

Cloth Face Coverings



1 WHY DO I NEED A CLOTH FACE COVERING?

To protect people around you if you are infected but do not have symptoms.



2 WHEN DO I NEED TO WEAR ONE?

A cloth face covering should be worn whenever people are in a community setting, especially in situations where you may be near people. These settings include places such as grocery stores and pharmacies. Face coverings are not a substitute for physical distancing.



3 DO I NEED TO PHYSICAL DISTANCE STILL?

Yes. CDC still recommends that you stay at least 6 feet away from other people (physical distancing), practice frequent hand washing and other everyday preventive actions.



4 WHAT TYPE OF CLOTH SHOULD BE WORN?

Cloth face coverings can be made from household items or made at home from common materials at low cost. They must cover the nose and mouth.



5 WHO SHOULD NOT WEAR A CLOTH COVERING?

Cloth face coverings should not be placed on young children younger than 2 years of age, anyone who has trouble breathing, or is unconscious, incapacitated or otherwise unable to remove the cover without assistance.



6 WHY DOES THE CDC RECOMMEND THESE AND NOT MEDICAL GRADE MASKS?

Surgical masks and N95 respirators are in short supply and should be reserved for healthcare workers or other medical first responders, as recommended by CDC guidance.