



Babies don't need  
pillows, blankets,  
or toys in their cribs.

Alone, on their Back, in a Crib.

Every nap, every night, every time.



Indiana  
Department  
of  
Health



Indiana  
SAFE SLEEP PROGRAM  
[SafeSleep.isdh.in.gov](http://SafeSleep.isdh.in.gov)

# Safe sleep saves lives.



Soft objects can suffocate  
a sleeping baby.

Keep your baby safe by  
keeping the crib empty.

SAFE SLEEP FOR BABY:

Alone, on their Back, in a Crib.

Every nap, every night, every time.

Scan to learn more about  
safe sleep for babies.

