

Stabilization Centers, Community and First Responder/Law Enforcement Collaborations

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What is a Crisis Stabilization Center?

- Offers services to individuals in urgent need of mental health or substance use disorder care.
- Provides short-term behavioral health crisis intervention in a community-based, voluntary, comfortable environment.
- Offers an alternative to costly and overcrowded emergency rooms and jails.
- Individuals receive clinical and recovery-oriented treatment using a person-centered approach to address their immediate needs.
- Access to nursing staff, peer support, technicians, and triage specialists.
- The goal is to remove environmental triggers and promote self-reflection for up to 24 hours.
- “No Wrong Door” approach.

Benefits of Crisis Stabilization Centers

- Not a Locked Facility
- Peer Support Available
- Less Restrictive/Clinical
- Access to Trained Mental Health Professionals
- Mitigates Environmental Triggers
- Safe and Welcoming Space
- Up to 24-Hour Observation
- Offers Diversion From Higher Level of Care

Services Offered

- Triage, Assessment and Referral
 - 24/7/365 availability for Walk-In, First Responder/Law Enforcement, and Mobile Services
 - Referral Options and Care Coordination:
 - Outpatient Services
 - Mental Healthcare
 - Primary Healthcare
 - Social Service Agencies/Shelters
 - Stabilization Services
 - Facilitation to Acute Inpatient Services
 - Facilitation to Medical Hospital
 - Referrals to Self-Help and Support Groups
 - Safety Planning
 - Insurance Navigation and Presumptive Eligibility

Community Partners and Stakeholder Collaboration

- Community Outreach and Client Engagement
 - Designated staff to provide information and resources
 - Assists partners, stakeholders and clients in accessing stabilization services and other resources
 - Client advocacy
 - Fostering new referral sources
- One-on-one Communication and Collaboration
 - Local Emergency Rooms and Medical Hospitals
 - Psychiatric Inpatient Facilities
 - Primary Care
 - Schools
 - Behavioral Health Providers

First Responder/Law Enforcement Collaboration

- Stakeholder meetings on a continual basis
 - Discuss real-time cases, barriers, successes
- Coordination of designated drop off and access to the Stabilization Center
- Education on appropriate use of the Stabilization Center
- Discussions regarding transportation of individuals in the community
- Open dialogue with probate court and judges
 - Assisted Outpatient Treatment
 - Mental Health Commitments
 - Standing Orders

How Funding Helps

- Supports a 24/7/365 “Place to Go”
 - Diversions from local emergency departments eliminate costly bills for unnecessary emergency medical care
 - Diversions from jail and law enforcement alleviate cost burden on the community
- Assists With Transportation Barriers
 - Mobile Crisis
 - Uber for Healthcare
 - Gas Cards
 - Bus Tokens
- Competitive Workforce, Salary and Benefits
 - Allows a team of individuals to respond to a crisis as opposed to one person
 - Implementation of peer services
- Supports Crisis Continuum
 - No billing structure currently exists

A Success Story

Jane presented at the local ER for a mental health crisis and was seen for a mobile crisis service. An evaluation was completed resulting in a recommendation for voluntary inpatient care.

Unfortunately, no beds were available at that time. Jane was offered stabilization services instead and the mobile crisis team transported her to the Crisis Center where she stayed until the next day. Jane was given an appointment for medication management the following day and saw a provider prior to her discharge from stabilization services. Jane left the Crisis Center with a safety plan, resources and transportation to her desired location.

Reference.

Why is This a Success?

- Jane was able to receive supportive services although an acute inpatient bed was not available.
- Transportation was provided by mobile crisis instead of law enforcement or EMS.
- Jane saw a provider in less than 24 hours for an immediate need.
- Jane received peer support services from a peer with lived or living experience while in crisis.
- Transition planning was provided by giving Jane resources, safety planning, establishing appointments and providing follow-up care after discharge.

Summary

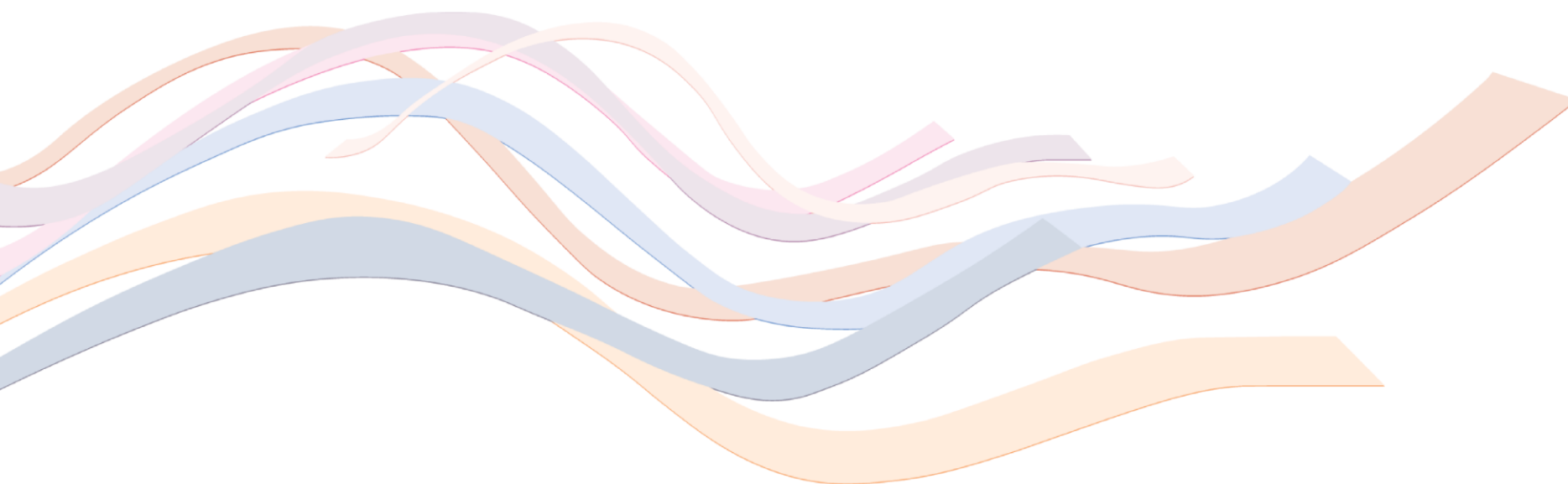
- Stabilization Centers minimize the financial burden of a mental health crisis to both the client and community.
- Provides access to interdisciplinary staff, care coordination and peer support services.
- Stabilization Centers remove barriers to care by providing a place to go that is open 24/7/365.
- Clients are much more likely to seek help within a less clinical and more welcoming environment.
- Grant funding sustains workforce needs, physical location, and provision of stabilization services.
- No Wrong Door approach ensures no individual is turned away from treatment.
- Serves individuals in special populations such as ID/DD, BIPOC, LGTBQ-IA, violent and justice-involved histories.

Thank you!

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