

2024 IHCP Works Annual Seminar

**Behavioral Health** 

Presented by Paulette Means, Senior Provider Relations Advocate for Northern Indiana

United Healthcare

# Optum Behavioral Health Network Providers Agenda

- 1. Provider Enrollment
- 2. Attestation
- 3. Prior Authorization
- 4. CommunityCare
- 5. Claims
- 6. Telehealth
- 7. Contacts



# **Optum Behavioral Health Network Providers**

- Board Certified Behavior Analyst (B.C.B.A.)
- Clinical Nurse Specialist (C.N.S.)
- Doctor of Osteopathic Medicine (D.O.)
- Health Service Provider in Psychology (H.S.P.P.)
- Licensed Clinical Addiction Counselor (L.C.A.C.)

- Licensed Clinical Social Worker (L.C.S.W.)
- Licensed Marriage and Family Therapist (L.M.F.T.)
- Licensed Mental Health Counselor (L.M.H.C.)



# **Optum Behavioral Health Network Providers**

- Medical Doctor (M.D.)
- Nurse Practitioner (N.P.)
- Physician Assistant (P.A.)
- Registered Nurse (R.N.)
- Advanced Practice Nurse (A.P.N.)
- Community Mental Health Centers (CMHC)

- Rural Health Clinics (RHC)
- Federally Qualified Health Centers (FQHC)
- Substance Use Disorder Agencies
- Inpatient Facilities



## **Provider Enrollment – Individual Providers**

UnitedHealthcare Community Plan of Indiana Homepage

Bulletins and Newsletters | UnitedHealthcare Community Plan of Indiana

**Care Provider Manuals** 

Claims and Payments | UnitedHealthcare Community Plan of Indiana

**Eligibility and Benefits** 

How to Join the UnitedHealthcare network | Indiana

Pharmacy Resources and Physician Administered Drugs | UnitedHealthcare Community Plan of Indiana

Policies and Clinical Guidelines | UnitedHealthcare Community Plan of Indiana

Prior Authorization and Notification | UnitedHealthcare Community Plan of Indiana

Provider Forms and References | UnitedHealthcare Community Plan of Indiana

#### How to Join the UnitedHealthcare network

Last update: Jan. 18, 2024

#### How to Join the UnitedHealthcare network

Become part of the UnitedHealthcare Community Plan of Indiana Hoosier Care Connect network. You'll join a group of physicians, health care professionals and facilities who share our commitment to helping people live healthier lives and making the health care system better for everyone. Review the following instructions and requirements for your medical specialty.

**Please note:** You will be notified if your request to join the network (referred to as your network participation request) is not complete. Notification will be sent within 5 business days after we receive your initial request. The notification will confirm if your network participation request is complete or if we need additional information. Below are the most common reasons a network participation request is considered incomplete:

Category	Issue(s)	Requirement
CAQH	<ul> <li>Your CAQH profile status is incomplete or expired.</li> <li>We do not have authorization to access your CAQH application. Log into the CAQH Provider Data Portal, go to the user account setting menu and review the Authorization section to update your preferences. Be sure to authorize UnitedHealthcare.</li> </ul>	The information on CAQH must match the information you provide on your network participation request

## Provider Enrollment – Individual Providers (cont.)

This section applies to behavioral health practitioners, ABA providers and facilities. If you work in this specialty area, the process to join our network begins with Optum Behavioral Health. They handle credentialing and contracting on behalf of UnitedHealthcare.

To start the network participation request process, go to Optum's Our Network (providerexpress.com) page and click on the button associated with your provider type (e.g., Individual Clinician, Agency, Facility, Autism/ABA).

- •Please complete all fields and submit all applicable information
- Make sure all CAQH information is current and attested
- •Ensure all requested documents are current and accurate
- •Review the Optum Provider Express Onboarding Process for Individual Providers for additional details
- •You must also be enrolled with Indiana Health Coverage Programs (IHCP). If you haven't already done so, complete your <u>Indiana Medicaid: Providers: Provider Enrollment</u>.



# **Enrollment Options**

#### Autism/ABA/BCBA Providers

Optum is recruiting Board Certified Behavior Analysts (BCBA) in solo private practice and qualified agencies that provide intensive ABA services in the treatment of ASD, for our Autism/ABA provider network.

Click here to join

#### Individually-Contracted Clinicians

To apply as an individual, you must be a solo clinician or practicing within a group that does not currently have a group agreement with Optum.

Click here to join

#### Facility or Hospital-Based

To apply for Facility or Hospital-Based, your facility must offer MH or SUD Inpatient, Residential, Partial Hospitalization or Intensive Outpatient Levels of Care.

Click here to join

#### Group with Individually Credentialed Providers

To apply for group with individual credentialing, you must be part of a group that has a group agreement with Optum.

Click here to join

#### Group with Agency Credentialed Providers

To apply for Agency credentialing, your group must be designated as a Community Mental Health Center (CMHC), Federally Qualified Health Center (FQHC), Rural Health Center (RHC), Opioid Treatment Program (OTP), and/or other Federally or State licensed or certified entity (license or certification is at the organizational level).

Click here to join

#### Learn more about our Specialty Network Requests

Express Access

virtual visits



### **Individual Providers**

- Individually Credentialed
  Clinicians: To apply as an individual, you must be a solo clinician or practicing within a group that does not currently have a group agreement with Optum.
- Individually Credentialed
   Clinicians (providerexpress.com)

Optum - Provider Express Home > Our Network > Individually Contracted Clinicians

#### **Individually Contracted Clinicians**

#### To verify the provider's license meets the qualifications to Join Our Network, please check License 🗅

CAQH Participation is required in the majority of the states to join our network. If your state requires it, you will be required to enter your CAQH ID # on the credentialing application. To participate in CAQH, please contact: <a href="https://www.CAQH.org">www.CAQH.org</a>

#### Improve the Speed of Processing - Tips for Applying to the Network

We recently conducted an audit of credentialing application issues. Here's an at-a-glance view of the most common issues that will slow down or lead to the cancellation of the credentialing of your application to join our network.

Category	Issues	Requirement
CAQH	Your CAQH profile status is incomplete or expired Your group information including but not limited to primary and practice locations listed on your UBH Network Participation form does not match what you have listed on your CAQH profile We do not have authorization to access your CAQH application (log into the CAQH ProView Provider portal, go to the user account setting menu and review the Authorization section to update your preferences to authorize United Behavioral Health/US Behavioral Health Plan) Information in your completed CAQH profile needs to be updated (Examples include Practice Information, Credentialing Contact information, License and Professional Liability Insurance effective and expiration dates)	The information on CAQH must match the information you provide on the Optum NPRF form.
Attached Documents	Attaching the wrong document     Not signing the W-9 form or providing an incorrect Tax ID number or EIN     Current Professional Liability Insurance Certificate	Providing all the correct and completed documents is required.
Document Return	Slow response time to requested information.  Individual Contracts  Disclosure of Ownership documents	Missing documents are sent out via DocuSign. Sign and return as quickly as possible.

#### Continue

After clicking the Continue button you will be prompted to register or login to Provider Express. Once you are logged in to Provider Express, please use the Join Our Network feature in the menu to proceed to the credentialing application.

For help with this process: Registering a Provider Access and Starting the Online Optum Credentialing Application [7]

Individual providers - Login to Provider Express and use the Check Initial Credentialing Status under the My Network Status feature in the menu



# **Applied Behavioral Analysis (ABA)**

#### Individual Board Certified Behavior Analysts - Solo Practitioner

- Board Certified Behavior Analyst (BCBA) requires a master's degree in psychology or behavior analysis with active certification from the national Behavior Analyst Certification Board, and
- Medicaid ID
- Compliance with all state autism mandate requirements, as applicable to behavior analysts
- A minimum of six months of supervised experience or training in the treatment of applied behavior analysis/intensive behavior therapies
- Minimum professional liability coverage of \$1 million per occurrence / \$1 million aggregate

If you have any questions regarding ABA, please reach out to Olivia Smith, Specialty Network Manager at <a href="mailto:olivia.smith14@optum.com">olivia.smith14@optum.com</a>.



# Applied Behavioral Analysis (ABA) (cont.)

#### **ABA / IBT Groups**

- BCBAs must meet standards above and hold Supervisory Certification from the national Behavior Analyst Certification Board if in supervisory role
- Compliance with all state/autism mandate requirements as applicable to behavior analysts/ABA practices
- BCaBAs required to possess an undergraduate degree and must have active certification from the national Behavior Analyst Certification Board
- Behavior Technicians must be a high school graduate and receive appropriate training and supervision by BCBAs
- BCBA on staff providing program oversight
- BCBA performs skills assessments and provides direct supervision of BCaBAs/Behavior Technicians in joint sessions with client and family
- \$1 million/occurrence and \$3 million/aggregate of professional liability and \$1m/\$1m of general liability if services are provided in a clinic setting
- \$1million/occurrence and \$3million/aggregate of professional liability and \$1m/\$1m of supplemental insurance if the agency provides ambulatory services only (in the patient's home)



# **Agency Enrollment**

<u>Providers</u>: To apply for Agency credentialing, your group must be designated as a Community Mental Health Center (CMHC), Federally Qualified Health Center (FQHC), Rural Health Center (RHC), Opioid Treatment Program (OTP), and/or another federally or state licensed or certified entity (license or certification is at the organizational level).

Group with agency credentialed providers (providerexpress.com)

otum - Provider Express Home > Our Network > Group with agency credentialed providers

#### Group with agency credentialed providers



In order to apply for Agency credentialing, your group must be designated as a Community Mental Health Center (CMHC), Federally Qualified Health Center (FQHC), Rural Health Center (RHC), Opioid Treatment Program (OTP), and/or other Federally or State licensed or certified entity (license or certification is at the organizational level).

Your organization must have the minimum Liability insurance of \$1 million/\$3 Million for both General Liability and Professional Liability.

If you meet these requirements, click here to complete the Agency application

For questions or help - contact Network Management at (877) 614-0484

If your Agency only provides ABA services, click here to complete the Autism/ABA/BCBA application

Please note that the following documents will be required (as applicable):

- A current state license or certificate for all services and locations where you offer services
- Optum accepts the below accreditations. If you are not accredited, a site audit will be required before the credentialing
  process will be complete
  - Accreditation Association for Ambulatory Health Care (AAAHC)
  - Accreditation Commission for Health Care, Inc. (ACHC)
  - . Commission on Accreditation of Rehabilitation Facilities (CARF)
  - Community Health Accreditation Program (CHAP)
  - Center for Improvement in Healthcare Quality (CIHQ)
  - Det Norske Veritas National Integrated Accreditation for Healthcare Organizations (DNV NIAHO)
  - Healthcare Facilities Accreditation Program (HFAP)
  - Joint Commission (TJC)
  - Council on Accreditation (COA)
- · Medicaid and/or Medicare certification letters with applicable registration numbers
- · Current Professional and General Liability insurance certificates showing limits, policy number(s) and expiration date(s)
- W9 form
- · Current Staff roster including license, taxonomy and NPI
- For Opioid Treatment Programs (OTP), copies of the prescribers' DEA licenses are required



# **Facility or Hospital Enrollment**

Facility or hospital-based groups: For facility or hospital-based enrollments, your facility must offer Mental Health Inpatient, Residential, Partial Hospitalization, or Intensive Outpatient levels of care.

Facility or Hospital Based (providerexpress.com)

Optum - Provider Express Home > Our Network > Facility or Hospital Based

#### **Facility or Hospital-Based Providers**



#### Facility or Hospital-Based Providers

- Do you offer licensed/certified Mental Health and/or Substance Use Disorder (SUD) inpatient and/or lower level of care services (i.e., Inpatient, Detox, Residential, Partial Hospitalization (PHP), and Intensive Outpatient (IOP) programs?
- Do you have minimum professional liability coverage of \$5 million/\$5 million for acute inpatient services, and minimum
  professional and comprehensive liability coverage of \$1 million/\$3 million for non-acute inpatient services (unless state
  requirements vary)?

If meet above requirements, please click on the Facility Application link below to complete and select all applicable Level(s) of Care you provide.

IMPORTANT: For covered facility-based services billed with Revenue Code or Revenue Code + HCPC or CPT code on a UB-O4 form, please complete the Facility Application. For covered facility-based services billed with single HCPC code or HCPC code + CPT code on a CMS 1500 form, please confirm the appropriate application to complete before completing the Facility Application.

#### Facility Application [7]

For questions or help - contact Network Management at (877) 614-0484

#### Please note following documents will be required (As Applicable):

- Current State License(s)/ Certificate(s) for all behavioral health services you provide, i.e. psychiatric, substance abuse, residential, intensive outpatient, etc. A18 – include all documentation for multiple facility locations.
- · Accreditation status (i.e. The Joint Commission, CARF, COA, etc.)
- ASAM CARF Level of Care Certification, if applicable
- Medicare or Medicaid certification letter with Medicare number (REQUIRED if applying for participation in Medicaid or Medicare networks)
- Program Description-including any specialty program descriptions and hours per day/ days per week
- Copy of completed Ownership & Disclosure Form (REQUIRED if applying for participation in Medicaid networks)
- Copy of completed Ownership & Disclosure Form (REQUIRED if applying for participation in Medicaid networks)
- Current Professional and General Liability insurance certificates showing limits, policy number(s) and expiration date(s). If self-insured, attach a copy of an independently audited financial statement which shows retention of the required amounts.



# **Checking Status – Practitioner Initial Credentialing**

Using the **Initial Credentialing Status Toolbar**, you can easily track the status of your online submission as it moves along the approval process. Log in to the secure transactions area of Provider Express, hover over *My Practice Info >> My Network Status >>* click on *Check Initial Credentialing Status*.

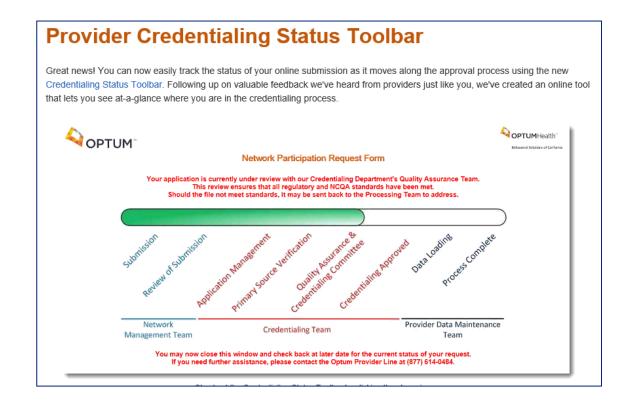


Agency, group practice, or facility - Contact Network Management at 877-614-0484.



# **Practitioner Credentialing Tips**

- Ensure your CAQH is accurate and up to date.
- Missing documents from Optum can be submitted via DocuSign. Sign and return as quickly as possible.
- Check the status of your application with the Credentialing Status Toolbar that is available at <u>Indiana – Provider Express</u>.





## **Attestation**

Why is attestation so important?

- Ensures that provider information is current and accurate
- Allows opportunity to expand on areas of provider expertise to help grow patient volume
- Keeps providers and groups current on our directory
- Improves triennial re-credentialing cycle efficiency

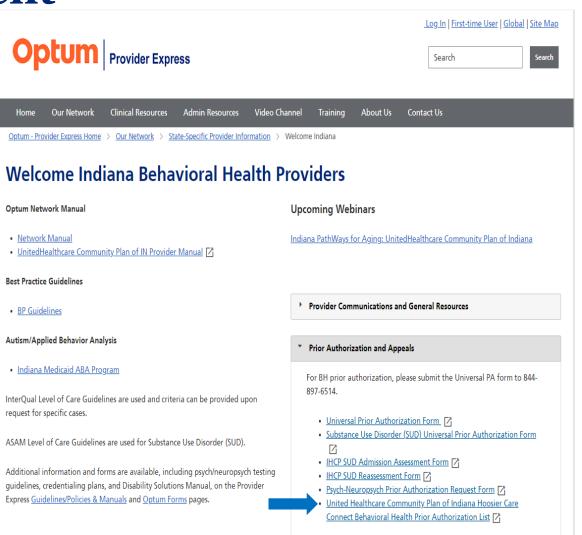


# Determine Behavioral Health Service Prior Authorization Requirement

- Most outpatient behavioral health services does NOT require a prior authorization
- Call the number on the back of the member's card or call 877-610-9785 to determine if a prior authorization is required.
- If you have clinical questions, please call 800-888-2998.

- Or -

Provider Express – Indiana Medicaid



For appeals information: uhcprovider.com/Indiana

Indiana Medicaid Network Participation

# Request Behavioral Health Prior Authorization

- Initiate phone authorization process by calling the number on the back of the member's ID card
- Securely log in to Provider Express and select "Authorization Request" from the "Auths" dropdown box
  - To check on status, select "Auth Inquiry"
- Use paper Universal Prior Authorization Form from <u>Provider Express - Indiana Medicaid</u> and click "Prior Authorizations and Appeals"
  - Fax 844-897-6514



Prior Authorization and Appeals

For BH prior authorization, please submit the Universal PA form to 844-897-6514.

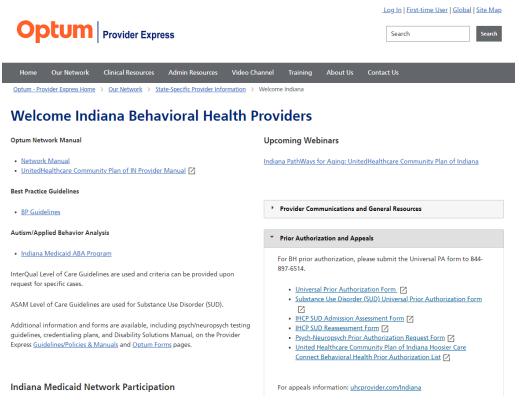
- Universal Prior Authorization Form
- Substance Use Disorder (SUD) Universal Prior Authorization Form
- IHCP SUD Admission Assessment Form [7]
- IHCP SUD Reassessment Form [7]
- Psych-Neuropsych Prior Authorization Request Form [7]

For appeals information: uhcprovider.com/Indiana



# **Request Prior Authorization for ABA Therapy Services**

#### <u>Provider Express – Indiana Medicaid</u>

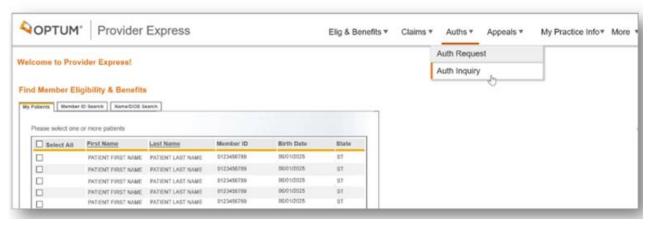




### **Escalate to a Provider Advocate**

If provider submits a prior authorization request and does not receive a response within the required turnaround time, do the following:

1. Check the Provider Express portal



- 2. Call the number on the back of the member's ID card or call 877-610-9785.
- 3. If 1 and 2 do not provide a response, please reach out to your Optum Behavioral Health Advocate



# **Appeal a Prior Authorization Decision**

In the event an authorization is denied, and an appeal is necessary, make sure to include the following information with the appeal:

- Member name
- Member date of birth
- Member Recipient ID number
- Prior Authorization request
- Denial letter
- Any additional supporting documentation

#### Send to:

#### **National Appeals Team**

Attn: Appeals Department/Retrospective

Review

P.O. Box 30512

Salt Lake City, UT 84130-0512

Fax: 855-312-1470

Phone: 866-556-8166



# Use CommunityCare To Benefit Your Practice And The Member

We ask that within 5 calendar days of the member's initial visit, please upload the diagnosis, medication list, treatment plan, and any other pertinent information.

- Our Care Management team then reviews what is uploaded and helps ensure that the member gets any and all necessary treatment.
- Providers can verify emergency department and inpatient discharge dates to help assist with getting your patients back into your office in a timely manner to help avoid relapse or other potentially dangerous scenarios.
- CommunityCare can provide insight into quality measures.
- CommunityCare Training and Education tools <u>Training and Education</u> <u>UnitedHealthcare Community Plan of Indiana | UHCprovider.com</u>



## **Submit Behavioral Health Claims**

- Submit claims using the *CMS-1500* Claim Form (v 02/12) or UB-04 form, whichever is appropriate
- Standard Timely Filing for Participating Providers

   90 calendar days from the date of service
   (DOS)
- Non-Contracted Providers Timely Filing 90 calendar days from DOS
- Newborn Claims Timely Filing 90 calendar days from DOS
- Secondary Claims Timely Filing 90 calendar days from date of Primary Explanation of Benefits (EOB) for both In-Network Providers and Out-of-Network Providers

- For electronic submission:
  - Payer ID 87726
- Claims Mailing Address:
  - UnitedHealthcare Community Plan P.O. BOX 5240 Kingston, NY 12402
- Claim Submission Tool for <u>Medical</u>
   <u>Professional</u> claims (*CMS-1500*) on our
   UnitedHealthcare Provider Portal <u>Claims and</u>
   <u>Payments | UnitedHealthcare Community Plan of Indiana | UHCprovider.com</u>
- Behavioral Health Professional claims (CMS-1500) on our Optum Provider Express Portal



## **Claim Submission**

Claim tips can be found by clicking Admin Resources on the Provider Express – Indiana page

- Claims problem resolution
- Claim submission hints
- Outpatient claims
- Training <u>Training (providerexpress.com)</u>





# **Claim Submission Tips**

- All clinicians should submit a valid International Classification of Diseases, 10<sup>th</sup>
  Revision, Clinical Modification(ICD-10-CM) Mental Health/Substance Abuse
  primary diagnosis codes and encourages you to list all secondary codes as
  clinically appropriate
- Annually update Coordination of Benefits by calling United Behavioral Health at 877-610-9785
- Verify that claims are submitted with the Place of Service code that matches the level of care provided



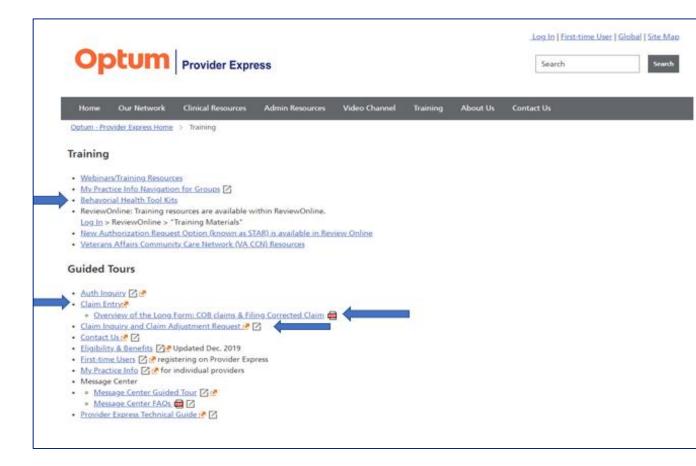
# Claim Submission Tips (cont.)

- For observation claims Outpatient Place of Service code should be used whenever observation bed level of care lasts less that 24 hours and results in a discharge to a less restrictive level of care
- Verify the claim is sent to the correct mail address or Payer ID if submitting electronically
- If you have claim issues, call Claims Customer Service at 800-888-2998 to reach Optum Behavioral Health
- Ensure that appeals are sent to the Care Advocate Center that issued the Adverse Benefit Determination
- Update Provider Demographic information online through the Provider Express portal – "My Practice Info"



# **Training Items**

- Training
- Training (providerexpress.com)
  - Behavioral Health Tool Kits
- Guided Tours
  - Claim Entry
  - Claim Inquiry and Claim Adjustment Request
  - Overview of Filing COB and Corrected Claims





### **Claim Problem Resolution**

#### Typically, there are 2 types of claim issues:

- 1. The claim was submitted with incorrect/inaccurate information
- 2. The claim was processed incorrectly

#### To resolve type 1:

- Submit corrected claims electronically through <u>Provider Express – Indiana</u>
- Complete a new CMS-1500 claim form and write "CORRECTED CLAIM" across the top and submit with the correct claim information and mail to the address on the statement

#### To resolve type 2:

- Log in to Provider Express and look up the claim via Claim Inquiry transaction and file a Claim Adjustment Request
- Contact a claims representative via Provider Express' Live Chat:
  - Locate the claim from the claim detail page, then click "Have questions about claim status?" to access Claims Live Chat
  - Call the Customer Service number on the back of the member's card or on the Explanation of Benefits/Provider Remittance Advice

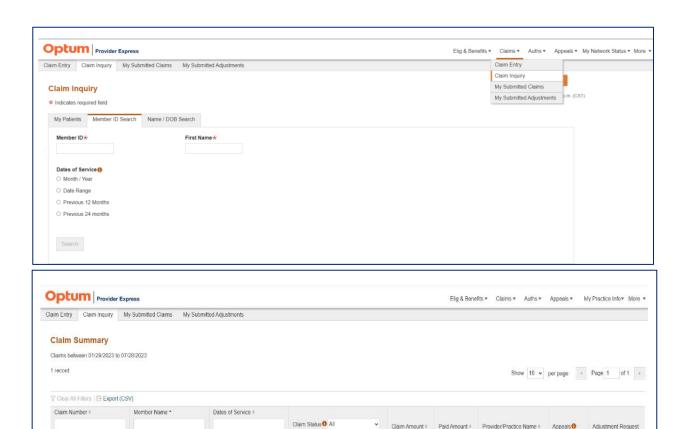


## **Submit A Claim Reconsideration**

Securely log in to Provider Express Optum - Provider Express Home

- Claim Inquiry
- Search for claim
- Click "Enter" under claim adjustment

Providers have 90 calendar days from the original EOB date to submit a Claim Reconsideration



Provider Jane



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123456789

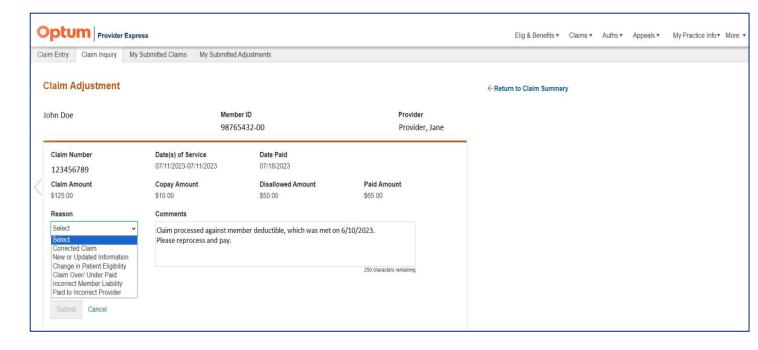
New Inquiry

John Doe

07/11/2023-07/11/2023

# Submit A Claim Reconsideration (cont'd)

- Select a reason from the dropdown
- Select "Review"
- Review details and add necessary comments on next screen
- Select "Submit"
- Once submitted, document the "Confirmation Number" and "Issue ID"





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### **Covered Services**

- IHCP will reimburse for services, and supplies incidental to such services, that the IHCP would otherwise cover if furnished by a physician or incidental to a physician's services.
- Any ambulatory service included in the Medicaid State Plan to be a covered FQHC or RHC service, if the FQHC or RHC offers such a service.
- IHCP reimburses for services to homebound individuals only in the case of FQHCs and RHCs located in areas with shortages of home health agencies, as determined by Family and Social Services Administration (FSSA).
- Prior authorization requirements follow that of all other IHCP providers.



## **General Billing Guideline Reminders**

# UnitedHealthcare Community Plan of Indiana follows the IHCP Module <u>Indiana</u> <u>Medicaid Claims Submission and Processing</u>

- For Professional claims In field 33, please enter the service location name and address (including zip code+4) as listed on the provider enrollment profile for the billing provider. The service location address is the actual physical location where a service was rendered. However, if the member is seen at a hospital, nursing facility, the member's home, or other non-office-based location, the specific service location address to which the rendering provider is linked should be used.
- The address should match the service location, not the legal (home office), pay-to, or mail-to address) on file for the billing provider. This address may be different from the provider's mail-to, pay-to, or legal addresses on file with the IHCP.
- The UHC claim processing system compares data from the claim fields to the billing provider's IHCP Provider Profile to make a 1-to-1 match for reimbursement purposes. If the data elements are not in the correct field or do not match the provider's enrollment profile, the claim will deny. This includes ensuring the Group Billing NPI has the service location enrolled under it with IN Medicaid.



# **Next Step In The Dispute Process**

If you continue to disagree with the outcome of your claim after the Advocate team has escalated, your next step is to file a formal dispute.

- Must be submitted within 60 calendar days from the failed reconsideration
  - Mail to:

UnitedHealthcare Community Plan of Indiana Attn: Appeals and Grievances Unit P.O. Box 31364 Salt Lake City, UT 84131-0364

• Submit within "Claims" on our UnitedHealthcare Provider Portal Claims and Payments | UnitedHealthcare Community Plan of Indiana | UHCprovider.com



# What If I Still Disagree?

If you still disagree with the outcome of your formal dispute, you may file a Formal Provider Grievance.

- Must be submitted within 120 calendar days from the failed dispute (Must include additional or new information)
- Submit electronically within "Claims" on the UnitedHealthcare Provider Portal
- Mail to:

UnitedHealthcare Community Plan of Indiana

Attn: Appeals and Grievances Unit

P.O. Box 31364

Salt Lake City, UT 84131-0364



### **Telehealth Providers**

#### IHCP Began Enrollment for Telehealth-Only Providers

- IHCP allows the following provider types and specialties to enroll as a billing or group provider for telehealth-only services:
  - ❖Type 09 Advanced Practice Registered Nurse
  - ❖Type 10 Physician Assistant
  - ❖Type 11 Behavioral Health Provider
  - ❖Type 14 Podiatrist
  - ❖Type 17 Therapist
  - ❖Type 31 Physician
- To view the specific specialties, please see IHCP Bulletin BT202417 (in.gov).

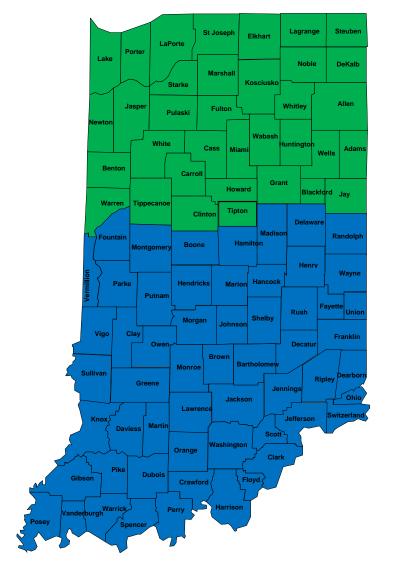


# Your Optum Behavioral Health Advocate Team

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# Thank you

Questions?

