

**STATE OF INDIANA
BEFORE THE
MASSAGE THERAPY BOARD**

September 5, 2024 beginning at 10:00 A.M.

MEETING MINUTES

- 1. CALL TO ORDER AND ESTABLISHMENT OF QUORUM 10:00 A.M.**
Board members present: Elizabeth Cain, Jael Peirce, Laurie Hardin,
Tera Tonkins attending virtually
Staff present: Toby Snell, Ashlee Scott, Jill Haddad, Leif Johnson
- 2. ADOPTION OF THE AGENDA** Motion made by LH and seconded by JP to adopt the
agenda
Motion carries 4-0-0
- 3. ADOPTION OF THE MINUTES** Motion made by JP and seconded by LH to adopt the
minutes
Motion carries 4-0-0
- 4. REPORT FROM THE OFFICE OF THE ATTORNEY GENERAL**
Report given by Ryan Eldridge
- 5. ADMINISTRATIVE HEARINGS**
 - a. Alan Reinhackel MT22207643**
Petition for Summary Suspension 202408-MTB-0005
Ryan Eldridge appears on behalf of the state
Alan Reinhackel does not appear
Motion made by LH and seconded by JP to summarily suspend the license for 90
days
Motion carries 4-0-0
 - b. Aaron Sizemore MT21706074**
Extension of Suspension 2023 SBMT 0007
Gavin Hunter appears on behalf of the state
Aaron Sizemore does not appear
Motion made by JP and seconded by LH to extend the suspension for an additional
90 days
Motion carries 4-0-0

6. PERSONAL APPEARANCES

- a. Anastasia Snyder-Reinstatement
Anastasia Snyder appears in person
Her license expired in 2017
She needs 10 hours of CE with 2 hours in ethics
Provided 24 hours of CE but needs to complete ethics
She had worked a few times as a massage therapist with an expired license not realizing she needed to renew.
Motion made by LH and seconded by JP to reinstate the license after completing two hours in ethics
Motion carries 4-0-0

- b. Amanda Parrish-Reinstatement
Amanda Parrish appears virtually
Her license expired in 2017
Needs ten hours of CE and will need to complete an additional 1 hour in ethics
Motion made by LH and seconded by JP to reinstate the license after completing the additional CE.
Motion carries 4-0-0

- c. Trishia Johnston- Positive Response
Trishia Johnston appears
Trishia Johnston appears virtually
She answered yes on her initial application and stated in 2007 at the age of 17, she was convicted of solicitation of prostitution.
She was arrested and pled no contest and paid a fine
Motion made by LH and seconded by JP to approve the issuance of the license
Motion carries 4-0-0

- d. Rylan Whistler-Positive Response
Rylan Whistler appears
She answered yes on the initial application and received 2 minors in consumption.
Is no longer on criminal probation
Motion made by JP and seconded by TT to approve the issuance of the license
Motion carries 4-0-0

7. DISCUSSION ITEM

a. Practice Ruling

Question: Greetings! I am a practicing licensed massage therapist here in Indiana. I work as a subcontractor for a locally owned small spa. I do not handle my own scheduling, as we have hourly front desk staff who do so. My question relates to first trimester pregnancy massage therapy. In school/training in 2010, I was advised against performing massage during the first trimester. It was explained to me that massage itself isn't necessarily dangerous to a fetus, but that the first trimester of ANY pregnancy is inherently risky, & that first trimester massage should therefore be avoided in an abundance of caution for liability reasons. I contacted my professional liability ins, and they referred me to you. Since I don't handle my own scheduling, I am not able to verify which trimester the potential client is in; the front desk staff do not always remember to ask. What are Indiana's specific rules/rulings on prenatal/pregnancy massage, specifically as relates to first-trimester clients. I realize some female clients may not even yet be aware that they're pregnant. I do not do deep tissue massage on prenatal clients, due to blood volume changes during pregnancy. I completed additional training through 'Nurturing the mother' in prenatal & infant massage; no one has ever brought an infant to me in 15yrs or so of practice, although it could be helpful for colic, insomnia, birth canal trauma, & teaching new parent's ways to bond through gentle touch. Thank you kindly for any guidance on this matter.

Response from Board: Yes, you can massage first trimester but needs to be on someone who has been receiving massages on a regular basis. This would be a case-by-case situation. If you are not comfortable do not provide the massage. Discuss this with your employer. There should be an assessment and intake form before each massage. You can refer to the statutes and rules per information on assessment.

Motion made by JP and seconded by LH to approve the response from the board
Motion carries 4-0-0

8. ADJOURNMENT 11:16 A.M.

Elizabeth Cain

Elizabeth Cain, Board Chair

**Next Scheduled Meeting:
November 14, 2024**