

TESTING

DOES NOT CHANGE THE

TREATMENT

Testing is currently available for those **experiencing symptoms**, **high risk individuals**, **healthcare workers** and **first responders**.



*If you are feeling anxious about not being able to get tested for COVID-19, remember testing **does not** change the treatment!*

- If you are ill, **stay home!**
- Separate yourself from other household members and **stay in home isolation until 3 things have happened:**



At least 7 days have passed since symptoms first appeared



Fever-free for 72 hours (3 days) without use of medication



Symptoms have improved, such as cough or shortness of breath

ISOLATION

For people who are **ill**

- Separates people who have a very contagious disease from those who are healthy.

QUARANTINE

For people who are **exposed**

- Applies to people who are not yet ill, but have been exposed to a very contagious disease.

Both of these are public health strategies to stop the spread of a very contagious disease.



ST. JOSEPH COUNTY
DEPARTMENT OF HEALTH
Prevent. Promote. Protect.