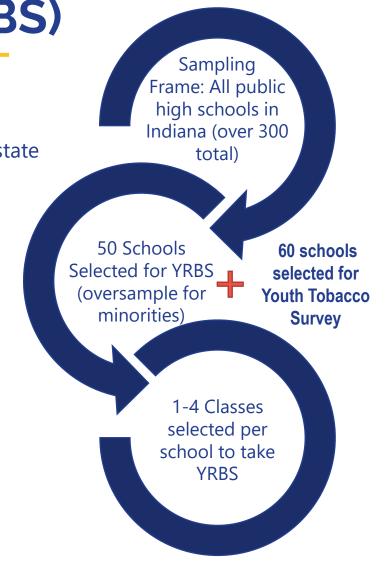




https://landmarkrecovery.com/indiana-survey-data-shows-increase-in-teen-suicide-attempts https://www.wfyi.org/news/articles/half-of-indiana-high-schoolers-feel-hopeless-why-is-mental-healthcare-controversial https://tribtown.com/2023/08/26/youth-suicide-webinar-planned-for-next-month/

Youth Risk Behavior Survey (YRBS)

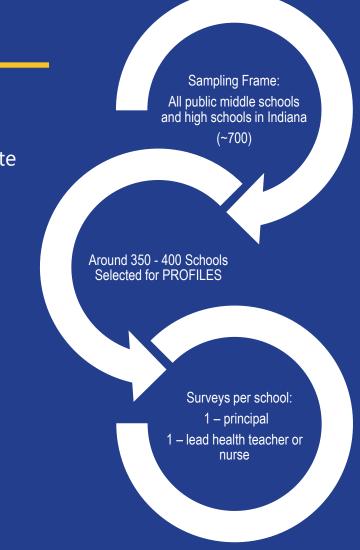
- A CDC-sponsored survey since 1990
 - Conducted every other year (odd-numbered years) from January April
 - Sample consists of a representative group of high school students around the state
 - Total: 99 questions, completed in one class period
 - o Indiana uses 2/3 of base questions each year and adds additional questions
 - In 2023: Added all 16 ACE/PCE-related questions
- YRBS monitors students' health risks and behaviors in six categories:
 - o unintentional injury and violence
 - o sexual behaviors related to unintended pregnancy
 - o alcohol and other drug use
 - o tobacco use
 - o unhealthy dietary behaviors
 - inadequate physical activity
- Schools receive \$500 for participating





School Health Profiles

- A CDC-sponsored survey, companion to YRBS
 - Conducted every other year (even-numbered years)
 - Sample a representative group of middle & high school staff around the state
 - Principal survey: 49 questions, Teacher survey: 29 questions (unmodified)
- Assesses school health policies and practices such as:
 - School health education requirements and content;
 - Education and physical activity;
 - Practices related to bullying and sexual harassment;
 - School health policies related to tobacco-use prevention and nutrition;
 - School-based health services;
 - Family engagement and community involvement; and
 - School health coordination.
- Principals and teachers receive a \$25 gift card for their participation





Getting to Weighted Data

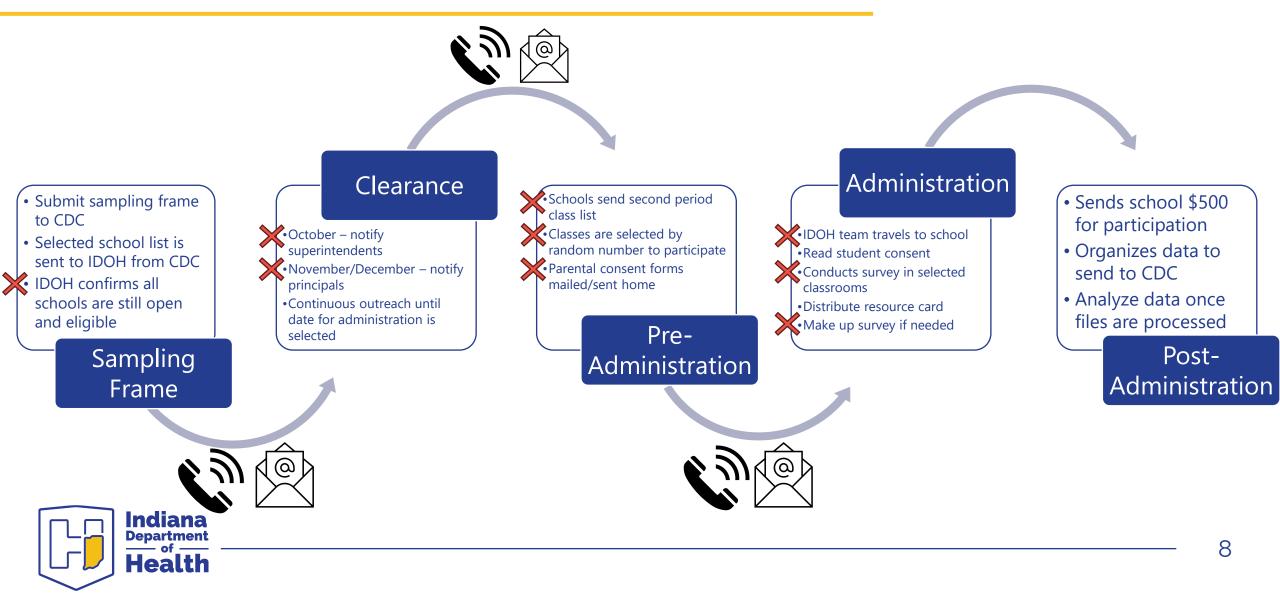
- YRBS data is only available if enough schools and enough students participate in the survey
 - Weighting means the data is representative of the adolescent population in grades 9 12 across Indiana
 - Indiana had weighted data just twice in the last decade. We are still waiting to hear about 2023 data.



- Participation varies by year, both by number of schools and number of students
 - We use every means to connect with schools and make it easy to integrate into schedules early
 - If a school says "no" we do not get a new replacement school
 - Reasons to not take the survey vary: missing class time, concerns about survey questions, school policies, and more







Data Notes and Caveats

- Indiana celebrates the hard-earned success of achieving YRBS weighted data in 2023! This means that enough schools and students participated in the YRBS to allow for the survey results to be representative of Indiana public high school students.
- Throughout this presentation, note the years of missing data in some of the graphs and data visuals: Indiana did not achieve weighted data for YRBS for 2013, 2017, or 2019 and did not achieve weighted data for SHP for 2018; therefore, data for these years are missing throughout this presentation.
- Based on CDC guidance, statistics based on subgroup counts fewer than 30 have been suppressed.
- Please note small counts for some of the data slides and keep in mind that graph axes shift to allow for legible data visuals.
- The intent of this slide deck is to be a comprehensive overview of valuable information from which users can pull data and statistics for their work for additional data requests or a deeper dive into a specific content area please reach out to MCH (IDOHMCH@health.in.gov)



2023 Sample Characteristics

- The 2023 Youth Risk Behavior Survey (YRBS) was completed by 1,043 students in 33 public high schools in Indiana during the spring of 2023.
- The school response rate was 66%, the student response rate was 79%, and the overall response rate was 52%.
- The results are representative of all students in grades 9-12.
- The weighted demographic characteristics of the sample are as follows:

Gender	Grade	Age	Race/Ethnicity	
Female: 49.1%	9th: 26.3%	15 or younger: 35.0 %	Black*: 11.5%	
Male: 50.9%	10th: 25.3%	16 or 17: 49.9%	Hispanic/Latino: 13.3%	
	11th: 24.4%	18 or older: 15.2%	White*: 67.5%	
	12th: 23.7%		All Other Races*: 3.7%	
			Multiple Races*: 3.9%	

General Health & Healthcare

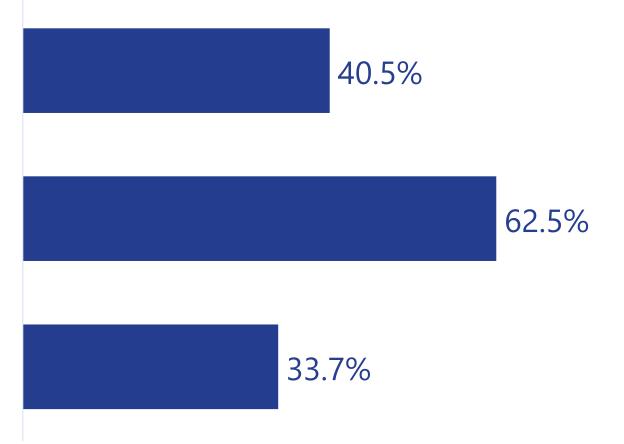


Health Ratings – 2023 Results

Percentage of students who described their health in general as excellent or very good

Percentage of students who reported their physical health was not good (including physical illness and injury)*

Percentage of students who reported their mental health was most of the time or always not good (including stress, anxiety, and depression)*





School Health Profiles – Teacher Survey

Percentage of schools in which students take two or more required health education courses.





Healthcare Providers & Sleep – 2023 Results

Percentage of students who saw a dentist for a check-up, exam, teeth cleaning, or other dental work* Percentage of students who saw a doctor or nurse for a check-up or physical exam when they were not sick or injured* Percentage of students who got 8 or more 22.4% hours of sleep (on an average school night) Percentage of students who spent 3 or more hours on screen time (not counting time spent doing schoolwork, on an average school day)

ndiana



73.6%

76.3%

68.3%

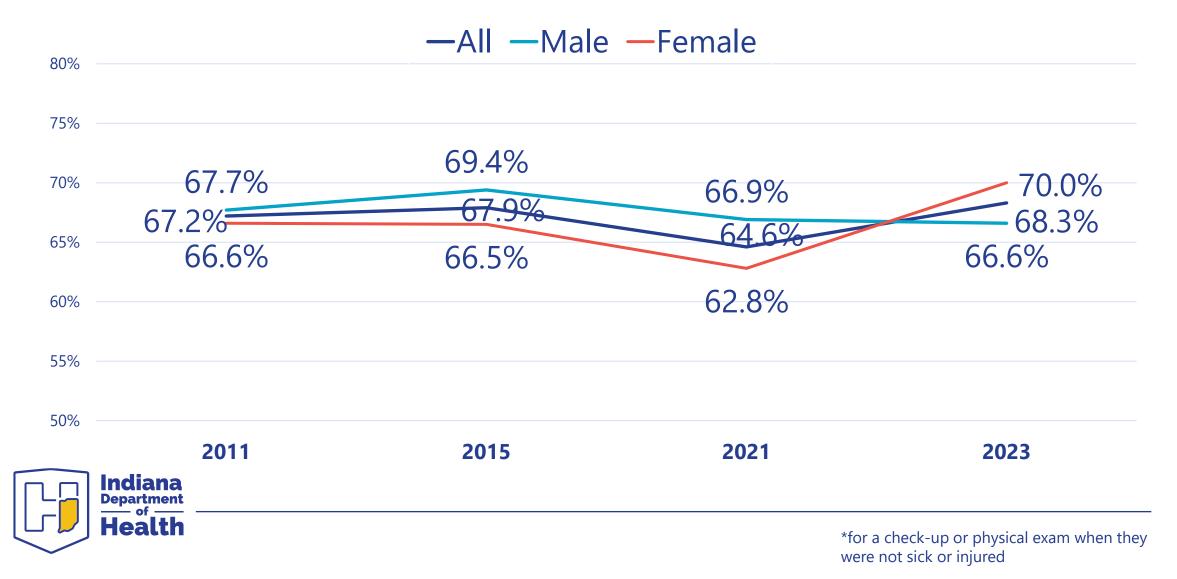
School Health Profiles – Principal Survey

Percentage of schools that have a full-time registered nurse who provides health services to students

90.0% —							86.4%
						82.2%	00.470
85.0% -					76.6%	01.170	
80.0% -					10.070		
75.0% -							
70.0% -	63.2%	63.5%	65.4%	05.9%			
65.0% — 60.0% —							
55.0% -							
50.0%							
50.076	2008	2010	2012	2014	2016	2020	2022



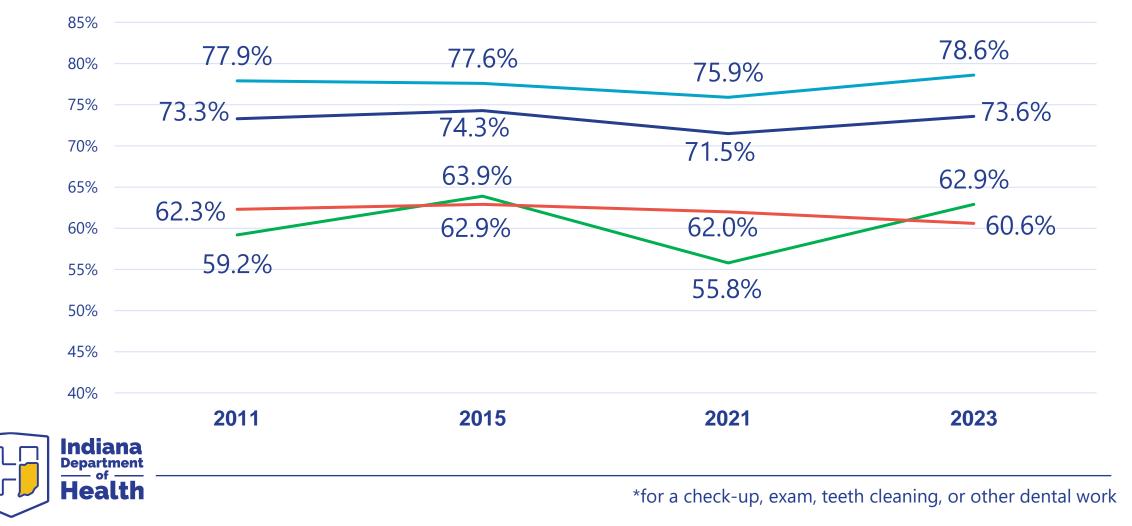
Percentage of students who saw a doctor or nurse (during the 12 months before the survey)



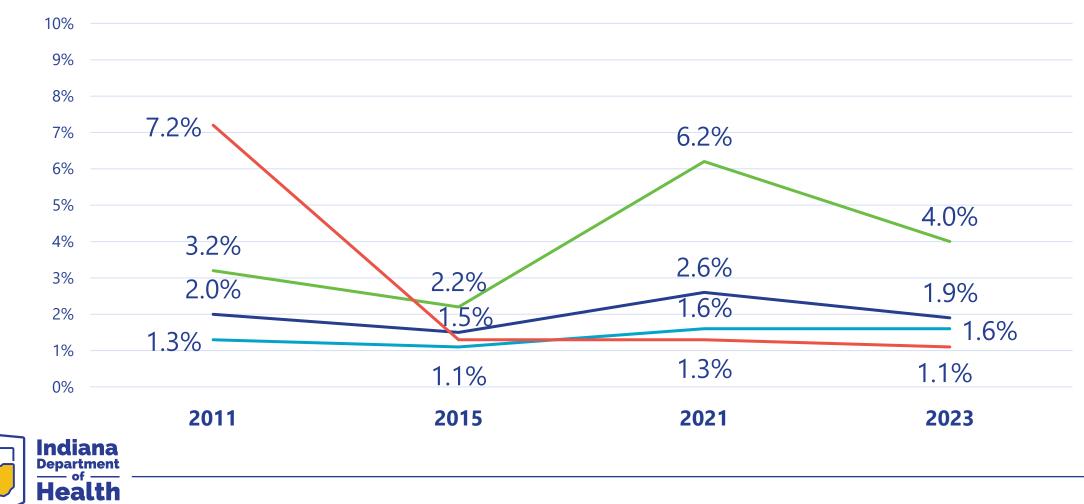
Percentage of students who saw a dentist

(during the 12 months before the survey)

-All -- White -- Black -- Hispanic

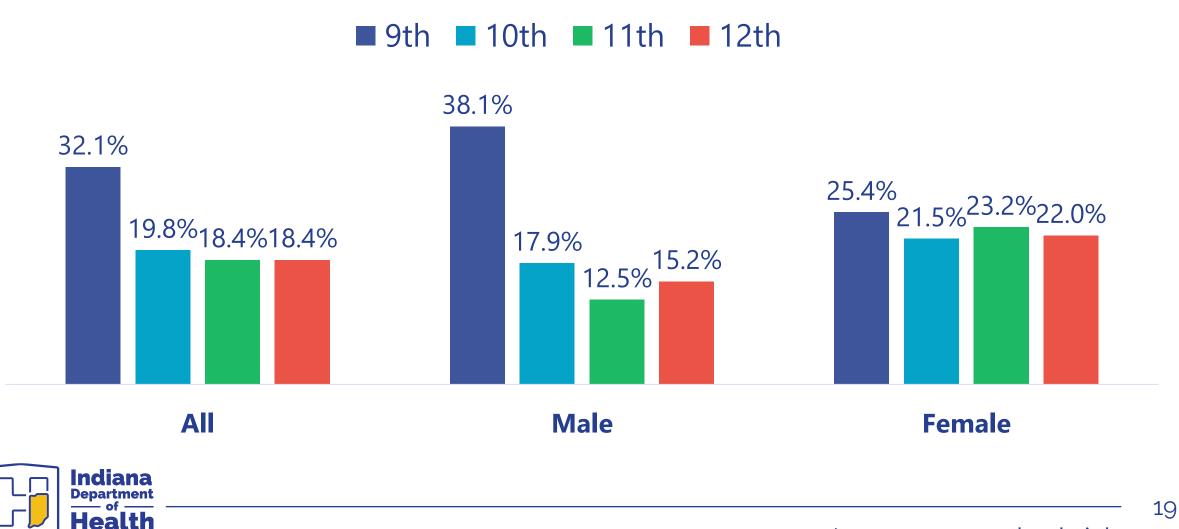


Percentage of students who never saw a dentist (for a check-up, exam, teeth cleaning, or other dental work)



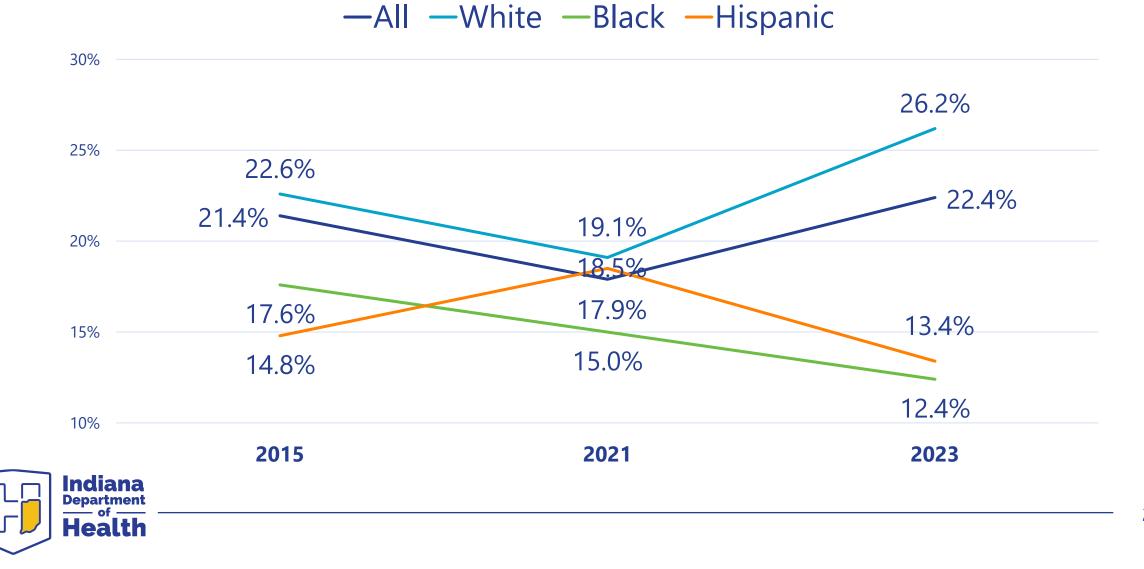
-All -- White -- Black -- Hispanic

Percentage of students who got 8 or more hours of sleep*



*on an average school night

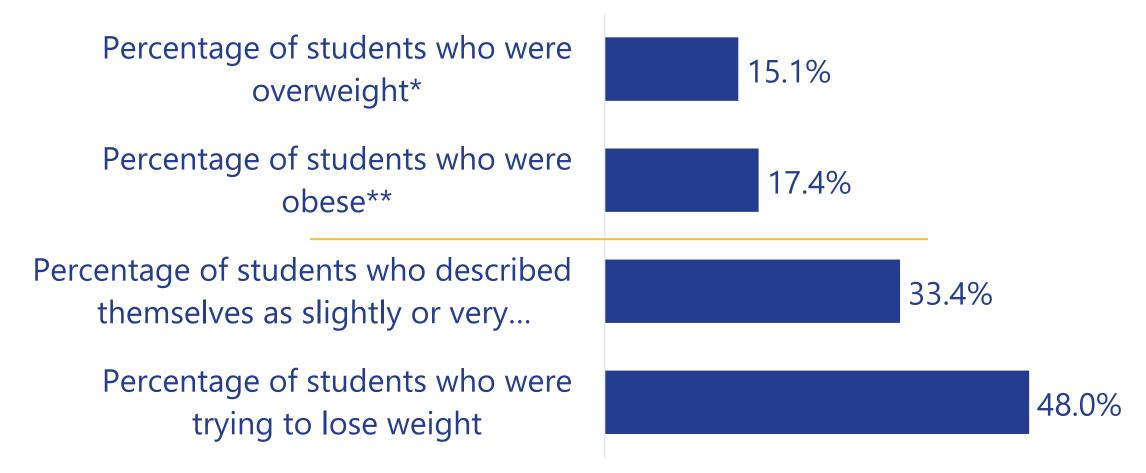
Percentage of students who got 8 or more hours of sleep (on an average school night)



Weight



Weight Status & Self-Perceived Weight – 2023 Results

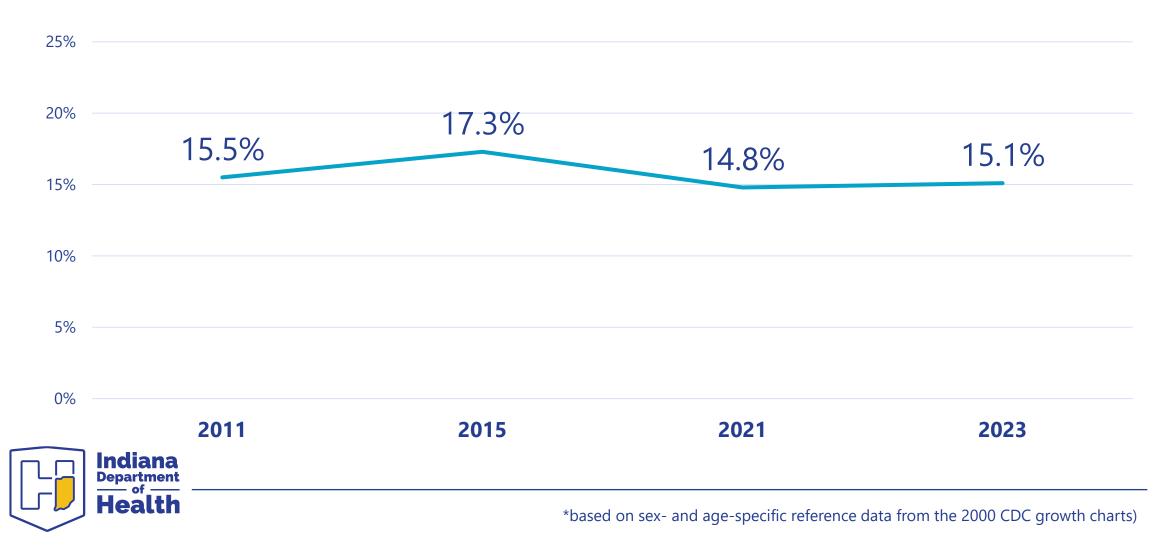




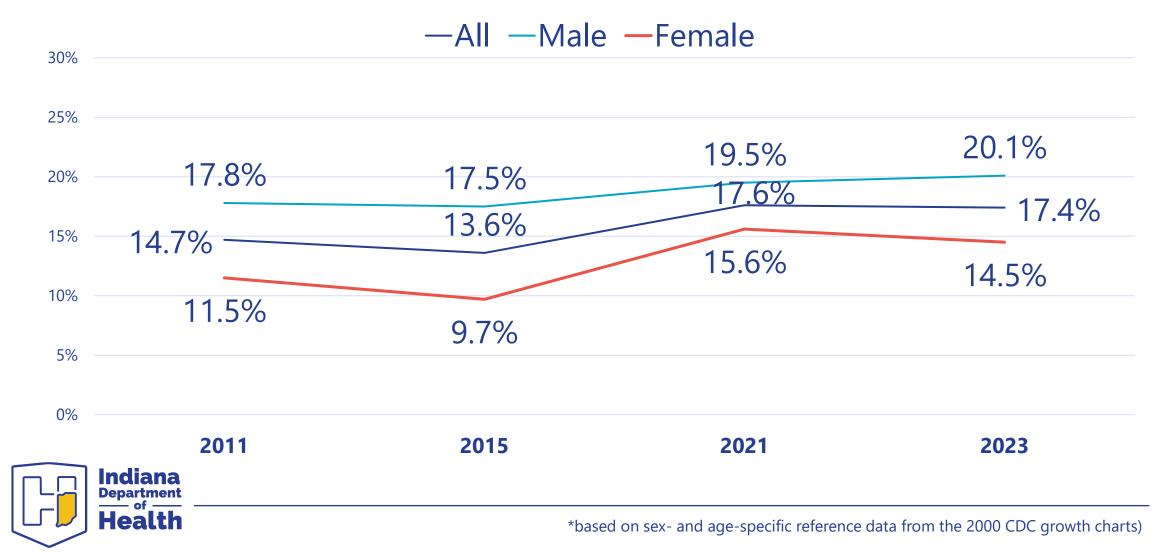
* Greater than or equal to 85th percentile but less than 95th percentile for body mass index

** Greater than or equal to 95th percentile for body mass index

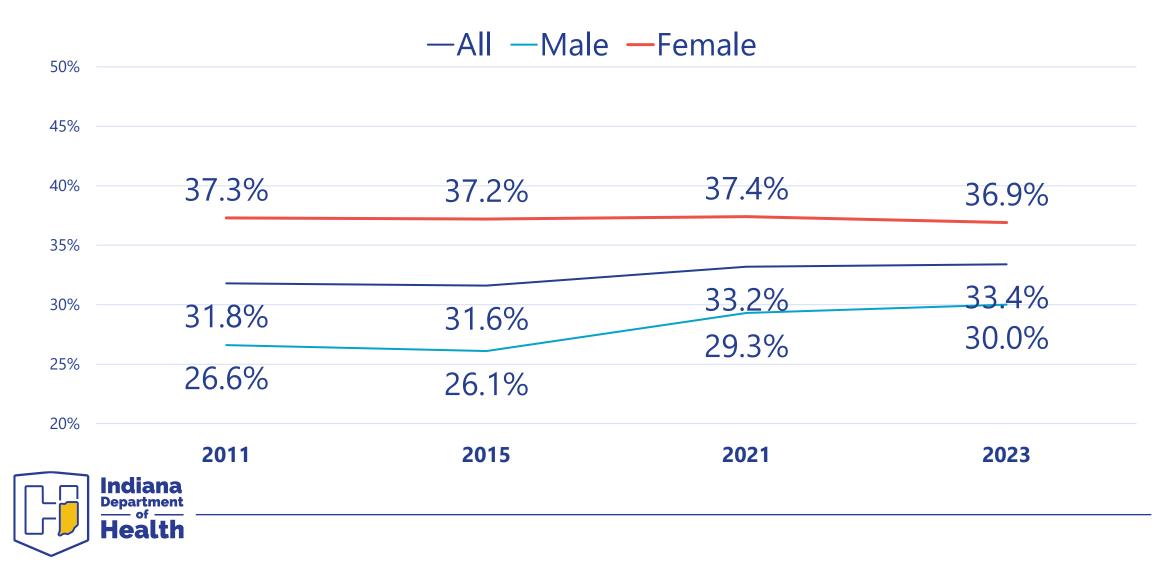
Percentage of students who were overweight (>= 85th percentile but <95th percentile for body mass index*)



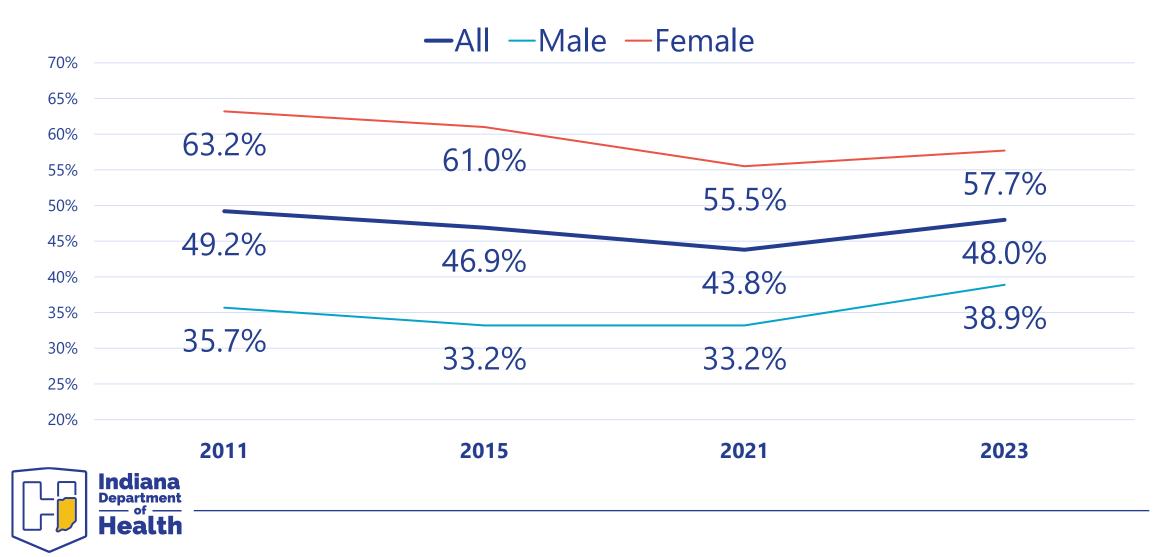
Percentage of students who were obese (>= 95th percentile for body mass index*)



Percentage of students who described themselves as slightly or very overweight



Percentage of students who were trying to lose weight



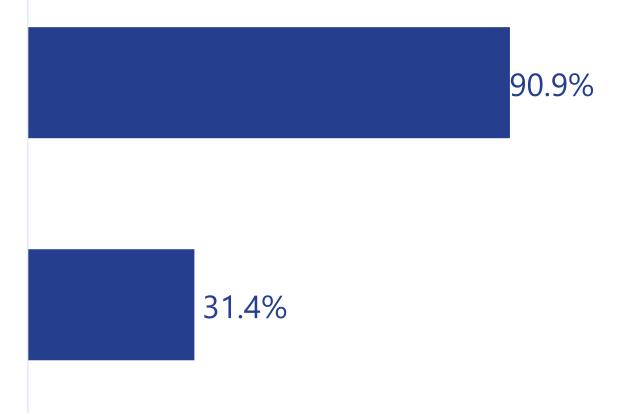
Nutrition



Fruit & Vegetable Consumption – 2023 Results

Percentage of students who ate fruit one or more times per day*

Percentage of students who ate vegetables one or more times per day*





Percentage of students who did not eat fruit (one or more times during the 7 days before the survey)

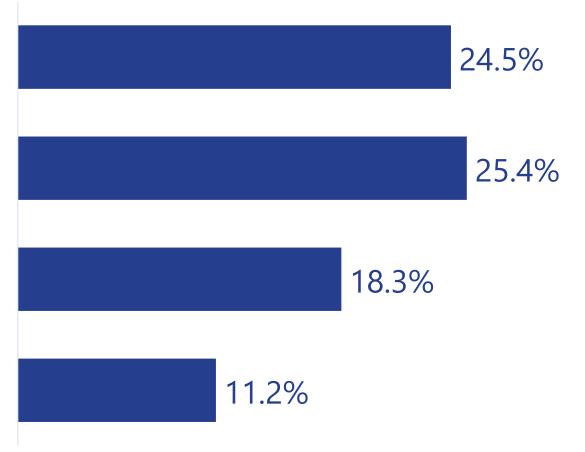
-All -- White -- Black -- Hispanic 24.7% 25% 18.2% 20% 15.2% 3.2% 13.0% 15% 12.6% 13.0% 1.8% 12.4% 11.7% 9.1% 10% 12.1% 11.7% 12.8% 9.2% 7.6% 5% 0% 2011 2015 2021 2023 ndiana Department Health

Soda & Fast Food Consumption – 2023 Results

Percentage of students who ate at least one meal or snack from a fast food restaurant (such as McDonald's, Taco Bell, or KFC)**

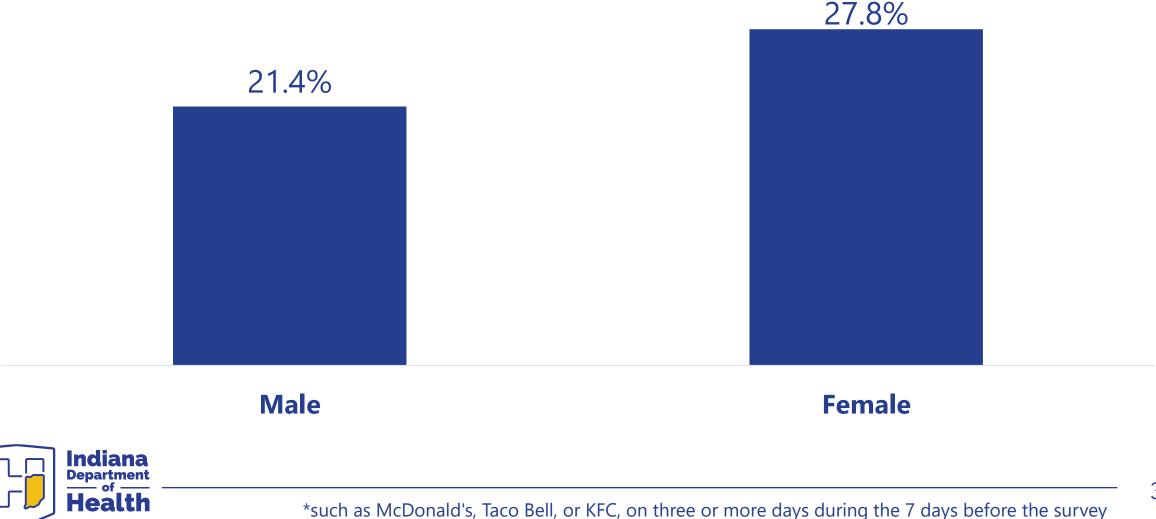
Percentage of students who did not drink a can, bottle, or glass of soda or pop*

Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day* Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day*

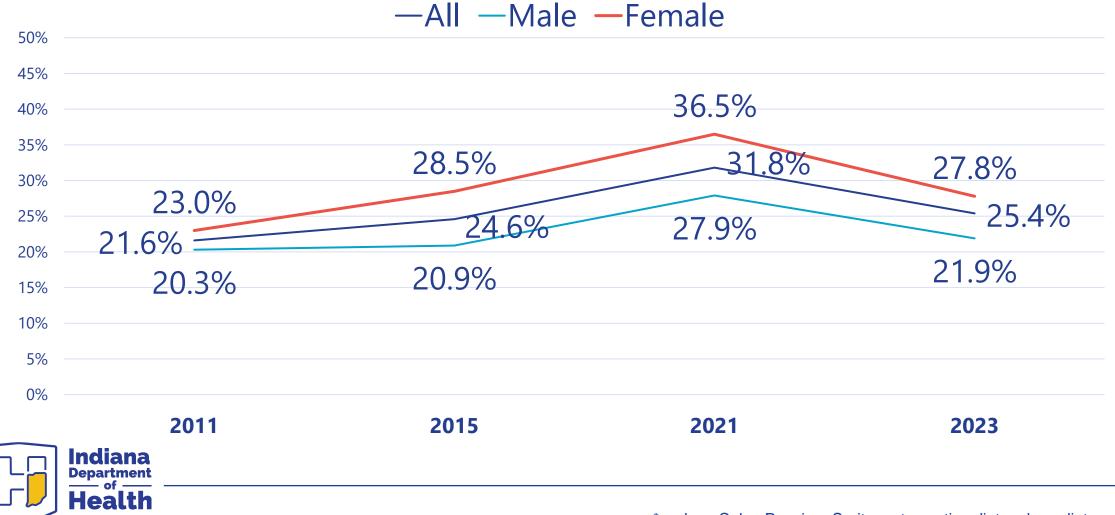




Percentage of students who ate at least one meal or snack from a fast food restaurant*



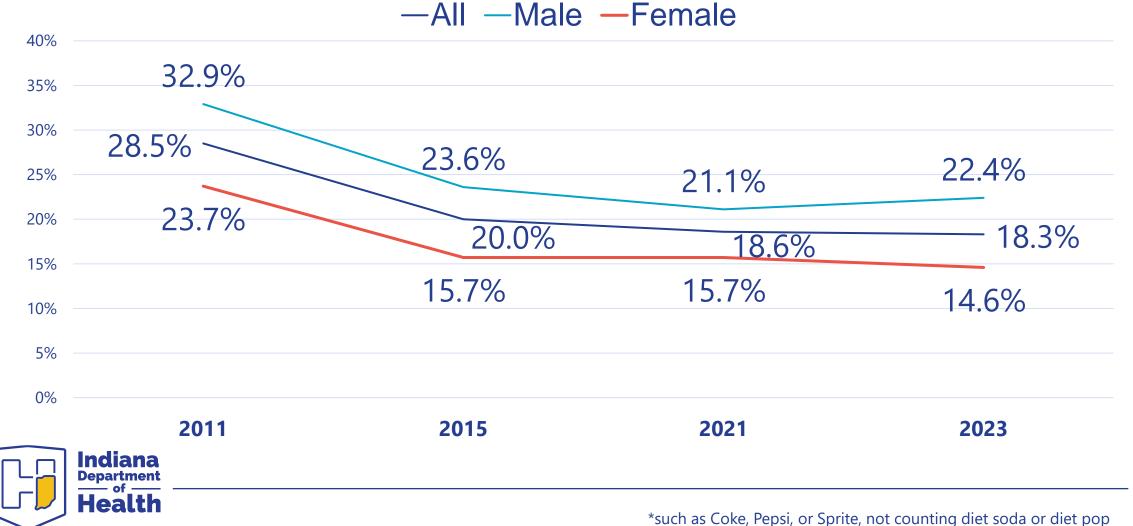
Percentage of students who did not drink a can, bottle, or glass of soda or pop (one or more times during the 7 days before the survey)



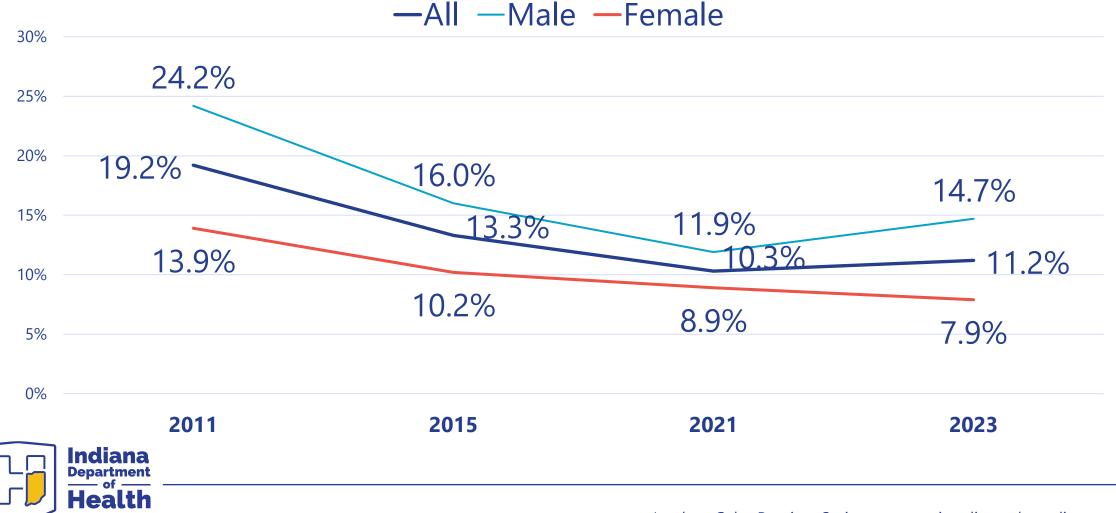
- 32

*such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop,

Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day (*during the 7 days before the survey)



Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day (*during the 7 days before the survey)

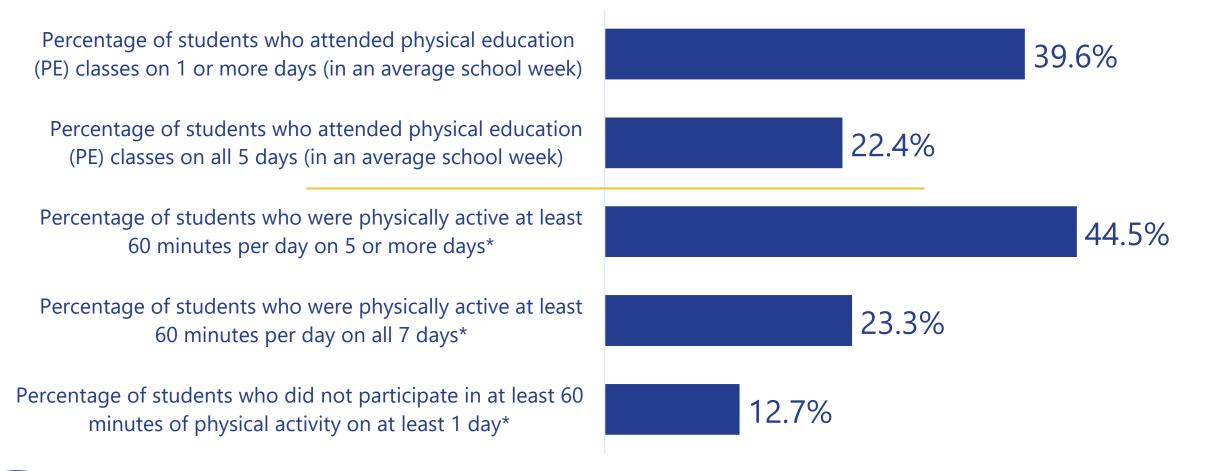


*such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop,

Physical Activity



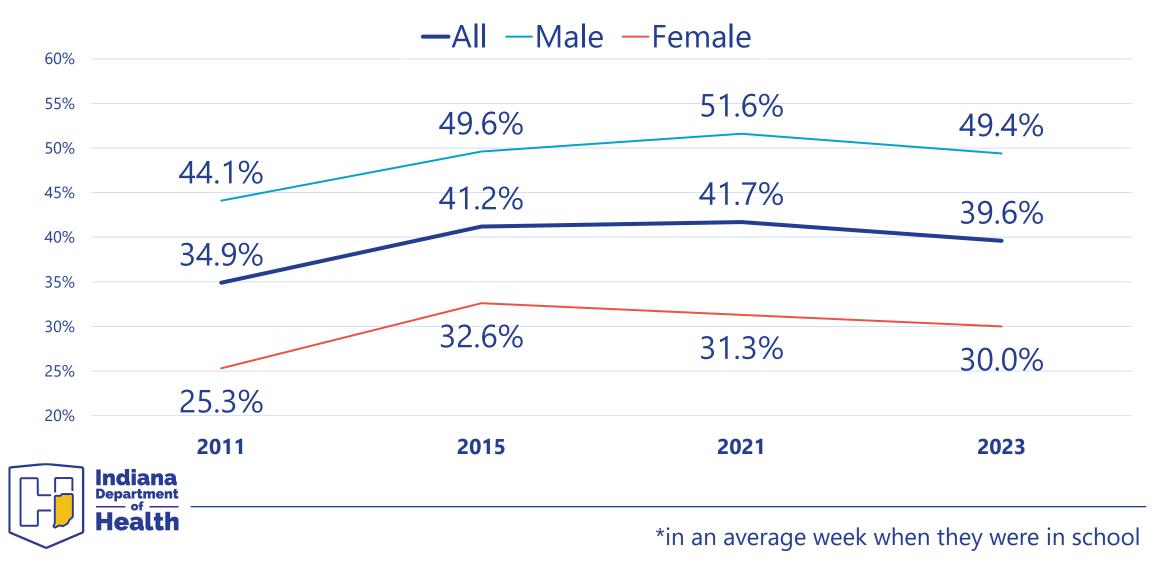
Physical Activity – 2023 Results



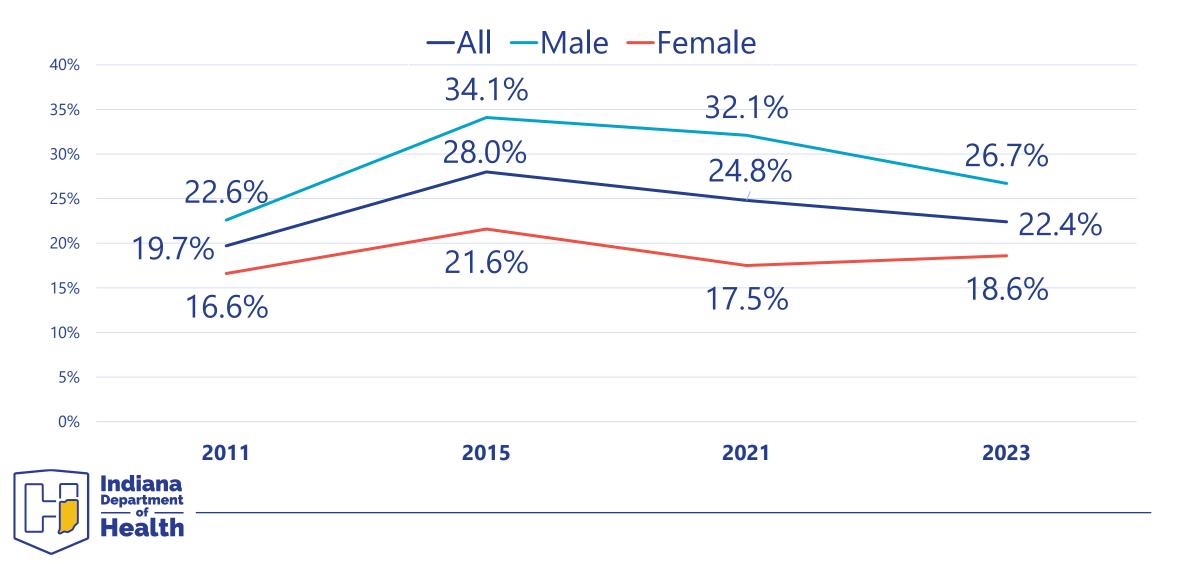


*During the 7 days before the survey **Physical Activity** = "any kind of physical activity that increased their heart rate and made them breathe hard some of the time"

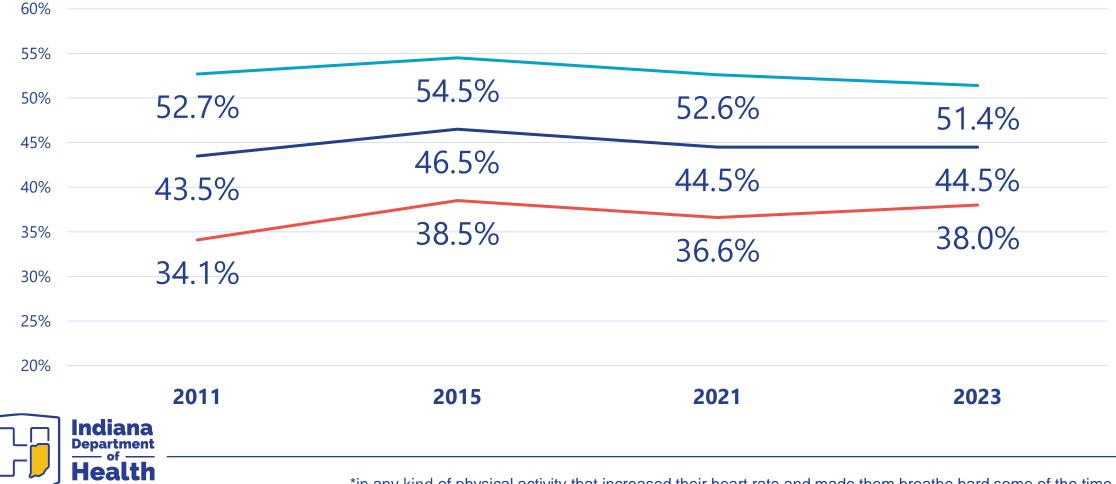
Percentage of students who attended physical education (PE) classes on 1 or more days*



Percentage of students who attended physical education (PE) classes on all 5 days (in an average week when they were in school)



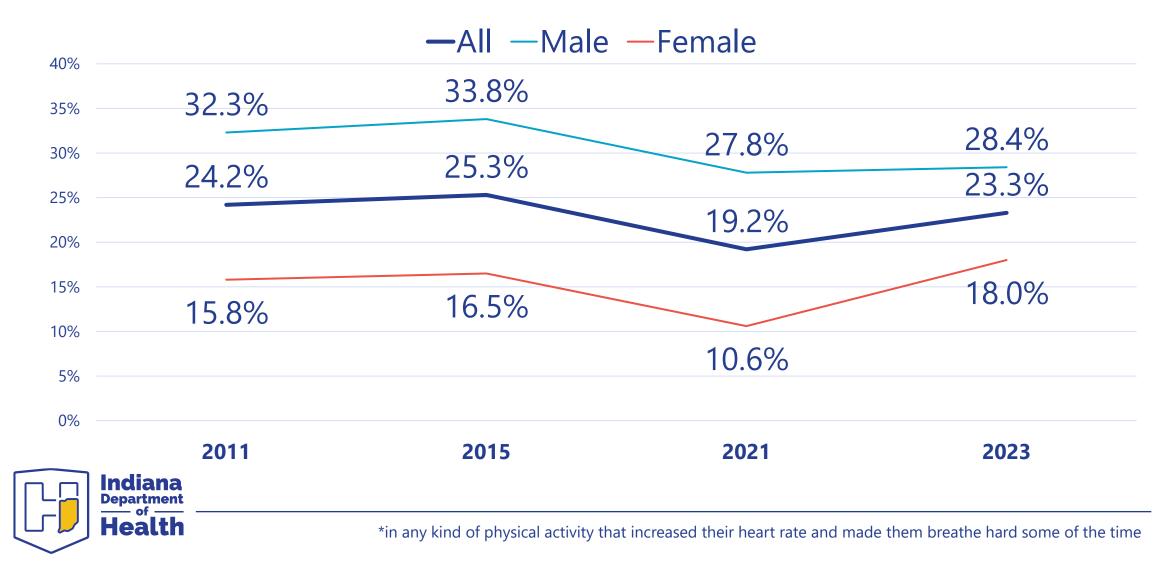
Percentage of students who were physically active at least 60 minutes per day on 5 or more days (*during the 7 days before the survey)



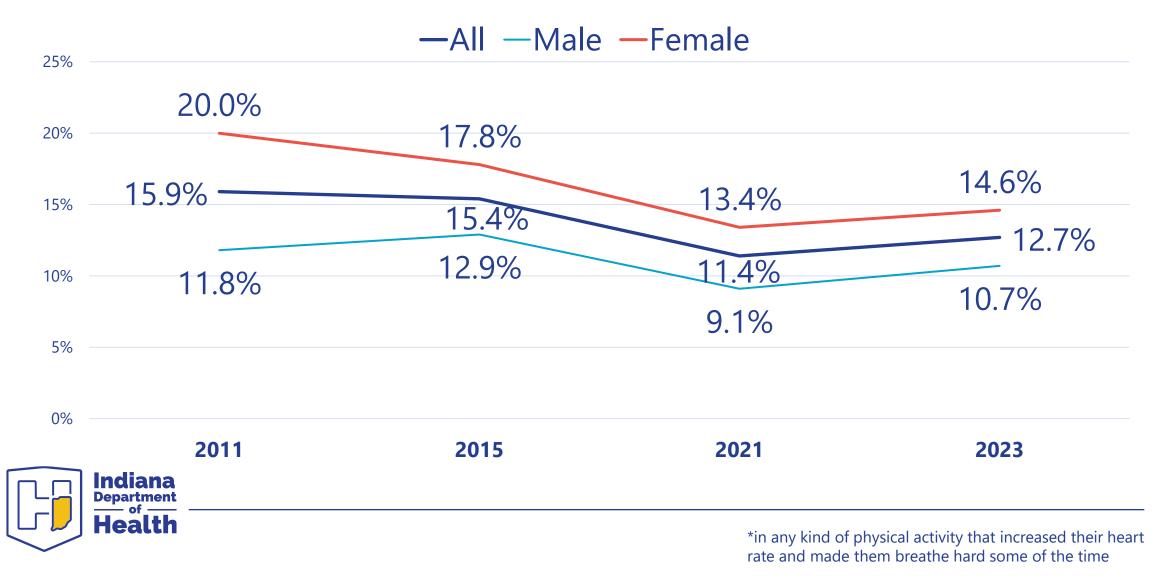
-All -- Male -- Female

*in any kind of physical activity that increased their heart rate and made them breathe hard some of the time

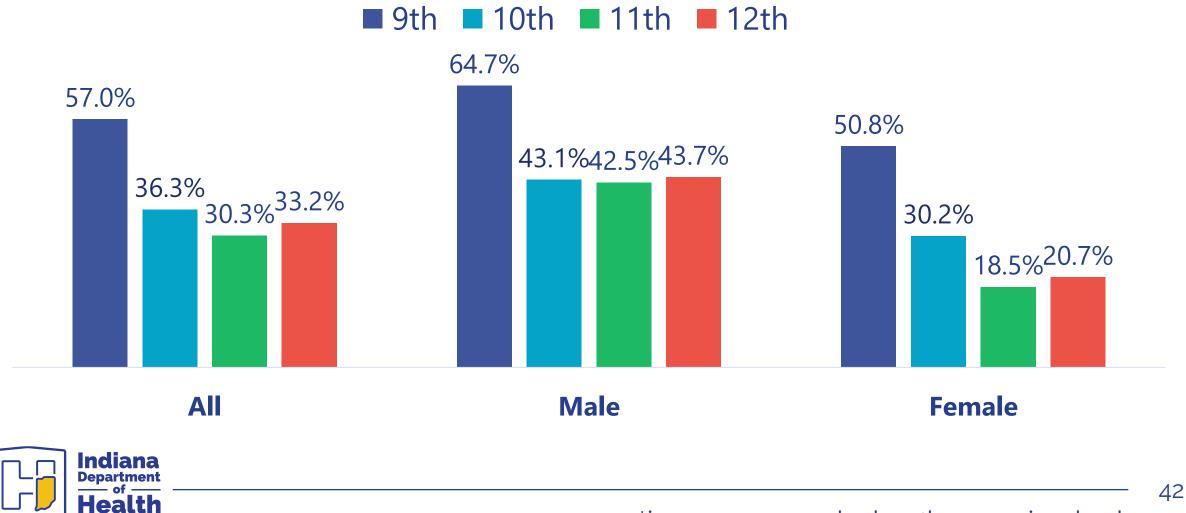
Percentage of students who were physically active at least 60 minutes per day on all 7 days (*during the 7 days before the survey)



Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (*during the 7 days before the survey)



Percentage of students who attended physical education (PE) classes on 1 or more days*



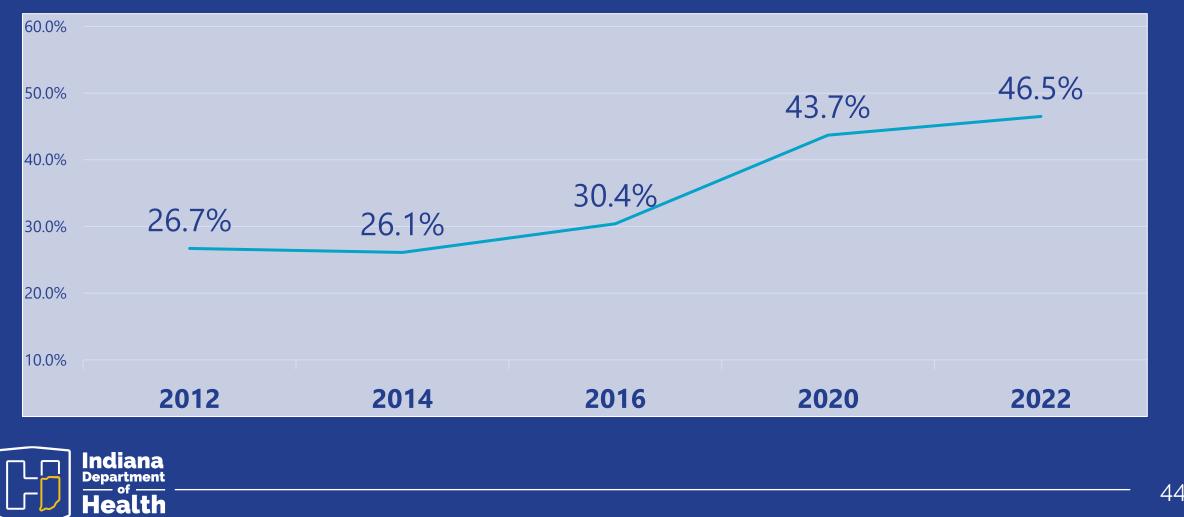
*in an average week when they were in school

Percentage of schools that taught required physical education 9th, 10th, 11th, and 12th grades

100.0% — 90.0% —	—9t 98.5%	h grade – 97.1%	-10th grade 96.9%	e —11th g 95.6%	grade —12 96.7%	2th grade 93.2%	97.1%
90.0% 80.0% 70.0% 60.0% 50.0%	43.7%	24.20/	48.5%	50.6%	58.9%	44.2%	48.2%
40.0% — 30.0% —	20.5%	34.2%	16.4%	25.0%	23.6%	21.6%	29.5% 29.5%
20.0%	20.0%	12.7%	13.7%	25.0%	22.6%	21.2%	29.570
	2008	2010	2012	2014	2016	2020	2022

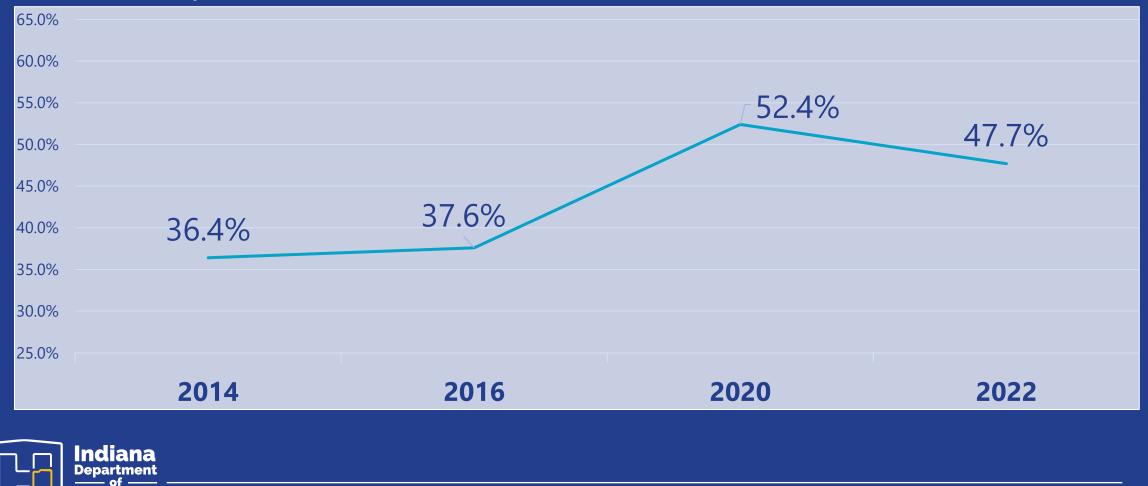


Percentage of schools in which students participate in physical activity in classrooms during the school day outside of physical education



lealth

Percentage of schools that offer opportunities for students to participate in physical activity through organized physical activities or access to facilities or equipment before the school day



Injury and Violence



Driving/Automobile Behaviors – 2023 Results

Percentage of students who did not always wear a seat belt (when 43.8% riding in a car driven by someone else)* Percentage of students who used the Internet or apps on their cell phone while driving a car or other vehicle (not counting using their 53.7% cell phone to get driving direction or to determine their location* Percentage of students who rode with a driver who had been 12.8% drinking alcohol* Percentage of students who drove a car or other vehicle when they 5.7% had been drinking alcohol



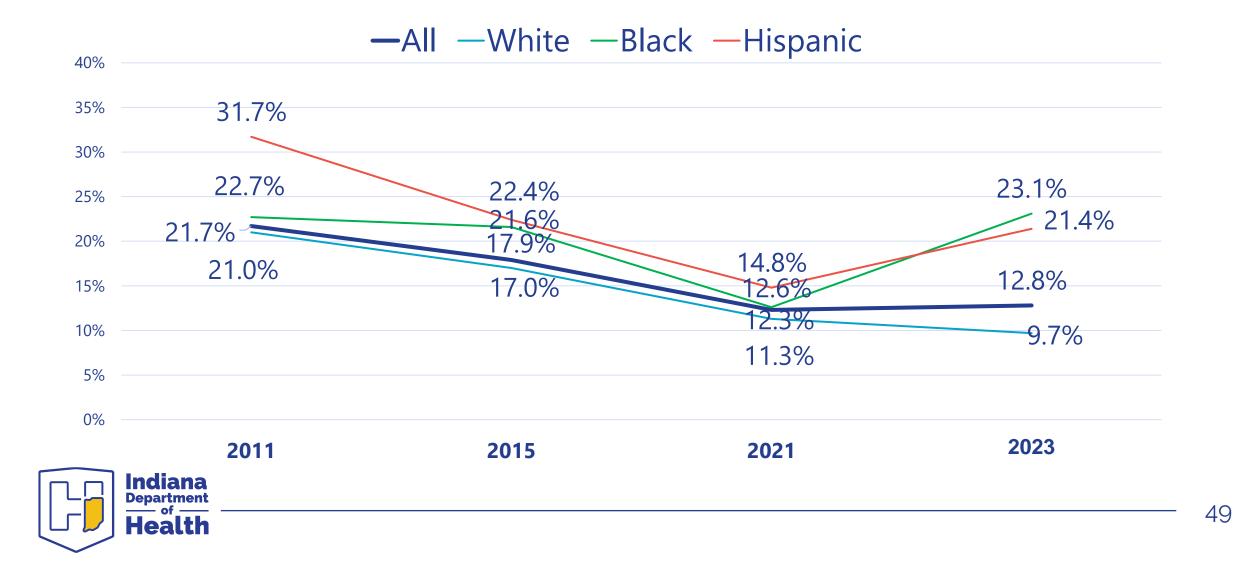
Percentage of students who did not always wear a seat belt (when riding in a car driven by someone else)

-All -- White -- Black -- Hispanic

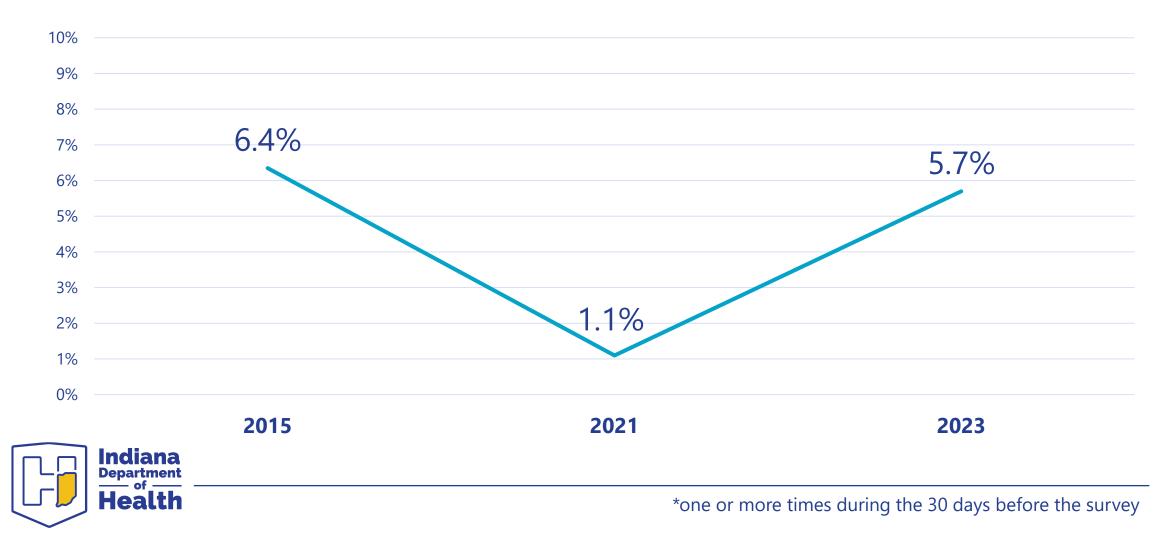


Percentage of students who rode with a driver who had been drinking alcohol

(in a car or other vehicle, one or more times during the 30 days before the survey)



Percentage of students who drove a car or other vehicle when they had been drinking alcohol (among students who had driven a car or other vehicle during the 30 days before the survey^{*})



Bullying, Threats, and Weapons at School – 2023 Results

Percentage of students who were bullied on school property**

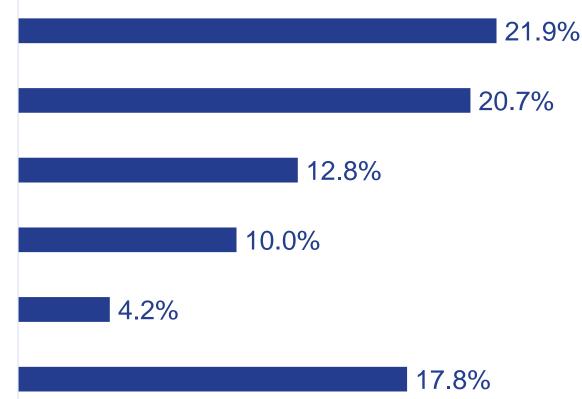
Percentage of students who were electronically bullied**

Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school*

Percentage of students who were threatened or injured with a weapon on school property**

Percentage of students who carried a weapon on school property*

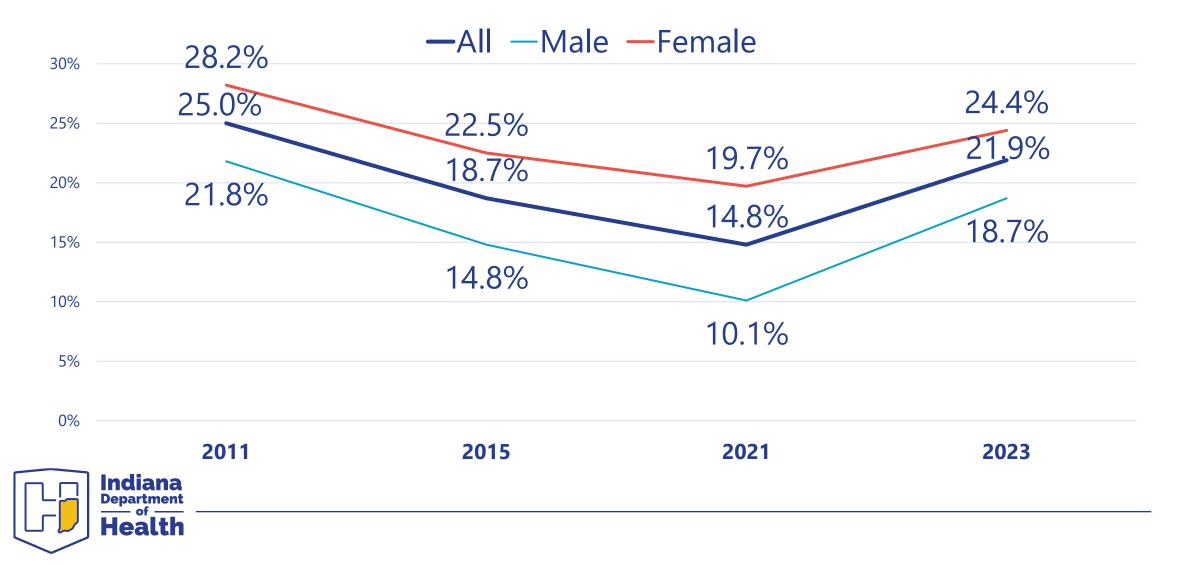
Percentage of students who were in a physical fight**





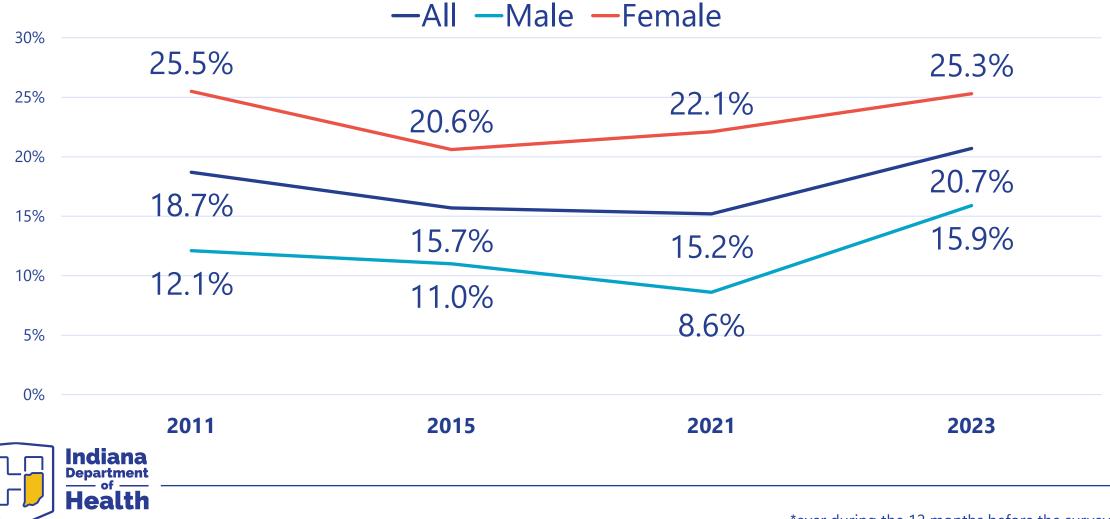
*one or more times during the 30 days before the survey **during the 12 months before the survey

Percentage of students who were bullied on school property (ever during the 12 months before the survey)



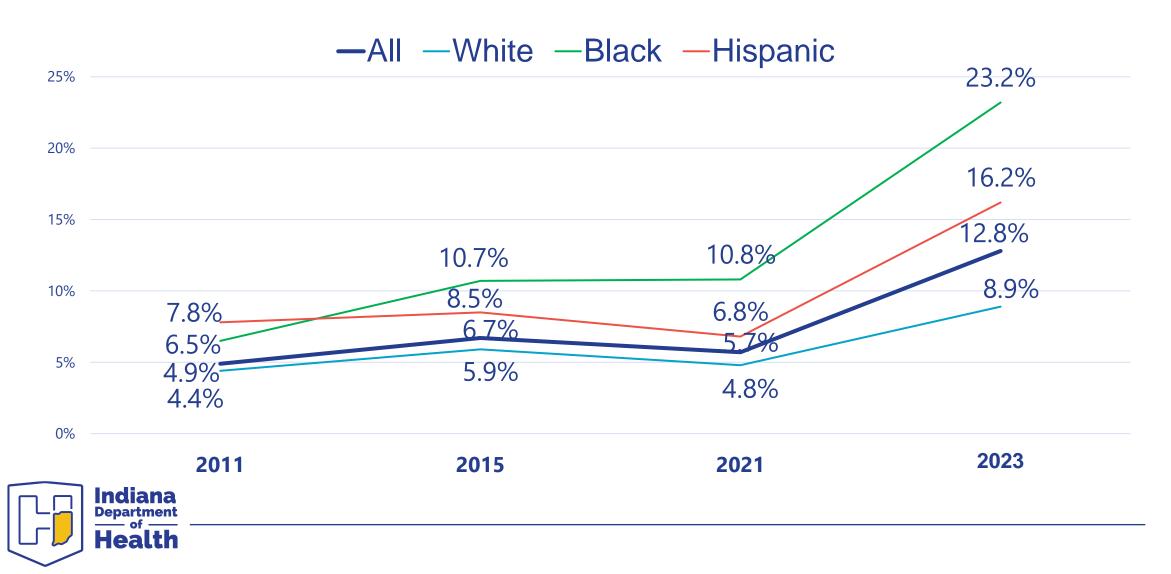
Percentage of students who were electronically bullied

(being bullied through texting, Instagram, Facebook, or other social media*)

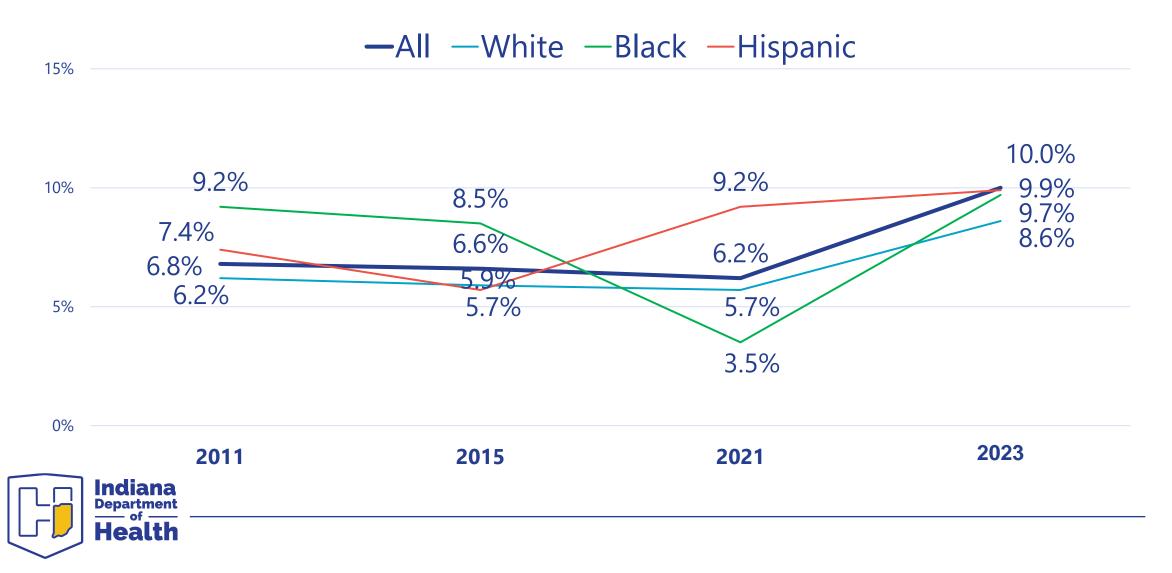


*ever during the 12 months before the survey

Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)



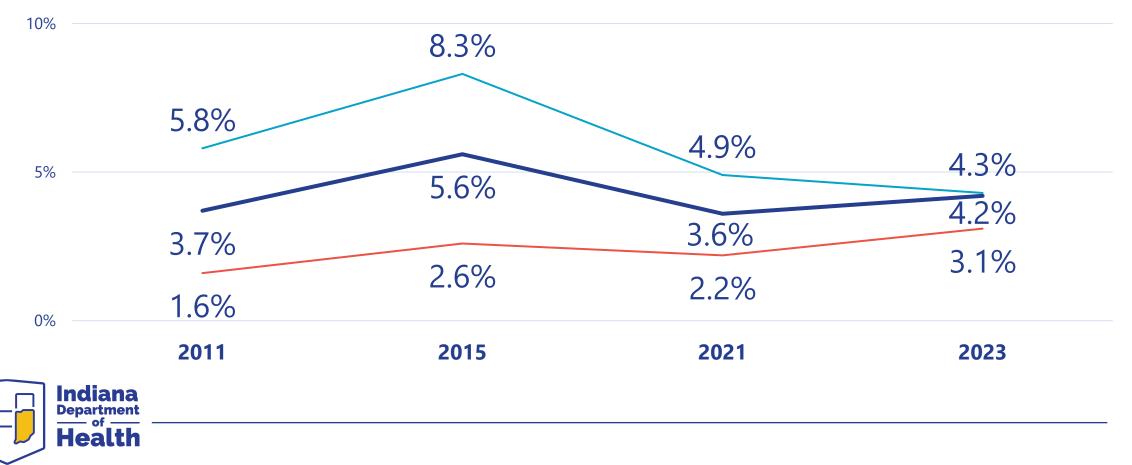
Percentage of students who were threatened or injured with a weapon on school property (such as a gun, knife, or club, one or more times during the 12 months before the survey)



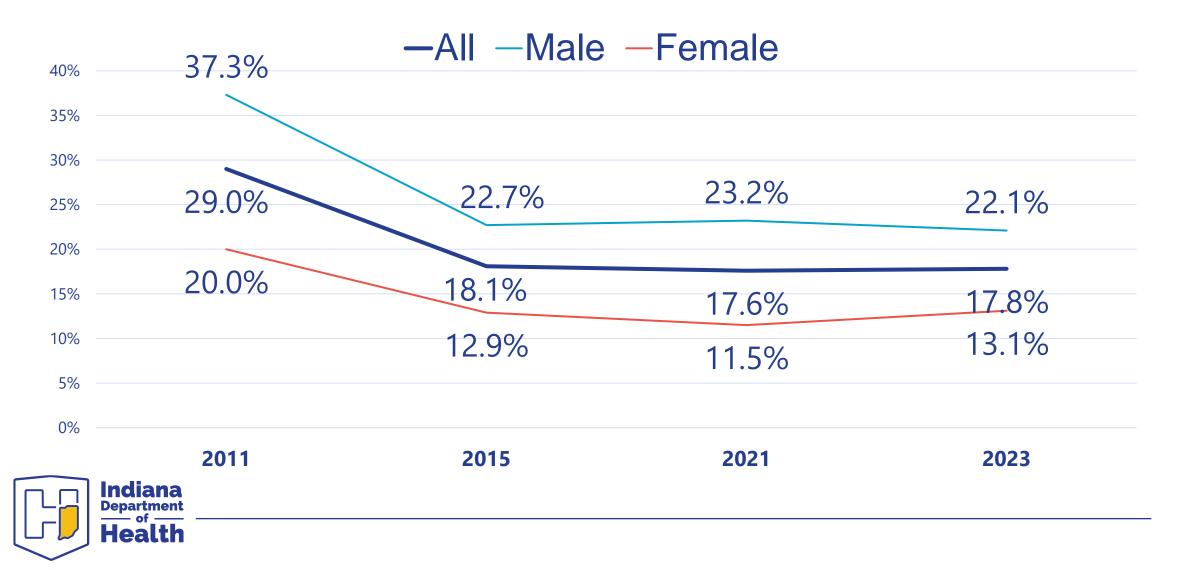
Percentage of students who carried a weapon on school property

(such as a gun, knife, or club, on at least 1 day during the 30 days before the survey)

-All -- Male -- Female



Percentage of students who were in a physical fight (one or more times during the 12 months before the survey)



Bullying, Threats, and Weapons at School – 2023 Sexual Orientation Results

Heterosexual Gay, Lesbian, or Bisexual

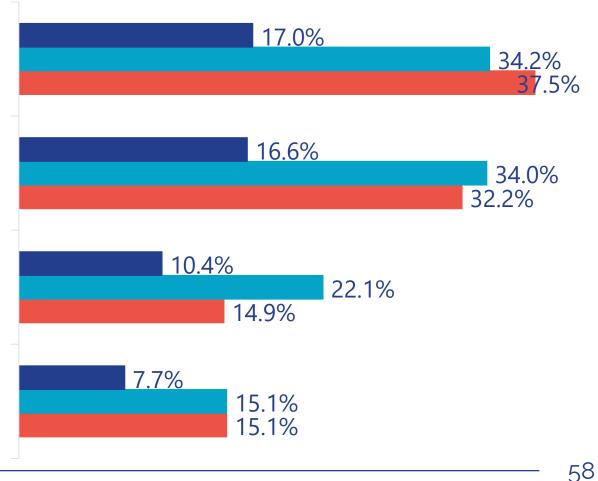
Percentage of students who were bullied on school property**

Percentage of students who were electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media)**

Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school*

Percentage of students who were threatened or injured with a weapon on school property(such as a gun, knife, or club)**

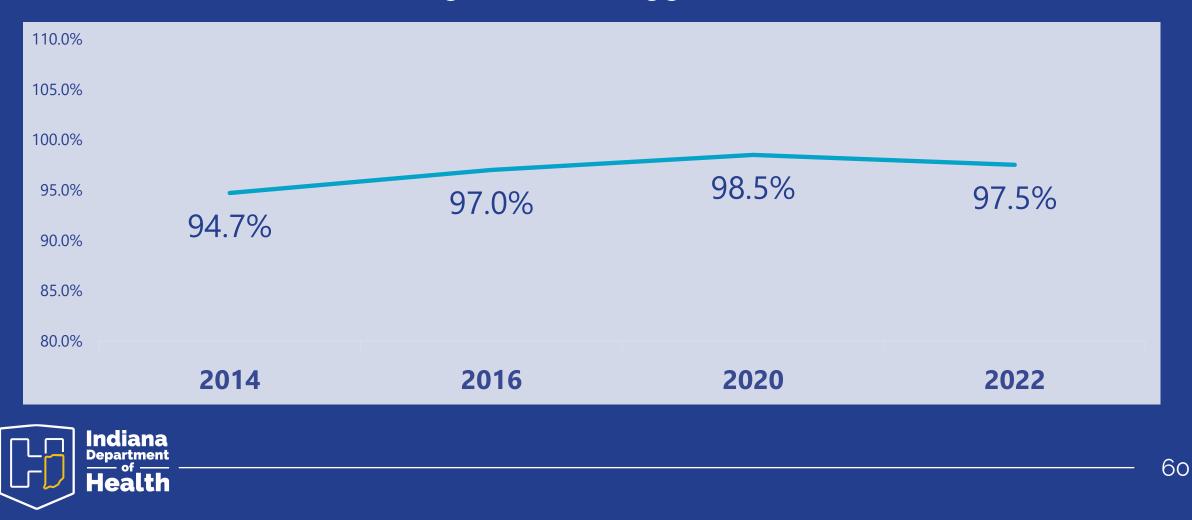
Indiana



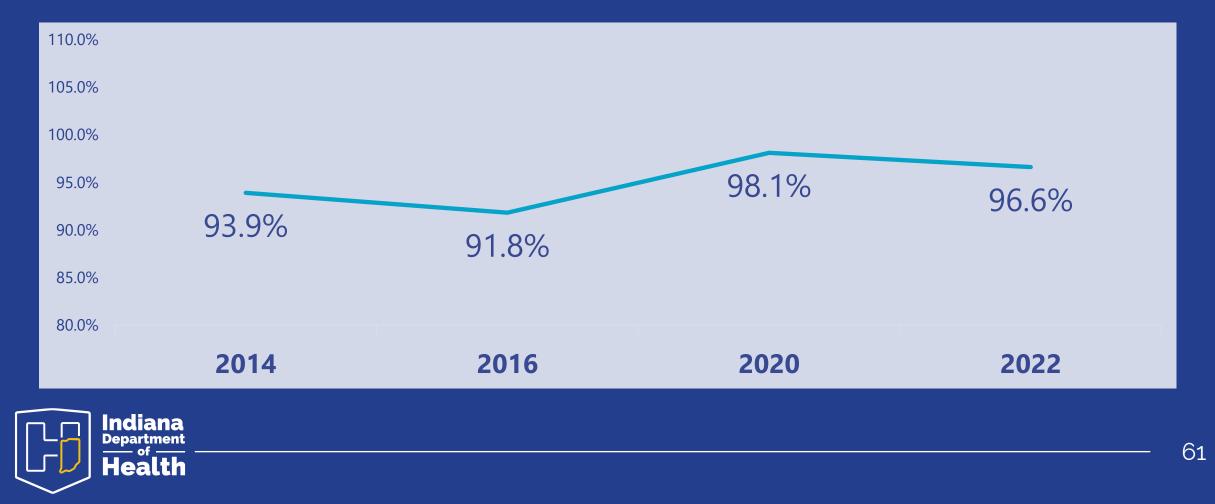
Other/Questioning

*on at least 1 day during the 30 days before the survey **during the 12 months before the survey

Percentage of schools that use electronic, paper, or oral communication to publicize and disseminate policies, rules, or regulations on bullying and sexual harassment, including electronic aggression



Percentage of schools in which all staff received professional development on preventing, identifying, and responding to student bullying and sexual harassment, including electronic aggression



Tobacco Use

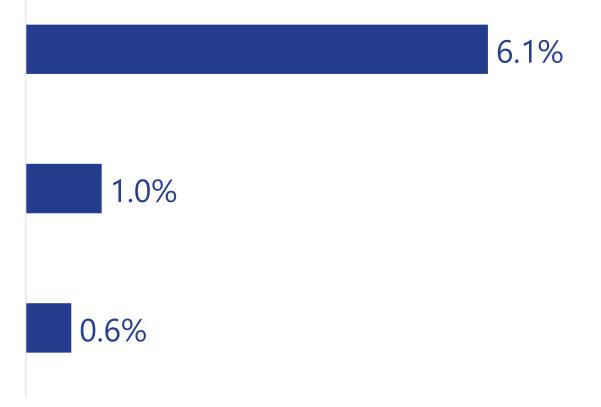


Cigarette Smoking – 2023 Results

Percentage of students who currently smoked cigarettes (on at least 1 day)*

Percentage of students who currently smoked cigarettes frequently (on 20 or more days)*

Percentage of students who currently smoked cigarettes daily*





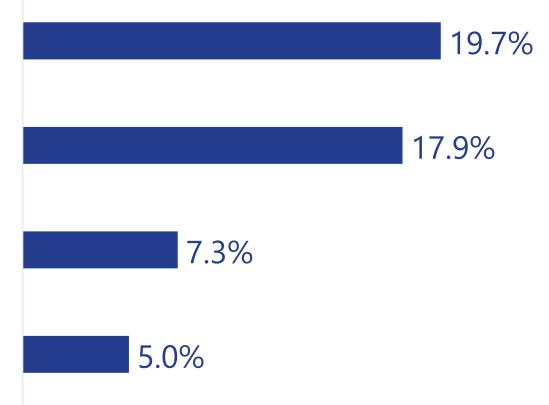
Cigarettes & Vaping – 2023 Results

Percentage of students who currently smoked cigarettes or used electronic vapor products*

Percentage of students who currently used an electronic vapor product on at least 1 day*

Percentage of students who currently used electronic vapor products frequently (on 20 or more days)*

Percentage of students who currently used electronic vapor products daily*





*during the 30 days before the survey

Percentage of students who currently used an electronic vapor product

(*on at least 1 day during the 30 days before the survey)



-All -- White -- Black -- Hispanic

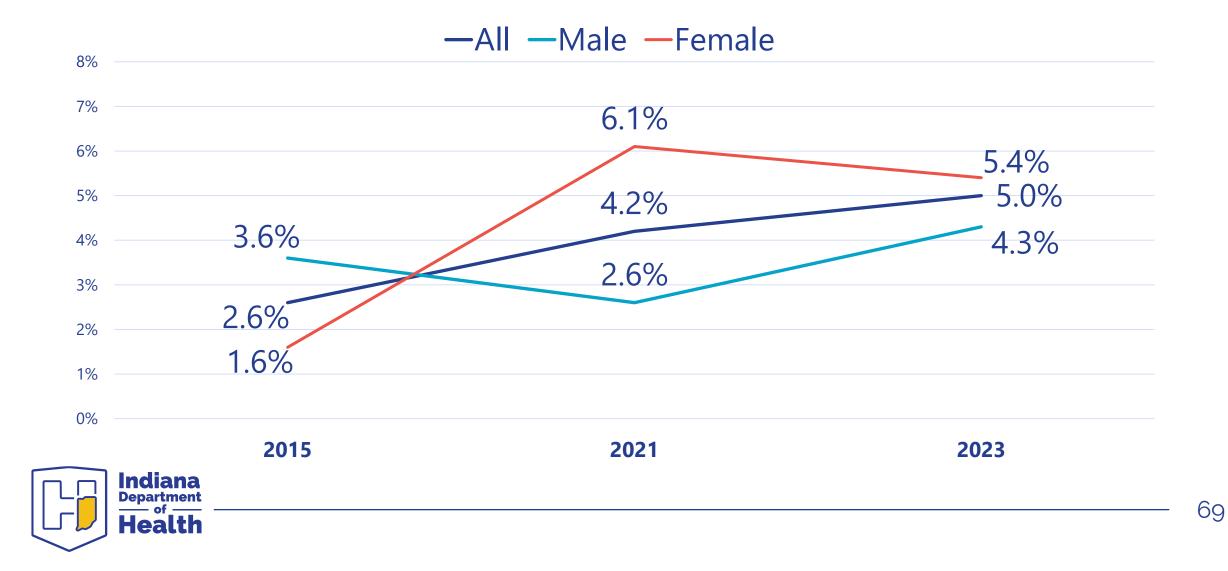
Percentage of students who currently used electronic vapor products frequently

(on 20 or more days during the 30 days before the survey)

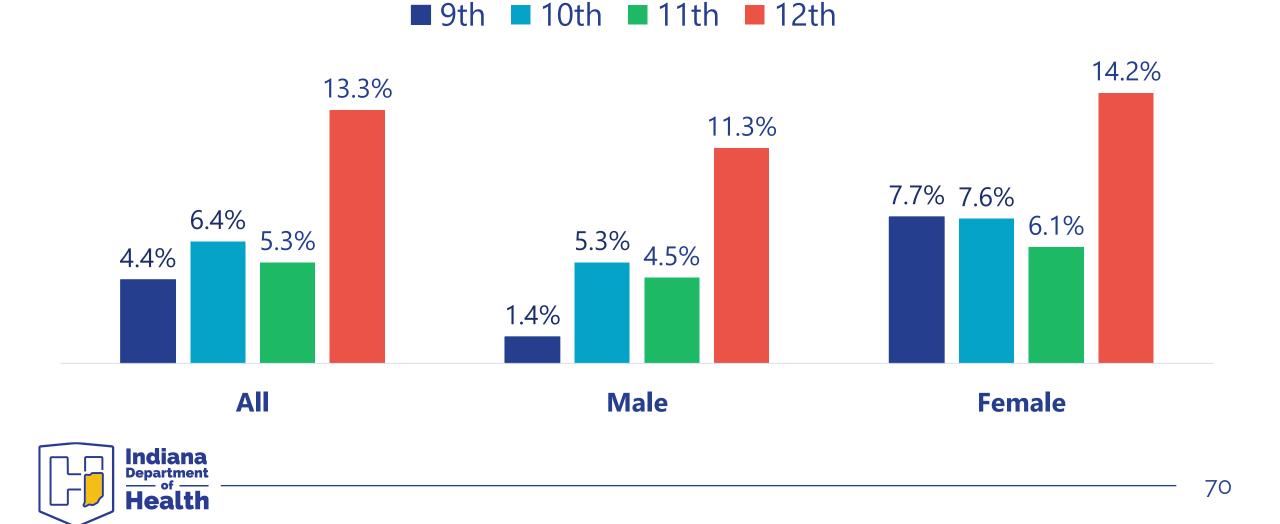


Percentage of students who currently used electronic vapor products daily

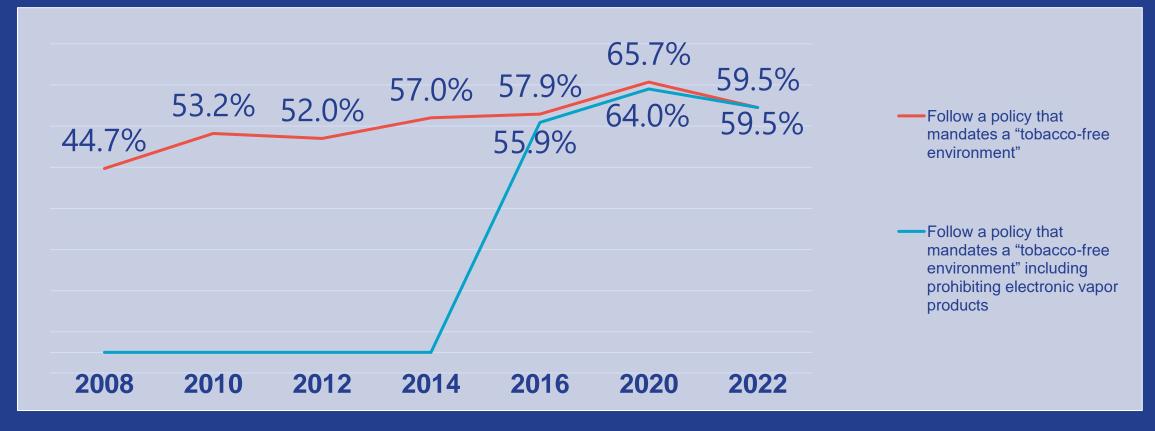
(on all 30 days during the 30 days before the survey)



Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)



School Health Profiles – Principal Survey Percent of schools that have adopted or follow specific tobacco-use prevention policies.





School Health Profiles – Teacher Survey

Percentage of schools in which teachers tried to increase student knowledge on tobacco-use prevention in a required course in any of grades 6 through 12 during the current school year:





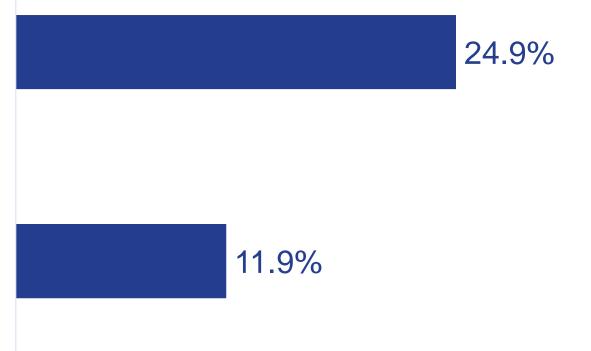
Alcohol & Substance Use



Alcohol Consumption – 2023 Results

Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day*)

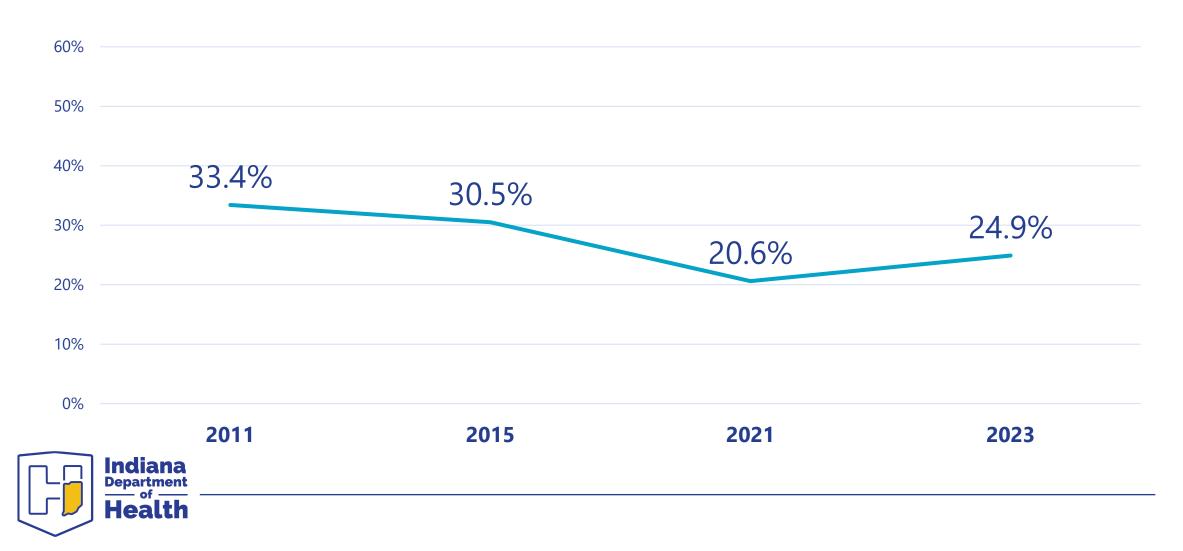
Percentage of students who currently were binge drinking (had four or more drinks of alcohol in a row if they were female or five or more drinks of alcohol in a row if they were male, within a couple of hours*





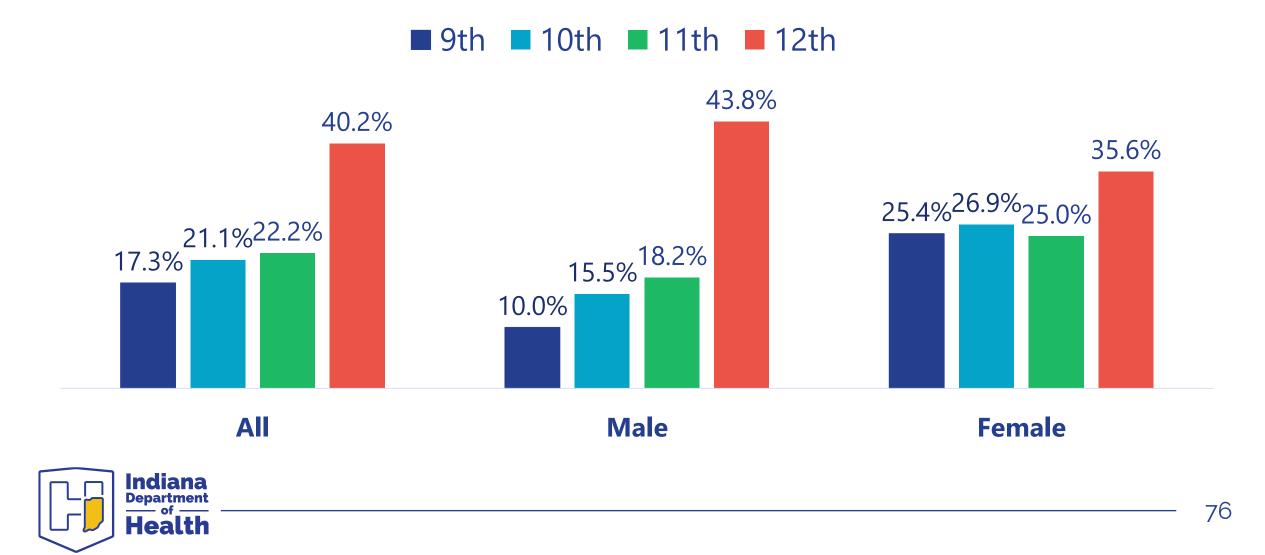
Percentage of students who currently drank alcohol

(at least one drink of alcohol, on at least 1 day during the 30 days before the survey)

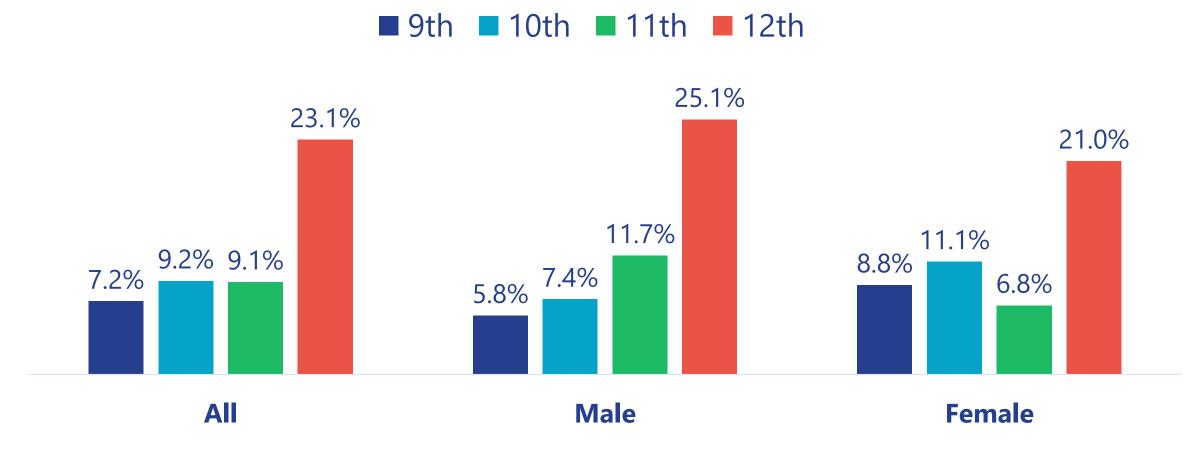


Percentage of students who currently drank alcohol

(at least one drink of alcohol, on at least 1 day during the 30 days before the survey)



Percentage of students who currently were binge drinking*





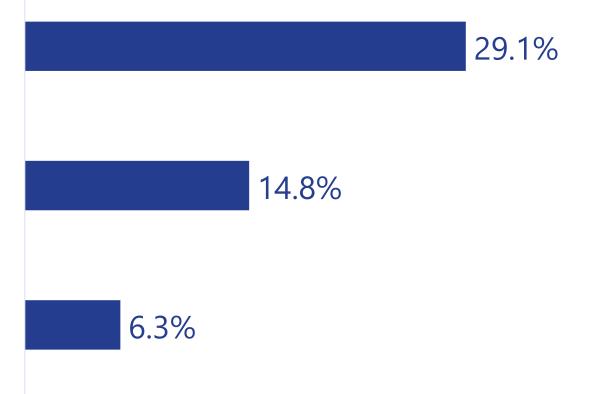
* had four or more drinks of alcohol in a row if they were female or five or more drinks of alcohol in a row if they were male, within a couple of hours, on at least 1 day during the 30 days before the survey

Marijuana Use – 2023 Results

Percentage of students who ever used marijuana**

Percentage of students who currently used marijuana*

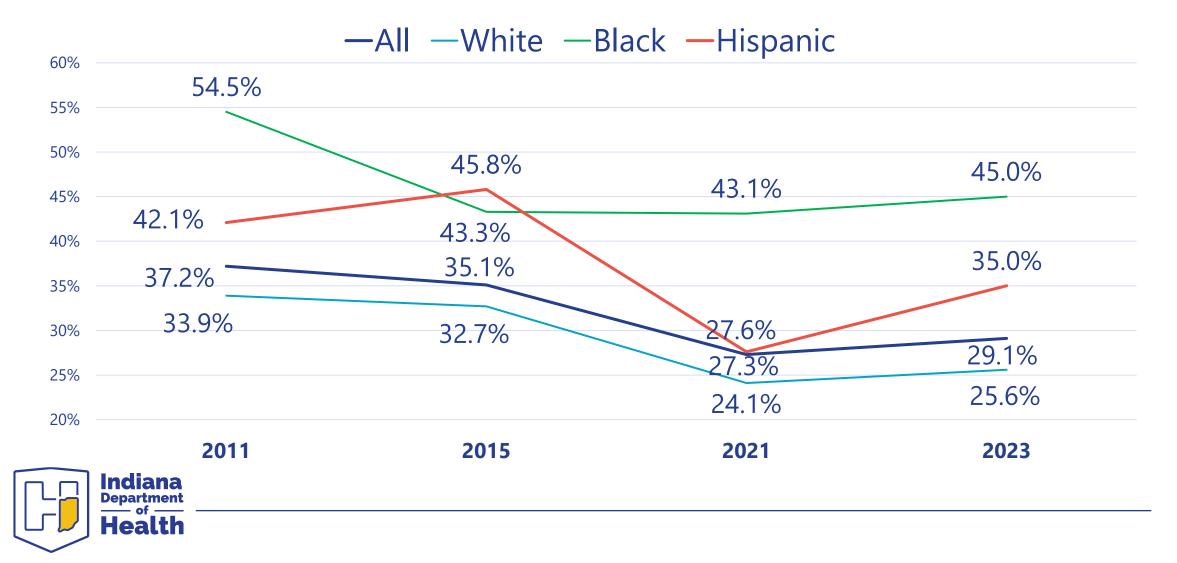
Percentage of students who tried marijuana for the first time before age 13 years





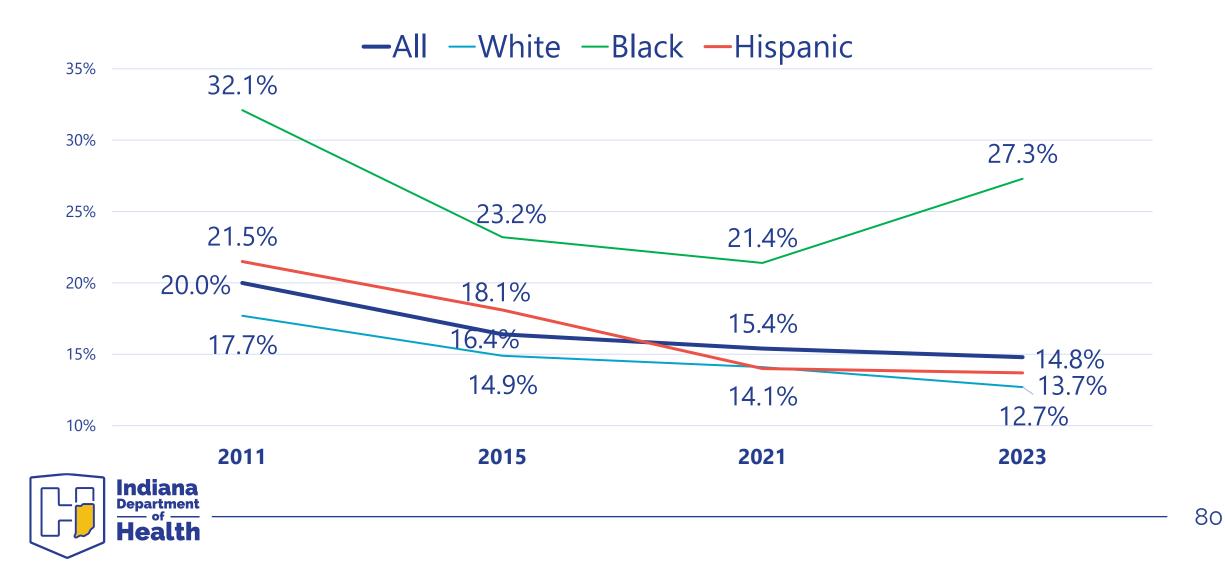
*during the 30 days before the survey **one or more times during their life

Percentage of students who ever used marijuana (one or more times during their life)

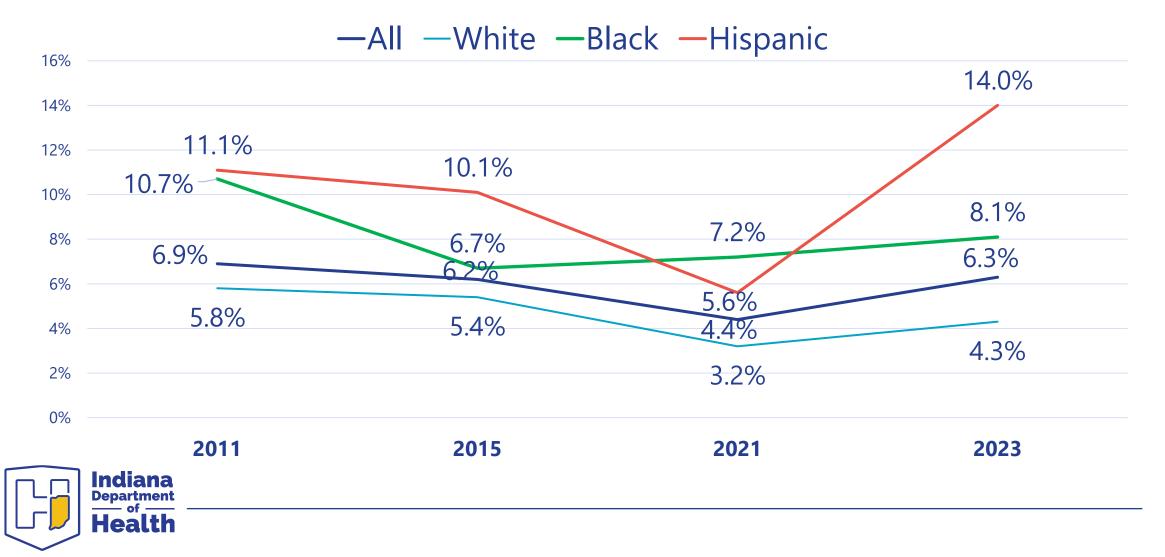


Percentage of students who currently used marijuana

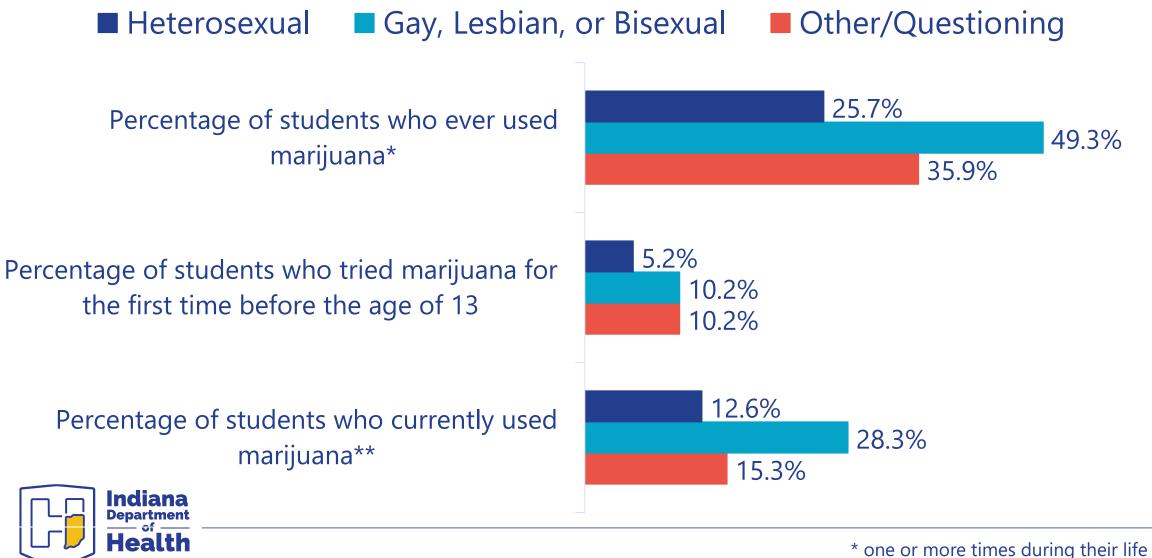
(one or more times during the 30 days before the survey)



Percentage of students who tried marijuana for the first time before age 13 years

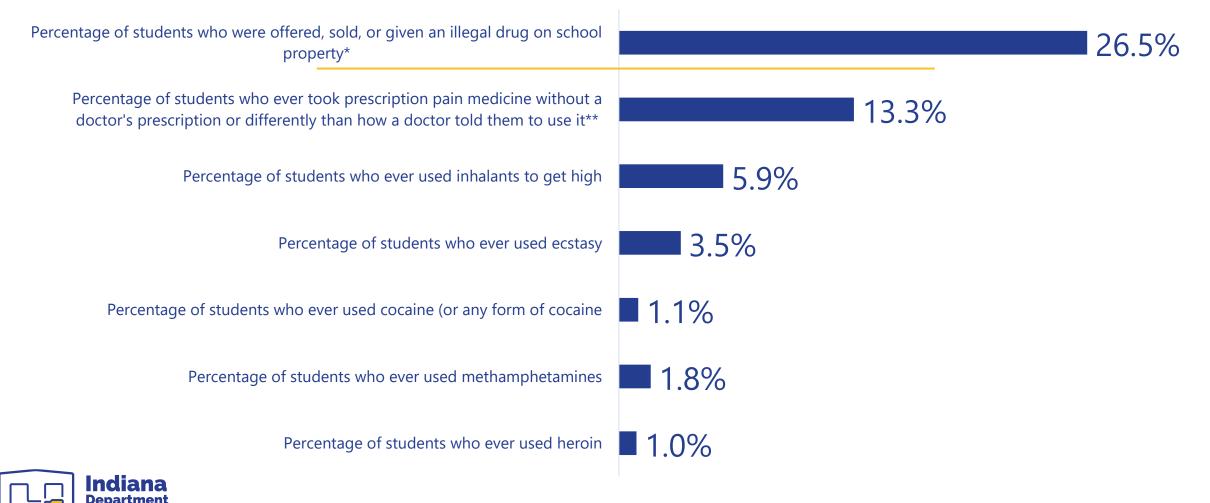


Marijuana Use by Sexual Orientation – 2023



**one or more times during the 30 days before the survey

Other Drug Use – 2023 Results



*during the 12 months before the survey

**during their lifetime

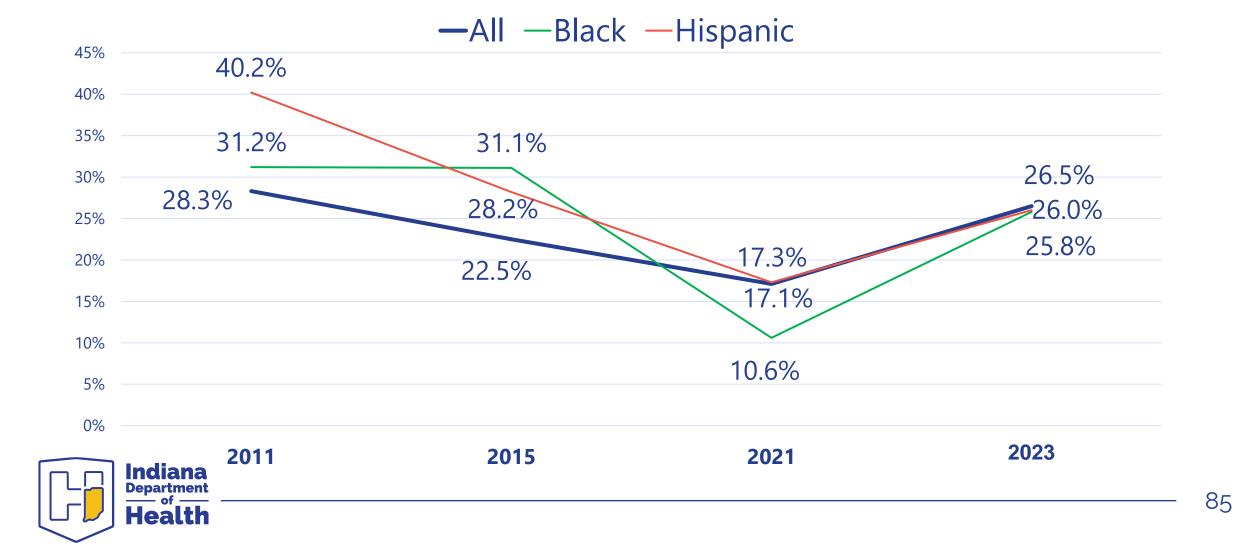
School Health Profiles – Teacher Survey

Percentage of schools in which teachers tried to increase student knowledge on alcohol-use or other drug-use prevention in a required course in any of grades 6 through 12 during the current school year.

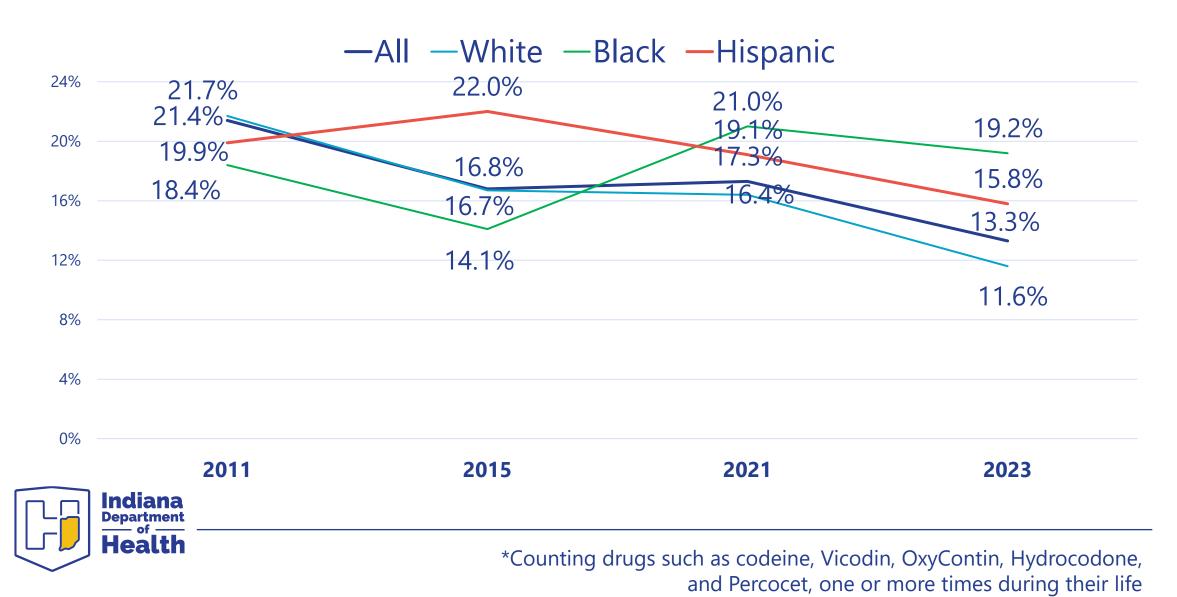




Percentage of students who were offered, sold, or given an illegal drug on school property (during the 12 months before the survey)

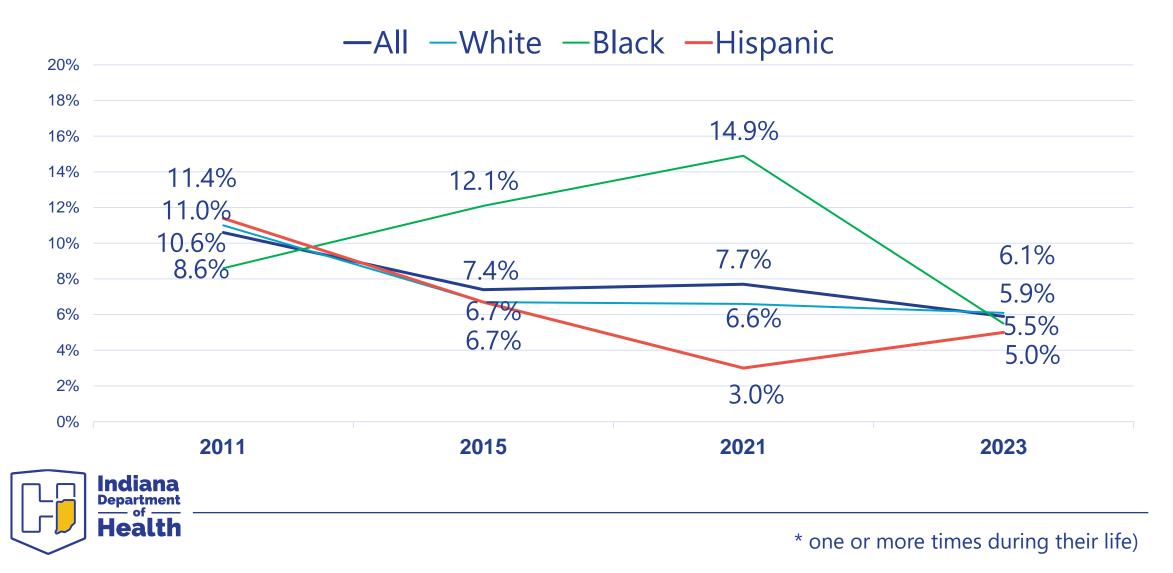


Percentage of students who ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it*

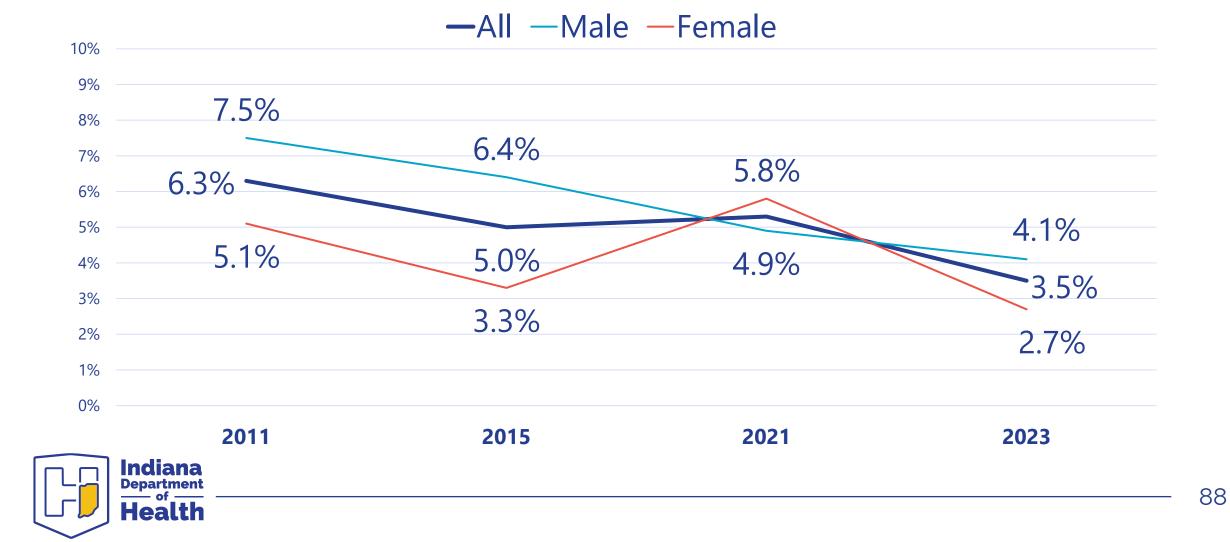


Percentage of students who ever used inhalants*

(sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high)



Percentage of students who ever used ecstasy (also called "MDMA" or "Molly," one or their life)



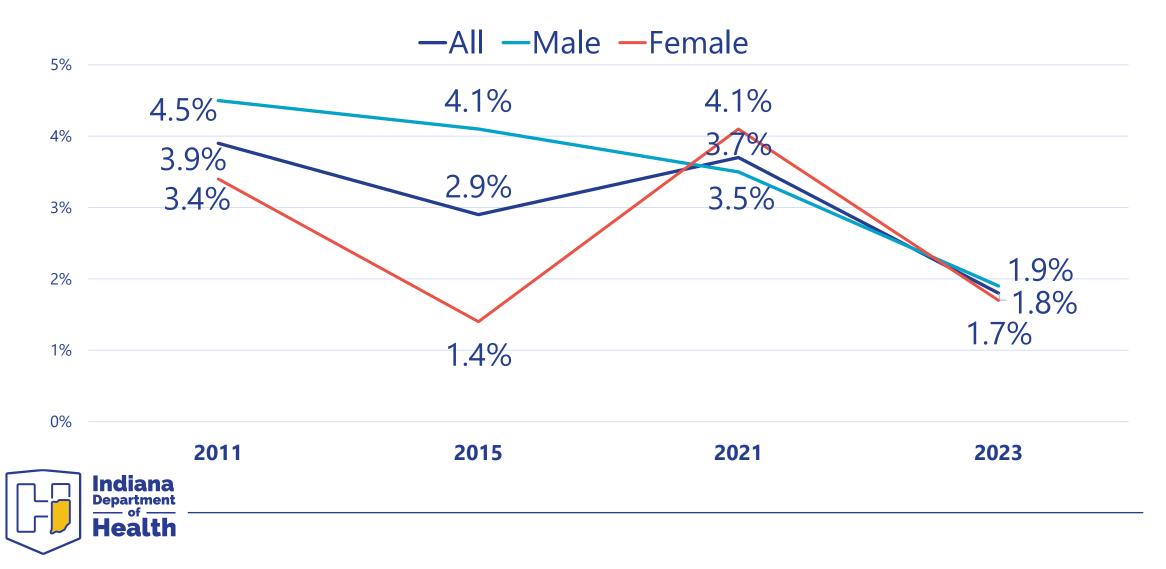
Percentage of students who ever used cocaine

(any form of cocaine, including powder, crack, or freebase, one or more times during their life)



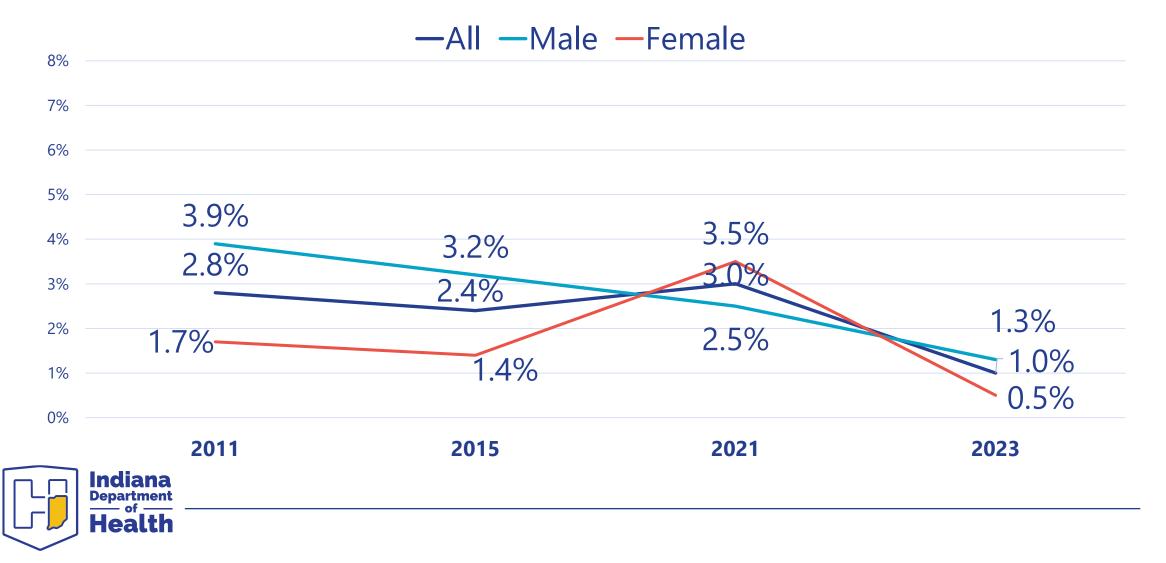
Percentage of students who ever used methamphetamines

(also called "speed," "crystal or "meth," one or more times during their life)



Percentage of students who ever used heroin

(also called "smack," "junk," or "China White," one or more times during their life)



Sexual Behavior

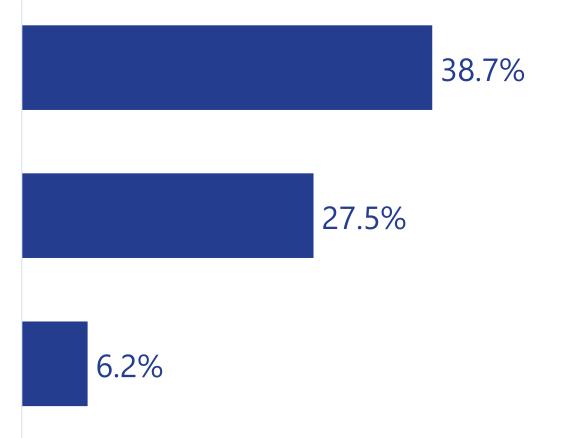


Sexual Activity – 2023 Results

Percentage of students who ever had sexual intercourse

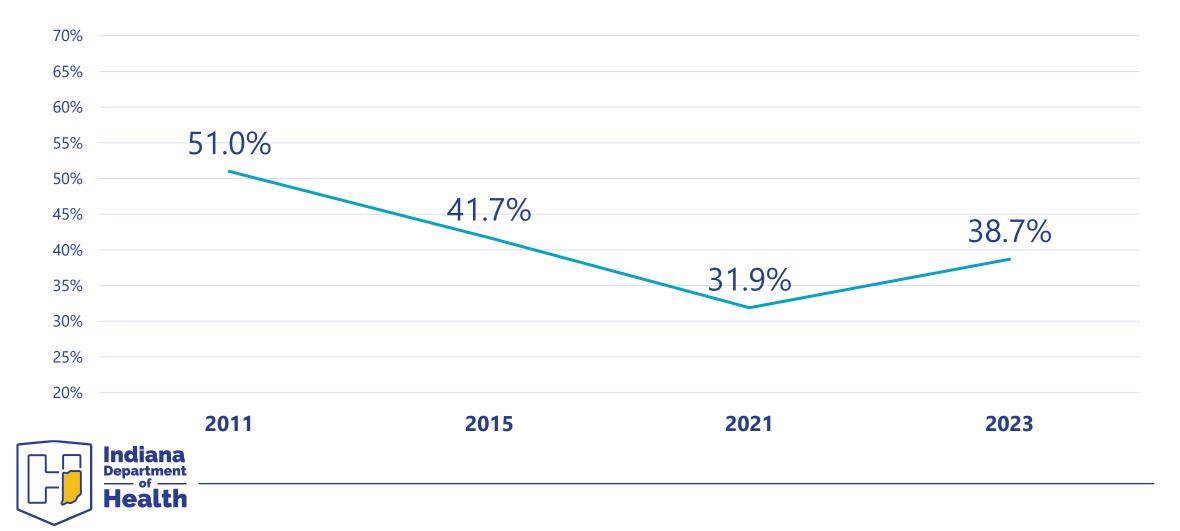
Percentage of students who were currently sexually active (had sexual intercourse with at least one person, during the 3 months before the survey)

Percentage of students who had sexual intercourse with four or more persons during their life





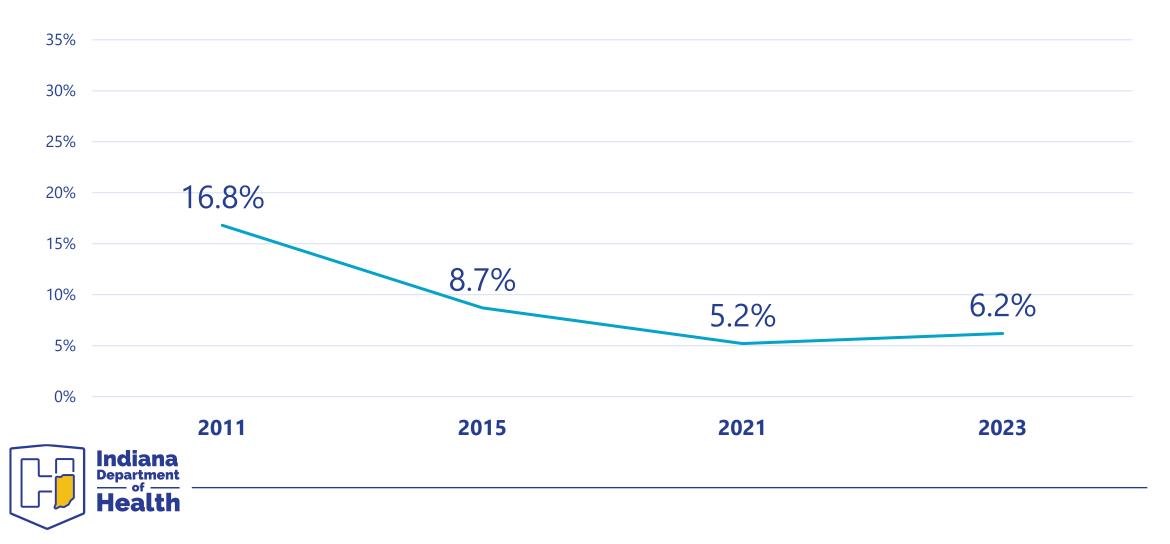
Percentage of students who ever had sexual intercourse



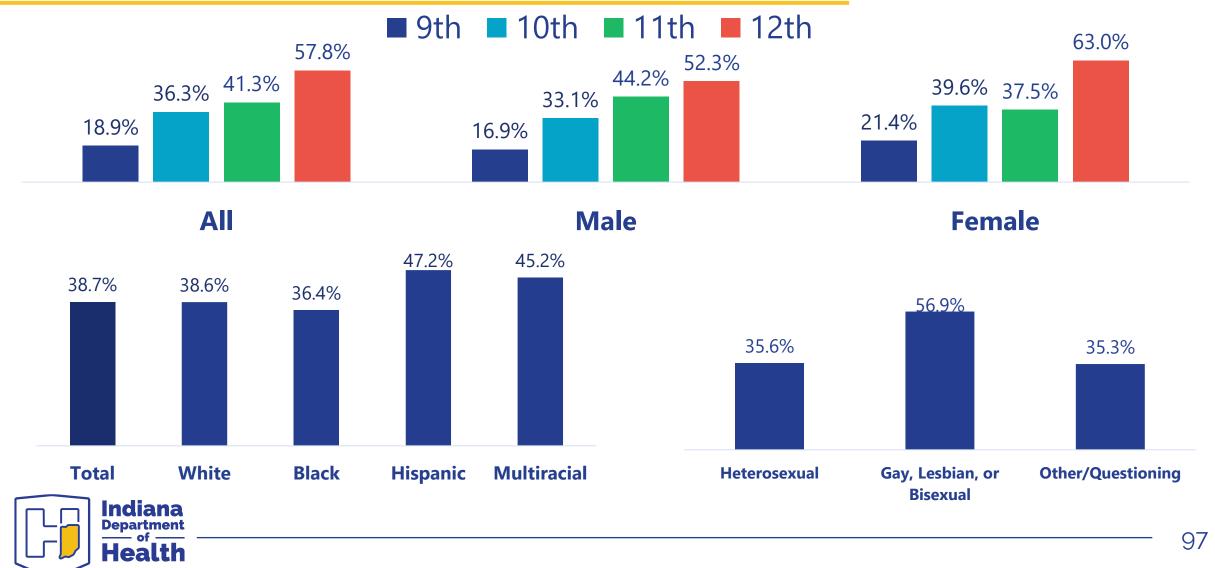
Percentage of students who were currently sexually active (had sexual intercourse with at least one person, during the 3 months before the survey)



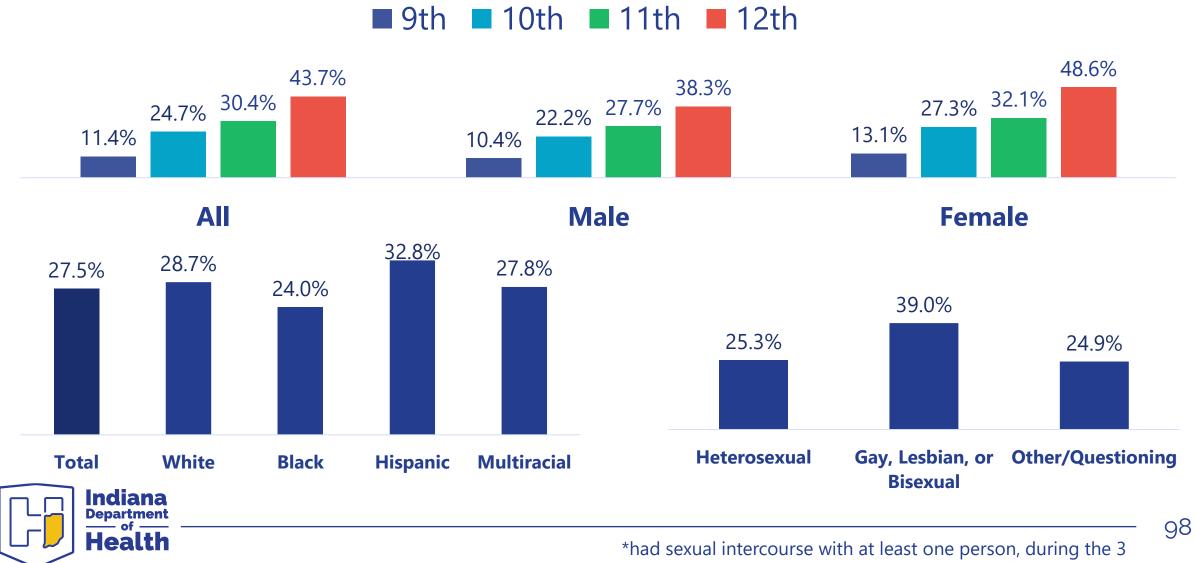
Percentage of students who had sexual intercourse with four or more persons during their life



Percentage of students who ever had sexual intercourse



Percentage of students who were currently sexually active*



months before the survey

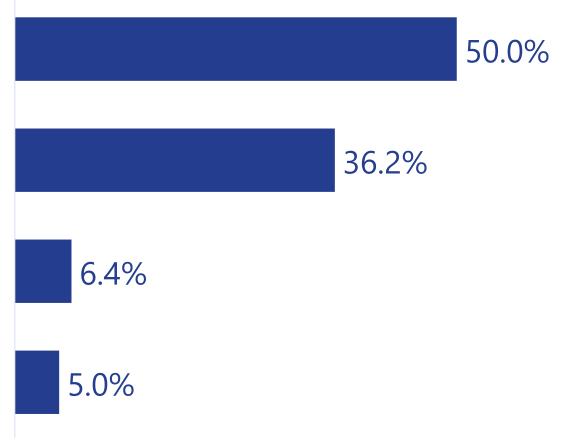
Contraception Use – 2023 Results

Percentage of students who used a condom during last sexual intercourse to prevent pregnancy*

Percentage of students who used birth control pills; an IUD or implant; or a shot, patch, or birth control ring before last sexual intercourse with an opposite-sex partner to prevent pregnancy*

Percentage of students who did not use any method to prevent pregnancy during last sexual intercourse with an opposite-sex partner to prevent pregnancy*

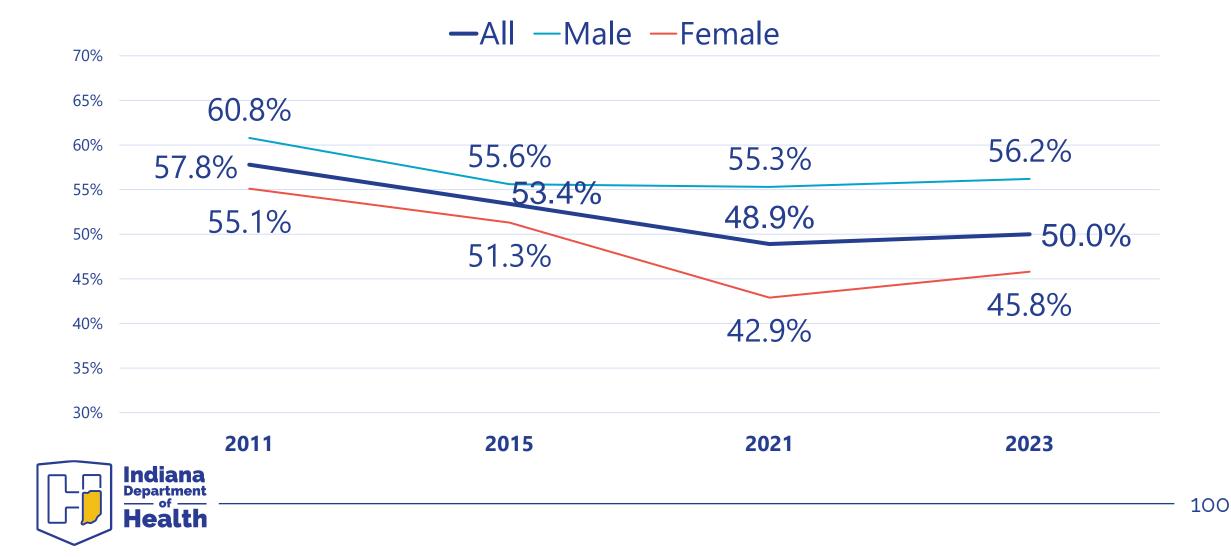
Percentage of students who used an IUD or implant before last sexual intercourse with an opposite-sex partner to prevent pregnancy*





Percentage of students who used a condom during last sexual

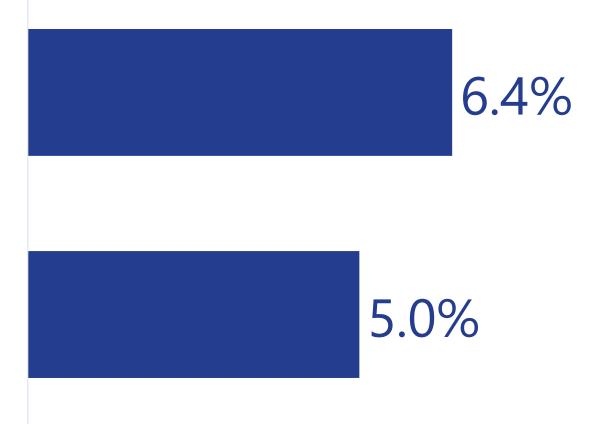
intercourse (among students who were currently sexually active)



Contraception and STD Testing – 2023 Results

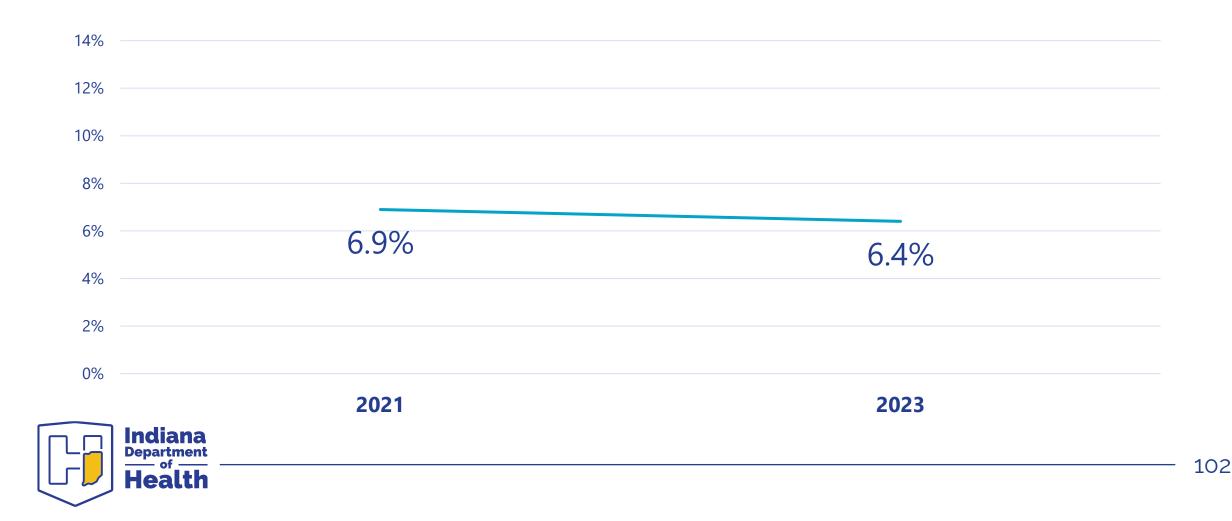
Percentage of students who were tested for a sexually transmitted disease (STD) other than HIV, such as chlamydia or gonorrhea]

Percentage of students who were ever tested for human immunodeficiency virus (HIV) (not counting tests done if they donated blood)

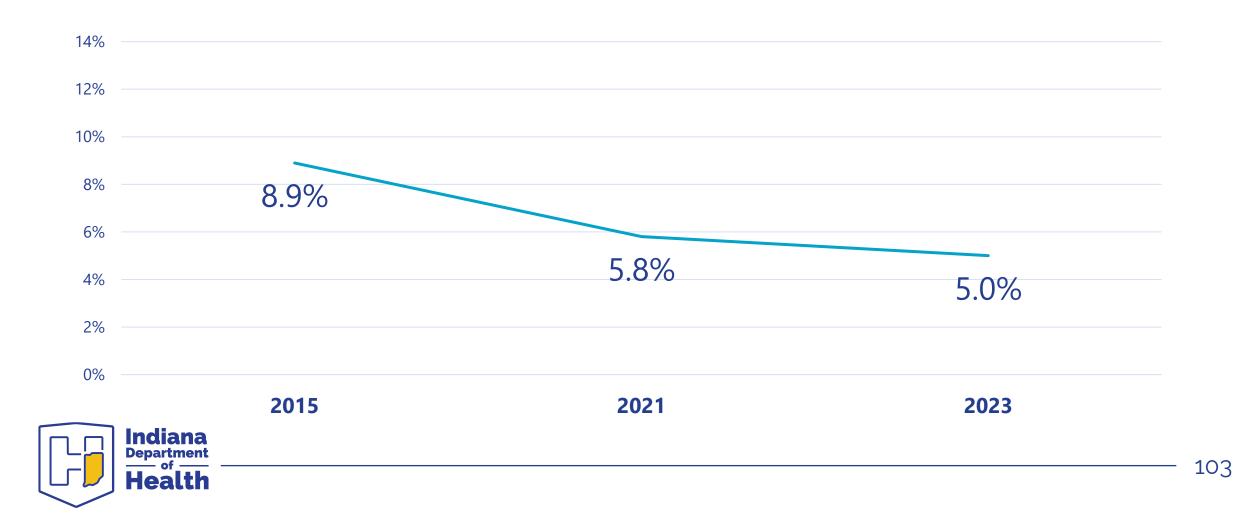




Percentage of students who were ever tested for sexually transmitted diseases (STD) (other than HIV)



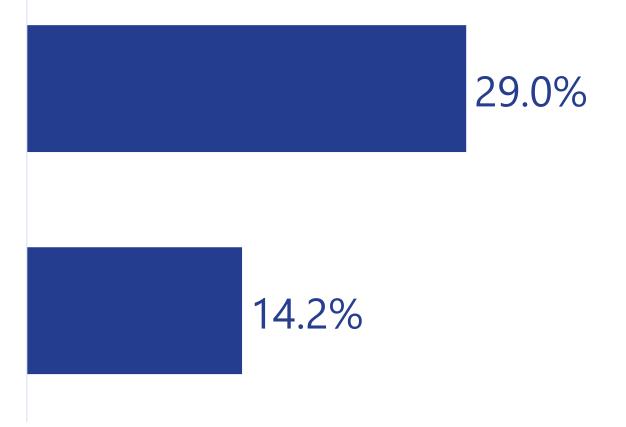
Percentage of students who were ever tested for human immunodeficiency virus (HIV) (not counting tests done if they donated blood)



Sexting – 2023 Results

Percentage of students who had received a text or an e-mail with a revealing or sexual photo of someone*

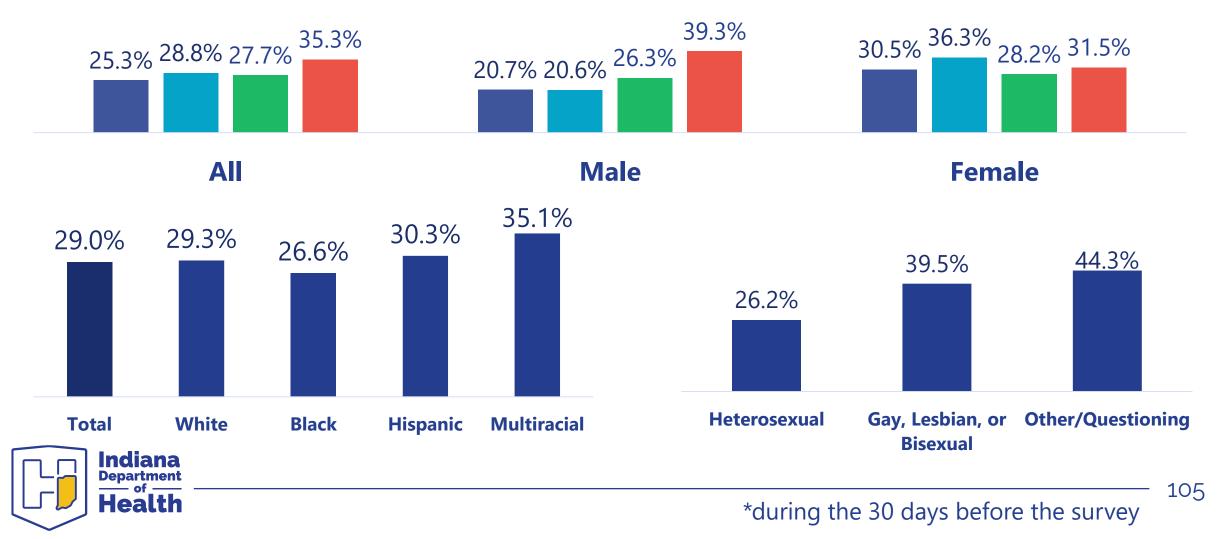
> Percentage of students who had texted, e-mailed, or posted electronically a revealing or sexual photo of themselves*



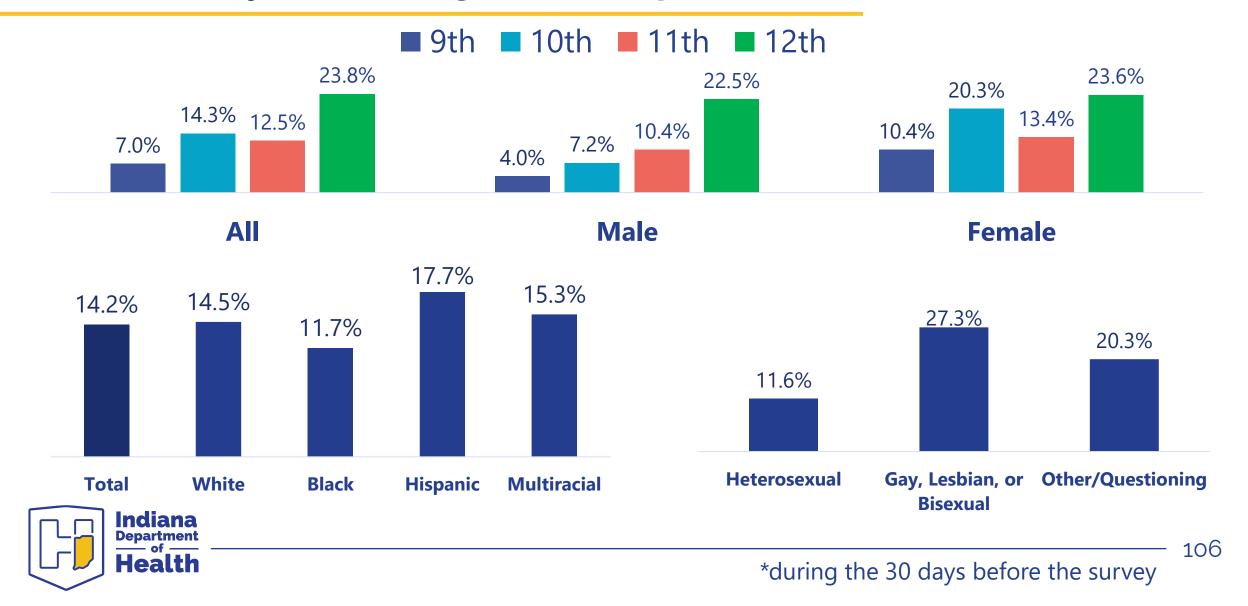


Percentage of students who had received a text or an email with a revealing or sexual photo of someone*

■ 9th ■ 10th ■ 11th ■ 12th



Percentage of students who had texted, e-mailed, or posted electronically a revealing or sexual photo of themselves*

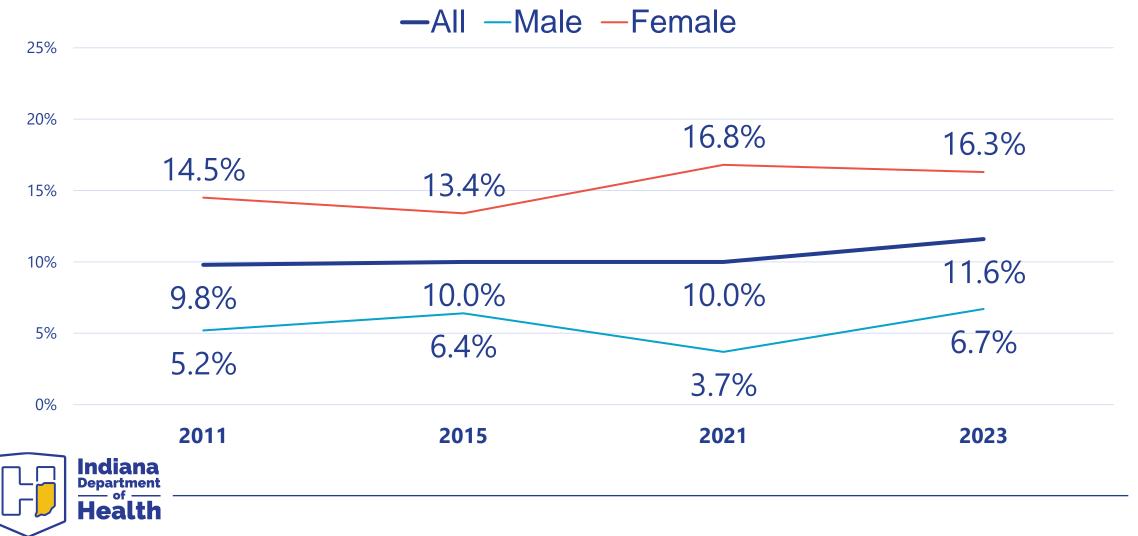


Dating & Sexual Violence – 2023 Results

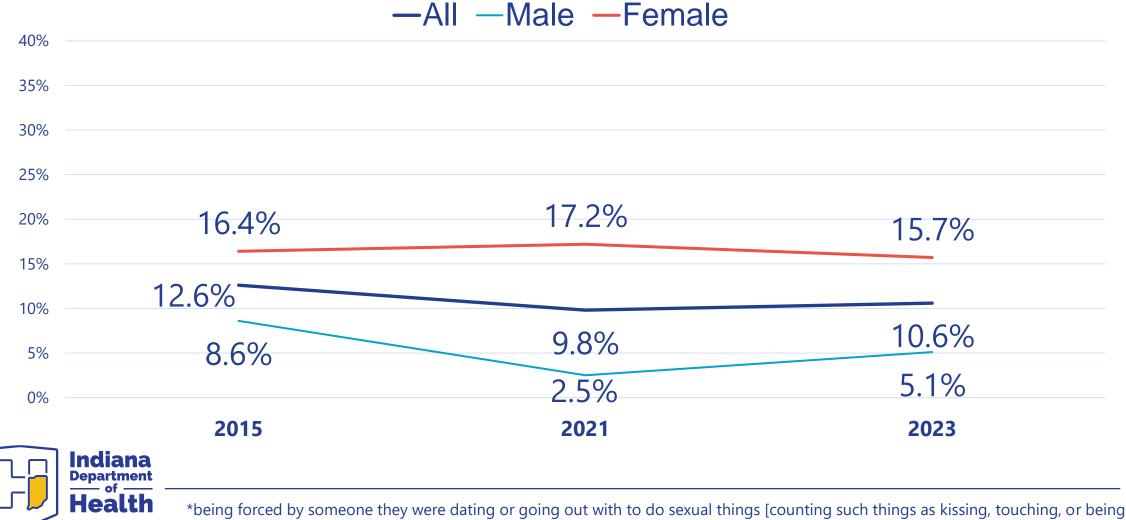


**during the 12 months before the survey

Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)



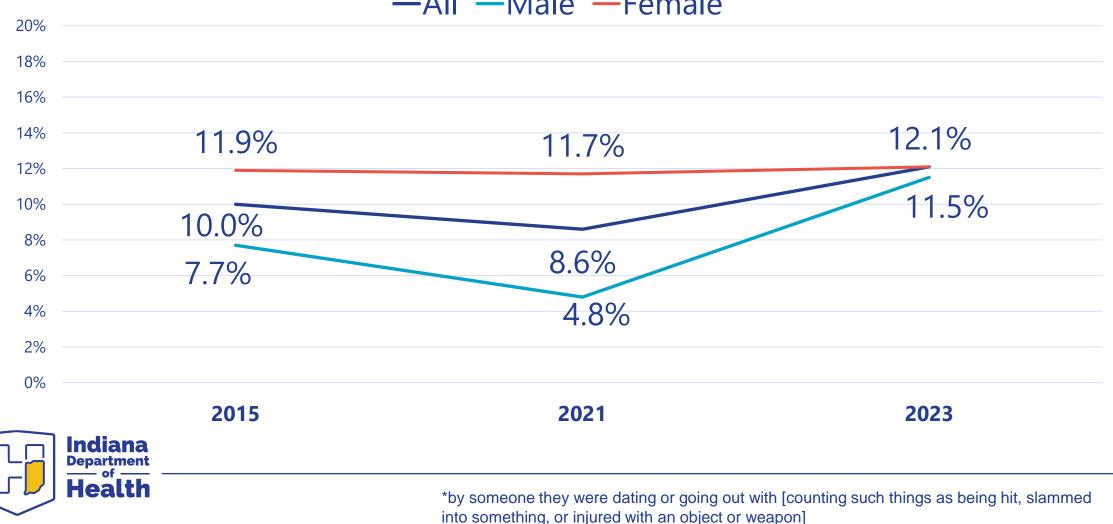
Percentage of students who experienced sexual dating violence^{*} that they did not want to do, one or more times during the 12 months before the survey



physically forced to have sexual intercourse]; students who dated or went out with someone during the 12 months before the survey)

Percentage of students who experienced physical dating violence

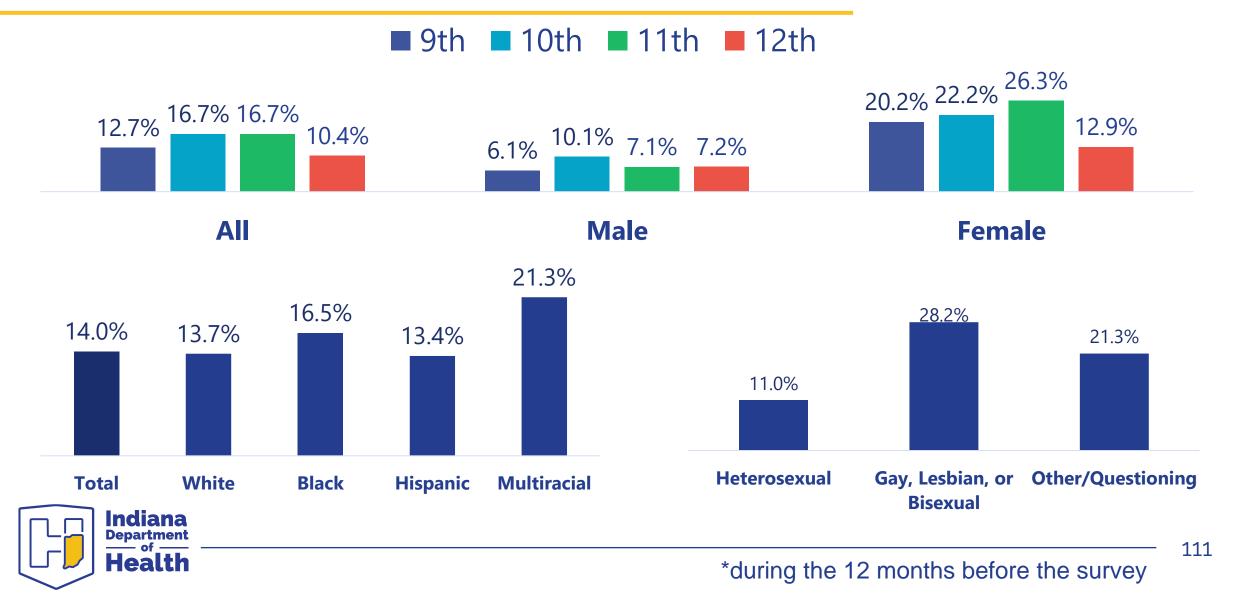
(being physically hurt on purpose^{*} one or more times during the 12 months before the survey)



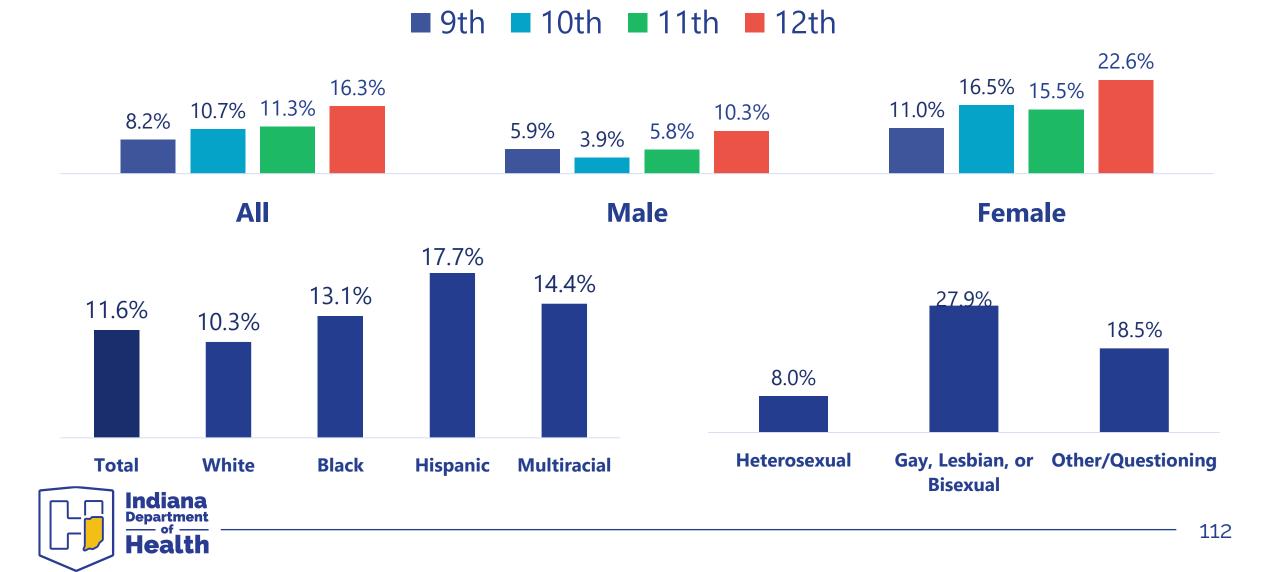
110

-All -Male -Female

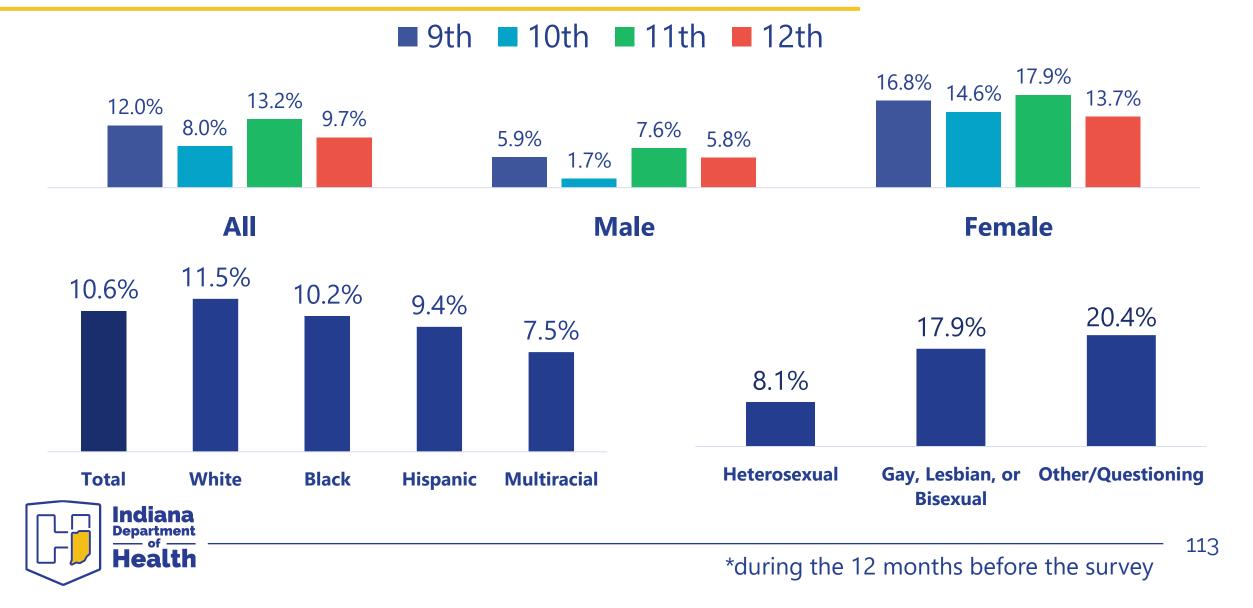
Percentage of students who experienced sexual violence (being forced by anyone to do sexual things)*



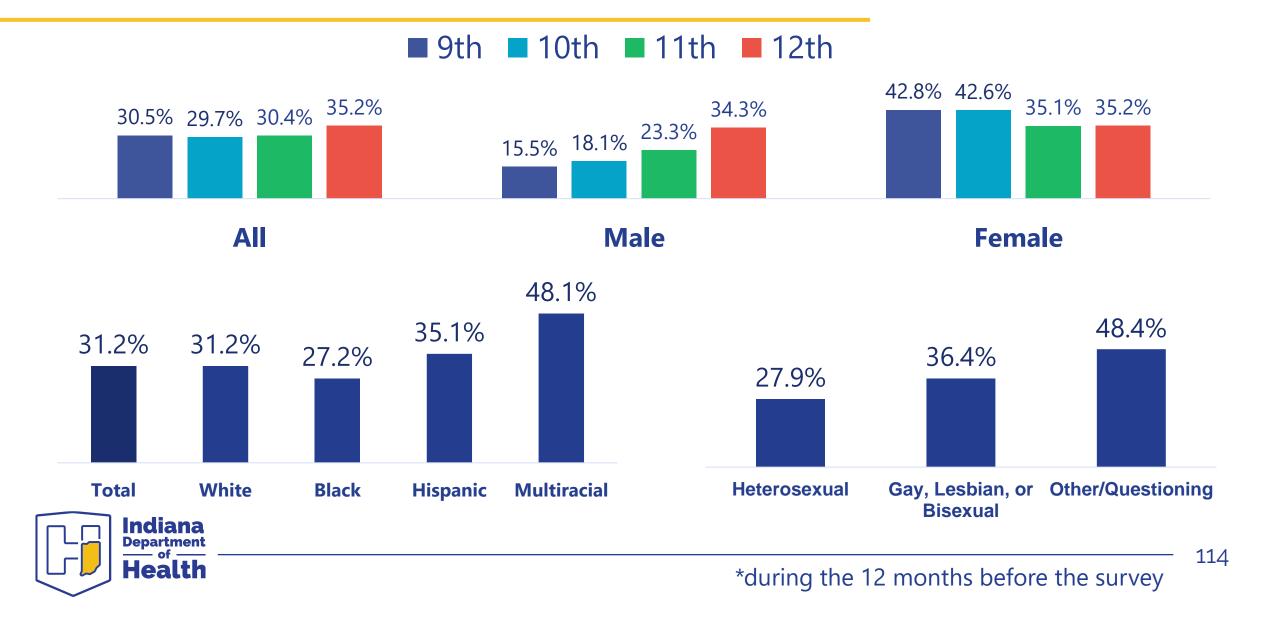
Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)



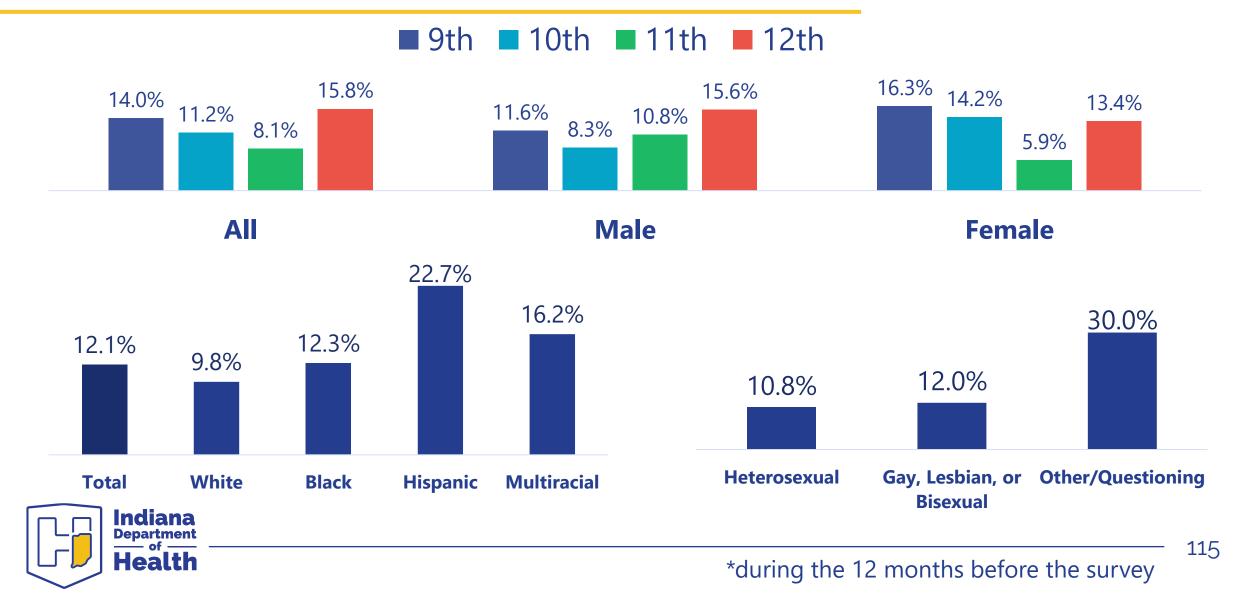
Percentage of students who experienced sexual dating violence (being forced by someone they were dating to do sexual things)*



Percentage of students who reported someone they were dating or going out with purposely tried to control them or emotionally hurt them one or more times^{**}



Percentage of students who experienced physical dating violence (being physically hurt by someone they were dating)*



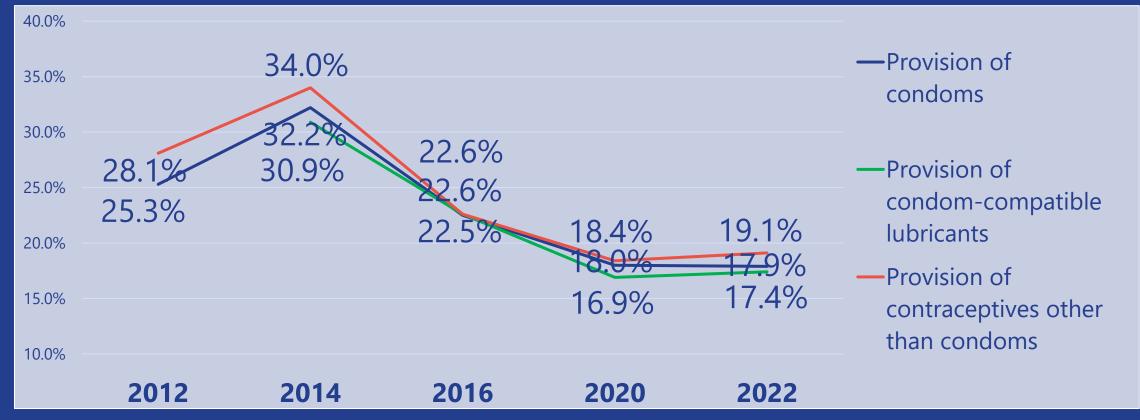
School Health Profiles – Principal Survey School does not provide any sexual or reproductive health services





School Health Profiles – Principal Survey

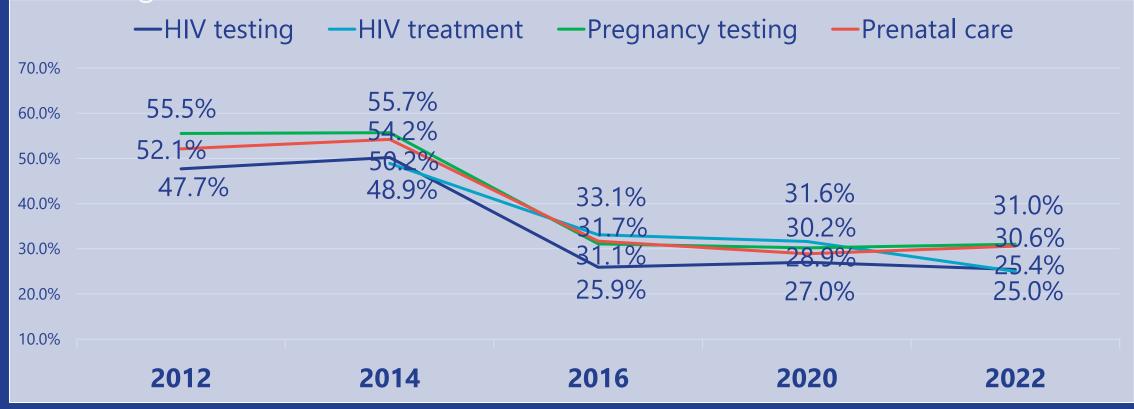
Percentage of schools that provide students with referrals to any organizations or health care professionals not on school property for the following services:





School Health Profiles – Principal Survey

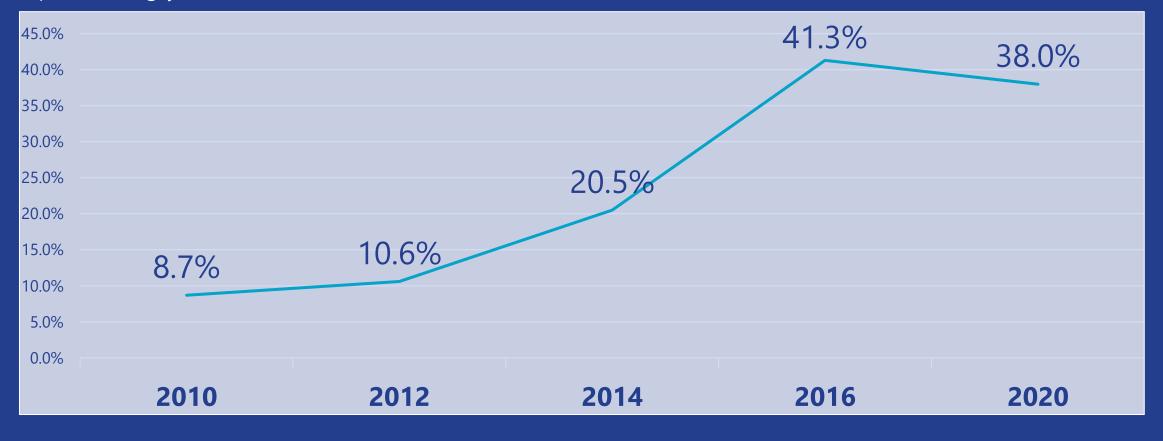
Percentage of schools that provide students with referrals to any organizations or health care professionals not on school property for the following services





School Health Profiles – Teacher Survey

Percentage of schools that provide curricula or supplementary materials that include HIV, STD, or pregnancy prevention information that is relevant to lesbian, gay, bisexual, transgender, and questioning youth





Percentage of students who reported their parents or other adults in their family talked with them about what they expect them to do or not to do when it comes to sex



Mental Health



School Health Profiles – Teacher Survey

Percentage of schools in which the lead health education teacher received professional development on emotional and mental health during the two years before the survey:





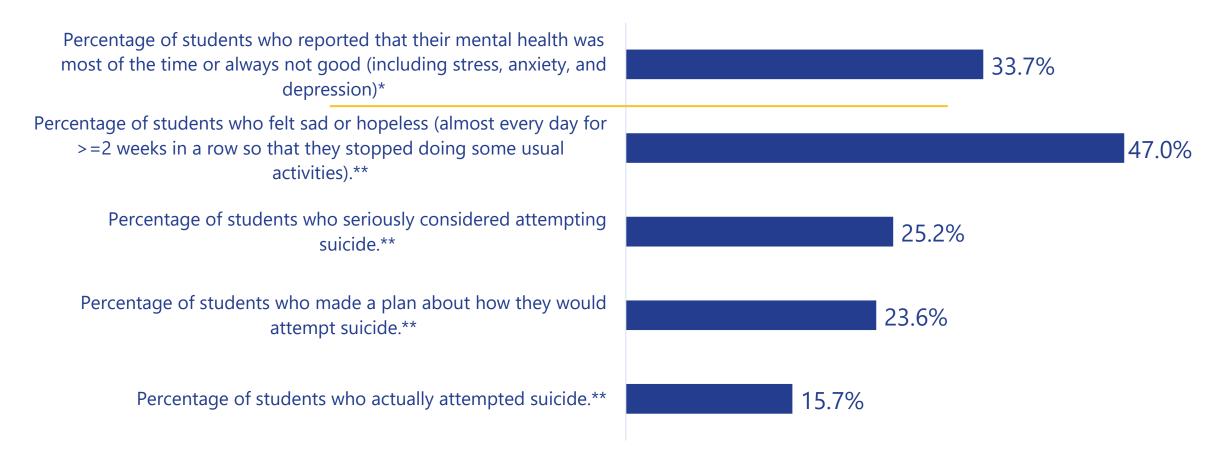
School Health Profiles – Teacher Survey

Percentage of schools in which teachers tried to increase student knowledge on suicide prevention in a required course in any of grades 6 through 12 during the current school year:





Stress, Anxiety, Depression & Suicide – 2023 Results

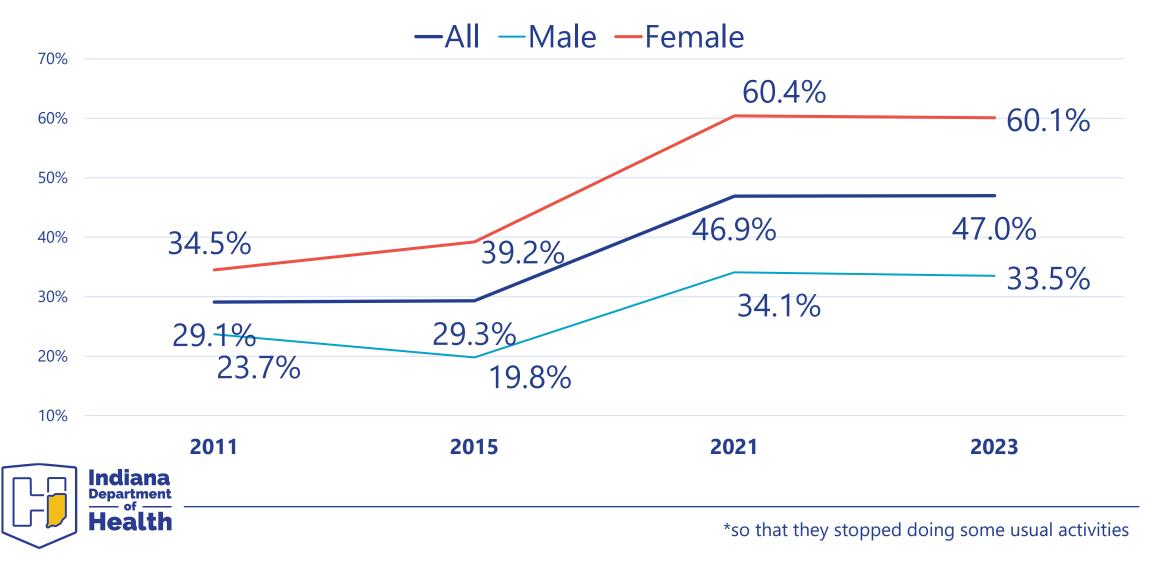




*during the 30 days before the survey **during the 12 months before the survey

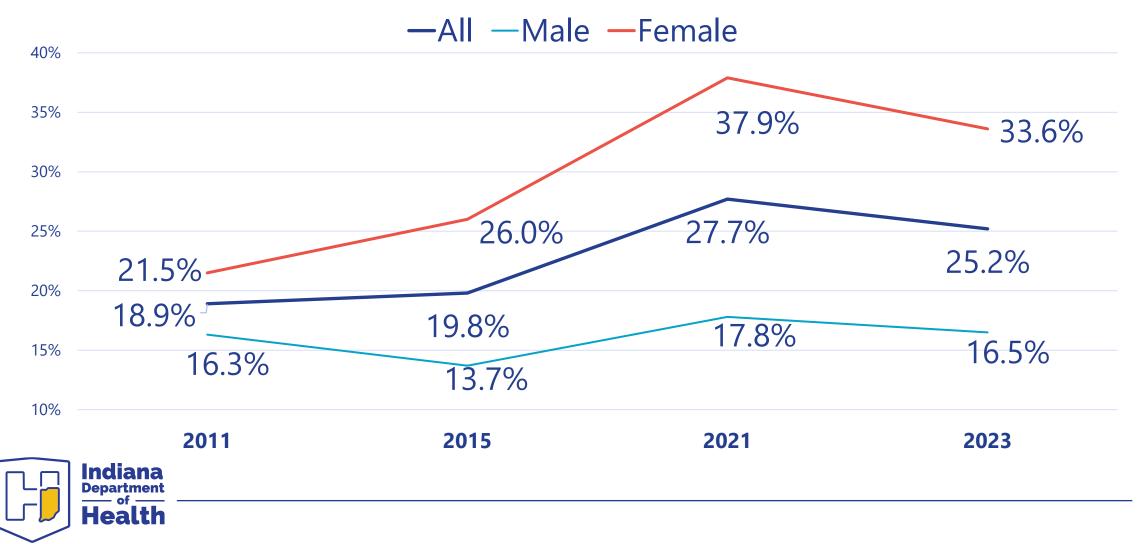
Percentage of students who felt sad or hopeless

(almost every day for >=2 weeks in a row* during the 12 months before the survey)

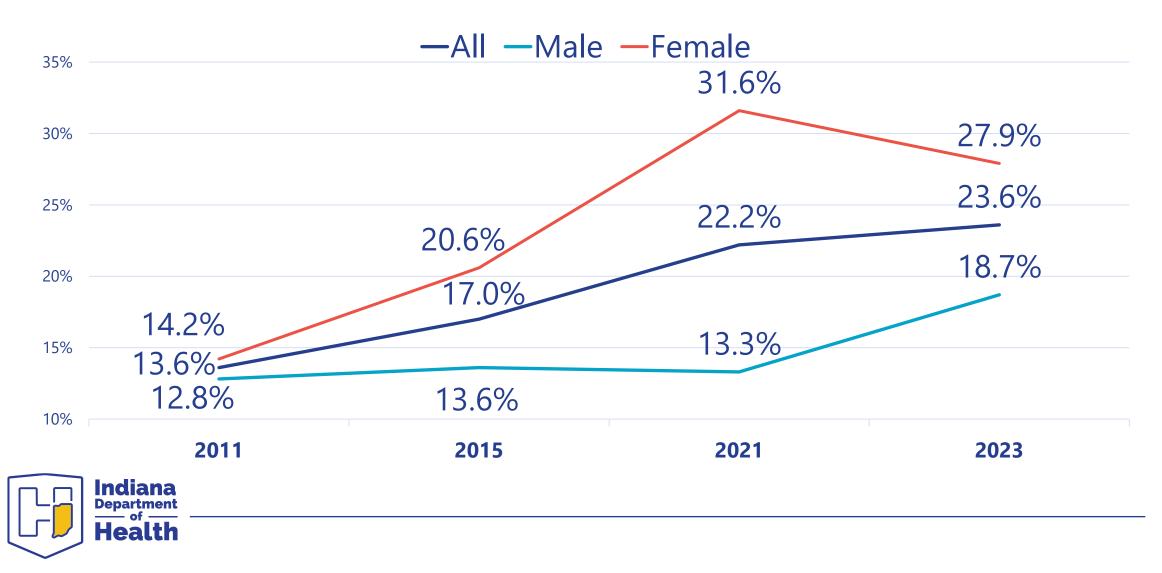


Percentage of students who seriously considered attempting suicide

(during the 12 months before the survey)

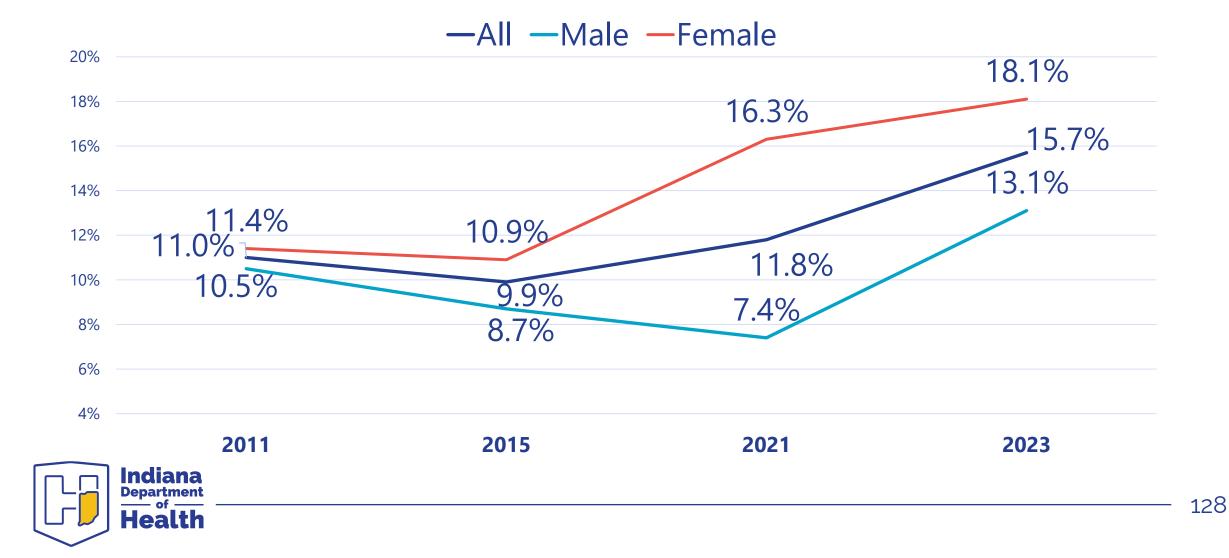


Percentage of students who made a plan about how they would attempt suicide (during the 12 months before the survey)

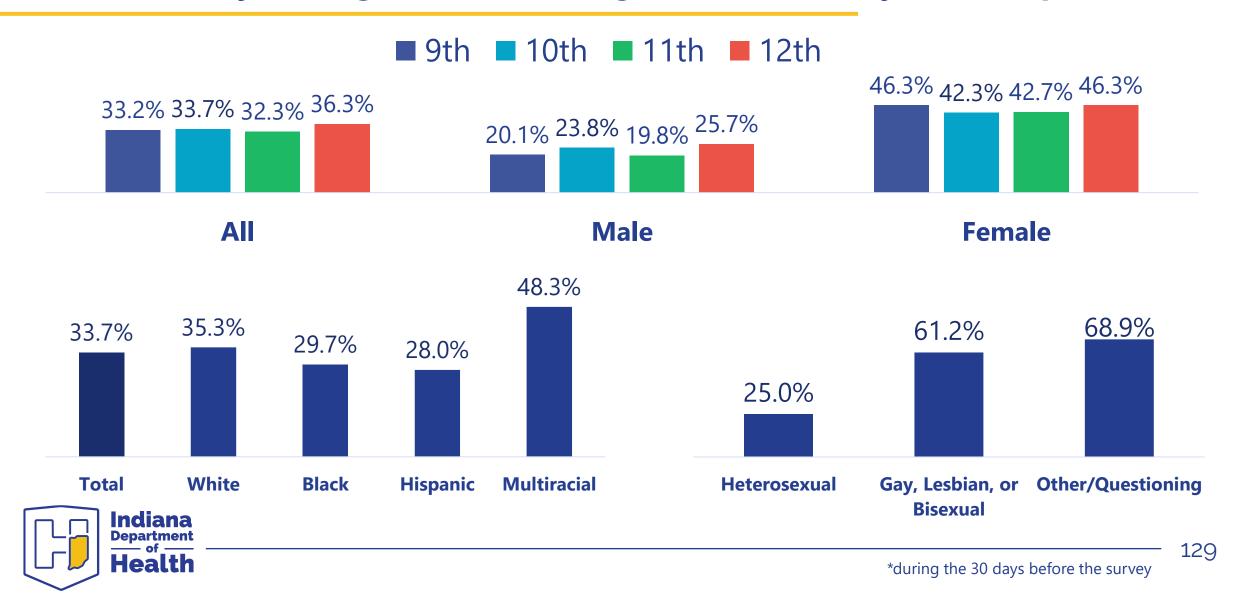


Percentage of students who actually attempted suicide

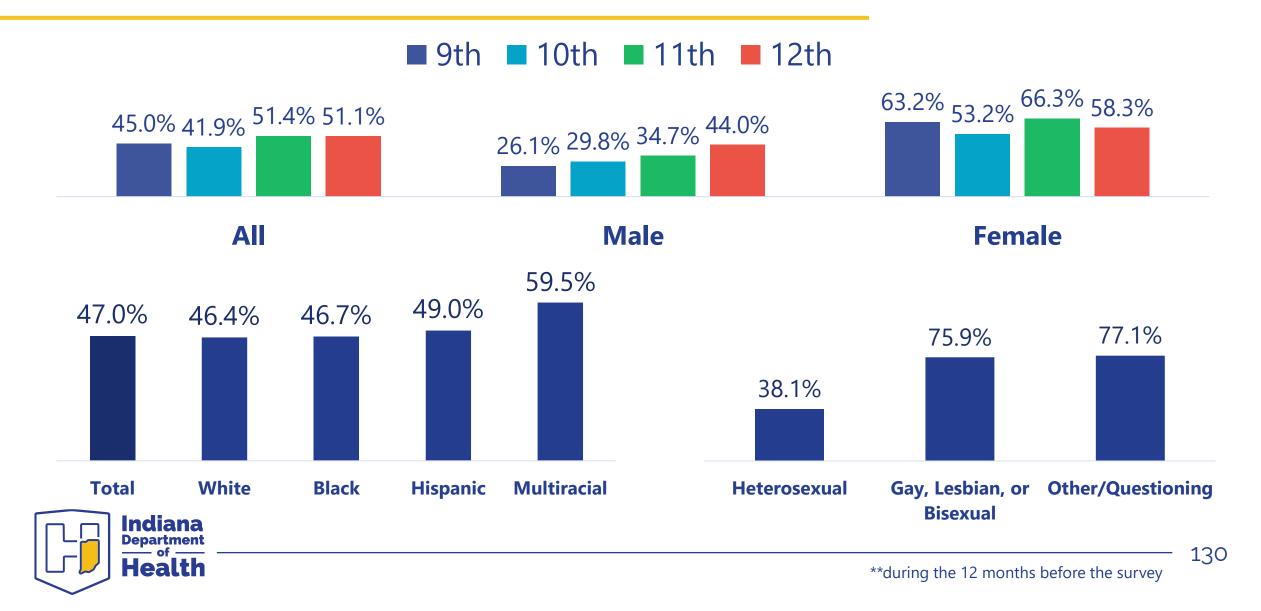
(one or more times during the 12 months before the survey)



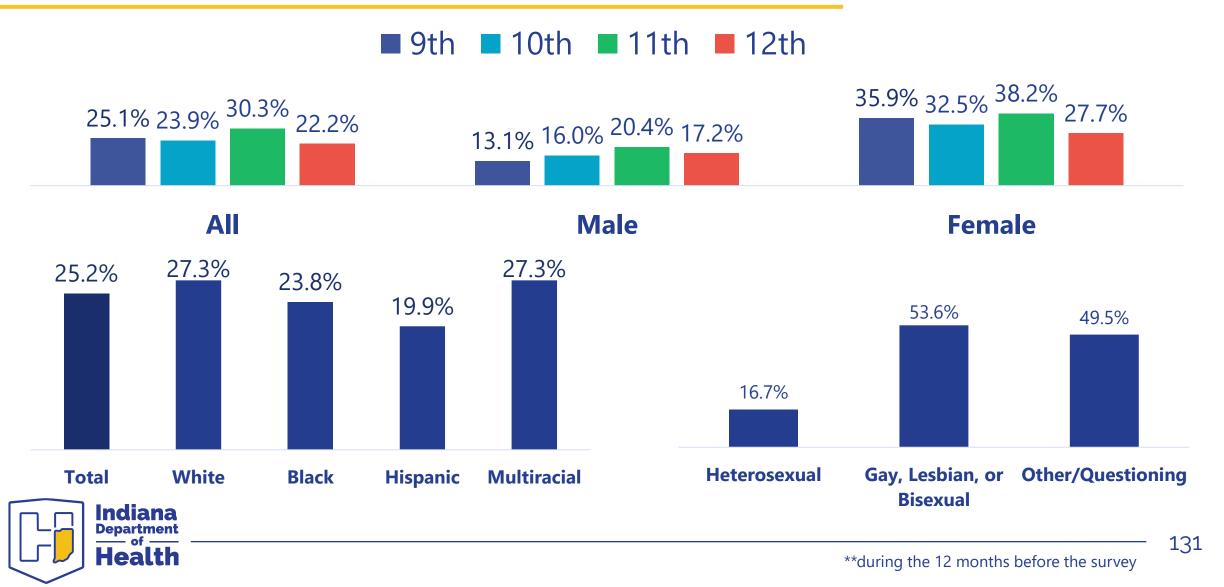
Percentage of students that their mental health was most of the time or always not good (Including stress, anxiety, and depression)*



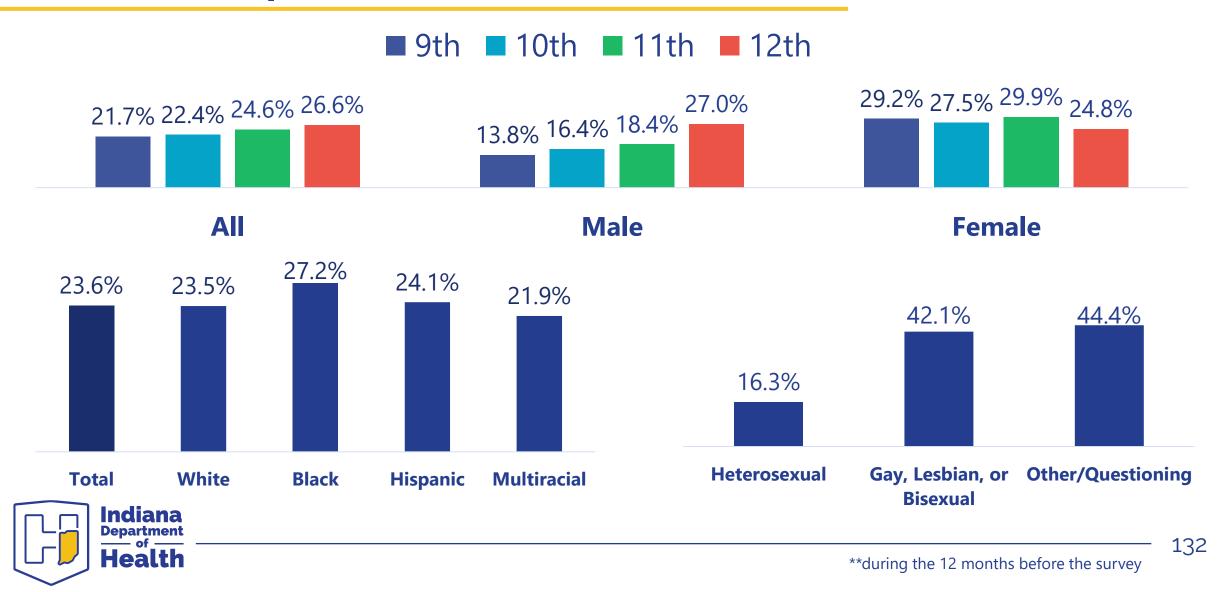
Percentage of students who felt sad or hopeless (almost every day for >=2 weeks in a row so that they stopped doing some usual activities).**



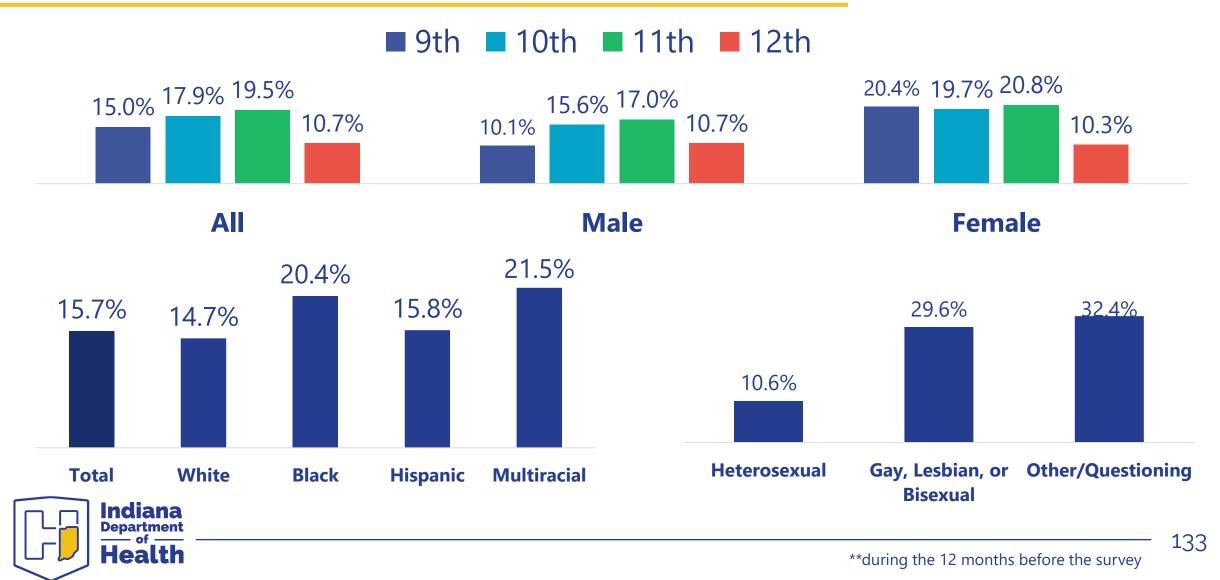
Percentage of students who seriously considered attempting suicide.**



Percentage of students who made a plan about how they would attempt suicide.**



Percentage of students who actually attempted suicide.**



Adverse Childhood Experiences



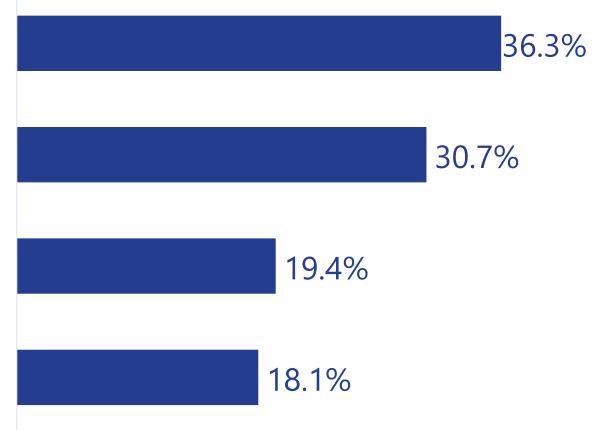
Adverse Childhood Experiences (ACEs) – 2023 Results

Percentage of students who ever lived with someone who was depressed, mentally ill, or suicidal

Percentage of students who ever lived with someone who was having a problem with alcohol or drug use

Percentage of students who ever saw someone get physically attacked, beaten, stabbed, or shot in their neighborhood

Percentage of students who ever been separated from a parent or guardian because they went to jail, prison, or a detention center





*Includes vocational training, military service, community college, or 4-year college)

Adult Violence – 2023 Results

Percentage of students who reported that a parent or other adult in their life most of the time or always swore at them, insulted them, or put them down one or more times**

Percentage of students who reported that a parent or other adult in their life most of the time or always swore at them, insulted them, or put them down*

Percentage of students who reported that an adult or person at least 5 years older than them made them do sexual things they did not want to do

Percentage of students who reported that their parents or other adults in their home most of the time or always slapped, hit, kicked, punched, or beat each other up*

Percentage of students who reported that a parent or other adult in their life most of the time or always hit, beat, kicked or physically hurt them in any way one or more times**

Percentage of students who reported that a parent or other adult in their life most of the time or always hit, beat, kicked or physically hurt them in any way*

49.3% 12.7% 8.3% 3.4% 11.6% 2.4%



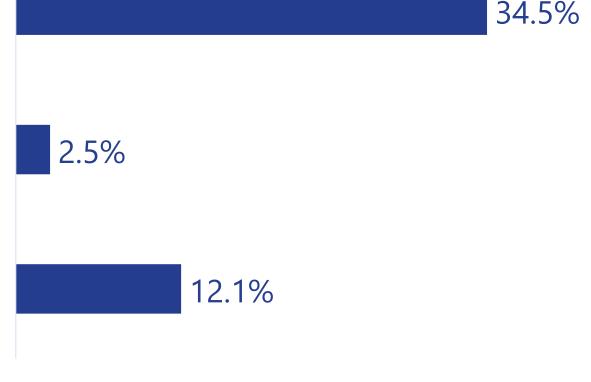
*during their life **during the 12 months before the survey

Unfair treatment– 2023 Results

Percentage of students who felt that they were ever treated badly or unfairly because of their race or ethnicity*

Percentage of students who reported they most of the time or always saw their parents or other family members treated badly or unfairly because of the color of their skin, language, accent, or because they are from a different country or culture*

Percentage of students who felt that they were ever treated badly or unfairly because they are lesbian, bisexual, transgender, or questioning



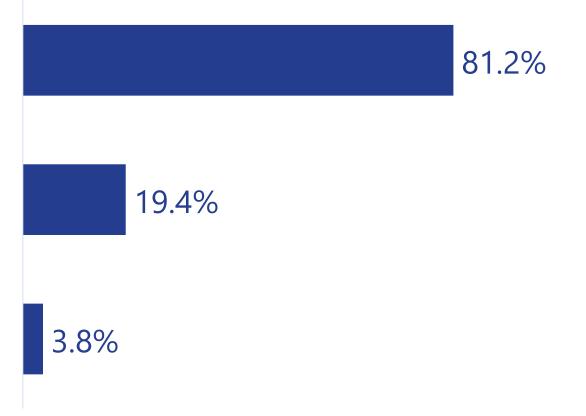


Home Life & Neighborhood Environment – 2023 Results

Percentage of students who most of the time or always feel safe and secure in their neighborhood

Percentage of students who ever saw someone get physically attacked, beaten, stabbed, or shot in their neighborhood

Percentage of students who experienced unstable housing*





Extracurricular Activities



Extracurricular Activities – 2023 Results

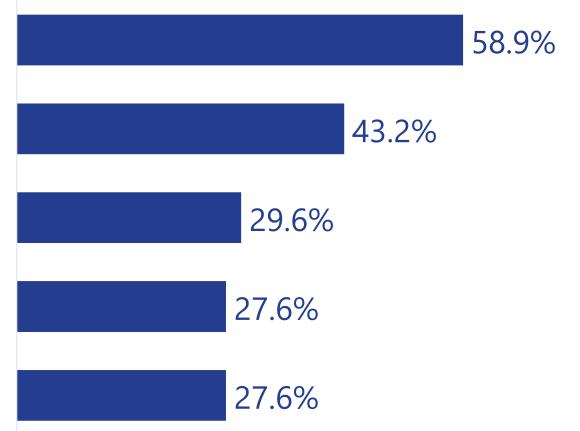
Percentage of students who participate in school activities one or more hours (e.g., sports, band, drama, or clubs)*

Percentage of students who work one or more hours at a paying job outside their home*

Percentage of students who participate in activities run by community groups for one or more hours*

Percentage of students who performed any organized community service as a non-paid volunteer one or more times**

Percentage of students who worked at a paying job to help their family pay bills or buy food***





*In an average school week **During the 30 days prior to the survey ***During the 12 months before the survey

Post-Secondary Plans – 2023 Results

Percentage of students who reported they will most likely attend a 4-year college after they complete high school





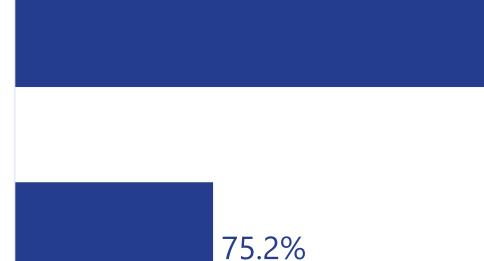
Phone Usage



Screen Time

Percentage of students who spent 3 or more hours per day on screen time (not counting time spent doing schoolwork, on an average school day)

Percentage of students who use social media several times a day





76.3%

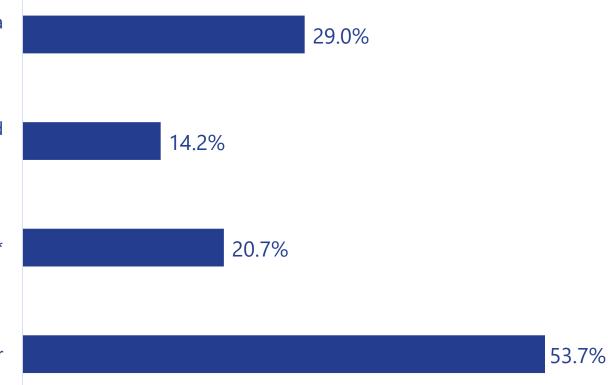
Harmful Online-Related Activities

Percentage of students who had received a text or an e-mail with a revealing or sexual photo of someone*

Percentage of students who had texted, e-mailed, or posted electronically a revealing or sexual photo of themselves*

Percentage of students who were electronically bullied*

Percentage of students who used the Internet or apps on their cell phone while driving a car or other vehicle (not counting using their cell phone to get driving direction or to determine their location*





*during the 30 days before the survey **12 months before the survey

Parent & Social Support

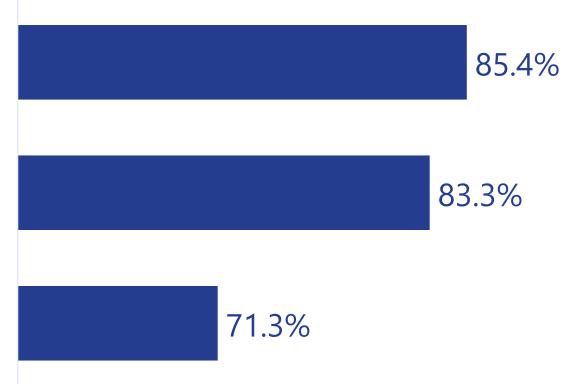


Parental Support – 2023 Results

Percentage of students who reported that an adult in their household most of the time or always tried to make sure their basic needs were met

Percentage of students who reported that their parents or other adults in their family most of the time or always know where they are going or with whom they will be

Percentage of students who strongly agree or agree that their parents or other adults in their family have clear rules and consequences for their behavior



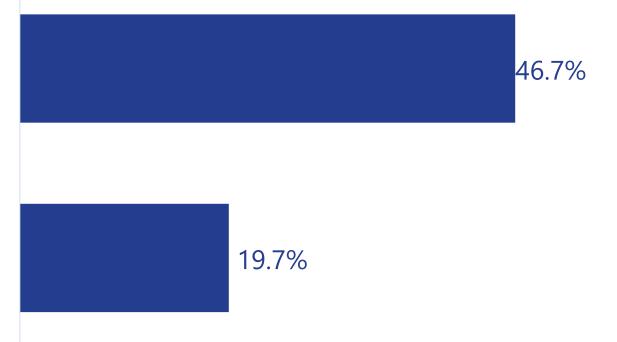


*during the 30 days before the survey **during their life

Parental Support – 2023 Results

Percentage of students who most of the time or always feel that they are able to talk to an adult in their family or another caring adult about their feelings **

Percentage of students who would most likely talk with their parent or other adult family member about their feelings (among students who report having felt sad, empty, hopeless, angry, or anxious)





*during the 30 days before the survey **during their life

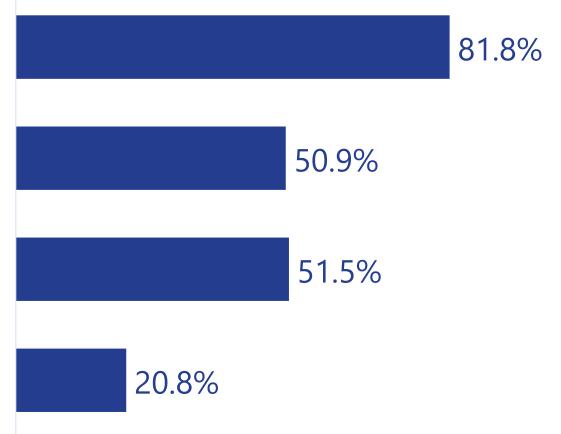
Social Support – 2023 Results

Percentage of students who would feel comfortable seeking help from one or more adults besides their parents if they had an important question affecting their life

Percentage of students who strongly agree or agree that they feel close to people at their school

Percentage of students who most of the time or always feel that they are able to talk to a friend about their feelings

Percentage of students who most of the time or always get the kind of help they need*

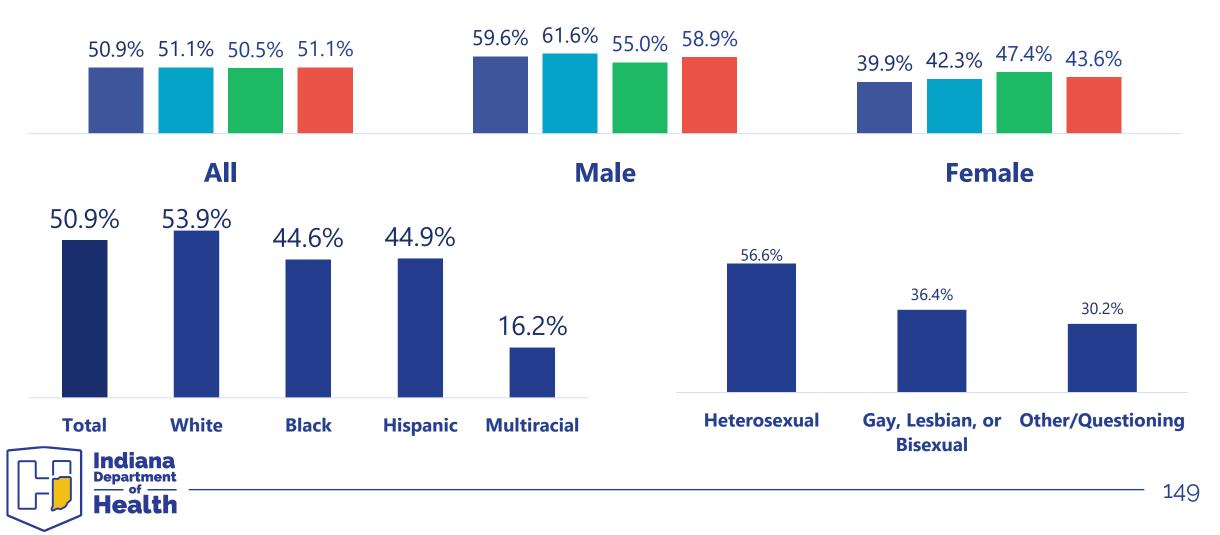




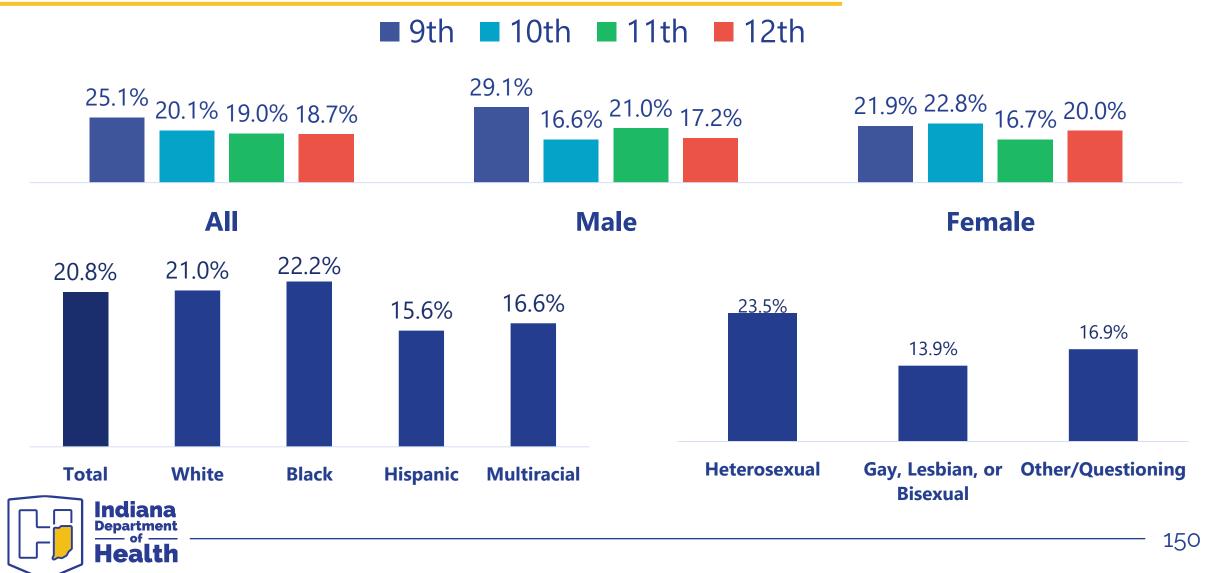
*among students who report having felt sad, empty, hopeless, angry, or anxious

Percentage of students who strongly agree that they feel close to people at their school

■ 9th ■ 10th ■ 11th ■ 12th



Percentage of students who most of the time or always get the kind of help they need (among students who report having felt sad, empty, hopeless, angry, or anxious



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This presentation was prepared by Dan Phan, MCH Surveillance Epidemiologist

