As a parent, you do a lot of things right. Make safe sleep one of them.

Alone, on their Back, in a Crib.

Every nap, every night, every time.

Indiana Department of Health

Indiana SAFE SLEEP PROGRAM
SafeSleep.isdh.in.gov

Safe sleep saves lives.

Sometimes, getting your baby to sleep can be hard.

But safe sleep is worth it.

Let's help more babies reach their first birthdays.

SAFE SLEEP FOR BABY:

Alone, on their Back, in a Crib.

Every nap, every night, every time.

Scan to learn more about safe sleep for babies.