# Humana.

# Behavioral Health

Humana Healthy Horizons Pathways for Aging 2024 IHCP Works Annual Seminar







# Agenda

01 | Welcome

- 02 Contacts
- 03 Enrollment
- 04 **Prior Authorization**
- 05 Supporting Providers
- 06 Claims
- 07 Q&A





## Clay Sparks Behavioral Health Strategy Lead



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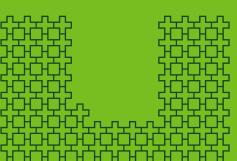
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# Enrollment



# Humana Behavioral Health Network

- Board Certified Behavioral Health Analysts
- Clinical Nurse Specialists
- Controlled Substance Registration Prescriptive Authority
- Doctor of Osteopathic Medicine
- Health Service Provider in Psychologists

- Licensed Clinical Addiction Counselors
- Licensed Clinical Social Workers
- Licensed Marriage and Family Therapists
- Licensed Mental Health Counselors



# Humana Behavioral Health Network Cont.

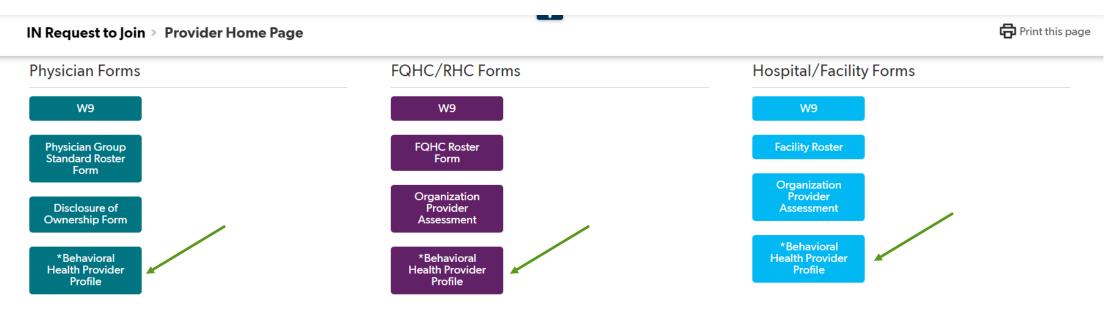
- Medical Doctors
- Nurse Practitioners
- Physician Assistants
- Registered Nurses
- Community Mental Health Centers CMHC

- Rural Health Clinics RHC
- Federally Qualified Health Centers FQHC
- Substance Use Disorder Agencies SUD
- Inpatient Facilities

# Behavioral Health Enrollment

# Submit Here: IN Request to Join - Provider Home Page

### Email: inbhmedicaid@humana.com



\*Only applicable for those providers offering LTSS and behavioral health services. Please complete these forms.

Join the Humana Network/Submit for contractual change

Click to start the application process



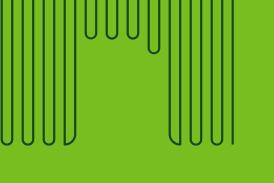
Provider Network Request > Add Network Request

Save V Cancel

Complete the information as it pertains to your facility/Group/practice. Then, submit your request and you will recieve an email notification with a tracking ID. Please save this ID number. Indivdual physician information will be entered on the roster.

Legal Name *	DBA	
NPI *	Group/Facility Taxonomy Code *	Secondary Taxonomy code
	Search and select 🛛 🗛 🖌 🗸	$\checkmark$ Search and select $ \mathbf{Q}  $
Select the Network/Networks	s you are requesting to join *	
Select one or more		
Type of Request		
Select one		Q   🗸

The assigned contractor will follow up with you within in 5 days, advising whether the application was complete or additional information is required, along with the next steps in the enrollment process.



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# **Prior Authorization**



#### Prior Authorization - Indiana Medicaid for Providers | Humana

Except where otherwise noted in your Provider Manual requests for services may be initiated:

- Online via <u>Availity Essentials</u>. Registration is required, and online prior authorization requests are encouraged
- By calling our authorization intake team directly at
  - 800-555-2546, Monday Friday 8am -11pm ET
- By emailing <u>IN\_MCD\_Intake@humana.com</u>
- Fax the Indiana Health Coverage Program (IHCP) Prior Authorization Request Form to 502-324-6376 (Medicaid only)

# New Prior Authorization Search Tool

Preauthorization and Notification Lists for Healthcare Providers - Humana

## New prior authorization search tool

Search by CPT code, procedure or drug name to see if prior authorization is required.

Use our search tool ightarrow

Medicare Commercial	Medicaid	State-specific prior authors statistics
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#### **Current preauthorization and notification lists**

- Effective July 1, 2024, Humana Healthy Horizons in South Carolina (Medicaid) Preauthorization and Notification List 🖻
- Effective July 1, 2024, Humana Healthy Horizons in Indiana (Medicaid) Physician Administered Medication Preauthorization List 🔤
- Effective July 2024, Humana Healthy Horizons® in Indiana Preauthorization and Notification List (PAL) for Indiana PathWays for Aging 🔤
- Effective July 1, 2024, Humana Healthy Horizons in Florida (Medicaid) Preauthorization and Notification List 🖻
- Effective July 1, 2024, Humana Healthy Horizons in Kentucky (Medicaid) Preauthorization and Notification List 🔤
- Effective July 1, 2024, Humana Healthy Horizons in Louisiana (Medicaid) Preauthorization and Notification List 🖻
- Effective September 1, 2024, Humana Healthy Horizons in Ohio (Medicaid) Preauthorization and Notification List 🖻
- Effective April 1, 2024, Humana Healthy Horizons in Oklahoma (Medicaid) Preauthorization and Notification List 🔤



#### Preauthorization and Notification Lists for Healthcare Providers - Humana

Preauthorization resources    Image: Constraint of the preauthorization form, find other forms or learn more about the process.      Image: Constraint of the preauthorization form, find other forms or learn more about the process.										
Ready to submit	Coverage criteria	Fax forms	State exemptions							
Submit or manage your preauthorization on Availity.	Search coverage, medical and pharmacy criteria.	Download a form to submit your preauthorization by fax.	For more information please see the FAQs below for specific state exemptions.							
Sign in to Availity [7]	Medical and pharmacy coverage criteria [] Medical coverage criteria updates	Standard form 🖻	Texas exemptions Texas House Bill 3459 –							
Streamline preauthorization and referrals	and recent changes 🖻	New Mexico form 📼 Indiana form 📼	Preauthorization Exemptions							
		Arizona form 🖻	Louisiana Senate Bill 112 – Preauthorization Exemptions 🖻							



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**Supporting Providers** 



#### **Coping Skills**

A strategy for dealing with difficult situations and unpleasant emotions, thoughts and/or behaviors.

#### Lived Experience

Firsthand, personal experience with mental health and/or substance use issues/challenges.

#### **Mental Health Condition**

A set of related symptoms, including conditions defined by the Diagnostic and Statistical Manual of Mental Disorders and International Classification of Diseases, for people with lived experience—recognized as a mental health condition by the mental health community.

#### Stigma

Negative, judgmental and/or discriminatory attitude toward mental health challenges and substance use disorders and people who live with them.

## Mental Health Screen

An evaluation of someone's mental health and well-being through scientifically validated assessment tools.

#### Recovery

The process of someone improving their health and wellness, living a self-directed life and striving to reach full potential.

# 🗐 Humana Behavioral Health Toolkit

- Screening Tools
  - Attention deficit hyperactivity disorder (ADHD) Screening Options
  - Drug Abuse Screening Test, DAST-10
  - Opioid Risk Tool
- Assessments
  - Edinburg Postnatal Depression Scale (EPDS)
  - Screening, Brief Intervention, and Referral to Treatment (SBIRT)
  - The CRAFFT 2.1+N Interview
- Questionnaires
  - Annual Questionnaire
  - Alcohol Screening (Alcohol Use Disorders Identification Test)
  - Cut down, Annoyed, Guilty, and Eye-opener (CAGE)

## Supporting our Providers – Identification and Treatment



**Identification/Treatment of** 

BH Services Access to tools to support identification and treatment through Relias



When to Refer



How to Refer

## Supporting our Providers – When to Refer



Identification/Treatment of BH Services



When to Refer Once the member needs are beyond the Primary Medical Provider's (PMP) scope



How to Refer

## Supporting our Providers – How to Refer



Identification/Treatment of BH Services



When to Refer



How to Refer

Provider Directory Connect with a Care Coordinator Member Self-Referral



Humana Healthy Horizons assists with provider referrals, scheduling appointments and coordinating an integrated approach to the member's health and well-being by coordinating care between behavioral health providers, PMPs and specialists.

In the best interest of our members and to promote positive healthcare outcomes, Humana Healthy Horizons supports and encourages continuity of care and coordination of care between medical and behavioral health providers. Providers may contact Humana Healthy Horizons to refer members in need of care management assistance by calling **866-274-5888** (TTY: 711) M-F 8 a.m. to 8 p.m. EST

# Care Coordination Common Barriers

Common barriers to Behavioral Health and Substance Abuse Treatment continuity of care that Humana can assist with:

- Long wait times
- Transportation
- Patient non-compliance
- Communication gaps between providers

Humana Behavioral health coordinators will also assist in care for Substance Abuse Disorders, Behavioral Health needs including Serious Mental Health Issues for the treatment spectrum of outpatient, inpatient and follow up.



Our overall goal is to engage the member and their family, caretaker and treatment team in the integrated health services by conducting the following:

- Humana will provide Continuity of Care for behavioral health services-After identifying need for behavioral health services contact the Humana Health Horizons number for providers.
- Assigning a Behavior Health Care Coordinator to the team with members with ongoing behavioral health treatment needs.
- Assist in linking the member to behavioral health outpatient services and give regular updates to all providers on the treatment team.

# • Care Coordination Goals Continued

- Humana Behavioral Health Care Coordinators will assist the member in navigating the behavioral health system in making initial appointments and keeping follow-up appointments. If appointments are missed our Behavioral Health Care Coordinators will contact the member within 3 business days.
- Assisting in transportation and timely services of the member.
- Our Behavioral Health Care Coordinators will provide updates to the providers on the progress of behavioral health services.
- If behavioral health or addiction inpatient is needed the Behavioral Health Care Coordinator will ensure an outpatient follow-up appointment within 7 business days and communicate status to the members treatment team.



## **Behavioral health crisis line for emergency services**

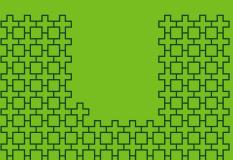
For members experiencing a behavioral health crisis in Indiana, Humana Healthy Horizons has contracted with Professional Management Enterprises to provide a behavioral health crisis line that is available to Humana Healthy Horizons' members 24 hours a day, seven days a week, 365 days a year. This voluntary service is designed to provide crisis intervention and connect members to the appropriate level of treatment within the community to prevent unnecessary hospitalizations and institutional levels of care. Once a member is directed to the most appropriate intervention, Humana Healthy Horizons will work with providers to authorize services and ensure continuity of care for the member.

Behavioral health conditions include, but are not limited to:

- Those experiencing emotional distress
- Those that create a danger to the member or others
- Those that render the member unable to carry out actions of daily life due to functional harm
- Those resulting in serious bodily harm that may cause death

The behavioral health crisis line can be accessed at 855-254-1758 24-hours a day, seven days a week, 365 days a year







# **\$** How to Submit Behavioral Health Claims

- Availity
  - Submit Professional or Facility claims electronically, whichever is most appropriate
  - Payer ID 61101
  - Electronic claims can be submitted through your secure <u>Availity Essentials</u> account.
- Paper Claims
  - Submit claims using CMS-1500 claim form or UB-04 form whichever is most appropriate
  - Claims can be mailed to
    P.O. Box 14169
    Lexington, KY 40512-4169
- Processing Timeframes
  - 90 calendar day timely filing limit from the date of service for participating and non-participating providers
  - Clean electronic claims are processed within 21 calendar days
  - Clean electronic HCBS claims are paid within 7 business days
  - Clean paper claims are processed within 30 calendar days



## **Informal claim dispute**

You can submit an informal claim dispute following one of two timelines below:

- Within 60 calendar days following the date you receive written notification from Humana Healthy Horizons
- Within 90 calendar days of your initial claim submission date if Humana Healthy Horizons fails to make a determination within 30 calendar days

You can submit a written informal claim dispute via email to INMedicaidClaimsResearch@humana.com, through the provider portal at Availity Essentials (<u>www.availity.com</u>), or via the Humana Healthy Horizons mailing address. The following information should be provided with your dispute in a clear and acceptable written format:

- Member name and State Medicaid ID number
- Date of service
- Claim number
- Name of the provider who rendered services
- Charge amount, payment amount, the allegedly correct payment amount and the difference between the amount paid and the allegedly correct payment amount
- A brief explanation of the basis for the contestation

Informal claim disputes will be resolved within 30 calendar days of receipt of the request.



Below is the process for filing a formal claim dispute:

- Your request for an informal claim dispute is required before requesting a formal claim appeal.
- You or your authorized representative have the option to submit a formal claim dispute following the informal claim dispute process. You must submit all documentation from the informal claim dispute request when submitting a formal claim dispute.
- If the appeal is on behalf of a member, written authorization from the member or the member's legal representative must be submitted, along with all required documents, prior to beginning the process. The appeal will be processed under the member's name.
- Additional or new clinical documents sent to Humana Healthy Horizons are reviewed by the medical director to determine if the additional clinical documents support the claim appeal in meeting medical necessity.
- A resolution letter is mailed within 45 calendar days of receipt of the appeal.
- Providers can file an appeal in writing to:

#### Humana Healthy Horizons in Indiana

Attn: Formal Claim Appeals 201 N. Illinois S., Suite 1200 Indianapolis, IN 46204





Humana