

Health First Indiana

Sheila Paul

Indiana Department of Health

October 3, 2024



OUR MISSION:

To promote, protect, and improve the health and safety of all Hoosiers.

OUR VISION:

Every Hoosier reaches optimal health regardless of where they live, learn, work, or play.




Where We're Starting



**PUBLIC
HEALTH**

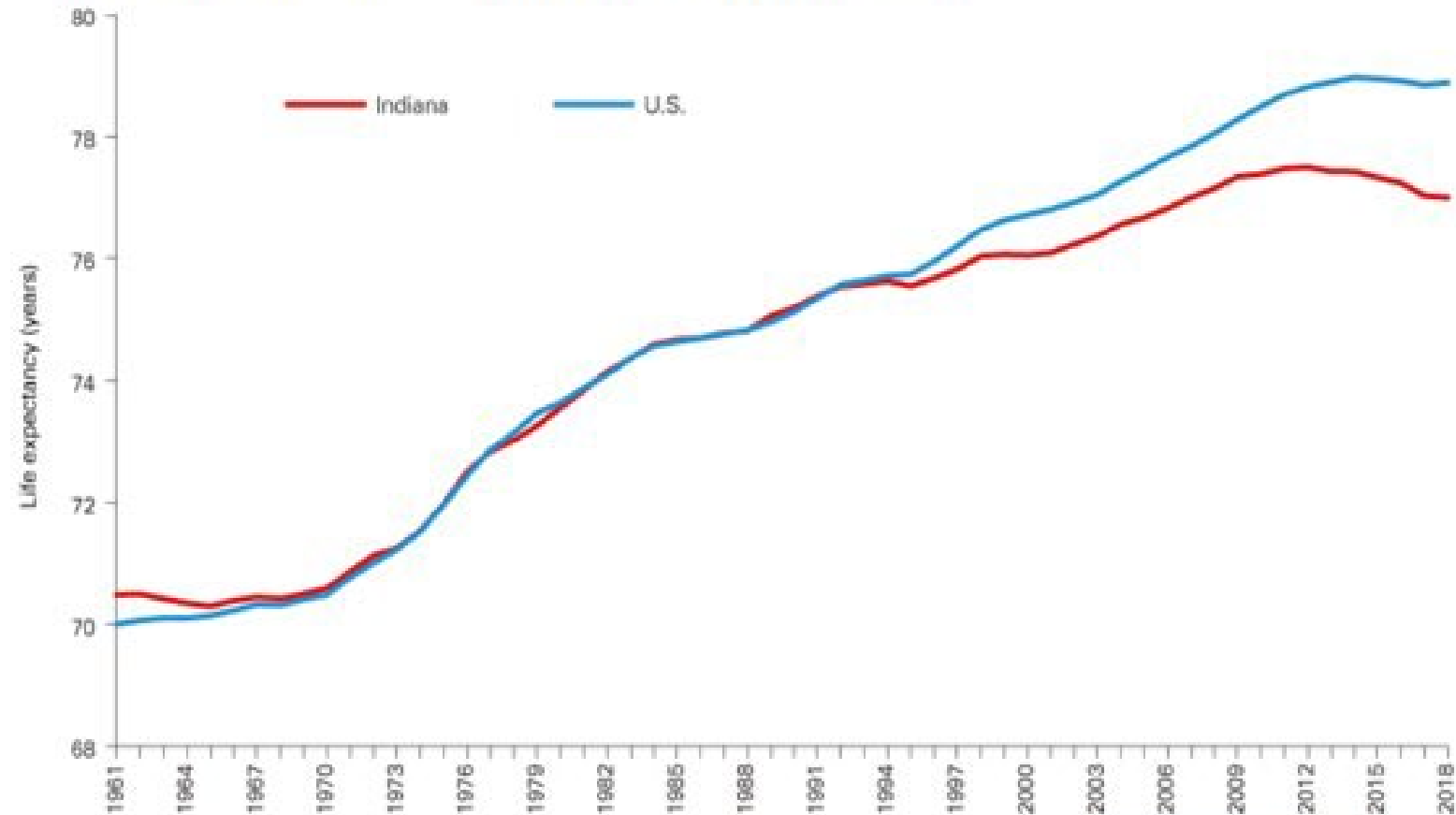
The Case for Improving Indiana's Health



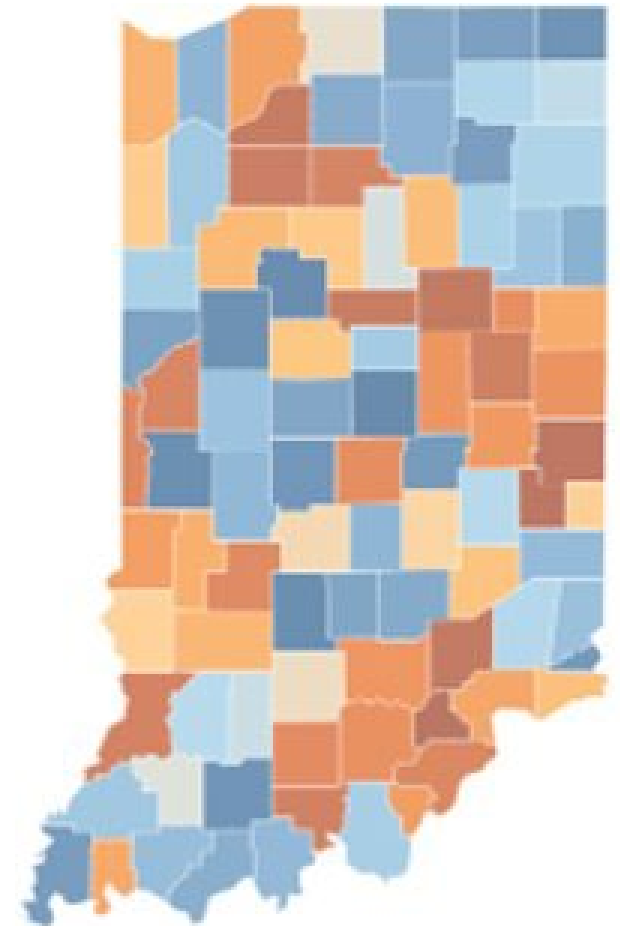
Smoking and tobacco use	45 th	High school students using e-cigarettes	14.1%
Obesity	46 th	Youth with obesity	31.9%
Mental health	43 rd	Infant mortality rate	6.7 per 1,000
Childhood immunizations (by age 35 months)	41 st	Years of potential life lost due to injury	137,597
Overall health ranking	35 th	Heart disease deaths	191.2 per 100,000

Life Expectancy In Indiana

Figure 1: Life expectancy at birth, three-year moving average



Source: United States Mortality Database, University of California, Berkeley (USA). Available at usa.mortality.org (data downloaded on 5/10/2021).



*"An ounce of prevention
is worth a pound of cure."*

- BENJAMIN FRANKLIN

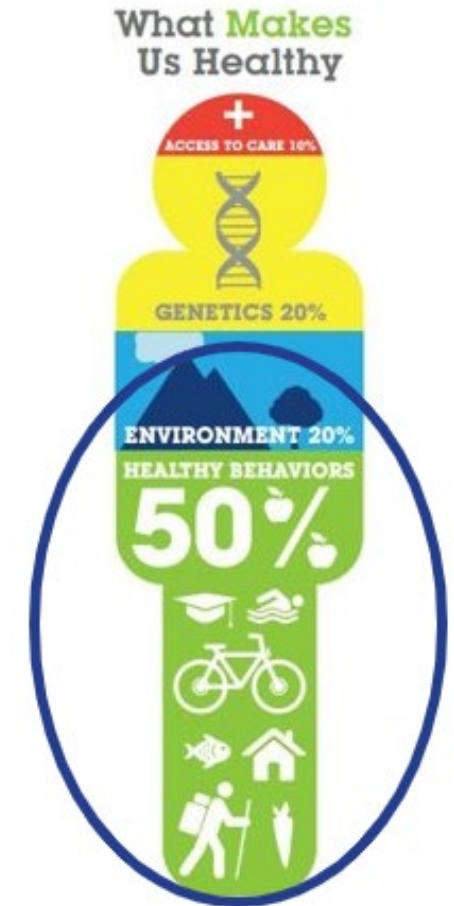


Return on Investment

- Communities thrive when they have sufficient resources devoted to public health.
- Every \$1.00 spent on public health interventions returns 14.30 in benefits.
- Studies show that 25% of U.S. medical care spending is on treatment for preventable diseases

1. Masters R, Anwar E, Collins B, Cookson R, Capewell S. Return on investment of public health interventions: a systematic review. *J Epidemiol Community Health*. 2017;71(8):827-834.

2. Bolnick HJ, Bui AL, Bulchi A. Health-care spending attributable to modifiable risk factors in the USA: an economic attribution analysis. *Lancet Public Health*. 2020;5:e525-e535.



A state investment in local public health



health first
INDIANA

Your Community Info

Health First Indiana

Return on Investment

- Historic, FIRST of its kind investment in public health.
- Investment in prevention leads to healthier communities and workforce, which attracts businesses and benefits economy.
- Brings together local elected officials, public health, clinical health and community partners.
- Partnership allows us to organize care as a community, reduce duplication of services, be more efficient.
- Benefits rural communities that often have fewer resources.

Funding

Before HFI

LHDs received state appropriation of \$6.9 million

With HFI

With new legislation, LHDs received \$75 million in 2024 and \$150 million in 2025.

- Established process for counties to opt-in to enhance local public health funding and maintained local control throughout.
- Defined core public health services and parameters for use of funding.
- Made changes to local health board appointments

Core Services

80% of the funding in 2024 will be spent on these preventative services (20% on regulatory, such as food protection).



Funding Status

92 Local Health Departments have opted-in for 2025.

**100% of the State of Indiana will receive
Health First Funding in 2025.**

Funding Available

Putnam County

OPTED IN FOR 2024: \$371,696.16

2023: \$54,396.79 (Legacy amount from Local Health Maintenance fund/Trust)

2024: \$371,696.16 [2024 Putnam County Budget](#)

County Match: Average of county tax levy-related funds distributed to the LHD in the preceding three years (2021, 2022, 2023).

2025 (Opt In): \$718,363.30

County Match: Minimum: \$179,039.25

Johnson County

OPTED OUT FOR 2024: \$132,258.59

2023: \$132,258.59 (Legacy amount from Local Health Maintenance fund/Trust)

2024: \$132,258.59

2025 (Opt In): \$3,164,135.46

County Match: Average of county tax levy-related funds distributed to the LHD in the preceding three years (2022, 2023, 2024).



■ Counties that have opted-in to the Health First Indiana initiative for 2025.

HFI Implementation

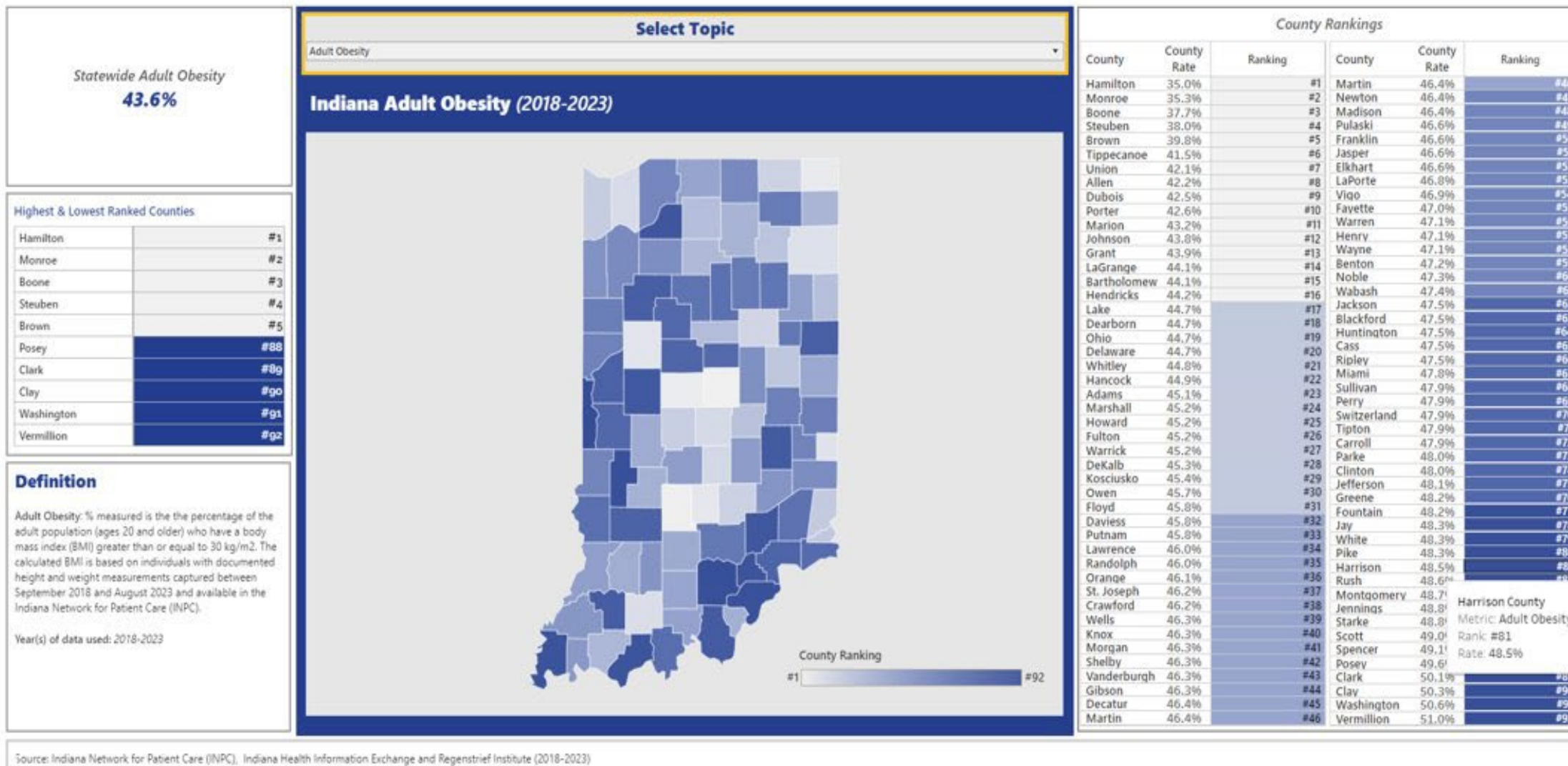
- www.healthfirstindiana.gov
 - Opt-in map and county scorecard
 - Displays each LHD priorities, partnerships and activities
- Connecting with local elected officials and LHDs
- 92-county tour in progress
 - Bringing together community leaders and partners (hospitals, CBOs, schools, etc.)
- Quarterly workshops hosted in each region to connect LHDs with IDOH subject matter experts

HFI Website Features

The "Your Community Info" page highlights county-specific activities, priorities and partnerships.

Activities	Priorities	Partnerships
Babb's Supermarket	Indiana Health Centers	Spencer-Owen Community Schools
For Bare Feet	Nurse Family Partnership	Anthem
Spencer Lions Club		

County Health Scorecard



Source: Indiana Network for Patient Care (INPC), Indiana Health Information Exchange and Regenrief Institute (2018-2023)

County Health Scorecard

Users can select “County at a Glance” to view county specific data.

County	Topic	Indiana Rate	County Rate	Rank
Boone	Adult Obesity	43.6%	37.7%	#3
	Children < 3 Years Old Completing Recommended Vaccine Series	59.1%	62.3%	#47
	Infant Mortality Rate	6.8	4.82	#14
	Life Expectancy	75.6	78	#11
	Opioid Overdose Rate	25.07	20.2	#50
	Smoking Rate	21.0%	12.1%	#3
	Smoking Rate During Pregnancy	6.6%	3.9%	#8
	Social Vulnerability Index	SVI Not Available	0.0548	#6
	Suicide Rate	15.77	14.8	#28
	Years of Potential Life Lost Due to Injury (Age-Adjusted)	2527.14	1872.9	#30

County Selection
Select a county to filter whole page. Click outside the map to return.



The map shows the state of Indiana divided into its 92 counties. Boone County, located in the central-western part of the state, is highlighted with a yellow square. Other counties visible include Lake, Porter, LaPorte, St. Joseph, Elkhart, LaGrange, Steuben, DeWitt, Adams, Spencer, Hamilton, Madison, Hancock, Wayne, Franklin, Gibson, Ripley, Dubois, Crawford, Floyd, Hartsville, Perry, Hancock, Warren, Spencer, and Vanderburgh.

Regional Teams

Regional teams provide technical assistance and resources to counties.

- **Data Analytics:** provide data to inform local decision making
- **Core Services Support:** implementation of evidence-based programming
- **Private/ Public Partnerships:** convene local officials, public health, clinical health and community partners to identify gaps in services and health needs
- **Shared Resources:** provide training to improve expertise and efficiency at the local level, support counties that want to facilitate shared resources and personnel
- **Finance:** offer financial consultation for budgeting and contracting with providers or community-based organizations to deliver core public health services.



Sheila Paul
North Dist. 1, 2, 3 and 4
sheila.paul@health.in.gov
317-646-0205



Mike Sutton
Central Dist. 5, 6 and 7
mikesutton@health.in.gov
317-646-0205



Michelle Matern
South Dist. 8, 9 and 10
michelle.matern@health.in.gov
317-646-0205



Accountability and Transparency

- Counties will be required to submit an annual fiscal report before funding is approved and dispersed each year.
 - County required to set up local funds that include DLGF & SBOA oversight.
- Local health department will be required to submit an annual report demonstrating how dollars were spent.
- Semi annual reporting of key performance indicators to measure delivery of core public health services

Examples of KPIs

Tobacco Prevention and Cessation

- *KPI: Number of counties that through a tobacco prevention and cessation coalition have a comprehensive program to address youth tobacco and addictive nicotine prevention.*

Chronic Disease Prevention

- *KPI: Number of counties that through a healthy community coalition have a comprehensive, evidence-based program to address obesity and obesity-related disease prevention.*

Trauma & Injury Prevention

- *KPI: Number of counties that identified a leading cause of injury and/or harm in their community and implemented a comprehensive, evidence-based program or activity for prevention.*

Activities to Meet KPIs

Tobacco Prevention and Cessation

- Starting a community coalition; *Catch my Breath* program; *Baby and Me Tobacco Free* program

Chronic Disease Prevention

- Point of care testing for blood sugar and blood pressure; expanding to weekly clinic to reach more rural residents for chronic disease screening; partnering with local hospital for lung cancer screenings, mammograms, skin cancer; consider partnership with Purdue Extension and other health education community partners

Trauma & Injury Prevention

- Car seat safety program; community naloxone programs; suicide/overdose prevention, follow up on 988 calls; community paramedicine

Trauma & Injury Prevention Examples

- KPI: Number of counties that identified a leading cause of injury and/or harm in their community and implemented a comprehensive, evidence-based program or activity for prevention
 - Bike helmet partnership
 - Car seat instruction and distribution
 - Naloxone training and distribution
 - Falls prevention training
 - Swim safety and drowning prevention education

Pledge to Act

- Indiana Hospital Association (IHA) and Indiana Chamber of Commerce have committed to supporting public health efforts.
- Pledge was created as a collaboration between health care organizations and businesses to help Hoosiers reach their optimal health.
- Nearly every Indiana Hospital Association member has taken the pledge. 16 businesses have taken the pledge

Call to Action

- Join the conversations about public health funding in your county
- Look for success stories and partnerships - how is your community already working together? Where are the gaps?
- Remember, there is no one-size-fits-all approach
- Remember that better physical and mental health makes Indiana more attractive for families, businesses
- The bottom line: Health First Indiana is **all** of us!

Thank you!

Sheila Paul, *Northern Regional Director*

Indiana Department of Health

shpaul@health.in.gov

219-646-0205

