





Our Goal for This Book

It is the goal of Indiana Disability Rights (IDR) to provide youth in treatment with information about their rights. Our intent is to provide you with a fun, creative, and useful resource to learn self-advocacy skills.

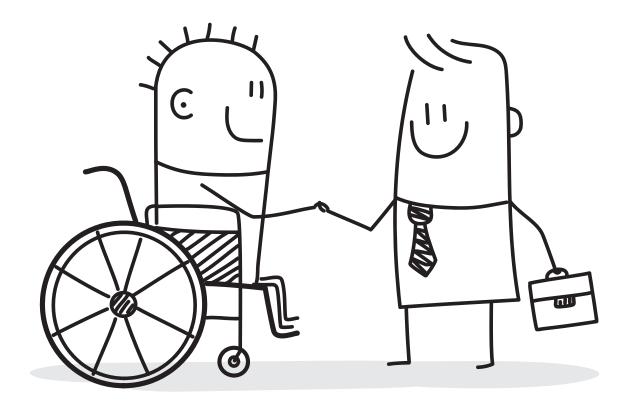
The information contained in this book does not include all rights of youths in treatment.

If you have questions about your rights, you may contact Indiana Disability Rights for additional information. The phone number is 1.800.622.4845.



Important Information

Some rights described in this book are conditional. A conditional right can be limited or taken away by your treatment team if certain restriction criteria are met. Before a conditional right can be limited or taken away, the restriction criteria must be met and documented in your treatment plan. Conditional rights are noted throughout the book by an asterisk (*) and noted in Appendix A.



IDR Mission

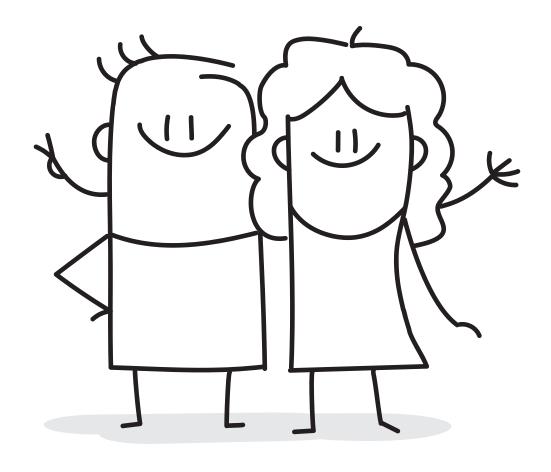
To uphold, promote, and advance the rights of individuals with disabilities through empowerment and advocacy to achieve a more equitable society.

IDR Vision

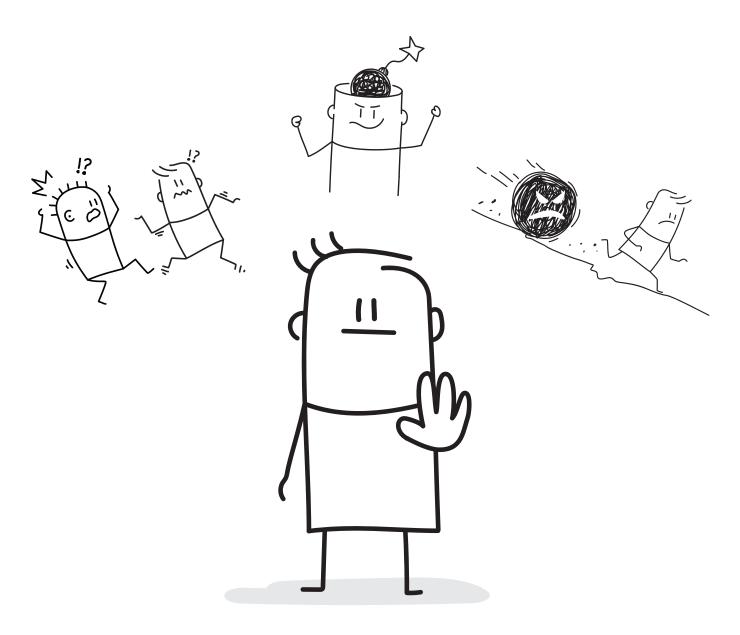
To live in a fully accessible, equitable society where people with disabilities are free from abuse and neglect, are free to be effective advocates, and are free to fully exercise their civil, legal, and human rights, ensuring full inclusion.



This book belongs to



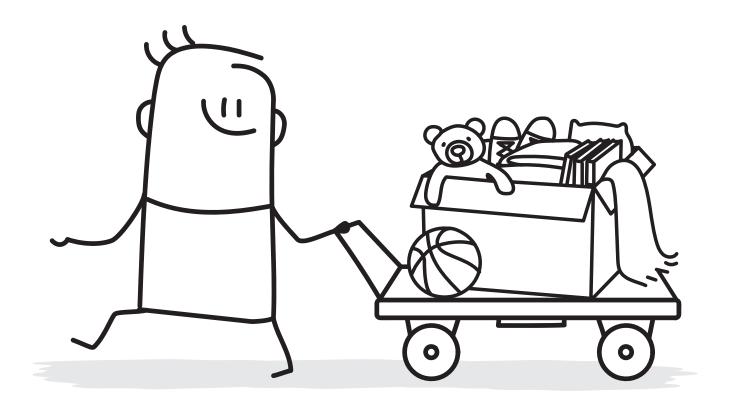
You have the right to be treated kindly and humanely.



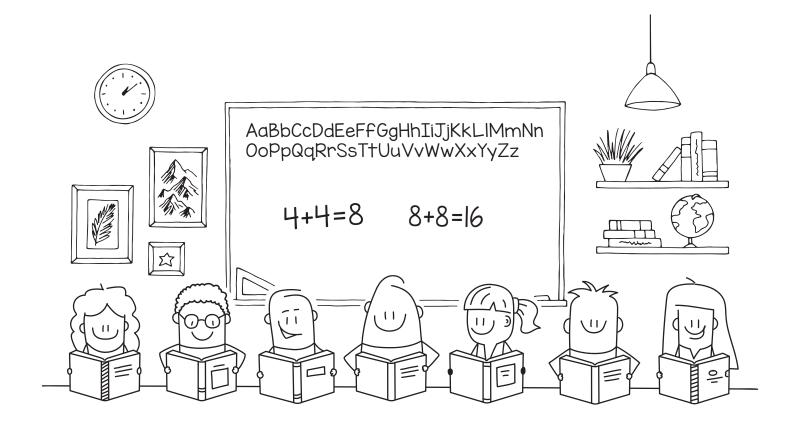
You have the right to be protected from harm and to be free from abuse and neglect.



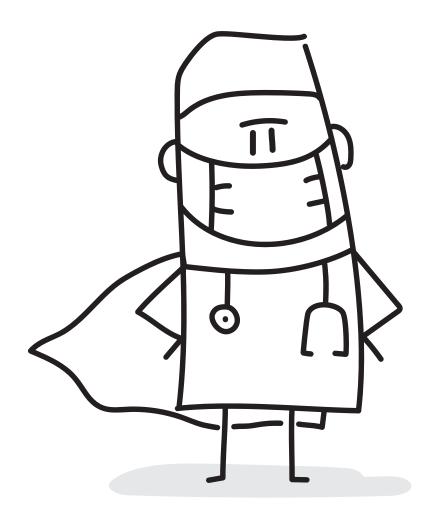
You have the right to wear your own clothes, unless you are unsafe with them.*



You have the right to keep your personal belongings, unless you are unsafe with them.*



You have the right to receive an education.



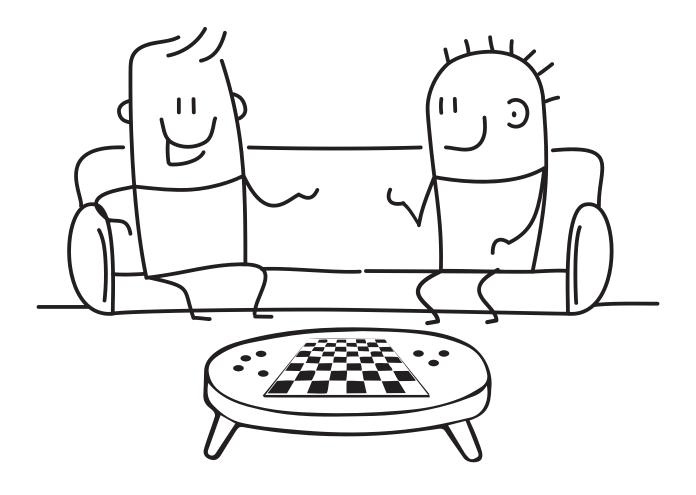
You have the right to be treated by a doctor or a nurse at the facility.



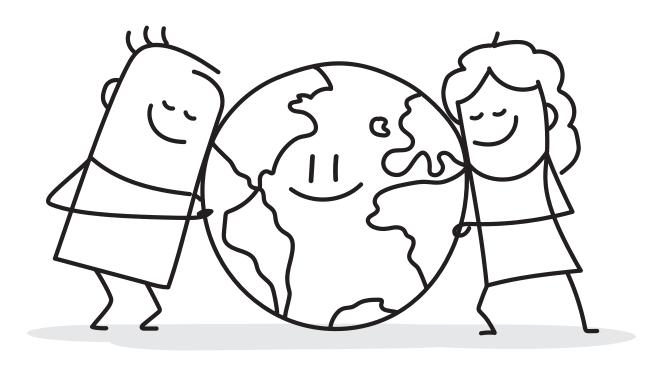
You have the right to make and receive phone calls to people on your call list.*



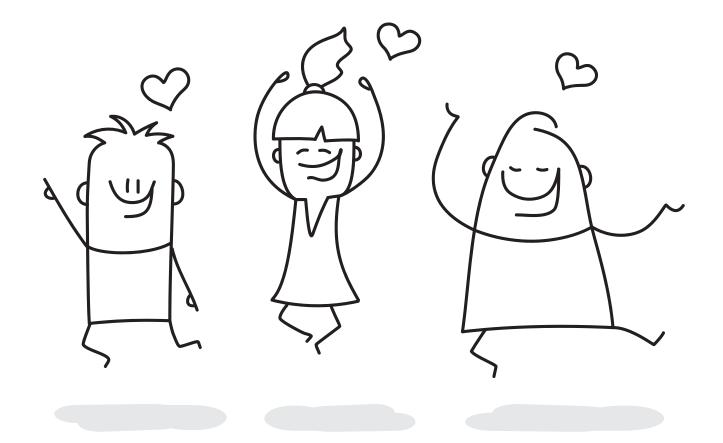
You have the right to send and receive letters and cards.*



You have the right to have visitors during visiting hours and at other times arranged by your treatment team.*



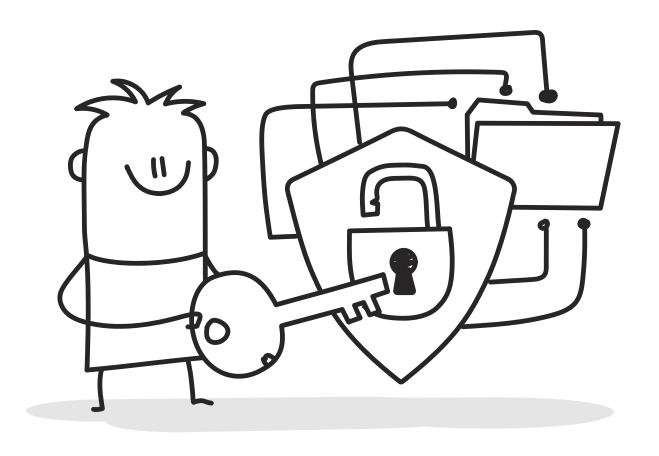
You have the right to practice your religion.



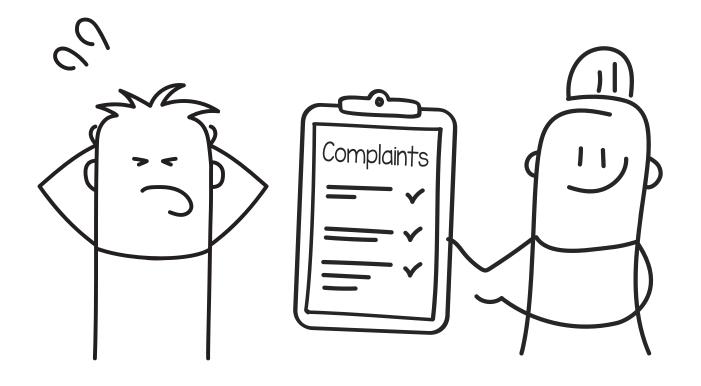
You have the right to be free from unlawful discrimination.



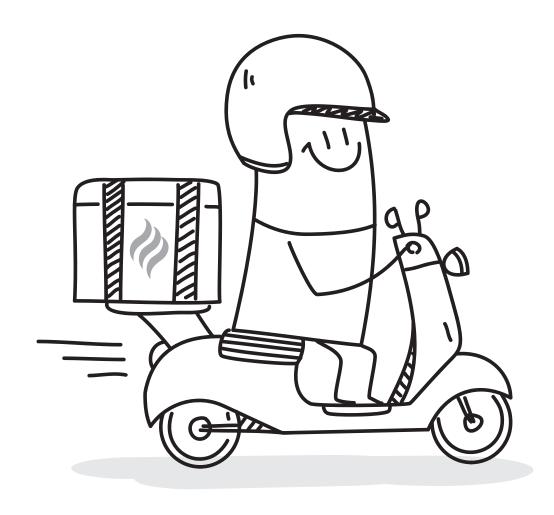
You have the right to know what is in your treatment plan and to help develop it.



You have the right to have your medical information kept private from unauthorized people.



You have the right to ask questions and file complaints with the facility or case manager.

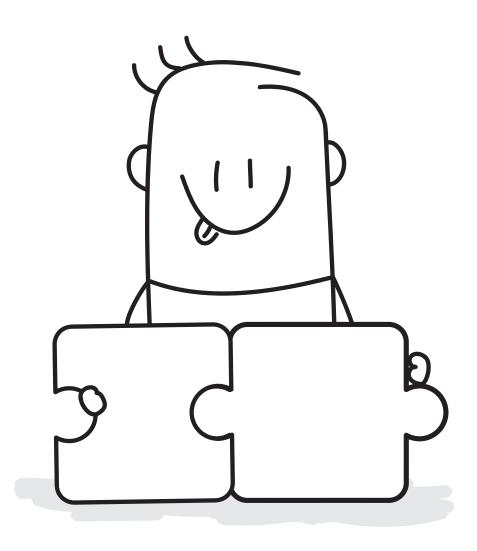


You have the right to contact Indiana Disability Rights if you feel like your rights have been violated.

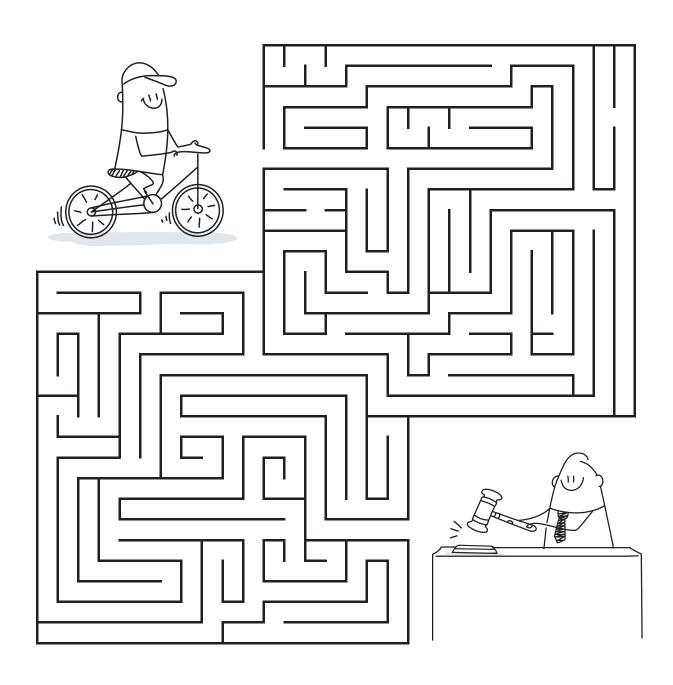


If you are involved in a legal case, you have the right to be notified about court documents and hearings.

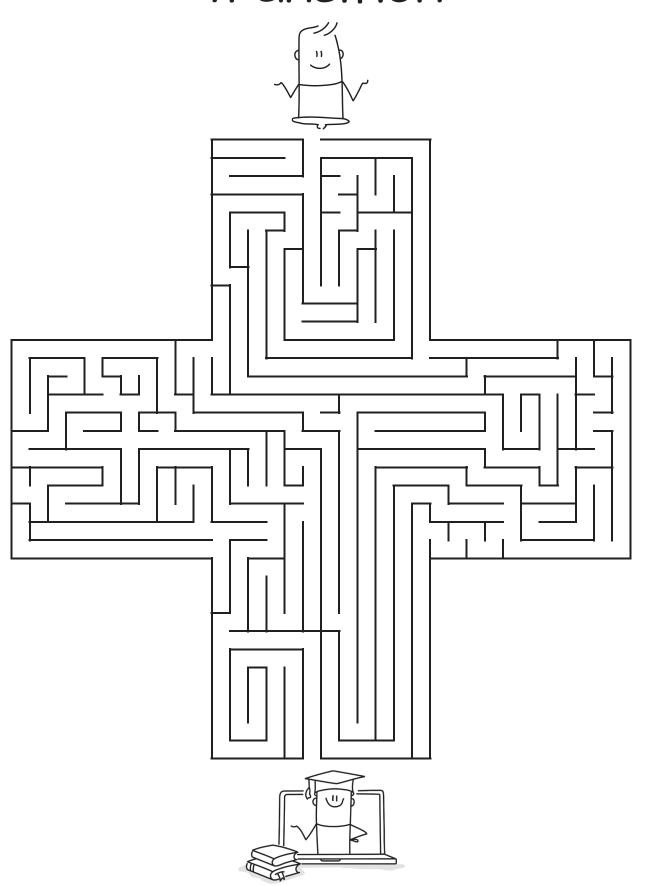
PUZZLES



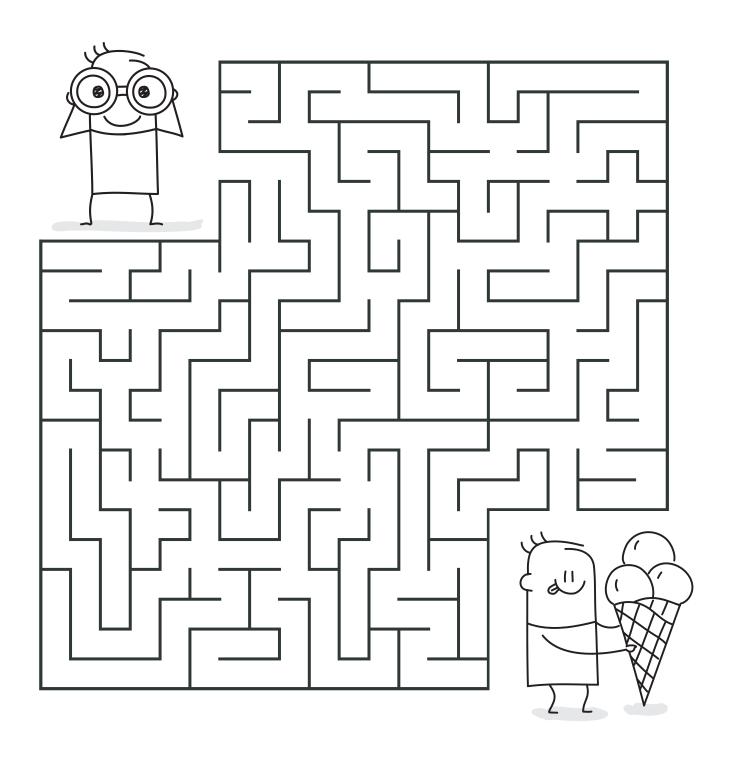
Going to Court



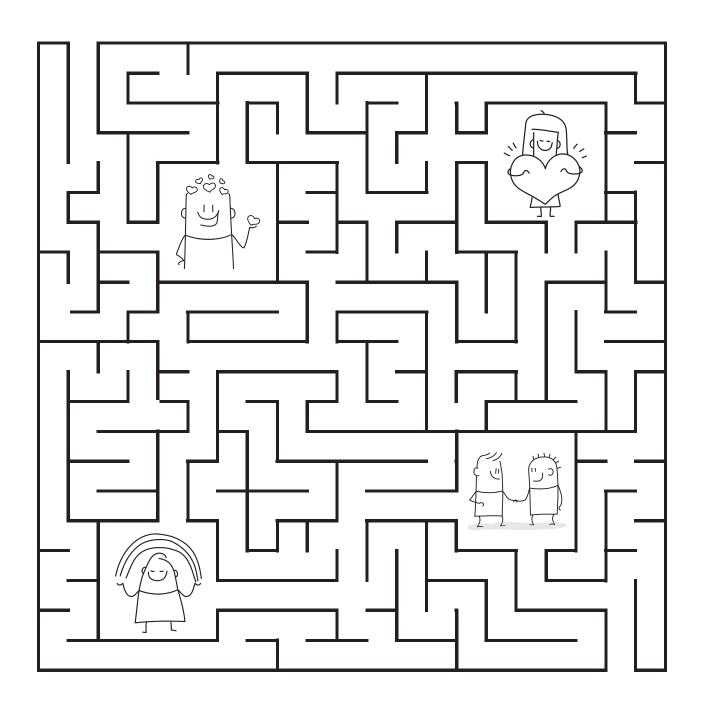
Transition



Good Stuff



Friends

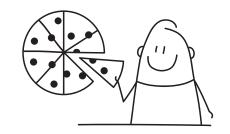




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I	Q	U	V	0	I	S	0	L	Α	R	Р	Q	W	Е
R	Q	D	G	Н	В	K	U	Т	W	S	W	S	N	L
В	Р	Q	S	Α	Е	С	Т	G	X	Α	J	L	L	L
Е	С	N	X	В	М	Н	S	R	R	F	V	S	K	0
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CHEERFUL BRIGHT HAPPY SMILE LIGHT **OUTSIDE RAYS** SKY **SOLAR SUNRISE** SUNSHINE **SUNTAN YELLOW WARM WEATHER**

Delicious



G	F	U	D	М	Р	Z	D	S	Т	Е	G	G	U	N
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J	Е	I	С	Т	U	K	Н	С	S	R	I	Α	D	N
D	Α	G	Z	S	В	W	D	0	D	Υ	0	J	N	М
X	С	U	K	Z	М	K	Υ	R	Υ	Т	Α	V	J	R
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U	Е	М	W	Е	Н	0	R	Т	М	0	Q	Х	В	S
M	S	Р	R	L	Р	R	Е	Т	Z	Е	L	S	Т	D

YUM CEREAL ICE CREAM

PIZZA FRENCH FRIES SAVORY

HAMBURGERS CHIPS SPAGHETTI

NUGGETS POPCORN SUNDAE

PEACHES SWEET PRETZELS

Animals



Н	I	Р	Р	0	Р	0	Т	Α	М	U	S	R	S	Х
I	0	Е	N	D	J	S	L	Z	G	В	W	U	Е	Q
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Q	Υ	D	K	V	U	S	Α	Р	F	М	R	W	Е	С
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J	Е	Α	D	U	K	J	В	Α	Т	S	S	Е	М	L
D	R	F	G	Е	R	D	R	V	K	Υ	0	Α	Е	Е
0	G	J	J	Y	Z	Е	В	R	Α	U	С	R	М	W

HORSE HIPPOPOTAMUS GIRAFFE

ZEBRA MOUSE GORILLA

ORANGUTAN PANDA DOG

TIGER BAT BEAR

EAGLE BEAVER

Cities Around the World



M	М	Q	J	Т	0	K	Υ	0	G	J	U	W	М	S
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X	G	D	S	Е	K	М	Р	G	N	J	I	R	X	F
I	F	J	R	V	L	J	G	F	Е	L	Α	Е	S	S
С	В	F	K	ı	G	Н	S	Т	W	Р	В	U	Н	I
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С	J	R	Υ	Т	I	В	F	L	0	N	D	0	N	S
I	Υ	Α	М	Α	С	Α	Α	Н	R	С	Α	Т	G	Н
Т	Α	G	Р	N	Р	R	Υ	Α	K	В	U	S	Н	Е
Υ	N	U	Е	В	G	С	L	Е	С	С	Т	D	Α	I
S	С	Е	Н	U	Α	Е	R	G	I	0	Е	Т	I	Е
Α	М	Υ	Е	L	Т	L	Н	Е	Т	В	R	Е	S	Т
Т	Е	Α	М	Е	V	0	Е	R	Υ	J	U	I	S	Т
Α	S	L	0	S	Α	N	G	Е	L	Е	S	K	Α	Α
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PARIS TOKYO MEXICO CITY

CAIRO NEW YORK CITY LONDON

BARCELONA ROME DUBAI

MADRID LOS ANGELES SHANGHAI

DELHI PRAGUE ISTANBUL

Unscramble the Words

Work



1. EBSANEC	
2. YAAPDY	
3. VICETOPRUD	
4. MTINOOPOR	
5. SOBS	
6. MWKOTARE	
7. TNIVRIEWE	
8. LNTPEOEHE	
9. EPIRD	
10.YPAPH	

Sports



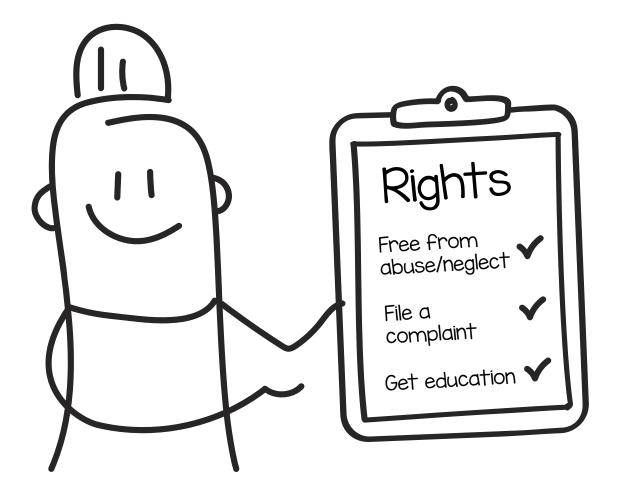
1. BGYUR	
2. FSLBOABLT	
3. MWIMSIMGN	
4. LOTBAFOL	
5. CARGNI	
6. KEBBLALSTA	
7. RCOCSE	
8. LAVBLOLELY	
9. EHYKOC	
10. MTNODBANI	

Notes

Appendices

Appendix A Appendix B

Rights by Subject Matter Glossary of Terms



Appendix A Rights for youth in Secure Facilities Topic Areas and Legal Citations

Topic Area	Right	Citation(s)
Advocacy	To contact Indiana Disability Rights to ask for help or report a rights violation	42 U.S.C. § 483.356(d)
	To file a complaint with, or seek the assistance of, the DCS Ombudsman, if DCS is your placement agency	DCS Bill of Rights
	To be assigned a specific caseworker	465 Ind. Admin. Code § 2-11-66(b) (1)
Communication	To write to others unless a court has ordered otherwise	465 Ind. Admin. Code § 2-11-64(e)
	To send and receive sealed mail unless doing so is unsafe	Ind. Code § 12-27-3-1(2); 465 Ind. Admin. Code § 2-11-64(d)
	To have access to a reasonable amount of writing materials and stamps	Ind. Code § 12-27-3-1(3); 465 Ind. Admin. Code § 2-11-64(d)
	To be visited at reasonable times	Ind. Code § 12-27-3-1(1)
	To make and receive phone calls with people on a call list	Ind. Code § 12-27-3-1(4)
Education	To the same opportunity for education as peers in the community	465 Ind. Admin. Code § 2-11-60(a)
Health Care	To receive humane care	Ind. Code § 12-27-2-1(2); 465 Ind. Admin. Code § 2-11-57(c)
	To be treated as appropriate to your needs using professional standards of practice	Ind. Code § 12-27-2-1(1)

	To have a yearly dental exam	465 Ind. Admin. Code § 2-11-75(c) (2)
	To receive a health exam within two weeks of admission, unless an exam occurred three months earlier	465 Ind. Admin. Code § 2-11-75(b)
	To receive a dental exam within 30 days of admission, unless an exam occurs six months earlier	465 Ind. Admin. Code § 2-11-75(c) (1)
	To receive mental health counseling at least three times each week	465 Ind. Admin. Code § 2-11-66(b) (2)
	To be involved in creating your treatment plan	42 U.S.C. § 441.155(b)(2); 465 Ind. Admin. Code § 2-11-66(f) and (k)
	To be notified of changes to your treatment plan	465 Ind. Admin. Code § 2-11-66(j)
	To have an initial, written treatment plan within 10 days of admission	465 Ind. Admin. Code § 2-11-66(a)
	To have your case reviewed at least monthly to assess whether remaining at the facility is appropriate	465 Ind. Admin. Code § 2-11-66(c)
Judiciary/Court	To receive assistance from an attorney of your choice at your expense	Ind. Code § 12-27-2-1(4)
	To request a CASA or GAL during an active CHINS case, if DCS is your placement agency	DCS Bill of Rights
Property	To wear your own clothing unless doing so is not safe	Ind. Code § 12-27-3-3(1); 465 Ind. Admin. Code § 2-11-56(c)
	To keep and use your personal belongings unless doing so is not safe	Ind. Code § 12-27-3-3(2); 465 Ind. Admin. Code § 2-11-56(f)

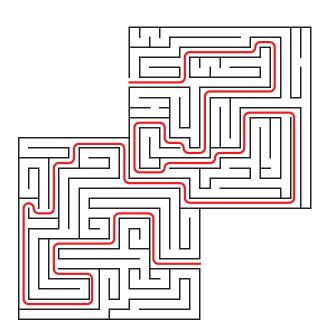
	To have the decision to take away your personal belongings reviewed by direct care staff and a caseworker daily and by the treatment team at least once per week	465 Ind. Admin. Code § 2-11-56(g)
	To keep and spend a reasonable amount of money	Ind. Code § 12-27-3-3(3)
Religion	To practice your religion	Ind. Code § 12-27-2-1(3); 465 Ind. Admin. Code § 2-11-61
Residential Living	To have three healthy meals each day and access to snacks	465 Ind. Admin. Code § 2-11-77(b) (1) and (f)(8)
	To have a daily routine to eat, sleep, and exercise	465 Ind. Admin. Code § 2-11-55(a)
	To have private time to engage in hobbies	465 Ind. Admin. Code § 2-11-55(c)
	To have enough storage space for private use	Ind. Code § 12-27-3-3(4); 465 Ind. Admin. Code § 2-11-56(d)
	To have a bedroom with only one roommate	465 Ind. Admin. Code § 2-11-79(a)
	To receive clean sheets at least once per week	465 Ind. Admin. Code § 2-11-79(f) (3)
	To live in a clean, safe, and well-maintained place	465 Ind. Admin. Code § 2-11-80(a)
Safety	To be free from cruelty, humiliation, and being scared by staff	465 Ind. Admin. Code § 2-11-57(d)
	To be free from restraint and seclusion for punishment or staff convenience	42 U.S.C. § 483.358(a)(1)
	To be free from language that is abusive or degrading or uses curse words	465 Ind. Admin. Code § 2-11-57(e)

Appendix BGlossary of Terms

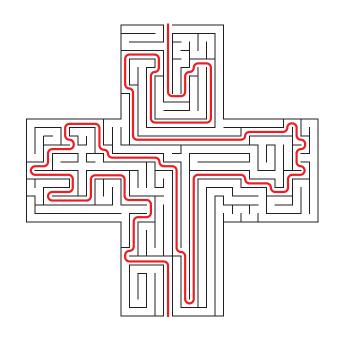
Abuse	Actions or threats that hurt, harm, scare, or manipulate someone. Abuse can be physical, emotional, sexual, or financial.
Humane	Showing care or compassion.
Neglect	The state of being not properly cared for or not receiving enough attention.
Unauthorized person	Someone who does not have legal permission to review your records or receive information about your care. Laws authorize some people, such as your doctor or guardian, to have information about you.
Unlawful discrimination	Different treatment of someone that is not allowed by law. Generally, the law states that people cannot be discriminated against, or treated differently, on the basis of characteristics like race, ethnicity, religion, gender, or disability status. However, some forms of discrimination are legal, such as providing people with disabilities reasonable accommodations.

Maze Answers

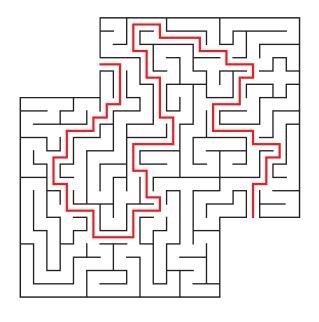
Going To Court



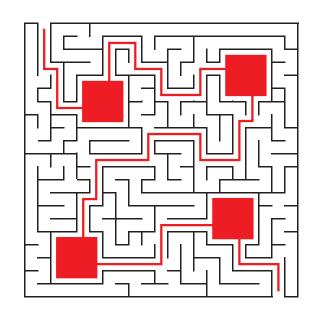
Transition



Good Stuff



Friends



Word Search Answers

Sunshine

BUGMGCDCRAY F Ζ OHKΥ W J R N F С G D Α Ε Υ 0 Н SO -QUVO L Α QDGHBKU TWS SN QSAE С Т G X CNXBMHS R R F S K O Ε U D H Ε CHI M K D O D S M B U Н Ε Q С Ε R S U G HE S Y F M C MHNKDI EO 1 M E R D JVOO Р V G D G H T N H F V U Ε В SENT С SY | | GF KR F E J Y D E N

Animals

Н	1	Р	Р	0	Р	0	Т	Α	M	U	S	R	S	Х
I	0	Ε	Ν	D	J	S	L	Z	G	В	W	U	Ε	Q
F	V	R	В	J	K	Ε	U	С	V	W	M	Q	Α	G
N	Ε	G	S	V	F	Α	R	0	D	O	G	M	G	С
M	D	G	D	Ε	Ε	Р	Н	K	S	Α	O	0	L	Ν
Q	Υ	D	K	V	U	S	Α	Ρ	F	M	R	W	Е	С
С	В	Ε	Α	V	Е	R	Η	Ν	Α	Н	1	Т	Ν	R
M	R	F	U	D	L	Е	Α	С	D	W	L	K	R	O
K	G	Ν	U	R	Ε	Т	N	С	J	Α	L	Q	О	С
F	Т	R	M	0	U	S	Ε	K	V	L	Α	R	S	O
N	1	S	0	G	1	R	Α	F	F	Е	Α	Χ	0	D
V	G	M	N	Α	Υ	ı	D	G	X	Е	Υ	В	R	1
J	Ε	Α	D	U	K	J	В	Α	Т	S	S	Е	M	L
D	R	F	G	Ε	R	D	R	V	K	Υ	0	Α	Ε	Ε
0	G	J	J	Υ	Z	Е	В	R	Α	U	С	R	M	W

Delicious

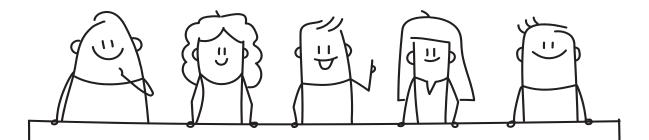


Cities Around the World

M	M	Q	J	Т	O	K	Υ	0	G	J	U	W	M	S
Е	Α	X	D	K	G	Υ	I	0	С	В	D	M	1	R
X	G	D	S	Е	K	M	Р	G	N	J	I	R	X	F
ı	F	J	R	V	L	J	G	F	Е	L	Α	Е	S	S
С	В	F	K	I	G	Н	S	Т	W	Р	В	U	Н	I
O	С	Р	X	S	D	X	1	Н	Υ	Α	U	Z	Α	Z
С	J	R	Υ	Т	Ι	В	F	L	0	N	D	0	Ν	S
1	Υ	Α	M	Α	С	Α	Α	Н	R	С	Α	Т	G	Н
Т	Α	G	Р	Ν	Р	R	Υ	Α	K	В	U	s	Н	Е
Y	Ν	U	Е	В	G	С	L	Е	С	С	Т	D	Α	I
S	С	Е	Н	U	Α	Е	R	G	1	O	Е	Т	1	Е
Α	M	Υ	Е	L	Т	L	Н	Е	Т	В	R	Е	S	Т
Т	Е	Α	M	Ε	V	0	Ε	R	Υ	J	U	1	S	Т
Α	S	L	O	S	Α	N	G	Ε	L	Ε	S	K	Α	Α
N	Υ	0	R	Ε	Т	Α	Н	Е	Т	Е	I	L	L	С

Word Scramble Answers

	Work	Sports
1.	ABSENCE	1. <u>RUGBY</u>
2.	<u>PAYDAY</u>	2. <u>SOFTBALL</u>
3.	<u>PRODUCTIVE</u>	3. <u>SWIMMING</u>
4.	<u>PROMOTION</u>	4. <u>FOOTBALL</u>
5.	BOSS	5. <u>RACING</u>
6.	TEAMWORK_	6. <u>BASKETBALL</u>
7.	<u>INTERVIEW</u>	7. <u>SOCCER</u>
8.	<u>TELEPHONE</u>	8. <u>VOLLEYBALL</u>
9.	PRIDE	9. <u>HOCKEY</u>
10.	<u>HAPPY</u>	10. <u>BADMINTON</u>



If you think your rights have been violated, you may take one or more of these actions:

- 1. Talk to your Family Case Manager or Probation Officer.
- 2. File a complaint with the facility or the placement agency.
- 3. Contact Indiana Disability Rights (IDR). 4755 Kingsway Dr., Ste. 100 Indianapolis, IN 46205 1-800-622-4845
 - 4. Talk to an IDR Advocate during a monitoring visit.

The Protection and Advocacy System for the State of Indiana.

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