



**ST. JOSEPH COUNTY**  
DEPARTMENT OF HEALTH  
Prevent. Promote. Protect.

# St. Joseph County Department of Health

*"Promoting physical and mental health and facilitating the prevention of disease, injury and disability for all St. Joseph County residents"*

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**FOR IMMEDIATE RELEASE**  
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## COVID-19 Cases Update

St. Joseph County- As of today, the county's total number of confirmed cases is at 1,083. 55% of cases are female and 45% are male. Age breakdowns include: 19 and under (9%), 20-29 (16%), 30-39 (14%), 40-49 (18%), 50-59 (13%), 60-69 (14%), 70-79 (7%), and 80+ (8%). St. Joseph County's total deaths are at 37 (34 of these deaths are St. Joseph County residents).

As we enter in to phase 3 of Governor Holcomb's Back on Track plan, gyms are permitted to re-open. It is expected that all gyms will follow the County's public health order regarding face coverings for members and employees. When someone is working out, droplets are expelled much further when breathing hard and/or grunting (usual practices while being physically active). Unless adequate physical distancing can be maintained, a face covering should be worn at all times while being physically active.

For all COVID-19 testing sites in St. Joseph County, you can view an interactive map at <https://www.coronavirus.in.gov/2524.htm>. Please be aware each site may have different criteria for testing. During the holiday weekend, testing sites and availability will vary. Please call 2-1-1 for testing information.

The St. Joseph County Department of Health urges the continuation of the following actions:

- **Practice extreme physical distancing.**
  - Maintain at least 6ft between individuals.
  - Wearing a mask does NOT eliminate the need for physical distancing.
- **Practice frequent and proper hand hygiene & cough etiquette.**
  - Wash hands often, for at least 20 seconds, with soap & water; coughing and sneezing into your sleeve.
- **Stay home if ill.**
- **Abide by the current Public Health Order, requiring face coverings when going into an enclosed public space or business and when 6 feet of physical distance cannot be maintained within the enclosed public space or business.**

For more information on COVID-19, visit the Indiana State Department of Health at [www.in.gov/isdh](http://www.in.gov/isdh) and the Centers for Disease Control and Prevention at [www.cdc.gov](http://www.cdc.gov). For general questions as it relates to COVID-19 infection, please call 2-1-1.

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