

# Protect your smile and your health with extra dental care

## Your State of Indiana dental plan includes more care for people with certain medical conditions

Good dental health is part of good overall health. It's especially important for people with certain medical conditions, who face a higher risk for dental problems.

That's why your dental plan offers more protection if you have a qualifying medical condition. You can get extra dental care — such as more cleanings and routine exams — to help keep your oral health on track.\* These extra services are 100% covered when you see a dentist in your plan's network. They also won't count against your plan's yearly coverage maximum.

### How extra dental care works

If you have any of these conditions:

- Diabetes
- Pregnancy
- Stroke
- Organ or bone marrow transplant
- Cancer treated with chemotherapy
- Head or neck cancer treated with chemotherapy and/or radiation
- HIV or AIDS
- End-stage kidney disease

You can get these services more often:\*

- Cleanings
- Gum maintenance
- Fluoride
- Sealants
- Gum scaling and root planing (also known as deep cleaning)
- Routine or problem-focused exams



About

**1 in 4** 

adults in the United States have untreated tooth decay.<sup>1</sup>



### Take the next step

To **sign up for extra dental care**, call Member Services at 877-814-9709.

Once you're signed up, **talk to your dentist**. They can create a care plan that is right for you.

Nearly

**50%** 

of U.S. adults show signs of gum disease, which can lead to tooth loss.<sup>2</sup>

\* State of Indiana dental members must first exhaust their regular plan benefits before extra dental care can be used (such as more cleanings or additional routine exams).

Sources:

1. Centers for Disease Control and Prevention: *Facts About Adult Oral Health* (accessed February 2023); [cdc.gov](https://www.cdc.gov).

2. Centers for Disease Control and Prevention: *Gum Disease* (accessed February 2023); [cdc.gov](https://www.cdc.gov).

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