

May 2023

# DELAWARE DIGEST

DELAWARE TOWNSHIP

*United we Serve*

Resources

Community News

Events

## MAY EDITION

### FINANCIAL LITERACY COURSES

North Park Community Credit Union and Delaware Township Trustee's Office have partnered to offer a financial literacy workshop. This class is open to our clients as well as any other members of the public that are interested!

This FREE workshop is available in English & Spanish and will provide financial education and resources for people that they can apply to their own real-life situations. There will be an opportunity to get advise on creating your own personal budget and help to set financial goals. There is no obligation to attend any further workshops or become a member of the credit union.

This workshop is a great opportunity to feel more financially empowered and confident about your finances!

\*Contact North Park Community Credit Union for more information\*

Make sure to stay tuned for future additional workshop dates!

#### CONTACT US

9090 E. 131st St. Fishers, IN  
46038

Phone: (317) 842-8595



When:  
**TUESDAY**  
**MAY 9, 2023**  
**7:30 PM**

Where:  
**DELAWARE TOWNSHIP**  
**TRUSTEE'S OFFICE**

**9090 EAST 131ST ST.**  
**FISHERS, IN 46038**

DELAWARE TOWNSHIP  
*United we Serve*

Contact us today!

Financial Empowerment Program

(317) 733-2200

Cristina xt 134

Merari xt 153

Lindsey xt 146

## FINANCIAL EDUCATION WORKSHOP

COMPLETELY FREE!

- Get information for First time Home Buyers
- Increase your understanding and confidence in financial decision-making
- Equip yourself with financial knowledge and resources to apply in real-life situations
- Receive education to set financial goals and budgets, and develop plans to improve your financial well-being
- Content available in English and Spanish

# DELAWARE DIGEST

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**FOOD PANTRY**  
*most needed items*

- JUICE
- OATS
- GRANOLA BARS
- SUGAR, FLOUR, OIL
- DRY BEANS
- JELLY/JAM
- PEANUT BUTTER
- RICE
- CANNED FRUIT
- CANNED PASTA
- PASTA/SPAGHETTI
- CANNED MEAT
- BOXED/CANNED POTATOES
- HYGIENE ITEMS



## WANT TO DONATE?

Our office accepts donations Monday-Friday, 9am - 4pm.

Donations may be left in the Delaware Township Trustee's Office lobby, or vestibule after hours. There are carts available upon request to transport donations from your car. If you prefer, call and we will bring your donation in for you! Feel free to contact the Trustee's Office for more information.

See regularly updated food pantry needs on our website, Facebook, and Twitter pages.

## Donate using our Amazon Wishlist!



## 1ST QUARTER 2023 FOOD PANTRY STATISTICS

We have a donation based food pantry that serves residents of HSE School District (Delaware, Fall Creek, Wayne township).

In the first 3 months of 2023, our pantry served 1,031 individuals more than 10,221 pounds of food!

## INTERESTED IN HOLDING A FOOD DRIVE FOR OUR PANTRY?

Call or email us for more information. We would love to partner with you!

*Help us combat food insecurity!*

# DELAWARE DIGEST

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**COMMUNITY COMPASS  
FIND RESOURCES IN YOUR  
AREA**

The Community Compass app and website have been updated! This quick, free, and easy tool helps to inform people where they can find food in Indiana.

Now available in 11 languages, this resource shares information on food pantries, meal sites, stores that accept SNAP & WIC, WIC clinics, food-related events, and eligibility for federal nutrition programs. You can also find food related events, such as farmer's markets that accept SNAP & WIC, using Community Compass.

Community Compass can be used on the web with any device, or you can download the app for even more features.

**New features include:**

- easily share resources with others
- updated & more accessible wording
- SNAP and WIC calculator
- find resources by name or location
- new filters for free groceries & free meals

## Find Free Food Near You

**Community Compass helps Hoosiers find**



Free Groceries



Free Meals



SNAP Stores



WIC Stores



WIC Clinics

plus free events, classes, and workshops in Indiana.

**FIND FOOD BY**

- ✓ Location
- ✓ Days or hours open
- ✓ Documents needed

**GET INFO ON**

- ✓ Resources available
- ✓ Who can get free food
- ✓ What to bring

**AVAILABLE IN 11 LANGUAGES**

English, Spanish, Chinese, Arabic, French, Burmese, Yoruba, Swahili, Haitian Creole, Hakha Chin, Karen

**LEARN ABOUT SNAP & WIC**

Find out what they are and how much money you may be able to get for groceries each month.

### Get Started Today



**1** On your computer, visit the website [www.CommunityCompass.app](http://www.CommunityCompass.app)



**2** On your phone, search for *Community Compass* in the App Store or Google Play. Download and install the app for free.

**PARTNERS**





Information from [CommunityCompass.app](http://CommunityCompass.app)

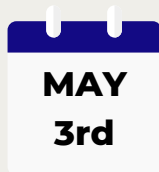
# DELAWARE DIGEST

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*United we Serve*

## UPCOMING MOBILE FOOD DISTRIBUTION DATES

For more dates, go to: [gsnlive.org](https://gsnlive.org)

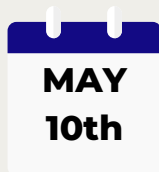


### Fishers

**Date:** Wednesday, May 3rd

**Time:** 6:00PM - 8:00PM

**Location:** Grace Fishers Church, 12450 Olio Rd. Fishers, IN 46037

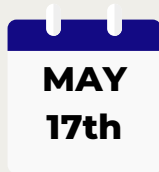


### Fishers

**Date:** Wednesday, May 10th

**Time:** 6:00PM - 8:00PM

**Location:** Northview Church Fishers Campus, 14842 E. 136th St, Fishers, IN 46037



### Fishers

**Date:** Wednesday, May 17th

**Time:** 6:00PM - 8:00PM

**Location:** Grace Fishers Church, 12450 Olio Rd. Fishers, IN 46037

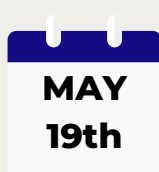


### Sheridan

**Date:** Thursday, May 18th

**Time:** 4:00PM - 6:00PM

**Location:** 1545 W. 226th St, Sheridan, IN 46069

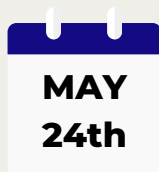


### Carmel

**Date:** Friday, May 19th

**Time:** 1:00PM - 3:00PM

**Location:** 621 S. Rangeline Rd, Carmel, IN 46032



### Fishers

**Date:** Wednesday, May 24th

**Time:** 6:00PM - 8:00PM

**Location:** Northview Church Fishers Campus, 14842 E. 136th St, Fishers, IN 46037

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## INDY SURVIVEOARS

The Indy SurviveOars (INSO), a nonprofit organization, is Central Indiana's only Breast Cancer Dragon Boat Team. The team was founded in 2007 and is in their sixteenth season!

The team has approximately 70 active paddlers ranging in ages from 33-76, who participate in 4-5 races per season, traveling throughout the Midwest, Canada, and Florida. The Indy SurviveOars team is noted for their unique team jerseys and paddles—symbolizing the greatest spectator sport—the Indianapolis 500! The Indy SurviveOars team serves as a physical support group for those affected by Breast Cancer. Some team members are in active treatment for their breast cancer and others longer survivors—but all continue to get healthy in their participation with the team. Indy SurviveOars mission is through the sport of dragon boat racing offers hope, inspiration and camaraderie to Breast Cancer survivors focusing on health and physical activity.

This April, the Indy SurviveOars travelled to New Zealand to participate in the IBCPC dragon boat festival.

## HISTORY

The Indy SurviveOars (INSO) was the first dragon boat team of breast cancer survivors formed in the state of Indiana. The year was 2007, when Lisa Heiden Peters, a registered nurse and breast cancer survivor, had a dream of helping other survivors live their best lives. She had learned that the physical activity involved in the ancient sport of dragon boat racing improved the physical and mental condition of survivors. Peters envisioned a team — survivors, seated two abreast in the long, slender boats with a fierce dragon head leading the way, a drummer beating a cadence, guided deftly by a steer person — paddling their way in powerful unison to health and to hope.

Dragon boat racing began more than 2,000 years ago in China and eventually made its way to North America in the 1980's. It is now the fastest growing team sport in the world. The sleek, skinny boats with a dragon head are propelled by 20 paddlers working in unison. The drummer beats out the pace and a steer person guides the 48 foot-long-boat on its course.

To learn more about Indy SurviveOars, go to [indysurviveoars.org/](http://indysurviveoars.org/)



Written by Indy SurviveOars



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## MEDICAL MUTTS- PURSE BINGO

Grab your friends and reserve your spot for Medical Mutt's 2023 Dogs and Designers Purse Bingo! Each Bingo winner will take home a designer purse by famous names such as Coach, Michael Kors, and Kate Spade. If there is a tie, second place will get a piece of designer jewelry. The evening will include Purse Bingo, raffle prizes, 50-50 Drawing, silent auction, door prizes, dinner, drinks, costume contest, service dogs, and Fun! Fun! Fun!

General Admission Tickets cost \$50 per person, which includes 10 games of Bingo, dinner, and non-alcoholic drinks. VIP Tickets cost \$70 and include everything in the General Admission Ticket PLUS two drink tickets for alcoholic drinks, gift bag, and preferred seating. All proceeds will benefit Medical Mutts Service Dogs (501c3). Must be 18 to attend.

Costume contest for best dressed dog-themed outfit wins bragging rights and a basket filled with goodies. Dress as your favorite dog character from a movie or anything dog related. Tickets are limited. Purchase your tickets at [medicalmutts.org/bingo](http://medicalmutts.org/bingo).

Event information provided by  
Kelsey Burton  
Medical Mutts Director of Development



All proceeds benefit:



Win Designer Handbags,  
Jewelry, and more!

Thursday, May 11

Raffles, Silent Auction, Wine/Spirits Pull, Door Prizes

Sponsored by:



Purchase Tickets:



# DELAWARE DIGEST

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## SAFESITTER CLASSES

In these classes, sitters will learn safety skills, such as preventing unsafe situations and learning how to deal with unexpected dangers like power outages. They will be taught life and business skills to help them screen jobs and discuss fees with potential employers. Also, they will learn first aid and rescue skills, including CPR and choking rescue. Lastly the class will include information on the ages and stages of child development and provide tips to help control sitter's behavior as well as the children's behavior.

**For more info & to register, email:**  
[safestartindiana@gmail.com](mailto:safestartindiana@gmail.com)



Designed to prepare students in grades 6-8 to be safe when they're home alone, watching younger siblings, or babysitting.

The Instructor-led class is filled with fun games and role-playing exercises. Students even get to use manikins to practice rescue skills like choking rescue and CPR!

### SAFE SITTER® CLASS INFORMATION

**May 20th, June 3rd, or June 8th, 2023**

**9:00 am - 3:30 pm**

Delaware Township Government Center, 2nd Floor  
 9090 East 131st Street, Fishers, IN 46038

### REGISTRATION INFORMATION

**Class fee is \$65 for Safe Sitter Essentials (includes choking rescue and CPR).**

**Students should bring a water bottle, snack (if desired) and a sack lunch.**

Pre-registration is required 2 weeks before class. Email [safestartindiana@gmail.com](mailto:safestartindiana@gmail.com) to register!  
 Class maximum is 8 students! Register early as classes fill quickly!

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## HAMILTON COUNTY STAMP OUT HUNGER FOOD DRIVE

The Delaware Township food pantry participates in the annual National Association of Letter Carrier's 'Stamp Out Hunger' food drive. Food will be collected by postal workers on Saturday, May 13th. Place your bags of food directly at your mailbox for it to be collected.

The food will be distributed amongst Hamilton County food pantries. Help feed over 14,000 food insecure friends and neighbors in our local communities!





## Uninsured

Need to see a doctor?

### Heart & Soul Mobile Clinic

coming to

## Fishers

May 15<sup>th</sup>, June 19<sup>th</sup> & July 10<sup>th</sup>

Call 317-804-5782  
to schedule appointment

**sponsored by Delaware Township Trustee**

Questions email [beth@delawaretownship.net](mailto:beth@delawaretownship.net)





## HEART & SOUL MOBILE CLINIC

Heart & Soul Mobile Clinic will next be at Delaware Township Community Center on May 15th, 2023. Most of the clinics are by appointment only. For more dates or to schedule an appointment, call (317) 804-5782 or go to [heartandsoulclinic.org](http://heartandsoulclinic.org).