



STOP
THE BLEED®

ESSENTIAL

FIRST AID **TRAINING**

WHAT YOU'LL LEARN

What stops bleeding? In a Stop the Bleed course, you'll learn three quick techniques to help save a life before someone bleeds out.

- ✓ How to apply pressure to a wound
- ✓ How to correctly apply a tourniquet
- ✓ How to pack a wound to control bleeding



SCHEDULE A TRAINING:

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Porter County
HEALTH DEPARTMENT