



# Umtuning le Hnuk-dinh caah Herhmi pawl Zohfel

## Umtuning

- ✓ Hnulei ding tein a nu he naih in nau-no cu umter.
- ✓ Nau-no tanglei bawmtu ah chantling hmang.
- ✓ Hnakhaw phen in a lu kha cawi, nau-no lu ah tlawm tein samh bu in.
- ✓ Hnuk-par le nau-no hnar ngitter



## Hnuk-dinh zohfel

- ✓ A kaa pawngkam zoh, a kaa kha 140° in aan.
- ✓ Fahnak, a doh asiloah a hniarmi hnuk-par a um lo kha fianter.
- ✓ A kha-be nih hnuk a tongh ko ti kha zohfel, cungtang hnuk-dinh.

## Hnuk-dinh ding hal

- ✓ Nau-no kaa kha na kutdong in siamremh, na hnuk tam-u cu nau-no sinah pek ding.
- ✓ Eidin tlaih bantuk hmang (hnuk velchum kha nem tein sur).
- ✓ Na hnuk-par kha nau-no hnar le a kaa par ah tuah.
- ✓ Nau-no tanglei kaa kha na hnuk ah chia, hnuk-par tanglei lehmah 1 hrawng.
- ✓ Nau-no cu hnuk ah naihter, hnuk kha nau-no ah si loin, rianrang in, a kha-be ah hmasa in.



## Hnuk thlen kha zohfel

- ✓ A kaumi a kha cawlcangh kha zoh.
- ✓ Pehtlaih a dawp kha zoh.
- ✓ A dolh kha ngai (hnuk a chuah dih hnu in).

