

MY MASK IS . . .

- FOR MY FACE AND NO ONE ELSE'S
- STAYS ON UNLESS EATING OR DRINKING
- COVERS MY MOUTH AND NOSE
- PROTECTS YOU FROM MY GERMS



ST. JOSEPH COUNTY
DEPARTMENT OF HEALTH
Prevent. Promote. Protect.



THE RIGHT WAY!

MY MASK IS NOT...

THE HEADBAND



THE SLING SHOT



THE HANGER



THE BLINDFOLD



THE SNACK STOPPER



THE CHIN STRAP



HOW TO PUT ON YOUR MASK

1 CLEAN YOUR HANDS! SOAP + WATER OR HAND SANITIZER



2



GRAB YOUR MASK BY THE EAR LOOPS
(NOT THE FRONT)



FROM THE FRONT = MORE GERMS

3



4



WRAP EAR LOOPS AROUND YOUR EARS

MAKE SURE IT COVERS YOUR
NOSE AND MOUTH! ✓



HOW TO TAKE OFF YOUR MASK

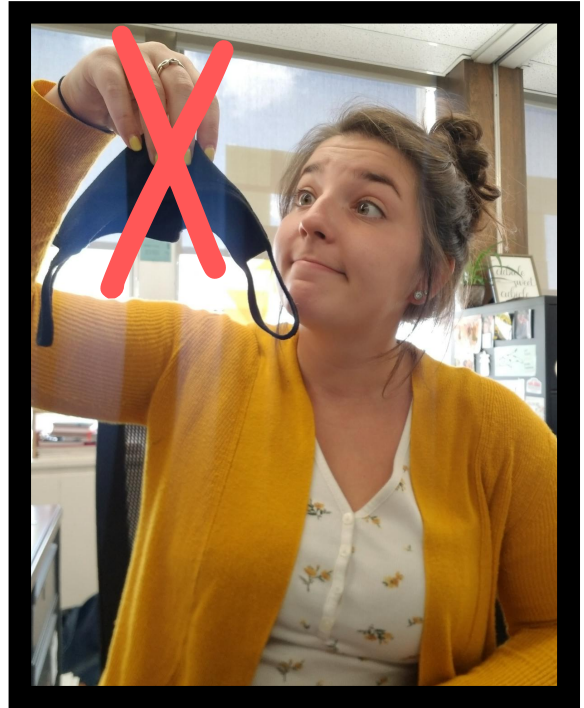
1 CLEAN YOUR HANDS! SOAP + WATER OR HAND SANITIZER



2



GRAB YOUR MASK BY THE EAR LOOPS
(NOT THE FRONT)



→ FROM THE FRONT = MORE GERMS

3



PULL MASK AWAY FROM YOUR FACE
AND HOLD BY THE EAR LOOPS.

PLACE MASK IN A SAFE AND CLEAN ENVIRONMENT
(EX. IN A BAG OR HANGING OFF OF A LANYARD AROUND
YOUR NECK!)

