Behavioral Health Innovation and Transformation

Jay Chaudhary and Lindsay Potts Indiana Family & Social Services Administration, Division of Mental Health and Addiction August 20, 2024



Overview of SEA1: Behavioral Health Matters

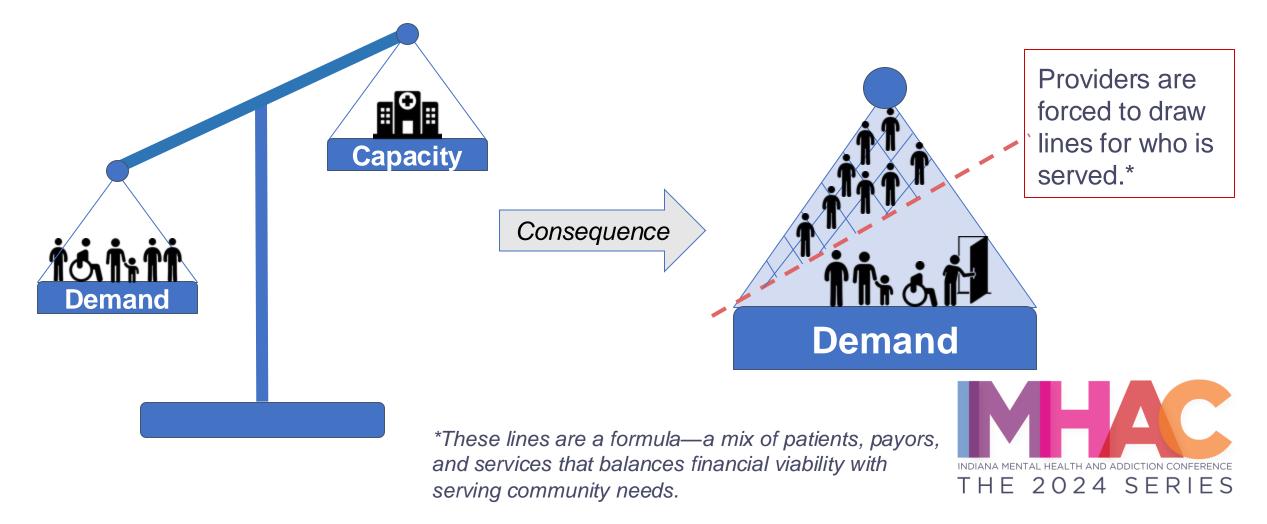
"The move toward a Certified Community Behavioral Health Clinic model will further increase access to quality behavioral health care across Indiana." – Dr. Rusyniak, FSSA Secretary

- Implement Certified Community Behavioral Health Clinics (CCBHC) in Indiana
- Maintain and strengthen 988 Suicide & Crisis Lifeline
- Increase access to mobile crisis and crisis receiving services
- Establishes the Indiana Behavioral Health Commission



Current System Mismatch

The community mental health field has been dealing with the mismatch between capacity and demand for services for decades. This mismatch has grown significantly in recent years, on both dimensions.



What is a CCBHC?

Certified Community Behavioral Health Clinics (CCBHCs) provide a comprehensive range of mental health and addiction services for anyone seeking services, regardless of their diagnosis, insurance, place of residence, or age.

The CCBHC model is a proven outpatient model that:

- Ensures access to high quality behavioral health care, including 24/7 crisis response.
- Meets strict criteria regarding access, quality reporting, staffing, and coordination with social services, justice, and education systems
- Receives funding to support the real costs of expanding services to fully meet the need for care in communities through a Prospective Payment System (PPS) rate



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CCBHC

Certified Community

CCBHC Key Enhancements

How CCBHC will transform the Indiana Behavioral Health system:



Quality

- Prospective payments allow services to be designed by needs, rather than billable codes
- 10 required evidence based practices
- 21 State and clinic collected quality metrics
- 4 Indiana specific impact measures (Access, SDOH, SUD, Crisis)



Transparency

- Increased data on service utilization
- Capacity to monitor outcomes and costs
- System and service adaptability based on community needs assessment



Access

- Established standards for integrated and coordinated care
- 24/7 access to crisis services
- Requirement to provide services to all Hoosiers seeking care
- Requirements for new client and ongoing services provided in a timely manner



Indiana's Crisis Response System

Pillar 1: Someone to Contact



A collaborative network of 988 centers respond to every call, chat, and text in a standardized and informed manner to resolve crises Pillar 2: Someone to Respond



Mobile Crisis Teams (MCTs) are stationed across Indiana, ready to be dispatched by 988 centers for individuals who need inperson support Pillar 3: Somewhere to Go



Crisis Stabilization Units (CSUs) across the State are open to receive individuals whose crises cannot be resolved over the phone or by an MCT



The Crisis Response Pillars, an **integral part of the future state of CCBHC**, are the most costly and underdeveloped portion of CCBHC. They are in need of the most direct to provider funding support during the transition to CCBHC.

Crisis Data Overview



Development of crisis dashboard to share the following:

- 988 call volume and KPIs
- Mobile crisis dispatches
- Crisis receiving and stabilization services volume
- Number of diversions from ED and criminal justice
- Impact of follow up services



Growth in crisis data quality and transparency to measure and communicate impact



Evidence Based Practice Requirements

Evidence-Based Practices (EBPs) are a key element of what ensures that the services provided by CCBHCs are **high-quality and effective**.





1. Integrated Dual Diagnosis

Treatment

2. Assertive Community Treatment

All Populations

- 3. Motivational Interviewing
- 4. Cognitive Behavioral Therapy
- 5. Trauma Focused Cognitive Behavioral Therapy
- 6. Dialectical Behavioral Therapy



- 7. Parent Management Training
- 8. Integrated Community Based Treatment
- 9. Behavior Management Strategies
 - 10. Brief Strategic Therapy



Measuring Demonstration Performance

21 State- and Clinic-Collected Metrics will be tracked for the entire demonstration with 4 priority metrics identified as objectives for the demonstration program

Demonstration Priority Objectives

- 1. Decrease average time to access CCBHC services
 - Measurement: includes average time to Initial Evaluation, Initial Clinical Services, and Crisis Services (I-SERV measure)
- 2. Increase screening for Social Determinants of Health (SDOH) and utilize information to make data-informed decisions
 - Measurement: SDOH screening

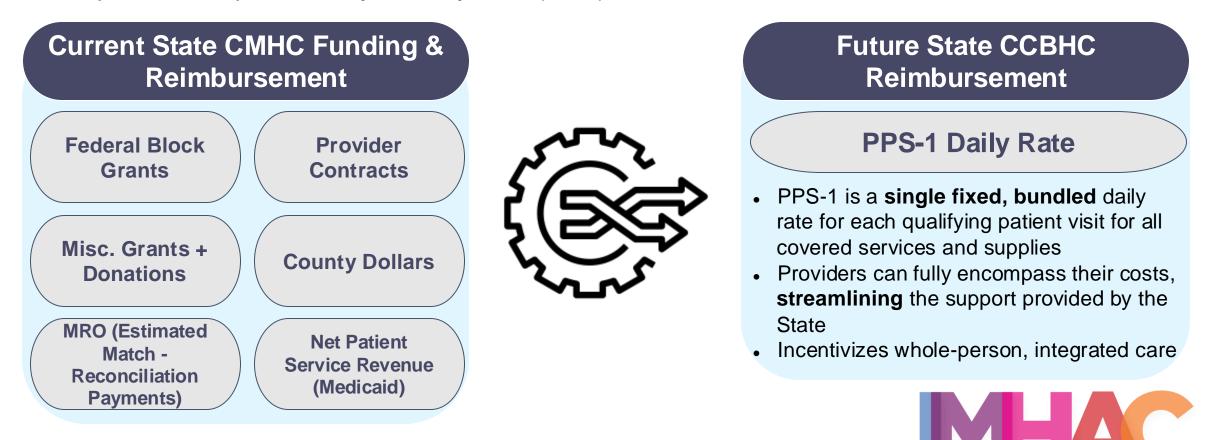
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- 3. Increase engagement in SUD treatment
 - Measurement: Metrics to measure initiation and engagement in SUD treatment and use of pharmacotherapy for Opioid Use Disorder
- 4. Enhance access to crisis services
 - Measurement: Count of crisis services provided



Transforming Behavioral Health Reimbursement Structure

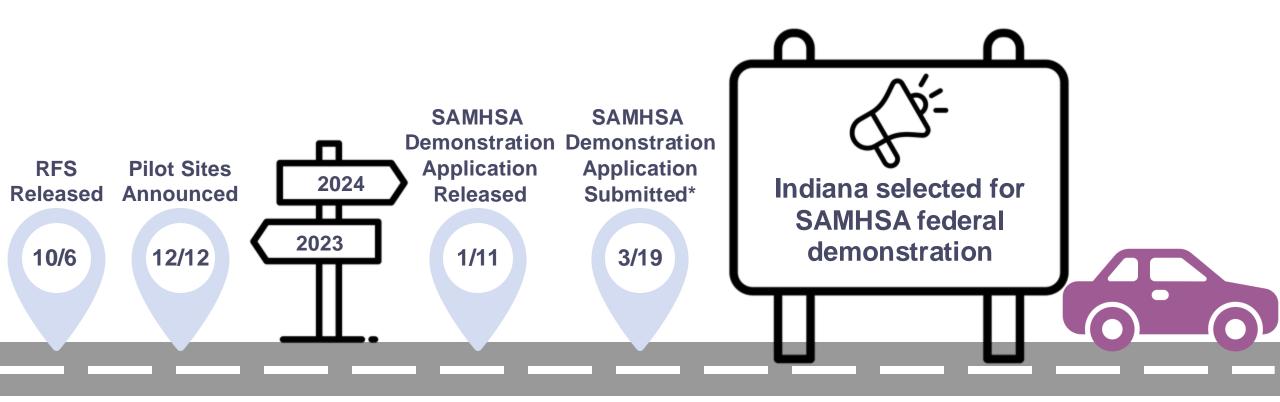
The current CMHC system is funded through many siloed sources, resulting in an rigid system that is confusing to navigate. The CCBHC model streamlines the reimbursement structure with a clinic-specific Prospective Payment System (PPS) Rate.



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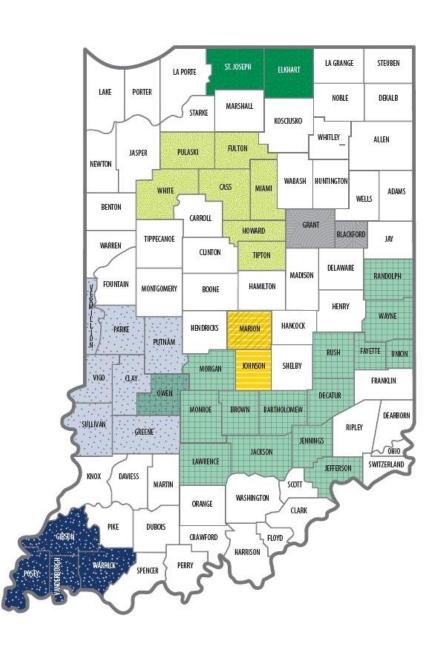
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Recent Project Milestones





CCBHC Demonstration



Competitively Selected Demonstration Pilot CCBHC Service Areas





Centerstone









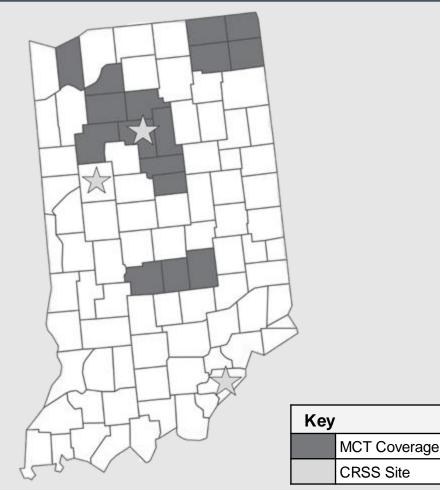


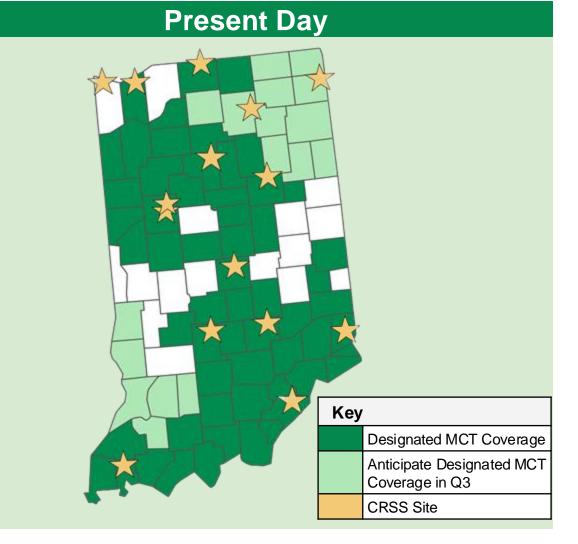


SEA1: A Year Later - Provider Coverage

In the past year, SEA 1 funds, in combination with other funding sources, greatly expanded crisis coverage in the state.

One Year Ago







Community Mental Health Fund

\$50M inSFY24

INVESTED to expand crisis services



\$50M in SFY25

PLANNED to increase mental health treatment access









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Thank you!

Jay Chaudhary, <u>Jay.Chaudhary@fssa.in.gov</u> Lindsay Potts, <u>Lindsay.Potts@fssa.in.gov</u>

