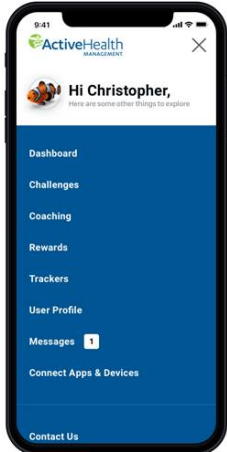


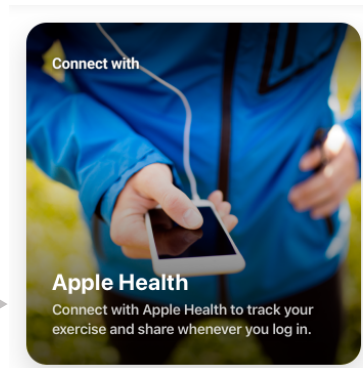
# Connecting your Apple HealthKit™

You'll need to connect your Apple HealthKit using the ActiveHealth mobile app.

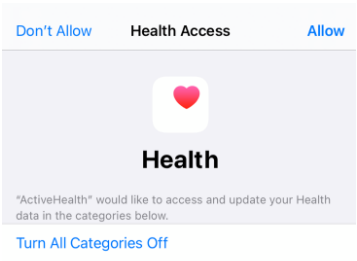
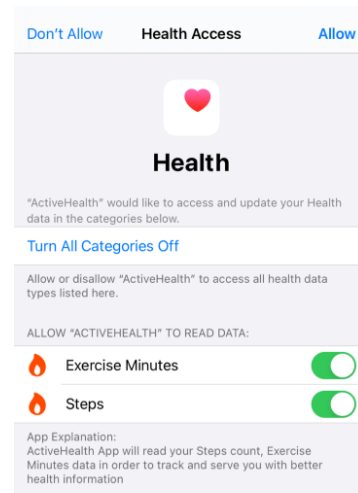


1. Click on "Connect Apps & Devices."

2. Click to go to Apple Health.



3. In Apple Health, click "Turn all categories on."



4. Click "Allow."

**You should now be connected.**