



All Municipal Employees Recieve a
31% DISCOUNT
 on a Fitness Forum Sports & Wellness Membership

Join TODAY!

For more information contact:

Patty Choquette
574-936-2333
 pchoquette@fitnessforum.biz

Your Membership Includes:

In clean pleasant surroundings with guidance from our competent staff, you can join the increasing number of people who are aware of the importance of physical fitness.

- Fitness Evaluations
- Exercise Prescriptions
- Equipment Orientation
- Member Orientation
- Wellness Coaching Session
- Cardiovascular Equipment
- TechnoGym Strength Training
- Indoor 1/7 Mile Walk/Run Track
- Community Outreach Education
- Group Exercise Classes
- Aquatic Classes
- Gymnasium
- Rock Wall Climbing
- 25 Yard Lap Pool
- Warm Water Therapy Pool
- Locker Rooms
- Steam, Dry Sauna, Spa
- Racquetball

Your Membership is ONLY \$43 per month

** An approved provider for Active & Fit membership w/Anthem*



fitness FORUM  | **Life**
 sports & wellness P L E X

2855 Miller Drive, Suite 101, Plymouth, IN 46563
 574-936-2333 | www.fitnessforum.biz